

Christine D. Gonzales-Wong, PhD, LPC

One University Way | San Antonio, TX 78224

cwong@tamusa.edu | (210)784-2591

EDUCATION

Ph.D., Counselor Education & Supervision, University of Texas at San Antonio, 2016

M.A., Community Counseling, University of Texas at San Antonio, 2013

B.A., Interdisciplinary Studies, University of Texas at San Antonio, 2010

EMPLOYMENT HISTORY

Associate Professor, Department of Counseling, Health & Kinesiology (2018-Present)
Texas A&M University-San Antonio, San Antonio, TX, 2018-Present

Counselor (2015-2023)

Elite Counseling, San Antonio, TX, 2015-2022

Senior Lecturer, Department of Counseling (2016-2018)

St Mary's University, San Antonio, TX, 2016-2018

TEACHING

EDCG 5311	Counseling Theories	Texas A&M University-San Antonio
EDCG 5314	Theoretical Foundations of MFT	Texas A&M University-San Antonio
EDCG 5317	Counseling Skills and Techniques	Texas A&M University-San Antonio
EDCG 5335	Human Development Across the Lifespan	Texas A&M University-San Antonio
EDCG 5342	Counseling Diverse Populations	Texas A&M University-San Antonio
EDCG 5353	Career Counseling	Texas A&M University-San Antonio
EDCG 5360	Clinical Mental Health Practicum	Texas A&M University-San Antonio
EDCG 5385	Clinical Mental Health Internship	Texas A&M University-San Antonio
CN 6352	Career Planning	St. Mary's University
CN 6253	Group Process and Theory	St. Mary's University
CN 6354	Introduction to Counseling	St. Mary's University
CN 6356	Counseling Techniques	St. Mary's University
CN 6364	Substance Use and Addictive Disorders	St. Mary's University
CN 6381	Methods of Research	St. Mary's University
CN 7302	Social Cultural Issues in Counseling	St. Mary's University
COU 5713	Clinical Mental Health Internship	University of Texas at San Antonio

SCHOLARLY ACTIVITIES

National/International Refereed Journal Articles

Jangha, A., Wills, L. N., Coleman, J., **Gonzales-Wong, C. D.**, Fox, J., Smith, D. L., Cashwell, C. S., & Avent Harris, J. R. (in press). *Counseling and Values*.

Lenz, A. S., Holm, J., & **Gonzales-Wong, C. D.** (in press). Differential associations between relationship characteristics and mental health among civilian and military-affiliated samples reporting moral injury. *Counseling & Development*. <https://doi.org/10.1002/jcad.70047>

- Moyer, M. S., Lenz, A. S., **Gonzales-Wong, C. D.**, & Rodriguez, G. (2025). A meta-analysis of virtual reality interventions for the reducing the symptoms of anxiety. *Counseling Outcome Research and Evaluation*, 16(2), 124-142. <https://doi.org/10.1080/21501378.2024.2438952>.
- Avent Harris, J. R., & **Gonzales-Wong, C. D.** (2024). Integrating religious and spiritual competencies in counselor education: Recommendations for social justice informed pedagogy. *Counselor Education & Supervision*. <https://doi.org/10.1002/ceas.12313>
- Gonzales-Wong, C. D.**, & Peters, S. (2023). Using the Five Ps: Conceptualizing COVID-19-related mental health concerns. *Teaching and Supervision in Counseling*, 5(2), 1-12. <https://doi.org/10.7290/tsc05UhJO>
- de Vries, S. R., & **Gonzales-Wong, C. D.** (2022). Herbal remedies, over-the-counter drugs, and dietary supplements: A primer for counselors. *The Professional Counselor*, 12(2), 105-122. <https://doi.org/10.15241/srdv.12.2.105>
- Gonzales-Wong, C. D.** & Avent, J. A. (2021). Sacred space: Supervisees experiences of spiritual issues. *Counseling & Values*, 66(2), 163-178. <https://doi.org/10.1002/cvj.12155>
- Peters, S., & **Gonzales-Wong, C. D.** (2020). Using an ideographic approach to clients with health anxiety. *Journal of Counseling Research and Practice*, 6(1), 67-85.
- Bell, C. H., Borsuk, C. S., **Wong, C. D.**, & Somody, C. (2018). Evaluating effectiveness in a Hispanic-serving counselor training clinic. *Counseling Outcome Research and Evaluation*, 9(2), 67-79. <https://doi.org/10.1080/21501378.2018.1442680>
- Avent, J. R., & **Wong, C. D.** (2018). African American college students, the Black Church, and counseling. *Journal of College Counseling*, 21, 15-28. <https://doi.org/10.1002/jocc.12084>

Non-Refereed Articles

- Jangha, A., Cashwell, C., Wills, L., **Gonzales-Wong, C.**, Coleman, J., Laota, Z., & Smith, D. (2025, April 17). *Spiritual and religious best practices*. Association for Spiritual, Ethical, and Religious Values in Counseling. <https://aservic.org/aservic-best-practices/>
- Gonzales-Wong, C. D.** (2022, September 21). When you're questioning your faith after being hurt by your religious community, here are 3 ways to cope. *The Conversation*. <https://theconversation.com/when-youre-questioning-your-faith-after-being-hurt-by-your-religious-community-here-are-3-ways-to-cope-188334>
- Olague, A., Pickering, J., Buzzetta, M., Nanez, K., Kurt, Y., McCullen, E., & **Gonzales-Wong, C. D.** (2020). *8 habits for establishing a holistic well-being for students*. Texas A&M University – San Antonio Dean of Students. <https://www.tamusa.edu/documents/dean-of-students/wellness-wheel.pdf>
- Wong, C. D.** (2016, May). RCT and the PhD: How growth-fostering relationships carried me to the finish line. *Sigma Alpha Chi Chapter at UTSA Newsletter*, 4(3), 6.

Books, Chapters, Monographs

- Gonzales-Wong, C. D.** (2025). Religious and spiritual issues in counseling. In M. M. Gibbons & C. A. Barrio Minton (Eds.), *Case Studies in Counselor Education*. Cognella.

- Hinojosa, T. J., & **Gonzales-Wong, C. D.** (2025). Testimonios as a culturally responsive research method. In M. M. Gibbons & C. A. Barrio Minton (Eds.), *Case Studies in Counselor Education*. Cognella.
- Lenz, A. S., **Gonzales-Wong, C. D.**, & de Vries, S. R. (2024). Experimental designs. In C. Sheperis, J. S. Young, & M. H. Daniels (Eds.), *Counseling research: Quantitative, qualitative, and mixed methods* (3rd ed.). Pearson.
- Avent Harris, J. R., & **Gonzales-Wong, C. D.** (2023). Culturally responsive counseling related to religion, spirituality, and other faiths. In L. Summers & L. Nelson (Eds.), *Multicultural counseling: Responding with cultural humility, empathy, and advocacy*. Springer.

Refereed Presentations

- Vinces-Cua, J., Cashwell, C. S., **Gonzales-Wong, C. D.**, Scurry, Jakara (2026, June). Bridging the gap: Implementing the 2025 ASERVIC S/R Best Practices through the lens of the CACREP 2024 doctoral curriculum standards. [Conference session]. Association for Spiritual, Ethical, and Religious Values in Counseling Conference, Virtual.
- Jangha, A., Cashwell, C., **Gonzales-Wong, C. D.**, Wills, L., & Neuer Colburn, A. (2026, April). Introducing the ASERVIC (2025) Spiritual and Religious Best Practices [Conference session]. American Counseling Association Conference, Virtual.
- Lenz, A. S., Holm, J., & **Gonzales-Wong, C. D.** (2025, November). Relational health and mental health among civilian and military-affiliated samples reporting moral injury. Poster presented at the Texas Counseling Association Professional Growth Conference, Houston, TX.
- Avent Harris, J. R., & **Gonzales-Wong, C. D.** (2024, June). Integrating religious and spiritual competencies in counselor education: Recommendations for social justice informed pedagogy [Conference session]. Association for Spiritual, Ethical, and Religious Values in Counseling Conference, Virtual.
- Gonzales-Wong, C.D.**, & Wong, L. A. (2024, June). A meditative journey through the Lord's prayer [Conference session.]. Association for Spiritual, Ethical, and Religious Values in Counseling Conference, Virtual.
- Gonzales-Wong, C. D.**, & Montenegro, J. (2023). *Preparing counselors-in-training to work with religious trauma* [Roundtable presentation]. Texas Association for Counselor Education and Supervision Conference, Georgetown, TX.
- de Vries, S. R., & **Gonzales-Wong, C. D.** (2023). *Herbal remedies, OTCs, and dietary supplements: What counselors should know* [Poster presentation]. Texas Association for Counselor Education and Supervision Conference, Georgetown, TX.
- Gonzales-Wong, C. D.**, Hinojosa, T. J., & de Vries, S. R. (2022, November). *Trends in women's first authorship in counseling journals from 2010-2019* [Roundtable presentation]. Southern Association for Counselor Education and Supervision Conference, Baltimore, MD.
- Hinojosa, T. J., & **Gonzales-Wong, C. D.** (2022, September). *What research is valid? Using Chicana feminist epistemology in your counseling scholarship* [Roundtable presentation]. Association for Assessment Research in Counseling Conference, St. Louis, MS.

- Gonzales-Wong, C. D.**, de Vries, S. R., & Hinojosa, T. J. (2022). *Trends in women's first authorship in counseling journals* [Conference session]. Program accepted at the Texas Association for Counselor Education and Supervision, Arlington, TX.
- Avent Harris, J. R., Cashwell, C., **Gonzales-Wong, C. D.**, Laota, Z., & Coleman, J. (2022). *ASERVIC religious and spiritual competencies: The next chapter* [Conference session]. Program accepted at the American Counseling Association Conference, Atlanta, GA.
- Gonzales-Wong, C. D.**, de Vries, S. R. (2021). *Trends in women's first authorship in counseling journals* [Conference session]. Texas Association for Counselor Education and Supervision Conference, Virtual.
- de Vries, S. R., & **Gonzales-Wong, C. D.**, & McMains, M. (2021). *Herbal remedies, OTCs, and dietary supplements: What counselors should know* [Poster presentation]. American Counseling Association Annual Conference & Expo, Virtual.
- Gonzales-Wong, C. D.**, de Vries, S. R., McDaniel, P. & Hinojosa, T. (2020). *The Use of Technology in Counseling Skills Assessment* [Roundtable presentation]. Texas Association for Counselor Education and Supervision, San Antonio, TX.
- Gonzales-Wong, C. D.**, de Vries, S. R., McDaniel, P. & Hinojosa, T. (2019). *The Use of Technology in Counseling Skills Assessment* [Roundtable presentation]. Association for Assessment and Research in Counseling Conference, San Antonio, TX.
- Haiyasoso, M., Borsuk, C., & **Wong, C. D.** (2019). Preparing supervisees to use trauma-informed treatment to address substance use in college student survivors of childhood trauma [Conference session]. Association for Counselor Education and Supervision Conference, Seattle, WA.
- Borsuk, C. S., Haiyasoso, M., & **Wong, C. D.** (2018, October). *Substance use among college students who survived childhood sexual abuse* [Conference session]. Southern Association for Counselor Education and Supervision Conference, Myrtle Beach, SC.
- Bell, C. H., Borsuk, C. S., & **Wong, C. D.** (2017, October). *Is your student counseling clinic effective? A roundtable on implementing client outcome measures* [Roundtable presentation]. Association for Counselor Educators and Supervisors Conference, Chicago, IL.
- Wong, C. D.** (2017, March). *Sacred space: Supervisees' experiences of spiritual issues in clinical supervision* [Roundtable presentation]. Texas Association for Counselor Educators and Supervisors MidWinter Conference, Austin, TX.
- Bell, C. H., Borsuk, C. S., & **Wong, C. D.** (2016, October). *Is your student counseling clinic effective? A roundtable on implementing client outcome measures* [Roundtable presentation]. Southern Association for Counselor Educators and Supervisors Conference, New Orleans, LA.
- Somody, C., Borsuk, C. S., Creevan, C., Haiyasoso, M., Salinas, C., & **Wong, C. D.** (2015, April). *Energize your groups: Creative interventions for adolescents* [Conference session]. Association for Creativity in Counseling Conference, San Antonio, TX.

Trepal, H., Cook, L. J., Ensigner, C., Haiyasoso, M., Pitamber, H. J., Salinas, C., Valdez, A., Watson, M., **Wong, C. D.**, & Zholu, Y. (2015, April). *Look at her butt (!): Examining body image through the use of popular media, relational-cultural theory, and photovoice* [Conference session]. Association for Creativity in Counseling Conference, San Antonio, TX.

Wong, C. D. (2015, April). *Finding forgiveness: Assessments and interventions* [Poster presentation]. Association for Creativity in Counseling Conference, San Antonio, TX.

Avent, J. R., & **Wong, C. D.** (2015, March). *We've come this far by faith: Today's African American college student, the Black Church, and perceptions of counseling* [Conference session]. American Counseling Association Conference, Orlando, FL.

Borsuk, C. S., & **Wong, C. D.** (2015, January). *Substance abuse counseling: The many differences within the field and ways supervisors can advocate for supervisees* [Poster presentation]. Texas Association for Counselor Educators and Supervisors MidWinter Conference, Austin, TX.

Wong, C. D. (2015, January). *Finding forgiveness: A toolkit for counselor educators and supervisors* [Poster presentation]. Texas Association for Counselor Educators and Supervisors MidWinter Conference, Austin, TX.

Avent, J. R., & **Wong, C. D.** (2014, November). *We've come this far by faith: Today's African American college student, the Black Church, and perceptions of counseling*. Program Presented at the Texas Counseling Association Conference, Dallas, TX.

Knight, D. N., & **Wong, C. D.** (2014, November). *Tear and repair: A relational approach to racial and ethnic microaggressions*. Program presented at the Texas Counseling Association Conference, Dallas, TX.

Non-Refereed Presentations

Peters, S., & **Gonzales-Wong, C. D.** (2024, May). *Utilizing the 5Ps model of case formulation for adults in custody* [invited lecture]. Federal Bureau of Prisons Central Office.

Gonzales-Wong, C. D. (2020, November). *Relationships and COVID* [Conference session]. San Antonio Leaders and Teachers Collective, San Antonio, TX.

Wong, C. D. (2016). *Spirituality in counseling* [Guest lecture]. Multicultural Counseling Course at Texas State University, San Marcos, TX.

Wong, C. D. (2016). *Spirituality in counseling* [Guest lecture]. Advanced Multicultural Counseling Course at The University of Texas at San Antonio, San Antonio, TX.

Wong, C. D. (2011). *Effective communication* [Conference session]. Program presented at the Kappa Delta Chi Sorority Regional Conference, Georgetown, TX.

SERVICE

Service to Department

2026	BHS Scholarship Reviewer
2024-Present	Program Orientation Organizer
2024-Present	Lab Technology Liaison
2024	Chair, Search Committee, Assistant Professor of Counseling
2024	Member, Search Committee, Lecturer of Human Services
2023	Member, Search Committee, Assistant Professional Track in Counseling

2022	Member, FTP Committee
2020-2023	Member, Tevera Committee
2019-2023	Practicum and Internship Coordinator
2019-2023	Member, Council for Accreditation for Counselor Education and Related Programs Committee
2018-2020	Lab Technology Committee
2019	Member, Search Committee, Assistant/Associate Professor of Counseling
2018-2019	Member, Recruitment Committee
2018	Counseling Webmaster

Service to College

Beg. Aug 2025	Member, Policies and Procedures Committee
2024-2025	Chair, Search Committee, Counseling and Guidance
2024-2025	Member, Search Committee, Curriculum and Instruction
2024-2025	Member, Curriculum Change Committee
2022-2024	Member, New Student Orientation and Recruitment Committee
2020	Member, Search Committee for Assistant/Associate Professor of Applied Behavior Analysis
2019-2021	Member, Technology Committee
2018-2019	Member, College of Education & Human Development Mini-Grant Committee

Service to University

2024, July	Lecturer, Power of Spirituality on Mental Health, A&M-SA Alumni Weekend
2019-2022	Mentor, Faculty Advising Program

Service to Community

2022, August	Camp Counselor, Camp-U, San Antonio, TX
2022, June	Guest, Avent Harris, J. R. (Host). (2022, June 4). Church hurts, church heals with Dr. Christine Gonzales-Wong & Pastor Lee Wong (No. 1) [Audio podcast episode]. In <i>Peace is Power with Dr. Janeé Avent</i> .
2021, May	Guest Expert, Media and Mental Health, MetaChurch, San Antonio, TX
2021, April	Guest Expert, Therapy, Faith, Medication, and Mental Health, First Baptist Church, San Antonio, TX
2020-Present	Board Member, San Antonio ISD Foundation
2017, March	Guest Expert, Relationships, Daytime at 9, KABB Foxx, San Antonio, TX
2017, February	Guest Expert, Relationships, Daytime at 9, KABB Foxx, San Antonio, TX
2015, May	Triage Counselor, Mentoring Matters Conference, Moscow, Russia
2014, October	Triage Leader, CityChurch and Sarabia Family Counseling Center, San Antonio, TX
2012, March	Mentor, Ready to Lead Program, Congressional Hispanic Caucus Institute

Service to Profession

2024	Member, Proposal Review Panel, American Counseling Association
2024-Present	Editorial Board, Journal of Counselor Preparation and Supervision
2022-Present	Editorial Board, <i>Counseling Outcome Research and Evaluation</i>
2021-Present	Member, Competency Task Force, Association for Spiritual, Ethical, and Religious Values in Counseling
2021-2023	Co-Chair, Educational Endowment Fund Committee, Texas Counseling Association
2021	Member, Proposal Review Panel, Texas Association for Counselor Education and Supervision
2020	Member of Dissertation Committee, <i>Tattoo Removal After Tattoo Regret and Adversity: A Constructivist Grounded Theory Study</i> , Luis Esparza, Counselor Education and Supervision, St. Mary's University, Defended, April 2020.
2019	Member, Awards Review Panel, Texas Association for Counselor Education and Supervision
2019	Member of Dissertation Committee, <i>Developing a Grounded Theory for Supervision Informed by the Internal Family Systems Model of Therapy</i> , Daniel Reed, Counselor Education and Supervision, St. Mary's University, Defended, March 2019.
2018	Member of Dissertation Committee, <i>Minding the Body: Trauma-informed Yoga for Substance Use Treatment</i> , Christi Myers, Counselor Education and Supervision, St. Mary's University, In Progress.
2017	Member of Dissertation Committee, <i>Translation and the Validation Process of the Hemingway: Measure of Adolescent Connectedness (MAC) into Turkish</i> , Yasir Kurt, Counselor Education and Supervision, St. Mary's University, Defended, Summer 2017
2017-2018	Member, Awards Committee, Texas Association for Counselor Education and Supervision
2014-2017	Member, Social Media Committee, Southern Association for Counselor Education and Supervision
2016	Member of Dissertation Committee, <i>The Experiences of African American Pastors Treatment Mental Health Issues Among Parishioners in the State of Texas</i> , Rosalind Smith, Counselor Education and Supervision, St. Mary's University, Defended, Fall 2016
2015-2016	Member, Professional Standards Committee, American Counseling Association
2015	Member, Awards Review Panel, Chi Sigma Iota

2013 Conference Volunteer, Texas Counseling Association

Honors and Awards

2023 Texas Counseling Association: Distinguished Service Award
2019 Counseling Outcome Research and Evaluation Journal: Outstanding Outcome Research Award, Evaluating Effectiveness in a Hispanic-Serving Counselor Training Clinic

Professional Memberships and Licensures

2016-Present Licensed Professional Counselor in Texas
2021-Present Association for Spiritual, Ethical, and Religious Values in Counseling
2013-Present American Counseling Association
2015-Present Texas Counseling Association
2013-Present Association for Counselor Education and Supervision
2013-Present Southern Association for Counselor Education and Supervision
2013-Present Texas Association for Counselor Education and Supervision

Certificates

Adults Mental Health First Aid Instructor, issued August 2024
Focus on Peer Review, Nature Masterclass, issued April 2024
Youth Mental Health First Aid Instructor, issued December 2023
ACUE Microcredential in Promoting Active Learning, issued March 2023