

# **Hector A. Garcia, Psy.D.**

Clinical Psychologist

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Department of Psychiatry  
University of Texas Health Science Center  
San Antonio, Texas

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## **Education**

Doctor of Psychology (Clinical): May 2005  
Rutgers University  
Graduate School of Applied and Professional Psychology (GSAPP)  
152 Frelinghuysen Road  
Piscataway, NJ 08854  
2002-2005

Clinical Internship  
Veteran Health Administration  
Mental Health and Behavioral Science  
Lyons, New Jersey  
8/2004—8/2005

Master of Psychology: January 2003  
Rutgers University  
2000-2002

Bachelor of Arts in Psychology, High Honors: May 1999  
University of Texas El Paso (UTEP)  
500 West University Avenue  
El Paso, Texas 79968  
1993-1997

Certified in Prolonged Exposure Therapy, Cognitive Processing Therapy, Written Exposure Therapy, DiSC Facilitator.

## **Academic appointments**

Assistant Professor: Texas A&M University, San Antonio, Texas—Department of Health and Behavioral Sciences. September 2023-present

Assistant Professor: University of Texas Health Science Center San Antonio—Department of Psychiatry. February 2009-present

**Licensure:** Texas

### **Academic Awards and Honors**

NIAAA Alcohol Research Training Fellowship, Rutgers: 2002-2004  
Ralph Bunche Excellence Fellowship, Rutgers: 2000-2002  
Top Ten Senior Award, UTEP: graduating class of 1999  
High Honors, UTEP: 1999  
Standard/Flag Bearer, UTEP graduation ceremony: 1999  
Texas Senate Resolution Honoring Academic Achievement: 1999  
Houston Endowment Honors Scholarship: 1998-1999  
National Hispanic Scholarship: 1997-1998  
Stevens Scholarship: 1996-1999  
University of Texas Land Scholarship, summer: 1997

### **Work Experience**

**Texas A & M University, San Antonio, Texas**  
**Assistant Professor; 8/2023—current**

#### **Courses Taught:**

##### **2023**

Abnormal Psychology: PSY 4325  
Writing in Psychology: PSY2385  
Special Graduate Topics. PSY 5320

##### **2024**

Abnormal Psychology: PSY 4325  
Internship in Psychology: PSY 4355  
Special Graduate Topics. PSY 5320

##### **2025**

Abnormal Psychology: PSY 4325  
Internship in Psychology: PSY 4355  
Special Graduate Topics PSY 5320  
(Evolutionary Psychology)

**Department of Veterans Affairs Health Care, Valley Coastal Bend Health Care System,  
Posttraumatic Stress Disorder team**

**Chief Wellbeing Officer; 6/2022—current**

Duties: Designing and implementing strategies that optimize employee performance and engagement; working with hospital executive leadership team to develop system-level strategies to improve to advance the wellbeing off all healthcare professionals; developing novel communication initiatives; implementing administrative burden reduction initiatives; conducting stay interviews; collaborating with all levels of staff including Employee Experience, Whole Health, Systems Redesign, Union, and unit level supervisors in developing burnout reduction initiatives; analyzing organizational health data, assist service chiefs in action planning;

implementing system-level interventions in participatory management and leadership training; coordinating with mental health leaders to decrease stigma surrounding peer support services, conduct national didactic lectures on occupational burnout and engagement.

Intern didactics lectures:

Occupational Burnout and engagement at the Veterans Health Administration;  
Masculine Psychology, Veterans, and PTSD care

**Telehealth psychologist, Virtual PTSD Treatment Team; Researcher: 8/2015-6/2022**

Duties: Providing evidence-based psychotherapies for PTSD, panic disorder, social phobia; lead—employee engagement/burnout prevention program, workshops, and qualitative and quantitative engagement data collection, working with organization stakeholders to improve process/engagement, empirical research on occupational burnout/engagement; didactics lecturer.

Didactics lectures:

Occupational Burnout and engagement at the Veterans Health Administration;  
Masculine Psychology, Veterans, and PTSD care

**Department of Veterans Affairs Health Care, South Texas Veterans Health Care System Posttraumatic Stress Disorders Clinic (PCT)**

**Clinical Psychologist:** 8/2006—8/2015  
**Acting PCT director:** 12/2012—1/2014

Duties: Monitoring consult process; assigning cases; designing systems level data collection and quality improvement projects; staff supervision; program development—including empirically-based treatment protocols, records database, public affairs literature; provide individual and group CBT (Prolonged Exposure Therapy, Cognitive Processing Therapy, and Cognitive Therapy), and Virtual Reality Treatment to veterans; psychological testing and assessment; treatment planning; outreach; crisis intervention; training and supervision of interns and residents; clinical research and scholarly writing.

**Hogg Foundation for Mental Health. Cultural Adaptation: Providing Evidence-Based Practices to Populations of Color Initiative 1/2008—2/2009.**

**Private Contractor/Consultant**

Duties: Coordinated dissemination of empirically based treatments to three community-based outpatient clinics. Provide trainings and weekly supervision to clinicians at the sites in CBT for depression and anxiety to residents of low income, largely Hispanic, Spanish-speaking communities. Ensured fidelity to EBTs across sites, developed standards for treatment outcome measurement, addressed cultural issues in implementation to Spanish-speakers, provide training for CBT in Spanish.

**New York State Office of Mental Health**

8/2005—6/2006

## Clinical Psychologist

Duties: program development; individual supportive and CBT therapy and psychoeducation groups in both Spanish and English; treatment planning; medication management; psychosocial assessments; case management.

### Ad Hoc Reviewer:

Personality and Individual Differences  
Evolutionary Behavioral Sciences  
Adaptive Human Behavior and Physiology  
Journal of Traumatic Stress  
Psychology of Men and Masculinity  
Psychological Services  
Psychological Trauma: Theory, Research, Practice, and Policy  
Military Medicine  
Burnout Research  
British Journal of Guidance and Counseling

### Publications

#### **Books:**

**Garcia, H.A.** (2019) *Sex, Power, and Partisanship: How Evolutionary Science Makes Sense of Our Political Divide*. Prometheus Books; Amherst, NY

**Garcia, H.A.** (2015) *Alpha God: The Psychology of Religious Violence and Oppression*. Prometheus Books; Amherst, NY— Book Authority's Best Evolutionary Psychology Books of All Time Winner.

#### **Book chapters:**

**Garcia, H.A.** Posttraumatic Stress Disorder and Post-Combat Reintegration: An Evolutionary Model (2024). In L. Al-Shawaf & T. K. Shackelford (Eds.), *The oxford handbook of evolution and the emotions*. Oxford University Press.

#### **Scientific Journals:**

32) **Garcia, H. A.** (2024). Evolutionary roots of occupational burnout: Social rank and belonging. *Adaptive Human Behavior and Physiology*, 10(1), 50–70. <https://doi.org/10.1007/s40750-024-00235-4>

31) Song, J., **Garcia, H. A.**, Finley, E. P., & Stirman, S. W. (2023, April 13). Provider Decisions to Use Evidence-Based Psychotherapy for PTSD Among Veterans: Assessments of Overidentification With the Sick Role and Comorbid Personality Disorders. *Traumatology*. Advance online publication. <https://dx.doi.org/10.1037/trm0000433>

30) Zivin K, Kononowech J, Boden M, Abraham K, Harrod M, Sripada RK, Kales HC, **Garcia HA**, Pfeiffer P. Predictors and Consequences of Veterans Affairs Mental Health Provider

**29)** Song, J., **Garcia, H. A.**, Finley, E. P., & Wiltsey Stirman, S. (2020, May 7). Graduate Training and Provider Concerns About Distress and Comprehension in PTSD Treatment Choice: A Mediation Analysis. *Psychological Services*. Advance online publication. <http://dx.doi.org/10.1037/ser0000429>

**28)** **Garcia, H. A.**, Mignogna, J., DeBeer, B. R., Song, J., Haro, E. K., & Finley, E. P. (2019, October 10). Provider Factors Predict Use of Evidence-Based Psychotherapies in Veterans Affairs Posttraumatic Stress Disorder Specialty Programs: The Role of Profession, Theoretical Orientation, and Training. *Traumatology*. Advance online publication. <http://dx.doi.org/10.1037/trm0000220>

**27)** **Garcia, H. A.**, DeBeer, B. R., Mignogna, J., & Finley, E. P. (2019, February 28). Treatments Veterans Health Administration PTSD Specialty Program Providers Report Their Patients Prefer: The Role of Training and Theoretical Orientation. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <http://dx.doi.org/10.1037/tra0000442>

**26)** Finley, E. P., **Garcia, H. A.**, Ramirez, V. A., Haro, E. K., Mignogna, J., DeBeer, B., & Wiltsey-Stirman, S. (2019, June 17). Treatment Selection Among Posttraumatic Stress Disorder (PTSD) Specialty Care Providers in the Veterans Health Administration: A Thematic Analysis. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <http://dx.doi.org/10.1037/tra0000477>

**25)** Haro, E.K., Mader, M., Noel, P.H., **Garcia, H.A.**, Vogt, D., Bernardy, N., Bollinger, M., Pugh, M.J., Finley, E.P. (2019) The impact of trust, satisfaction, and perceived quality on preference for setting of future care among veterans with PTSD. *Military Medicine*. April 20.

**24)** **Garcia, H. A.**, DeBeer, B. R., Mignogna, J., & Finley, E. P. (2019). Treatments Veterans Health Administration PTSD specialty program providers report their patients prefer: The role of training and theoretical orientation. *Psychological Trauma: Theory, Research, Practice, and Policy*.

**23)** **Garcia, Hector A.**, Benzer, Justin K., Haro, Elizabeth, Finley, Erin P. (2018). Occupational burnout among PTSD specialty clinic providers in the Veterans Health Administration: Perceptions of bureaucratic and political oversight. *Mental Health and Prevention*, 12, 42-49

**22)** Villarosa-Hurlocker, M.C., Cuccurullo, L.A., **Garcia, H.A.** Finley, E.P. (2018) Professional burnout of psychiatrists in a Veterans Health Administration: exploring the role of the organizational treatment. *Administration and Policy in Mental Health and Mental Health Service Research*. June, pp1-9, DOI: [10.1007/s10488-018-0879-5](https://doi.org/10.1007/s10488-018-0879-5)

**21)** Finley, EP, Mader, M, Haro, E., Noel, PH, Bernardy, N, Rosen, CS, Bollinger, M, **Garcia, H.** Sherrieb, K, MJ Pugh, MJ (2018) Use of guideline-recommended treatments for PTSD among community-based providers in Texas and Vermont: implications for the Veterans Choice Program. *Journal of Behavioral Health Services and Research*. doi: [10.1007/s11414-018-9613-z](https://doi.org/10.1007/s11414-018-9613-z)

**20)** Finley, EP, Mader, M, Haro, E, Noel, PH, Bernardy, N, Rosen ,CS, Bollinger, M, **Garcia, H,**  
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- Sherrieb,K, Pugh, MJ. (2017) Community clinicians and the Veterans Choice Program for PTSD care: Understanding provider interest during early implementation. *Medical Care*. 55 suppl 7.
- 19)** EP Finley, EP, Mader, M. Bollinger, M, Haro, EK, **Garcia, HA**, Huynh, AK, Pugh, JA, Pugh MJ. (2017) Characteristics associated with utilization of VA and non-VA care among Iraq and Afghanistan Veterans with posttraumatic stress disorder. *Military Medicine*, 182(11), e1892-e1903.
- 18)** EP Finley, PH Noel, S Lee, EK Haro, **H Garcia**, C Rosen, N Bernardy, MJ Pugh, JA Pugh. (2017) Psychotherapy practices for Veterans with PTSD among community-based providers in Texas. *Psychological Services*.
- 17) Garcia, H. A.** (2016, June 30). If You've Never Been There You Wouldn't Understand: The Evolutionary Reasons for Veteran Mistrust. *Evolutionary Behavioral Sciences*. Advance online publication. <http://dx.doi.org/10.1037/ebs0000076>
- 16) Garcia, H.A.**, McGeary, C., Finley, E.P., Ketchum, N.S., McGeary, D. D., Peterson, A. (2016). Burnout Among Psychiatrists in the Veterans Health Administration. *Burnout Research*. 2 (4).
- 15) Garcia, H. A.**, McGeary, C. A., Finley, E. P., Ketchum, N. S., McGeary, D. D., & Peterson, A. L. (2015). Evidence-based treatments for PTSD and VHA provider burnout: The impact of cognitive processing and prolonged exposure therapies. *Traumatology*, 21(1), 7-13.
- 14)** E.P. Finley, **H.A. Garcia**, N.S. Ketchum, D.D. McGeary, C.A. McGeary, Wiltsey Stirman, S., Peterson, A.L. (2014) Utilization of evidence-based psychotherapies in Veterans Affairs posttraumatic stress disorder outpatient clinics. *Psychological Services*.
- 13) Garcia, H.A.**, McGeary, C., Finley, E.P., Ketchum, N.S. McGeary, D. D., Peterson, A. (2015). The Influence of Trauma and Patient Characteristics on provider burnout in VA PTSD Specialty Programs. *Psychology and Psychotherapy: Theory, Research and Practice*
- 12) Garcia, H.A.**, McGeary, C., McGeary, D. D., Finley, E.P., Peterson, A. (2014) Burnout in veterans health administration providers in posttraumatic stress clinics. *Psychological Services*. 11 (1) 50-59.
- 11)** McGeary, C., **Garcia, H.A.**, McGeary, C., Finley, E., & Peterson, A. (2014). *Burnout and Coping: Veterans Health Administration Posttraumatic Stress Disorder Mental Health Providers*. *Psychological Trauma: Theory, Research, Practice, and Policy*. 6(4) 390-397
- 10) Garcia, H.A.**, Finley, E.P., Ketchum, N., Jakupcak, M, Dassori, A., Reyes, S. (2014). *Treatment Adherence among OEF/OIF Veterans: A Survey of Perceived Barriers and Treatment Attitudes in VA Outpatient Care*. *Military Medicine*. 179 (3). 273-278
- 9)** Jeffreys, M., D., Reinfeld, C., Nair, P.V., **Garcia, H.A.**, Mata-Galan, E., & Rentz, T.O. (2013). Evaluating treatment of posttraumatic stress disorder with cognitive processing therapy and prolonged exposure therapy in a VHA specialty clinic. *Journal of Anxiety Disorders*. 28 (1).
- 8)** Finley, E.P., Pugh, M.J., **Garcia, H.A.**, Wang, C.P., Noel. P.H. (2013) Self-efficacy for life

tasks in OEF/OIF Veterans: assessing functional concerns in the clinic. *Military Behavioral Health Available online September 2013.*

7) Jakupcak, M., Blais, R.K., Grossbard, J., **Garcia, H.A.**, Okiishi, J. (2013) Toughness and Its Association with Psychiatric Symptoms and Perceived Barriers to Care Among Iraq and Afghanistan War Veterans. *Psychology of Men and Masculinity*. doi: 10.1037/a0031508

6) **Garcia, H.A.**, Kelley, L.P., Rentz, T.O., & Lee, S. (2011). Pretreatment Predictors of Dropout from Cognitive Behavioral Therapy for PTSD in Afghanistan and Iraq War Veterans. *Psychological Services*. 8 (1) 1-11.

5) **Garcia, H. A.**, Franklin, C. L., & Chambless, J. L. (2010). Examining MMPI-2 F-family scales in PTSD-diagnosed Operation Enduring and Iraqi Freedom veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*.2 (2).

4) Lorber, W. & **Garcia, H.A.** (2010) Not Supposed to Feel This: Traditional Masculinity In Psychotherapy With Male Veterans Returning From Afghanistan and Iraq. *Psychotherapy Theory Research Practice and Training*. Vol 47 (3) 296-305.

3) **Garcia, H. A.**, Finley, E. P., Lorber, W., & Jakupcak, M. (2010). A Preliminary Study Of the Association Between Traditional Masculine Behavioral Norms and PTSD Symptoms in Iraq and Afghanistan Veterans. *Psychology of Men & Masculinity*. 12 (1).

2) **Garcia H. A.** (2008). Targeting Irish-Catholic Rituals as Symptoms of Obsessive Compulsive Disorder: A Cognitive-Behavioral and Psychodynamic Assimilative Integrationist Approach. *Pragmatic Case Studies in Psychotherapy*. Vol. 4 (2) 1-38 [This paper has been translated into Polish and re-published: *Psychiatria i Psychoterapia* 2008, Tom 4, Nr 4: artykuł 1.]

1) **Garcia, H.A.** (2008) Meaning and Pragmatism in OCD Treatment. Response to Commentaries On: Targeting Catholic Rituals as Symptoms of Obsessive-Compulsive Disorder. *Pragmatic Case Studies in Psychotherapy*. Vol 4 (2) 63-74

## **Media**

### **Featured Media:**

**TED Talks Live, War and Peace.** New York, Broadway. 11/4/15. *We Train Soldiers for War. Let's Train Them to Come Home Too.*

**TEDx San Antonio.** San Antonio Texas. 11/9/19. *Why We Make War*

**C-SPAN.** *Sex, Power, and Partisanship*: CSPAN: <https://www.c-span.org/video/?458812-3/sex-power-partisanship>

### **Selected Radio/TV/Podcasts:**

**Hector Garcia.** *How Evolution Created PTSD.* Brain Health with Dr Elliot Jardin, University of Miami. <https://open.spotify.com/episode/4gF0XgrCKWqfQHh1S7Mh53>

**Hector Garcia.** *Why We War.* Right to Reason Podcast with Robert Stanley. <https://www.youtube.com/watch?v=5OnChVpW6wI>

**Hector Garcia.** PTSD, Religion, and Male Dominance. WBAI Radio: <https://archive.org/details/equaltimeforfreethought2019>

**Hector Garcia.** What Makes a Soldier: What Breaks a Soldier: My Own Worst Enemy: Podcast (U.K.: <http://www.myownworstenemy.org/podcast/what-makes-a-soldier-what-breaks-a-soldier/>

**Hector Garcia.** The Evolved Psychology of PTSD. *KTEP El Paso, Texas Science Studio/Fresh Air.* April 24, 2017. <http://ktep.org/post/science-studio-hector-garcia-0>

**Hector Garcia.** Evidence-based Psychotherapies for PTSD, Politics and Provider Burnout. *NAMI Athens Ohio, Conversations from Studio B.* January 5, 2015. <http://namiathensohio.org/radio-program/>

### **Written Interviews:**

**Garcia, H.A.** *Researchgate* (2016) Protecting the professionals treatment PTSD patients from burnout: How the Department of Veterans Affairs can take care of providers, so they can take care of patients. <https://www.researchgate.net/blog/post/protecting-the-professionals-treating-ptsd-patients-from-burnout>

**Garcia, H.A.** *US Medicine* (2016) Bureaucracy, not patient factors, cause burnout for VA psychiatrists. <http://www.usmedicine.com/agencies/departments-of-veterans-affairs/bureaucracy-not-patient-factors-cause-burn-out-for-va-psychiatrists/>

**Garcia, H.A.** *VA Research Currents* (2015). Bureaucracy, not trauma exposure, is cause of most mental health provider burnout in VA. <http://www.research.va.gov/currents/spring2015/spring2015-4.cfm>

### **Selected Invited Lectures:**

**Hector Garcia** (June 2, 2024) On the Origins of Gods. Athens, Greece.

**Hector Garcia** (March 28, 2023) Veterans Affairs—*High Reliability Organizations, Social Support, and Burnout*, Building Resiliency and a Safety Culture through HRO Principles and Whole Health Modalities

**Hector Garcia** (February 2, 2023). Veterans Affairs—*Wellness and Telework.* Veterans Affairs—Telework and Ongoing Reviews.

**Hector Garcia** (Feb 8, 9, 2023) Veterans Affairs—*Darwinian Medicine, Burnout, and Self-Compassion.* National Veterans Affairs—National CBOC Mental Health Grand Rounds.



**Hector Garcia** (February 2, 2023). Veterans Affairs—*Mission: Organizational Health, Staff Retention*. VISN 17 Executive Leadership Council.

**Hector Garcia** (June 3, 2022)—**Plenary**. PTSD: Disorder, or Adaptation? Discover New Directions Mental Health Symposium. Bonham, Texas

**Hector Garcia** (November 23, 2021). *Food for Thought: The Evolutionary Roots of Our Political Divide*. Center for Inquiry, Austin, Texas.

**Hector Garcia** (July 18, 2021). *Politics and the Evolutionary Roots of Tribalism*. Houston Oasis, Houston Texas,

**Hector Garcia** (October 27, 2019). *Predisposed to Vote: The Evolutionary Science of Our Political Divide*. Texas Book Festival, Austin.

**Hector Garcia—Plenary** (September, 2019); *The Evolution of PTSD and Evidence Based Psychotherapies*. 2<sup>nd</sup> Battalion, 10 Special Forces Redeployment Conference. Ft Collins, Co.

**Hector Garcia** & Sebastian Junger. (March 2019). *Brainwave Series: Sex, Power, and Partisanship*: Rubin Museum, NY, NY.

**Hector Garcia—Plenary** (October, 23 2018). *Building the public interface of PTSD science*. STRONG STAR PTSD Research Conference. San Antonio, Texas

**Hector Garcia** (September 2 2018). *On the advancement of science in religious warfare and PTSD treatment*. Oasis, Kansas City, Missouri

**Hector Garcia** (2017). *A Century of Transformation: UTEP, the Border Experience, and the Science of PTSD*. University of Texas at El Paso Centennial Lecture Series.

**Garcia, H.A. (2016)**. KLRN presents film screening and panel discussion featuring TED Talks: War & Peace. Bijou Theater, San Antonio, Texas.

Sebastian Junger, **Hector A Garcia**, Wallace Lawson. (2016) *Tribe: On Homecoming and Belonging* (Tribalistic Psychology and recovery from PTSD). The Book People. Austin, Texas.

EP Finley, PH Noël, EK Haro, N Bernardy, S Lee, **H Garcia**, MJ Pugh, J Pugh. *Education preferences among community mental health and primary care providers treating PTSD*. International Society of Traumatic Stress Studies, Dallas TX , 11/12/2016.

**Hector Garcia**, McGeary, C., McGeary, D., Finley, E., & Peterson, A. (2013, November). Organizational Factors and Burnout in VA PTSD Clinical Team Providers. In C. Benight (Chair), *Secondary trauma and burnout in military mental health providers*. Symposium conducted at the International Society of Traumatic Stress Studies, Philadelphia, Pennsylvania.

Jeffreys M., **Garcia H.A.** (July 2011). *Vietnam Veterans' Responsiveness to Prolonged Exposure (PE) Therapy for PTSD*. VA Mental Health Conference: Baltimore Maryland.

**Hector Garcia**, Dassori, A. (2011). Building a Practice-Based Research Network at a VAMC Mental Health Outpatient Clinic. 3<sup>rd</sup> Annual Practice-Based Research Network Convocation.

Jeffreys, M., Rentz, T.O., **Garcia, H.A.**, Mata-Galan, E. (2010, July). *Continued Growth and Clinical Challenges of Evidenced Based Treatments in an Outpatient PCT*. Presented at the VA Mental Health Conference: Baltimore Maryland.

Jeffreys, M., **Garcia, H.A.**, Rentz, T.O. (2009, July). *Are We There Yet? Increasing Patient Use of Evidence Based, Trauma Specific Therapies in an Outpatient PCT*. Presented at the VA Conference: Meeting the Diverse Mental Health Needs of Veterans; Implementing the Uniform Services Handbook. Baltimore, Maryland.

**Hector Garcia**. (2008). *Recognizing PTSD*. Hallmark Institute for Technology. San Antonio, Texas.

**Hector Garcia** (2008) *Implementing Exposure Therapy with Veterans Diagnosed with PTSD*. Invited Address at the Regional Veteran Centers Empirically Supported Treatment Training. San Antonio, Texas.

**Hector Garcia** (2007, September). *Mental adjustment of returning veterans*. Invited address at: The National Black Caucus of State Legislators and the National Hispanic Caucus of State Legislators Health Disparities Conference. Omni La Mansion Del Rio—San Antonio, Texas.

**Hector Garcia**. (2007, December). *Recovery and reintegration of veterans*. Invited address at: The National Black Caucus of State Legislators Annual Conference: Labor, Military, & Veteran's Affairs. Little Rock, Arkansas.

**Hector Garcia**. (2006, October). *The price of war: posttraumatic stress disorder*. Invited address at: The Presidents Peace Commission; Five years later. St. Mary's University, San Antonio, Texas.

**Hector Garcia**. Langenbucher, J. (2003, November). *Perceived Alcohol Intoxication on MDMA (Ecstasy); MDMA, Alcohol, and Sexual Risk-Taking*. Paper presented at the National Institute on Alcohol Abuse and Alcohol Intoxication Trainee Workshop.

### **Presentations/Posters:**

Song, J., **Garcia, H.**, Finley, E., & Wiltsey Stirman, S. (2020, November 19-22). *Patient characteristics affect providers' treatment choice* [Poster session]. ABCT 54th Annual Convention, Philadelphia, PA, United States.

Finley, E.P., Wistley-Stirman, S., **Garcia, H.A.**, (December 4, 2018) *Understanding treatment planning among VHA PTSD specialty care providers: Using practice assessment to identify opportunities for expanding reach of evidence-based psychotherapies*" 11<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation, Washington, D.C.

Finley, EP, Haro, EK, Mader, M, Noel, P, **Garcia, H** Bernardy, N, Rosen, C & Pugh MJ. *Availability of guideline-recommended prescribing and psychotherapy for PTSD in community settings: Implications for access and quality*. San Antonio Military Health System and Universities Research Forum, San Antonio, June 29, 2018.

EK Haro, M Mader, PH Noel, N Bernardy, CS Rosen, M Bollinger, **HA Garcia**, K Sherrieb, MJ

Pugh, EP Finley. Use of guideline-recommended treatments for PTSD among community-based clinicians in Texas and Vermont. Department of Psychiatry's Research and Quality Improvement Day, San Antonio, TX, May 2, 2017.

EP Finley, PH Noël, EK Haro, N Bernardy, S Lee, **H Garcia**, MJ Pugh, J Pugh. Education preferences among community mental health and primary care providers treating PTSD. International Society of Traumatic Stress Studies, Dallas TX, November 12, 2016.

EP Finley, M Mader, EK Haro, PH Noel, N Bernardy, C Rosen, M Bollinger, **H Garcia**, K Sherrieb, MJ Pugh. Attitudes to VA and use of recommended PTSD treatment practices by community clinicians: implications for the Veterans Choice Program. Examining the New Landscape of Care in the Community for Veterans. HSR&D/QUERI Field-Based Meeting, August 8, 2016.

EP Finley, M Mader, M Bollinger, EK Haro, **HA Garcia**, JA Pugh, MJ Pugh. Factors Predicting Utilization of VA, Military, and Community-Based Care among Iraq and Afghanistan Veterans with PTSD. Association of Military Surgeons of the United States, San Antonio, December 4, 2015.

M Mader, M Bollinger, EK Haro, MJ Pugh, **HA Garcia**, JA Pugh, EP Finley. Utilization of VA, Military, and Community-Based Care among OEF and OIF Veterans with PTSD. San Antonio Military Health System and Universities Research Forum, San Antonio, July 24, 2015.

EP Finley, PH Noel, S Lee, MJ Pugh, **HA Garcia**, JA Pugh. PTSD Care Practices and Education Preferences among Community-Based Prescribers and Psychotherapy Providers in Texas. San Antonio Military Health System and Universities Research Forum, San Antonio, July 24, 2015.

EP Finley, PH Noel, S Lee, MJ Pugh, **HA Garcia**, JA Pugh. Psychotherapy practices for patients with posttraumatic stress disorder (PTSD) among community-based providers in Texas. HSR&D/QUERI 2015 National Conference, Philadelphia, July 8, 2015.

Finley, E.P, **Garcia, H.A.**, Ketchum, NS, McGeary,DD, McGeary, CA, Wiltsey Stirman,S, Peterson, AL. *Provider and workplace factors affecting use of Prolonged Exposure and Cognitive Processing Therapies within VA PTSD Clinical Teams*. International Society of Traumatic Stress Studies National Meeting, Miami, FL, November 7, 2014.

**Garcia, H.A.**, Finley, E. P., Ketchum, N., McGeary, C., McGeary, D., Peterson, A. (May 2013) *Burnout among Veterans Health Care Administration PTSD Clinical Teams: Emerging Research and Recommendations*. Poster presented at the Veterans Affairs Psychology Leadership Conference.

McGeary, D., McGeary, C., & **Garcia, H.**, Finley, E., & Peterson, A. (2013, November). *Factors contributing to burnout among VA psychiatrists*. Poster session presented at the Association for Cognitive and Behavioral Therapies, Nashville, Tennessee.

**Garcia, H.A.**, Dassori, A., Ketchum, N., Finley, E.P., Jackupcek, M., Reyes, S. (2012) *Perceived Barriers to VA Outpatient Mental Health Care*. Poster presented at the International Society for Traumatic Stress Studies 28<sup>th</sup> Annual Meeting. Los Angeles, CA.

Jeffreys, M., Dassori, A., **Garcia, H.A.** & Reyes, S. (2012) Expanding Traumatic Stress Treatment Through a Practice Based Research Network. Poster presented at the International Society for Traumatic Stress Studies 28<sup>th</sup> Annual Meeting. Los Angeles, CA.

Walton, J. L., C. Laurel Franklin, C.L., **Garcia, H.A.**, Thompson, K.E. (2012) A Comparison of Response Styles Among OEF/OIF and Vietnam Combat Veterans Diagnosed with PTSD. Poster presented at the International Society for Traumatic Stress Studies 28<sup>th</sup> Annual Meeting. Los Angeles, CA.

**EP Finley**, MJ Pugh, HA Garcia, PH Noel, CP Wang. PTSD and self-efficacy for life tasks in OEF/OIF Veterans: assessing functional concerns in the clinic. UT Health Science Center at San Antonio Department of Medicine Research Day, May 17, 2011. (*Winner of Health Services Research Prize.*)

Chambliss, J., **Garcia, H. A.**, & Franklin, C. L. (2009). Examining MMPI-2 fake bad validity scales in OEF/OIF veterans diagnosed with PTSD. Poster presented at the International Society of Traumatic Stress Studies, Atlanta, GA.

**Garcia, H.A.**, Rentz, T.O, (2008, July). Predictors of Treatment Outcome and Dropout Among OEF/OIF Veterans in an Outpatient VA PTSD Clinic. Poster presented at Continuing the Transformation of VA Mental Health Service, Bridging the Gaps. Washington, D.C.

**Garcia, H. A.**, Langenbucher, J., Labouvie, E. (2004, July). MDMA, Alcohol, & Sexual Risk-Taking. Poster presented at the American Psychological Association Annual Convention, 2004 in Honolulu, Hawaii, Division 12.

### **Other Research Experience/Training**

Rutgers University, 2000-2004  
Graduate School of Applied and Professional Psychology  
Project: Doctoral dissertation. MDMA and the disinhibition of sexual risk-taking behavior: a web-based survey

Rutgers University, Center of Alcohol Studies, Fall 2002-Fall 2004  
NIAAA Alcohol Research Training Grantee  
Description: Attend weekly research training seminar; conduct alcohol research; engage in scholarly reading and writing; give presentations and attend seminars and colloquia; addictions course work.  
Training Director: Barbara McCrady, Ph.D.

Rutgers University, Fall 2001  
Graduate School of Applied and Professional Psychology  
Project: Observational Coding for Racial and Cultural Perspectives in Couples Behavioral Therapy.  
Duties: Observational coding  
Research Supervisor: Shalonda Kelley, Ph.D.

University of Texas El Paso, 1998-1999  
Department of Psychology, Center for Law and Human Behavior.

Project: Effects of Ethnicity on Jury Decision Making

Duties: run subjects

University of Texas El Paso, 1997-1998

Department of Psychology, Primate Laboratory

Project: Event-related Potentials in Primate Memory

Duties: Run primate subjects, feed primates, data entry and data analysis.