

# Hector A. Garcia, Psy.D.

**Clinical Psychologist**

**Department of Health and Behavioral Sciences**

Texas A&M University, San Antonio, Texas

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**Department of Psychiatry**

University of Texas Health Science Center, San Antonio, Texas

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## Education

**Doctor of Psychology (Clinical)** – Rutgers University, Graduate School of Applied and Professional Psychology, May 2005

Clinical Internship – Veteran Health Administration, Mental Health and Behavioral Science, Lyons, NJ (8/2004–8/2005)

**Master of Psychology** – Rutgers University, January 2003 (2000–2002)

**Bachelor of Arts in Psychology, High Honors** – University of Texas El Paso, May 1999 (1993–1997)

**Certifications:** Prolonged Exposure Therapy, Cognitive Processing Therapy, Written Exposure Therapy, DiSC Facilitator

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## Academic Appointments

**Assistant Professor** – Texas A&M University, San Antonio, Texas, Department of Health and Behavioral Sciences, September 2023–present

**Assistant Professor** – University of Texas Health Science Center, San Antonio, Texas, Department of Psychiatry, February 2009–present

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## Academic Awards and Honors

- NIAAA Alcohol Research Training Fellowship, Rutgers (2002–2004)
- Ralph Bunche Excellence Fellowship, Rutgers (2000–2002)
- Top Ten Senior Award, UTEP (1999)
- High Honors, UTEP (1999)
- Standard/Flag Bearer, UTEP graduation ceremony (1999)
- Texas Senate Resolution Honoring Academic Achievement (1999)
- Houston Endowment Honors Scholarship (1998–1999)
- National Hispanic Scholarship (1997–1998)
- Stevens Scholarship (1996–1999)
- University of Texas Land Scholarship, summer (1997)

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## Work Experience

### **Texas A&M University, San Antonio, Texas**

*Assistant Professor* (8/2023–current)

#### **Courses Taught:**

- Abnormal Psychology: PSY 4325 (2023–2026)
- Writing in Psychology: PSY 2385 (2023)
- Special Graduate Topics: PSY 5320 (2023–2025; Evolutionary Psychology)
- Internship in Psychology: PSY 4355 (2024–2026)

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### **Department of Veterans Affairs Health Care, Valley Coastal Bend Health Care System**

*Chief Wellbeing Officer* (2022–current)

- Design and implement strategies to optimize employee performance and engagement
- Develop system-level wellbeing initiatives for healthcare staff

- Collaborate with executive leadership, mental health leaders, and unit supervisors
- Conduct national lectures on occupational burnout and engagement

**Telehealth Psychologist, Virtual PTSD Treatment Team; Researcher (8/2015–6/2022)**

- Provide evidence-based PTSD, panic disorder, and social phobia therapy
- Lead employee engagement and burnout prevention programs
- Conduct workshops, data collection, and didactic lectures

**Department of Veterans Affairs Health Care, South Texas Veterans Health Care System**

*Clinical Psychologist, PCT Clinic (8/2006–8/2015)*

*Acting PCT Director (12/2012–1/2014)*

- Supervise staff and interns, develop treatment protocols, design quality improvement projects
- Deliver CBT, Prolonged Exposure Therapy, Cognitive Processing Therapy, and Virtual Reality Treatment
- Conduct psychological testing, treatment planning, outreach, and research

**Hogg Foundation for Mental Health – Cultural Adaptation Initiative (1/2008–2/2009)**

- Implemented evidence-based treatments for populations of color
- Trained clinicians in CBT for Spanish-speaking communities

**New York State Office of Mental Health (8/2005–6/2006)**

- Provided individual therapy, psychoeducation, treatment planning, and case management

## **Ad Hoc Reviewer**

- Personality and Individual Differences
- Evolutionary Behavioral Sciences
- Adaptive Human Behavior and Physiology
- Journal of Traumatic Stress
- Psychology of Men and Masculinity
- Psychological Services
- Psychological Trauma: Theory, Research, Practice, and Policy

- Military Medicine
  - Burnout Research
  - British Journal of Guidance and Counseling
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## **Publications (*Reverse-Chronological Order*)**

### **Books:**

Garcia, H.A. (2019). *Sex, Power, and Partisanship: How Evolutionary Science Makes Sense of Our Political Divide*. Prometheus Books; Amherst, NY

Garcia, H.A. (2015). *Alpha God: The Psychology of Religious Violence and Oppression*. Prometheus Books; Amherst, NY — Book Authority's Best Evolutionary Psychology Books of All Time Winner

### **Book Chapters:**

Garcia, H.A. (2024). Posttraumatic Stress Disorder and Post-Combat Reintegration: An Evolutionary Model. In L. Al-Shawaf & T.K. Shackelford (Eds.), *The Oxford Handbook of Evolution and the Emotions*. Oxford University Press

### **Scientific Journals:**

36. Reiss, J.J., Garcia, H.A. (In submission). *Evolved to Endure: The Social Rank Hypothesis of Resilience*

35. Garcia, H.A., Reiss, J.J., & Bianchi, R. (In submission). *Is it About Hierarchy? An Evolutionary Account of the Burnout–Depression Overlap*

34. Garcia, H.A., Reiss, J.J., & Garza, R. (In resubmission). *Threat Detected: Hypergaze and the Evolutionary Roots of Burnout on Video Calls*

33. Garcia, H.A., Reiss, J.J., & Garza, R. (2025). *Why Jerk Bosses Stress Us: Burnout as an Evolved Appeasement Strategy*. *Adaptive Human Behavior and Physiology*, 11(3), 14

32. Garcia, H. A. (2024). *Evolutionary roots of occupational burnout: Social rank and belonging*. *Adaptive Human Behavior and Physiology*, 10(1), 50–70.

<https://doi.org/10.1007/s40750-024-00235-4>

31. Song, J., Garcia, H. A., Finley, E. P., & Stirman, S. W. (2023, April 13). *Provider Decisions to Use Evidence-Based Psychotherapy for PTSD Among Veterans: Assessments of Overidentification With the Sick Role and Comorbid Personality Disorders*. *Traumatology*. Advance online publication. <https://dx.doi.org/10.1037/trm0000433>
30. Zivin, K., Kononowech, J., Boden, M., Abraham, K., Harrod, M., Sripada, R. K., Kales, H. C., Garcia, H. A., & Pfeiffer, P. (2020). *Predictors and Consequences of Veterans Affairs Mental Health Provider Burnout: Protocol for a Mixed Methods Study*. *JMIR Res Protoc*, 9(12), e18345. <https://doi.org/10.2196/18345>
29. Song, J., Garcia, H. A., Finley, E. P., & Wiltsey Stirman, S. (2020, May 7). *Graduate Training and Provider Concerns About Distress and Comprehension in PTSD Treatment Choice: A Mediation Analysis*. *Psychological Services*. <http://dx.doi.org/10.1037/ser0000429>
28. Garcia, H. A., Mignogna, J., DeBeer, B. R., Song, J., Haro, E. K., & Finley, E. P. (2019, October 10). *Provider Factors Predict Use of Evidence-Based Psychotherapies in Veterans Affairs Posttraumatic Stress Disorder Specialty Programs: The Role of Profession, Theoretical Orientation, and Training*. *Traumatology*. <http://dx.doi.org/10.1037/trm0000220>
27. Garcia, H. A., DeBeer, B. R., Mignogna, J., & Finley, E. P. (2019, February 28). *Treatments Veterans Health Administration PTSD Specialty Program Providers Report Their Patients Prefer: The Role of Training and Theoretical Orientation*. *Psychological Trauma: Theory, Research, Practice, and Policy*. <http://dx.doi.org/10.1037/tra0000442>
26. Finley, E. P., Garcia, H. A., Ramirez, V. A., Haro, E. K., Mignogna, J., DeBeer, B., & Wiltsey-Stirman, S. (2019, June 17). *Treatment Selection Among PTSD Specialty Care Providers in the Veterans Health Administration: A Thematic Analysis*. *Psychological Trauma: Theory, Research, Practice, and Policy*. <http://dx.doi.org/10.1037/tra0000477>
25. Haro, E. K., Mader, M., Noel, P. H., Garcia, H. A., Vogt, D., Bernardy, N., Bollinger, M., Pugh, M. J., & Finley, E. P. (2019). *The impact of trust, satisfaction, and perceived quality on preference for setting of future care among veterans with PTSD*. *Military Medicine*. April 20.
24. Garcia, H. A., DeBeer, B. R., Mignogna, J., & Finley, E. P. (2019). *Treatments Veterans Health Administration PTSD specialty program providers report their patients prefer: The role of training and theoretical orientation*. *Psychological Trauma: Theory, Research, Practice, and Policy*.

23. Garcia, H. A., Benzer, J. K., Haro, E., & Finley, E. P. (2018). *Occupational burnout among PTSD specialty clinic providers in the Veterans Health Administration: Perceptions of bureaucratic and political oversight*. *Mental Health and Prevention*, 12, 42–49
22. Villarosa-Hurlocker, M. C., Cuccurullo, L. A., Garcia, H. A., & Finley, E. P. (2018). *Professional burnout of psychiatrists in a Veterans Health Administration: Exploring the role of the organizational treatment*. *Administration and Policy in Mental Health and Mental Health Services Research*, 1–9. <https://doi.org/10.1007/s10488-018-0879-5>
21. Finley, E. P., Mader, M., Haro, E., Noel, P. H., Bernardy, N., Rosen, C. S., Bollinger, M., Garcia, H. A., Sherrieb, K., & Pugh, M. J. (2018). *Use of guideline-recommended treatments for PTSD among community-based providers in Texas and Vermont: Implications for the Veterans Choice Program*. *Journal of Behavioral Health Services and Research*.  
<https://doi.org/10.1007/s11414-018-9613-z>
20. Finley, E. P., Mader, M., Haro, E., Noel, P. H., Bernardy, N., Rosen, C. S., Bollinger, M., Garcia, H. A., Sherrieb, K., & Pugh, M. J. (2017). *Community clinicians and the Veterans Choice Program for PTSD care: Understanding provider interest during early implementation*. *Medical Care*, 55(Suppl. 7).
19. Finley, E. P., Mader, M., Bollinger, M., Haro, E. K., Garcia, H. A., Huynh, A. K., Pugh, J. A., & Pugh, M. J. (2017). *Characteristics associated with utilization of VA and non-VA care among Iraq and Afghanistan Veterans with PTSD*. *Military Medicine*, 182(11), e1892–e1903
18. Finley, E. P., Noel, P. H., Lee, S., Haro, E. K., Garcia, H., Rosen, C., Bernardy, N., & Pugh, M. J. (2017). *Psychotherapy practices for Veterans with PTSD among community-based providers in Texas*. *Psychological Services*.
17. Garcia, H. A. (2016, June 30). *If You've Never Been There You Wouldn't Understand: The Evolutionary Reasons for Veteran Mistrust*. *Evolutionary Behavioral Sciences*.  
<http://dx.doi.org/10.1037/ebs0000076>
16. Garcia, H. A., McGeary, C., Finley, E. P., Ketchum, N. S., McGeary, D. D., & Peterson, A. (2016). *Burnout Among Psychiatrists in the Veterans Health Administration*. *Burnout Research*, 2(4).
15. Garcia, H. A., McGeary, C. A., Finley, E. P., Ketchum, N. S., McGeary, D. D., & Peterson, A. L. (2015). *Evidence-based treatments for PTSD and VHA provider burnout: The impact of cognitive processing and prolonged exposure therapies*. *Traumatology*, 21(1), 7–13

14. Finley, E. P., Garcia, H. A., Ketchum, N. S., McGeary, D. D., McGeary, C. A., Wiltsey Stirman, S., & Peterson, A. L. (2014). *Utilization of evidence-based psychotherapies in Veterans Affairs PTSD outpatient clinics*. Psychological Services.
13. Garcia, H. A., McGeary, C., Finley, E. P., Ketchum, N. S., McGeary, D. D., & Peterson, A. (2015). *The influence of trauma and patient characteristics on provider burnout in VA PTSD Specialty Programs*. Psychology and Psychotherapy: Theory, Research and Practice
12. Garcia, H. A., McGeary, C., McGeary, D. D., Finley, E. P., & Peterson, A. (2014). *Burnout in Veterans Health Administration providers in posttraumatic stress clinics*. Psychological Services, 11(1), 50–59
11. McGeary, C., Garcia, H. A., McGeary, C., Finley, E., & Peterson, A. (2014). *Burnout and coping: Veterans Health Administration PTSD mental health providers*. Psychological Trauma: Theory, Research, Practice, and Policy, 6(4), 390–397
10. Garcia, H. A., Finley, E. P., Ketchum, N., Jakupcak, M., Dassori, A., & Reyes, S. (2014). *Treatment adherence among OEF/OIF Veterans: A survey of perceived barriers and treatment attitudes in VA outpatient care*. Military Medicine, 179(3), 273–278
9. Jeffreys, M. D., Reinfeld, C., Nair, P. V., Garcia, H. A., Mata-Galan, E., & Rentz, T. O. (2013). *Evaluating treatment of PTSD with cognitive processing therapy and prolonged exposure therapy in a VHA specialty clinic*. Journal of Anxiety Disorders, 28(1)
8. Finley, E. P., Pugh, M. J., Garcia, H. A., Wang, C. P., & Noel, P. H. (2013). *Self-efficacy for life tasks in OEF/OIF Veterans: Assessing functional concerns in the clinic*. Military Behavioral Health
7. Jakupcak, M., Blais, R. K., Grossbard, J., Garcia, H. A., & Okiishi, J. (2013). *Toughness and its association with psychiatric symptoms and perceived barriers to care among Iraq and Afghanistan War Veterans*. Psychology of Men & Masculinity. <https://doi.org/10.1037/a0031508>
6. Garcia, H. A., Kelley, L. P., Rentz, T. O., & Lee, S. (2011). *Pretreatment predictors of dropout from CBT for PTSD in Afghanistan and Iraq War Veterans*. Psychological Services, 8(1), 1–11
5. Garcia, H. A., Franklin, C. L., & Chambliss, J. L. (2010). *Examining MMPI-2 F-family scales in PTSD-diagnosed OEF/OIF veterans*. Psychological Trauma: Theory, Research, Practice, and Policy, 2(2)

4. Lorber, W., & Garcia, H. A. (2010). *Not supposed to feel this: Traditional masculinity in psychotherapy with male veterans returning from Afghanistan and Iraq*. *Psychotherapy: Theory, Research, Practice, and Training*, 47(3), 296–305
  3. Garcia, H. A., Finley, E. P., Lorber, W., & Jakupcak, M. (2010). *A preliminary study of the association between traditional masculine behavioral norms and PTSD symptoms in Iraq and Afghanistan Veterans*. *Psychology of Men & Masculinity*, 12(1)
  2. Garcia, H. A. (2008). *Targeting Irish-Catholic rituals as symptoms of OCD: A cognitive-behavioral and psychodynamic assimilative integrationist approach*. *Pragmatic Case Studies in Psychotherapy*, 4(2), 1–38 [Translated into Polish, *Psychiatria i Psychoterapia*, 2008, 4(4), 1
  1. Garcia, H. A. (2008). *Meaning and pragmatism in OCD treatment: Response to commentaries on targeting Catholic rituals as symptoms of OCD*. *Pragmatic Case Studies in Psychotherapy*, 4(2), 63–74
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## Media & Interviews

### Featured Media:

- TED Talks Live, War and Peace, New York Broadway, 11/4/15: *We Train Soldiers for War. Let's Train Them to Come Home Too*.
- TEDx San Antonio, San Antonio, TX, 11/9/19: *Why We Make War*
- C-SPAN: *Sex, Power, and Partisanship* <https://www.c-span.org/video/?458812-3/sex-power-partisanship>

### Selected Radio/TV/Podcasts:

- Garcia, H. A. *How Evolution Created PTSD*. Brain Health with Dr. Elliot Jardin, University of Miami: <https://open.spotify.com/episode/4gF0XgrCKWqfQHh1S7Mh53>
- Garcia, H. A. *Why We War*. Right to Reason Podcast with Robert Stanley: <https://www.youtube.com/watch?v=5OnChVpW6wI>
- Garcia, H. A. *PTSD, Religion, and Male Dominance*. WBAI Radio: <https://archive.org/details/equaltimeforfreethought2019>



- Garcia, H. A. *What Makes a Soldier: What Breaks a Soldier*. My Own Worst Enemy Podcast (UK): <http://www.myownworstenemy.org/podcast/what-makes-a-soldier-what-breaks-a-soldier/>
- Garcia, H. A. *The Evolved Psychology of PTSD*. KTEP El Paso, TX Science Studio/Fresh Air, April 24, 2017: <http://ktep.org/post/science-studio-hector-garcia-0>
- Garcia, H. A. *Evidence-Based Psychotherapies for PTSD, Politics, and Provider Burnout*. NAMI Athens Ohio, Conversations from Studio B, January 5, 2015: <http://namiathensohio.org/radio-program/>

### Written Interviews & Articles:

- Garcia, H. A. (Dec 9, 2022). *What might Brittney Griner go through upon return home? A look at her post-release hurdles*. USA Today: <https://shorturl.at/v9Njr>
- Garcia, H. A. (2016). *How Politicians Leverage Our Survival Instincts to Influence Our Votes*. Pacific Standard Magazine
- Garcia, H. A. (2016). *Protecting the professionals treating PTSD patients from burnout*. ResearchGate: <https://www.researchgate.net/blog/post/protecting-the-professionals-treating-ptsd-patients-from-burnout>
- Garcia, H. A. (2016). *Bureaucracy, not patient factors, cause burnout for VA psychiatrists*. US Medicine: <http://www.usmedicine.com/agencies/departments-of-veterans-affairs/bureaucracy-not-patient-factors-cause-burn-out-for-va-psychiatrists/>
- Garcia, H. A. (2015). *Bureaucracy, not trauma exposure, is cause of most mental health provider burnout in VA*. VA Research Currents: <http://www.research.va.gov/currents/spring2015/spring2015-4.cfm>
- Garcia, H. A. (2015). *Alpha God (Spanish with English translation)*. La Nueva Ilustración Evolucionista: <http://ilevolucionista.blogspot.com/2015/05/dios-como-macho-alfa-entrevista-hector.html>
- Garcia, H. A. (2015, March). *In nome de Dio: Dietro le stragi dell'ISIS c'è la fede in un dio vendicativo e sanguinario, che secondo il ricercatore statunitense Hector Garcia è comune alle grandi religioni monoteiste* [In God's Name: Behind the ISIS massacres is faith in a vengeful and bloody god, which according to US researcher Hector Garcia is common to great monotheistic religions]. *Mente Y Cerebro*.

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## Selected Invited Lectures

- Garcia, H. A. (May 30, 2025). Our Political Divisions: Are They Instinctual? University of Economics and Human Sciences, Warsaw, Poland.
- Garcia, H. A. (May 23, 2025). Plenary: The Evolutionary Origins of Absurd Beliefs. Conference of Evolution and Neuroscience, Bilbao, Spain.
- Garcia, H. A. (March 8, 2025). Absurd Beliefs—Are They Instinct? Freethought Association of Central Texas, San Antonio, TX.
- Garcia, H. A. (August 8, 2024). The Roots of Our Political Divisions. Boerne Area Democrats, Boerne, TX.
- Garcia, H. A. (June 2, 2024). On the Origins of Gods. Athens, Greece.
- Garcia, H. A. (March 28, 2023). Veterans Affairs—High Reliability Organizations, Social Support, and Burnout; Building Resiliency and a Safety Culture through HRO Principles and Whole Health Modalities.
- Garcia, H. A. (February 2, 2023). Veterans Affairs—Wellness and Telework; Veterans Affairs—Telework and Ongoing Reviews.
- Garcia, H. A. (February 8–9, 2023). Veterans Affairs—Darwinian Medicine, Burnout, and Self-Compassion. National Veterans Affairs—National CBOC Mental Health Grand Rounds.
- Garcia, H. A. (February 2, 2023). Veterans Affairs—Mission: Organizational Health, Staff Retention. VISN 17 Executive Leadership Council.
- Garcia, H. A. (June 3, 2022). Plenary: PTSD: Disorder or Adaptation? Discover New Directions Mental Health Symposium, Bonham, TX.
- Garcia, H. A. (November 23, 2021). Food for Thought: The Evolutionary Roots of Our Political Divide. Center for Inquiry, Austin, TX.
- Garcia, H. A. (July 18, 2021). Politics and the Evolutionary Roots of Tribalism. Houston Oasis, Houston, TX.
- Garcia, H. A. (October 27, 2019). Predisposed to Vote: The Evolutionary Science of Our Political Divide. Texas Book Festival, Austin, TX.

- Garcia, H. A. (September 2019). Plenary: The Evolution of PTSD and Evidence-Based Psychotherapies. 2nd Battalion, 10 Special Forces Redeployment Conference, Ft. Collins, CO.
- Garcia, H. A., & Junger, S. (March 2019). Brainwave Series: Sex, Power, and Partisanship. Rubin Museum, New York, NY.
- Garcia, H. A. (October 23, 2018). Plenary: Building the Public Interface of PTSD Science. STRONG STAR PTSD Research Conference, San Antonio, TX.
- Garcia, H. A. (September 2, 2018). On the Advancement of Science in Religious Warfare and PTSD Treatment. Oasis, Kansas City, MO.
- Garcia, H. A. (2017). A Century of Transformation: UTEP, the Border Experience, and the Science of PTSD. University of Texas at El Paso Centennial Lecture Series.
- Garcia, H. A. (2016). KLRN Presents Film Screening and Panel Discussion Featuring TED Talks: War & Peace. Bijou Theater, San Antonio, TX.
- Junger, S., Garcia, H. A., & Lawson, W. (June 13, 2016). *Tribe: On Homecoming and Belonging* (Tribalistic Psychology and Recovery from PTSD). The Book People, Austin, TX.
- Finley, E. P., Noël, P. H., Haro, E. K., Bernardy, N., Lee, S., Garcia, H. A., Pugh, M. J., & Pugh, J. (November 12, 2016). Education Preferences Among Community Mental Health and Primary Care Providers Treating PTSD. International Society of Traumatic Stress Studies, Dallas, TX.
- Garcia, H. A., McGeary, C., McGeary, D., Finley, E., & Peterson, A. (November 2013). Organizational Factors and Burnout in VA PTSD Clinical Team Providers. Symposium presented at the International Society of Traumatic Stress Studies, Philadelphia, PA.
- Jeffreys, M., & Garcia, H. A. (July 2011). Vietnam Veterans' Responsiveness to Prolonged Exposure (PE) Therapy for PTSD. VA Mental Health Conference, Baltimore, MD.
- Garcia, H. A., & Dassori, A. (2011). Building a Practice-Based Research Network at a VAMC Mental Health Outpatient Clinic. 3rd Annual Practice-Based Research Network Convocation.

- Jeffreys, M., Rentz, T. O., Garcia, H. A., & Mata-Galan, E. (July 2010). Continued Growth and Clinical Challenges of Evidence-Based Treatments in an Outpatient PCT. VA Mental Health Conference, Baltimore, MD.
- Jeffreys, M., Garcia, H. A., & Rentz, T. O. (July 2009). Are We There Yet? Increasing Patient Use of Evidence-Based, Trauma-Specific Therapies in an Outpatient PCT. VA Conference: Meeting the Diverse Mental Health Needs of Veterans, Baltimore, MD.
- Garcia, H. A. (2008). Recognizing PTSD. Hallmark Institute for Technology, San Antonio, TX.
- Garcia, H. A. (2008). Implementing Exposure Therapy with Veterans Diagnosed with PTSD. Regional Veteran Centers Empirically Supported Treatment Training, San Antonio, TX.
- Garcia, H. A. (September 2007). Mental Adjustment of Returning Veterans. National Black Caucus of State Legislators and the National Hispanic Caucus of State Legislators Health Disparities Conference, San Antonio, TX.
- Garcia, H. A. (December 2007). Recovery and Reintegration of Veterans. National Black Caucus of State Legislators Annual Conference, Little Rock, AR.
- Garcia, H. A. (October 2006). The Price of War: Posttraumatic Stress Disorder. The President's Peace Commission: Five Years Later. St. Mary's University, San Antonio, TX.
- Garcia, H. A., & Langenbucher, J. (November 2003). Perceived Alcohol Intoxication on MDMA (Ecstasy); MDMA, Alcohol, and Sexual Risk-Taking. National Institute on Alcohol Abuse and Alcohol Intoxication Trainee Workshop.

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## **Presentations/Posters**

- Reiss, J. J., & Garcia, H. A. (October 21, 2025). Evolved to Endure: The Social Rank Hypothesis of Resilience. Poster presented at STRONG STAR Combat PTSD Conference, San Antonio, TX.
- Garcia, H. A., Reiss, J. J., & Garza, R. (June 10, 2025). Threat Detected: Hypergaze and the Evolutionary Roots of Burnout on Video Calls. Northeastern Evolutionary Psychology Society Conference, Atlantic City, NJ.

- Garcia, H. A., Reiss, J. J., & Garza, R. (June 5, 2025). Why Jerk Bosses Stress Us: Burnout as an Evolved Appeasement Strategy. Human Behavior and Evolution Society Conference, Atlantic City, NJ.
- Garcia, H. A. (March 29, 2024). Virtue Signaling and Political Division: Revealing the Code Through Evolutionary Psychology. Southwestern Psychological Association Annual Conference, San Antonio, TX.
- Song, J., Garcia, H. A., Finley, E., & Wiltsey Stirman, S. (November 19–22, 2020). Patient Characteristics Affect Providers' Treatment Choice [Poster session]. ABCT 54th Annual Convention, Philadelphia, PA.
- Finley, E. P., Wiltsey-Stirman, S., & Garcia, H. A. (December 4, 2018). Understanding Treatment Planning Among VHA PTSD Specialty Care Providers: Using Practice Assessment to Identify Opportunities for Expanding Reach of Evidence-Based Psychotherapies. 11th Annual Conference on the Science of Dissemination and Implementation, Washington, DC.
- Finley, E. P., Haro, E. K., Mader, M., Noel, P., Garcia, H. A., Bernardy, N., Rosen, C., & Pugh, M. J. (June 29, 2018). Availability of Guideline-Recommended Prescribing and Psychotherapy for PTSD in Community Settings: Implications for Access and Quality. San Antonio Military Health System and Universities Research Forum, San Antonio, TX.
- Haro, E. K., Mader, M., Noel, P. H., Bernardy, N., Rosen, C. S., Bollinger, M., Garcia, H. A., Sherrieb, K., Pugh, M. J., & Finley, E. P. (May 2, 2017). Use of Guideline-Recommended Treatments for PTSD Among Community-Based Clinicians in Texas and Vermont. Department of Psychiatry's Research and Quality Improvement Day, San Antonio, TX.
- Finley, E. P., Noël, P. H., Haro, E. K., Bernardy, N., Lee, S., Garcia, H. A., Pugh, M. J., & Pugh, J. (November 12, 2016). Education Preferences Among Community Mental Health and Primary Care Providers Treating PTSD. International Society of Traumatic Stress Studies, Dallas, TX.
- Finley, E. P., Mader, M., Haro, E. K., Noel, P. H., Bernardy, N., Rosen, C., Bollinger, M., Garcia, H. A., Sherrieb, K., & Pugh, M. J. (August 8, 2016). Attitudes to VA and Use of Recommended PTSD Treatment Practices by Community Clinicians: Implications for

the Veterans Choice Program. Examining the New Landscape of Care in the Community for Veterans, HSR&D/QUERI Field-Based Meeting.

- Finley, E. P., Mader, M., Bollinger, M., Haro, E. K., Garcia, H. A., Pugh, J. A., & Pugh, M. J. (December 4, 2015). Factors Predicting Utilization of VA, Military, and Community-Based Care Among Iraq and Afghanistan Veterans with PTSD. Association of Military Surgeons of the United States, San Antonio, TX.
- Mader, M., Bollinger, M., Haro, E. K., Pugh, M. J., Garcia, H. A., Pugh, J. A., & Finley, E. P. (July 24, 2015). Utilization of VA, Military, and Community-Based Care Among OEF and OIF Veterans with PTSD. San Antonio Military Health System and Universities Research Forum, San Antonio, TX.
- Finley, E. P., Noel, P. H., Lee, S., Pugh, M. J., Garcia, H. A., & Pugh, J. A. (July 24, 2015). PTSD Care Practices and Education Preferences Among Community-Based Prescribers and Psychotherapy Providers in Texas. San Antonio Military Health System and Universities Research Forum, San Antonio, TX.
- Finley, E. P., Noel, P. H., Lee, S., Pugh, M. J., Garcia, H. A., & Pugh, J. A. (July 8, 2015). Psychotherapy Practices for Patients with PTSD Among Community-Based Providers in Texas. HSR&D/QUERI 2015 National Conference, Philadelphia, PA.
- Finley, E. P., Garcia, H. A., Ketchum, N. S., McGeary, D. D., McGeary, C. A., Wiltsey Stirman, S., & Peterson, A. L. Provider and Workplace Factors Affecting Use of Prolonged Exposure and Cognitive Processing Therapies Within VA PTSD Clinical Teams. International Society of Traumatic Stress Studies National Meeting, Miami, FL, November 7, 2014.
- Garcia, H. A., Finley, E. P., Ketchum, N., McGeary, C., McGeary, D., Peterson, A. (May 2013). Burnout Among Veterans Health Care Administration PTSD Clinical Teams: Emerging Research and Recommendations. Poster presented at Veterans Affairs Psychology Leadership Conference.
- McGeary, D., McGeary, C., Garcia, H. A., Finley, E., & Peterson, A. (November 2013). Factors Contributing to Burnout Among VA Psychiatrists. Poster session presented at the Association for Cognitive and Behavioral Therapies, Nashville, TN.
- Garcia, H. A., Dassori, A., Ketchum, N., Finley, E. P., Jakupcak, M., Reyes, S. (2012). Perceived Barriers to VA Outpatient Mental Health Care. Poster presented at the

International Society for Traumatic Stress Studies 28th Annual Meeting, Los Angeles, CA.

- Jeffreys, M., Dassori, A., Garcia, H. A., & Reyes, S. (2012). Expanding Traumatic Stress Treatment Through a Practice-Based Research Network. Poster presented at the International Society for Traumatic Stress Studies 28th Annual Meeting, Los Angeles, CA.
- Walton, J. L., Franklin, C. L., Garcia, H. A., & Thompson, K. E. (2012). A Comparison of Response Styles Among OEF/OIF and Vietnam Combat Veterans Diagnosed with PTSD. Poster presented at the International Society for Traumatic Stress Studies 28th Annual Meeting, Los Angeles, CA.
- Finley, E. P., Pugh, M. J., Garcia, H. A., Noel, P. H., & Wang, C. P. (May 17, 2011). PTSD and Self-Efficacy for Life Tasks in OEF/OIF Veterans: Assessing Functional Concerns in the Clinic. UT Health Science Center at San Antonio, Department of Medicine Research Day (Winner of Health Services Research Prize).
- Chambliss, J., Garcia, H. A., & Franklin, C. L. (2009). Examining MMPI-2 Fake Bad Validity Scales in OEF/OIF Veterans Diagnosed with PTSD. Poster presented at the International Society of Traumatic Stress Studies, Atlanta, GA.
- Garcia, H. A., & Rentz, T. O. (July 2008). Predictors of Treatment Outcome and Dropout Among OEF/OIF Veterans in an Outpatient VA PTSD Clinic. Poster presented at Continuing the Transformation of VA Mental Health Service, Bridging the Gaps, Washington, DC.
- Garcia, H. A., Langenbucher, J., & Labouvie, E. (July 2004). MDMA, Alcohol, & Sexual Risk-Taking. Poster presented at the American Psychological Association Annual Convention, Honolulu, HI, Division 12.

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## Other Research Experience / Training

- **Rutgers University, 2000–2004**  
Graduate School of Applied and Professional Psychology  
Project: Doctoral dissertation—MDMA and the disinhibition of sexual risk-taking behavior: a web-based survey.

- **Rutgers University, Center of Alcohol Studies, Fall 2002–Fall 2004**

NIAAA Alcohol Research Training Grantee

Description: Weekly research training seminars; alcohol research; scholarly reading/writing; presentations; addictions coursework.

Training Director: Barbara McCrady, Ph.D.

- **Rutgers University, Fall 2001**

Graduate School of Applied and Professional Psychology

Project: Observational Coding for Racial and Cultural Perspectives in Couples Behavioral Therapy.

Research Supervisor: Shalonda Kelley, Ph.D.

- **University of Texas El Paso, 1998–1999**

Department of Psychology, Center for Law and Human Behavior

Project: Effects of Ethnicity on Jury Decision Making.

- **University of Texas El Paso, 1997–1998**

Department of Psychology, Primate Laboratory

Project: Event-related Potentials in Primate Memory.