

# **Carla Smith, Ph.D., LPC-S, CSC**

## **A. EDUCATION**

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Ph.D., Counselor Education & Supervision, University of the Cumberlands, Spring 2022

(CACREP-accredited)

M.Ed., Guidance and Counseling, Texas Christian University, Fall 2003

B.S., Early Childhood Education, Angelo State University, Spring 1999

## **B. EMPLOYMENT HISTORY**

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### **B.1. University Experience**

Assistant Professor, Department of Counseling, Health & Kinesiology  
Texas A&M University – San Antonio, San Antonio, TX, August 2022 – Present

### **B.2. Public School Counseling Experience**

Professional School Counselor and Cluster Leader  
Northside ISD, San Antonio, TX, August 2015 – June 2022

Professional School Counselor  
Department of Defense Education Activity, Fort Campbell, KY, August 2010 – June 2015

Professional School Counselor  
Lake Worth ISD, Lake Worth, TX, August 2003 – June 2010

### **B.3. Public School Teaching Experience**

Kindergarten Teacher, Team Leader  
Lake Worth ISD, Lake Worth, TX, August 2001 – July 2003

Pre-Kindergarten and Kindergarten Teacher  
Ferris ISD, Ferris, TX, August 1999 – June 2001

### **B.4. Clinical Supervision Experience**

Licensed Professional Counselor Supervisor, San Antonio, TX, 2017 - Present

## **C. LICENSURE AND CERTIFICATION**

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Licensed Professional Counselor – Supervisor, TX # 60708

Standard Principal, EC – 12

Standard School Counselor, EC – 12

Provisional Elementary Self-Contained, 1 – 8

Provisional Elementary English, 1 – 8

Provisional Early Childhood Education, PK-KG

## D. UNIVERSITY TEACHING

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EDCG 5316	School Counseling Leadership & Advocacy	TAMUSA
EDCG 5335	Human Development Across the Lifespan	TAMUSA
EDCG 5352	Counseling Curriculum & Systemic Interventions	TAMUSA
EDCG 5360	Clinical Mental Health Practicum	TAMUSA
EDCG 5362	School Counseling Internship (TEA-Approved)	TAMUSA
EDCG 5385	Clinical Mental Health Internship	TAMUSA
EDCG 5342	Counseling Diverse Populations (Teaching Assistant)	TAMUSA
COUN 536	Human Growth & Development (Teaching Assistant)	UC
COUN 635	Child & Adolescent Counseling (Teaching Assistant)	UC
COUN 537	Diagnosis & Etiology (Teaching Assistant)	UC

## E. SCHOLARLY ACTIVITIES

### E.1. Refereed Journal Articles

Lenz, A. S., **Smith, C.**, & Meegan, A. (2024). A reliability generalization meta-analysis of scores on the Professional Quality of Life (ProQOL) Scale across sample characteristics. *Measurement and Evaluation in Counseling and Development*, 1-15. <https://doi-org.tamusa.idm.oclc.org/10.1080/07481756.2024.2320154>

### E.2. Books, Chapters, Monographs

Tolliver, M. B., & **Smith, C. G.** (2021). Creative strategies with school counseling small groups. In Springer, S. I., Moss, L. J., & Schimmel, C. J. *A School Counselor's Guide to Small Groups: Coordination, Leadership, & Assessment* (2<sup>nd</sup> ed.). Association for Specialists in Group Work.

### E.3. Refereed Presentations

**Smith, C. G.**, Brennan, M. A., Rechterovic, B., & Ramirez, S. (2023, November). *The future of school counseling: Our profession is in trouble & needs our help (call for advocacy)*. Texas Counseling Association Professional Growth Conference, Houston, TX

- Hinojosa, T. J., & **Smith, C. G.** (2023, October). *Mid-career and beyond: Women counselor educators pursuing growth through transition & leadership* [Roundtable presentation]. Association for Counselor Education and Supervision Conference, Denver, CO.
- Brennan, M. A., & **Smith, C. G.** (2023, March). *The future of school counseling: The profession is in trouble and needs our help (a call for advocacy)* [Poster presentation]. Texas Association for Counselor Educators and Supervisors MidWinter Conference, Georgetown, TX.
- Tolliver, M. B., **Smith, C. G.** (2021, September). *Don't call me "guidance" counselor: School counselors and clinical mental health providers collaborating, coordinating, and delivering services to address the mental health needs of students* [Conference session]. University of the Cumberlands Doctoral Residency, Florence, KY.
- Smith, C. G. (2021, June). *Nice counselor syndrome and the impact on advocacy* [Conference session]. Northside ISD Counselor, LSSP & Social Worker Summer Institute, San Antonio, TX.
- Smith, C. G. (2020, June). *Using creative interventions with online counseling* [Conference session]. Northside ISD Counselor, LSSP & Social Worker Summer Institute, San Antonio, TX.
- Smith, C. G. (2020, February). *Taking the next step in your career as a school counselor* [Conference session]. Texas School Counselor Association Conference, San Antonio, TX.
- Salinas, M. C., Haby, A., & **Smith, C. G.** (2018, June). *Helping children and teens through the grief process* [Conference session]. Northside ISD Counselor Summer Institute, San Antonio, TX.
- Smith, C. G.**, & Salinas, M. C. (2018, June). *Icebreakers and activities for class meetings* [Conference session]. Northside ISD Student Leadership Symposium, San Antonio, TX.
- Smith, C. G.**, & Salinas, M. C. (2016, June). *Let google make your job easier* [Conference session]. Northside ISD Counselor Summer Institute.
- Mason, D., Shelton, G. R., & **Smith, C. G.** (2008, October). *Mean green chemistry demo team* [Conference session]. Reaching for the Stars Program by Astronauts Jose Hernandez, Dr. Bobby Satcher, and the Society of Hispanic Professional Engineers, Stockton, CA.
- Stetson, A. M., & **Smith, C. G.** (2005, November). *Solution-focused counseling and the gifted student* [Conference session]. Texas Association for the Gifted and Talented Conference, San Antonio, TX.

Smith, C. G. (2005, March). *"Joe"* [Paper presentation]. 4th Monday Collaborative Case Studies at the Excel Center, Fort Worth, TX.

#### **E.4. Non-Refereed Presentation**

Smith, C. G. (2024, April). *Recognizing and responding to adolescent mental health concerns* [Guest lecture]. Preservice Teachers Cohort at Texas A&M University – San Antonio, San Antonio, TX.

**Smith, C. G., & Brennan, M. A.** (2023, March). *Advocacy for yourself and your profession*. Northside Counseling Association, San Antonio, TX.

**Smith, C. G., & Moyer, M. S.** (2023, January). *A complete review of new ethical and legal standards related to school counselors*. Education Service Center, Region 20. San Antonio, TX.

Smith, C. G. (2022, November). *Recognizing and responding to adolescent mental health concerns* [Guest lecture]. Preservice Teachers Cohort at Texas A&M University – San Antonio, San Antonio, TX.

Brennan, M. A., & **Smith, C. G.** (2021, March). *Solution-focused brief therapy* [Guest lecture]. Northside ISD LSSP Counseling Cohort, San Antonio, TX.

Smith, C. G. (2021). *Social justice panel discussion* [Panelist]. William & Mary Spring Residency, Online/Synchronous.

## **F. SERVICE**

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### **F.1. Service to Department**

2023	Member of Search Committee, Faculty Counseling, Health & Kinesiology
2022 – 2024	Admissions Committee
2022 – 2024	School Counseling Coordinator
2022	Fitness to Practice Committee

### **F.2. Service to the College**

2023-2024	CoEHD Hooding Committee, Chairperson
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### **F.3. Service to University**

2023	Center for Academic Innovation (CAI) Task Force
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**F.4. Service to Profession**

2024 – 2025	TCA Membership Committee Co-Chair
2023 – 2024	TCA Membership Committee Co-Chair
2022	Northside Counseling Association Membership Chair
2021 – 2024	TCA Membership Committee
2021	Texas Educator Certification Examination Program – School Counselor Content Advisory Committee
2021	Northside Counseling Association Scholarship Chair
2020	Northside Counseling Association Scholarship Chair
2020	TSCA Professional School Counselor Conference Facilitator
2019	Northside Counseling Association Scholarship Chair
2019	TSCA Professional School Counselor Conference Facilitator
2017	Northside Student Leadership Summer Symposium Facilitator
2016	TARCA Winter Workshop Facilitator

**F.5. Service to Community**

2022 - 2023	Subcommittee for Awareness Training, Bexar County Foster Care Task Force
2022 – 2024	Counseling Collective, Regional Work Group to Apply for TCA Chapter

**H. AWARDS AND RECOGNITION**


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2022	CREST (Counselors Reinforcing Excellence in Students in Texas) Award
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**G. PROFESSIONAL MEMBERSHIPS**


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American Counseling Association  
 American School Counselor Association  
 Association for Counselor Education and Supervision  
 Chi Sigma Iota Counseling Academic & Professional Honor Society  
 Northside Counseling Association  
 Southern Association for Counselor Education and Supervision  
 Texas Counseling Association  
 Texas Association for Adult Development and Aging

Texas Association for Counselor Education and Supervision  
Texas School Counselor Association