# Carla Smith, Ph.D., LPC-S, CSC

# A. EDUCATION

Ph.D., Counselor Education & Supervision, University of the Cumberlands, Spring 2022

(CACREP-accredited)

M.Ed., Guidance and Counseling, Texas Christian University, Fall 2003

B.S., Early Childhood Education, Angelo State University, Spring 1999

# **B. EMPLOYMENT HISTORY**

## **B.1.** University Experience

Assistant Professor, Department of Counseling, Health & Kinesiology Texas A&M University – San Antonio, San Antonio, TX, August 2022 – Present

# **B.2.** Public School Counseling Experience

Professional School Counselor and Cluster Leader Northside ISD, San Antonio, TX, August 2015 – June 2022

Professional School Counselor Department of Defense Education Activity, Fort Campbell, KY, August 2010 – June 2015

Professional School Counselor Lake Worth ISD, Lake Worth, TX, August 2003 – June 2010

# **B.3.** Public School Teaching Experience

Kindergarten Teacher, Team Leader Lake Worth ISD, Lake Worth, TX, August 2001 – July 2003

Pre-Kindergarten and Kindergarten Teacher Ferris ISD, Ferris, TX, August 1999 – June 2001

# **B.4.** Clinical Supervision Experience

Licensed Professional Counselor Supervisor, San Antonio, TX, 2017 - Present

# C. LICENSURE AND CERTIFICATION

Licensed Professional Counselor - Supervisor, TX # 60708 - Effective Rank Date 01/04/2008

Standard Principal, EC – 12

Standard School Counselor, EC – 12 Provisional Elementary Self-Contained, 1 – 8 Provisional Elementary English, 1 – 8 Provisional Early Childhood Education, PK-KG

EDCG 5316	School Counseling Leadership & Advocacy	TAMUSA
EDCG 5335	Human Development Across the Lifespan	TAMUSA
EDCG 5352	Counseling Curriculum & Systemic Interventions	TAMUSA
EDCG 5360	Clinical Mental Health Practicum	TAMUSA
EDCG 5362	School Counseling Internship (TEA-Approved)	TAMUSA
EDCG 5385	Clinical Mental Health Internship	TAMUSA
EDCG 5342	Counseling Diverse Populations (Teaching Assistant)	TAMUSA
COUN 536	Human Growth & Development (Teaching Assistant)	UC
COUN 635	Child & Adolescent Counseling (Teaching Assistant)	UC
COUN 537	Diagnosis & Etiology (Teaching Assistant)	UC

## **D. UNIVERSITY TEACHING**

#### **E. SCHOLARLY ACTIVITIES**

### E.1. Books, Chapters, Monographs

Tolliver, M. B., & Smith, C. G. (2021). Creative strategies with school counseling small groups. In Springer, S. I., Moss, L. J., & Schimmel, C. J. A School Counselor's Guide to Small Groups: Coordination, Leadership, & Assessment (2<sup>nd</sup> ed.). Association for Specialists in Group Work.

#### **E.2. Refereed Presentations**

- Smith, C. G. (2023, July). Mental and behavioral health in the post-COVID era: Helping students, staff, and families [Conference session]. Texas A&M University – San Antonio Jaguar Alumni Group Symposium (JAGS), San Antonio, TX.
- Brennan, M. A., & Smith, C. G. (2023, March). The future of school counseling: The profession is in trouble and needs our help (a call for advocacy) [Poster presentation]. Texas Association for Counselor Educators and Supervisors MidWinter Conference, Georgetown, TX.
- Tolliver, M. B., Smith, C. G. (2021, September). Don't call me "guidance" counselor: School counselors and clinical mental health providers collaborating, coordinating, and

*delivering services to address the mental health needs of students* [Conference session]. University of the Cumberlands Doctoral Residency, Florence, KY.

- Smith, C. G. (2021, June). Nice counselor syndrome and the impact on advocacy [Conference session]. Northside ISD Counselor, LSSP & Social Worker Summer Institute, San Antonio, TX.
- Smith, C. G. (2020, June). *Using creative interventions with online counseling* [Conference session]. Northside ISD Counselor, LSSP & Social Worker Summer Institute, San Antonio, TX.
- Smith, C. G. (2020, February). Taking the next step in your career as a school counselor [Conference session]. Texas School Counselor Association Conference, San Antonio, TX.
- Salinas, M. C., Haby, A., & Smith, C. G. (2018, June). Helping children and teens through the grief process [Conference session]. Northside ISD Counselor Summer Institute, San Antonio, TX
- Smith, C. G., & Salinas, M. C. (2018, June). Icebreakers and activities for class meetings [Conference session]. Northside ISD Student Leadership Symposium, San Antonio, TX.
- Smith, C. G., & Salinas, M. C. (2016, June). *Let google make your job easier* [Conference session]. Northside ISD Counselor Summer Institute.
- Mason, D., Shelton, G. R., & **Smith, C. G.** (2008, October). *Mean green chemistry demo team* [Conference session]. Reaching for the Stars Program by Astronauts Jose Hernandez, Dr. Bobby Satcher, and the Society of Hispanic Professional Engineers, Stockton, CA.
- Stetson, A. M., & Smith, C. G. (2005, November). Solution-focused counseling and the gifted student [Conference session]. Texas Association for the Gifted and Talented Conference, San Antonio, TX.
- Smith, C. G. (2005, March). "Joe" [Paper presentation]. 4th Monday Collaborative Case Studies at the Excel Center, Fort Worth, TX.

#### **E.3. Non-Refereed Presentation**

- Smith, C. G., & Brennan, M. A. (2023, March). *Advocacy for yourself and your profession*. Northside Counseling Association, San Antonio, TX.
- Smith, C. G., & Moyer, M. S. (2023, January). A complete review of new ethical and legal standards related to school counselors. Education Service Center, Region 20. San Antonio, TX.

- Smith, C. G. (2022, November). Recognizing and responding to adolescent mental health concerns [Guest lecture]. Preservice Teachers Cohort at Texas A&M University – San Antonio, San Antonio, TX.
- Brennan, M. A., & Smith, C. G. (2021, March). *Solution-focused brief therapy* [Guest lecture]. Northside ISD LSSP Counseling Cohort, San Antonio, TX.
- Smith, C. G. (2021). *Social justice panel discussion* [Panelist]. William & Mary Spring Residency, Online/Synchronous.

# F. SERVICE

#### **F.1. Service to Department**

2023	Member of Search Committee, Faculty Counseling, Health & Kinesiology
2022 - 2023	Admissions Committee
2022 - 2023	School Counseling Faculty/POC
2022	Fitness to Practice Committee

#### F.2. Service to College

2023 Chairperson, Hooding Committee

#### F.3. Service to University

2023 Center for Academic Innovation (CAI) Task Force

#### F.4. Service to Profession

2023 - 2024	TCA Membership Committee Co-Chair
2023	TCA PGC Program Reviewer
2022	Northside Counseling Association Membership Chair
2021 - 2024	TCA Membership Committee
2021	Texas Educator Certification Examination Program – School Counselor Content
	Advisory Committee
2021	Northside Counseling Association Scholarship Chair
2020	Northside Counseling Association Scholarship Chair
2020	TSCA Professional School Counselor Conference Facilitator
2019	Northside Counseling Association Scholarship Chair

2019	TSCA Professional School Counselor Conference Facilitator
2017	Northside Student Leadership Summer Symposium Facilitator
2016	TARCA Winter Workshop Facilitator

#### F.5. Service to Community

2022 - 2023	Subcommittee for Awareness Training, Bexar County Foster Care Task Force
2022 - 2023	Counseling Collective, Regional Work Group to Apply for TCA Chapter

# H. AWARDS AND RECOGNITION

2022 CREST (Counselors Reinforcing Excellence in Students in Texas) Award

# G. PROFESSIONAL MEMBERSHIPS

American Counseling Association Association for Counselor Education and Supervision American School Counselor Association Chi Sigma Iota Counseling Academic & Professional Honor Society Northside Counseling Association Southern Association for Counselor Education and Supervision Texas Counseling Association Texas Association for Adult Development and Aging Texas Association for Counselor Education and Supervision Texas School Counselor Association