

CURRICULUM VITA

H. Ray Wooten Jr.

Ph.D. Counselor Education and Supervision University of North Carolina at Greensboro 1991
M.A. Sociology Appalachian State University 1985
B.A. Sociology North Carolina State University 1981

TEACHING EXPERIENCE

Professor, Tenured, Department of Counseling, Health & Kinesiology
Texas A&M University-San Antonio, August 2018-present

Courses taught:

- Introduction to Marriage and Family Therapy
- Advanced Practicum for MFT
- Marital & Couples Counseling
- Strategies & Intervention in Marriage and Family Therapy
- Special Problems in Guidance and Counseling
- Field Practicum for Counselors

Professor, Tenured, Department of Counseling and Human Services
St. Mary's University, San Antonio, TX, August 2000-May 2018

Courses taught:

- Mental Health and Psychopathology (DSM-V)
- Testing & Assessment in Counseling
- Legal and Ethical Issues in Counseling
- Introduction to Marriage and Family Therapy
- Marriage and Family Life Cycle Development
- Career Counseling
- Social-Cultural Issues in Counseling
- Human Growth and Development
- Theories of Counseling & Psychotherapy
- Substance Abuse Counseling
- Introduction to Counseling
- Community Counseling
- Practicum Supervision
- Internship Supervision
- Somatic Counseling

Doctoral level:

- Advanced Theories of Counseling
- Psychopharmacology
- Cognitive Approaches to Counseling
- Perceptual Affective Approaches to Counseling
- Psychodynamic Approaches to Counseling

Doctoral seminar: Special topics
Consultation
Organization and Administration of Counseling Services
Sex Counseling and Somatic Issues
Qualitative Research Methods
Doctoral Supervision
Somatic Counseling

Assistant Professor (Tenured), Department of Education and Counseling
Lenoir-Rhyne University, Hickory, NC, August 1994-May 2000

Theories of Counseling and Psychotherapy
Appraisal of the Individual (DSMIV)
Career Counseling and Development
Group Counseling
Cross-Cultural Counseling
Advanced Personal Assessment in Counseling
Brief and Solution Focused Therapy
Marital Therapy
Foundations of Marriage & Family Therapy
Introduction to Exceptionalities
Clinical Supervision
Consultation
Human Growth and Development
Methods of Research

Assistant Professor, Department of Counseling and Human Services,
St. Mary's University, San Antonio, TX, 1991-1994

Courses taught at *Masters* level:

Theories of Counseling and Psychotherapy
Career Counseling
Methods of Research
Internship Supervision
Mental Health and Psychopathology

Doctoral level:

Advanced Theories of Counseling
Doctoral Research Seminar: Qualitative
Doctoral Supervision
Consultation

Teaching Assistant, Department Counselor Education, University of North Carolina at
Greensboro. 1987-1991

Courses taught: Career & Life Planning; Helping Relationships; Career & Life Planning
with student-athletes

PROFESSIONAL COUNSELING EXPERIENCE

Counseling

Private practice, San Antonio, TX, 2000-present.

Individual counseling, couples and family therapy, groups, children/adolescence, body-centered Gestalt psychotherapy. Conduct educational and therapeutic programs and workshops for the public and counseling professionals.

Lutheran Counseling Center, Hickory, NC, 1994-2000

Marriage and family therapy, individual, group, career, children/adolescence, sports counseling. Conduct educational programs and workshops.

Licensed Professional Counselor, Texas (Private practice). 1991-1994

Individual, family, children/adolescence, career, sports counseling.

Counselor, Center for Educational Studies & Development 1987-1991

Individual, family, children/adolescence, career, sports counseling.

License

Licensed Professional Counselor-Supervisor Texas 2000-present

Licensed Professional Counselor - North Carolina 1994-2000

Licensed Professional Counselor -Texas 1991-1995

Certification and Registry

Registered Somatic Movement Therapist & Somatic Educator (ISMETA)

Certified Movement Therapist (Leven Institute for Expressive Movement)

NIA 1st degree Black Belt Teacher

Certified Kripalu Yoga Dance, Shake Your Soul (LIFE Movement)

Certified Breath Therapy (Facilitator and Trainer)

Certified Hypnotherapist

Certified Yoga Teacher

SUPERVISION EXPERIENCE AND TRAINING

Advanced Practicum Supervisor, Department of Counseling, Health & Kinesiology, Texas A&M University-San Antonio, August 2018-present.

Supervise Masters level interns in a variety of community settings.

Internship & Practicum Supervisor, Department of Counseling and Human Services, St. Mary's University, San Antonio, Texas, August 2000-August 2018.

Supervise Masters and Doctoral level interns in variety of community and school settings.

Internship Supervision, Department of Education and Counseling, Lenoir-Rhyne College, Hickory, NC, August 1995-2000.

Supervise Masters level interns in community, school, college settings.

Internship & Practicum Supervisor, Department of Counseling and Human Services, St. Mary's

University, San Antonio, Texas, August 1991-1994.

Supervise Masters and Doctoral level interns in community, school, college settings.

Graduate Assistant. Counseling Internship Supervisor (Supervised supervision), Department of Counselor Education, University of North Carolina at Greensboro, January, 1987-1991.

Supervise Masters level interns in community and school settings

SCHOLARSHIP

Dissertation

Cognitive complexity and selected aspects of leader's self-reported cognitions. May 1991.

Referred Articles

Carns, A., Carns, M., Wooten, R., Jones, L., Raffield, P., & Heitkamp, J. (1995). Extracurricular activities: Are they beneficial? *Texas Counseling Association Journal*, 23, 37-45.

Chou, W.M., Wooten, H. R., & Leonard, T. (2008). Breathwork and couple relationships: A qualitative investigation. *Journal of Heart-Centered Therapy*, 11, 91-112.

Collier, N., Lumadue, C., & Wooten, R. (2009). Buffy the Vampire Slayer and Xena Warrior Princess: Reception of the texts by a sample of lesbian fans and web site users. *Journal of Sexuality*, 56, 575-609.

Duffey, T., Wooten, H. R., Lumadue, C., & Comstock, D. (2004). The effects of dream sharing On marital intimacy and satisfaction. *Journal of Couple and relationship Therapy*, 3, 53-68.

Fuller, A.M., Wooten, H.R., Lyle, R., & Thomas, C. (2007). Spirituality and quality of life in breast cancer patients undergoing radiation treatment: A preliminary multifactor analysis. *Psycho-oncology*, 16(3), 36-37.

Haring-Hidore, M., Freeman, S., Phelps, S., Spann, N., & Wooten, H.R., Jr. (1990). Women administrator's ways of knowing. *Education and Urban Society*, 22, 170-181.

Lumadue, C. & Wooten, H. R. (2005). Complementary therapies in mental health practices within CACREP approved programs. *Journal of Creativity in Mental Health*, 1, 7-19.

Miller, G. & Wooten H. R. (1995). Sports Counseling: A new counseling specialty area. *Journal of Counseling and Development*, 74, 172-174.

Munsey, R. & Wooten, R. (2015). Body-centered self-defense with sexual assault victims. *Journal of Professional Counseling*, 42, 17-27.

Mudge, S., Grinnan, C., Wooten, R., & Priesmeyer, R. (2009). Measuring emotions in a distance-learning environment. *The International Journal of Learning*, 16, 495-502.

- Patterson, H. & Wooten H. R. (2002). College student-athletes in career development: A comparison of career decision-making, role salience, and values. *Academic Athletic Journal*, 15, 76-82.
- Ramirez, A., Lumadue, C., Wooten, H. R. (2007). Spiritual well-being and psychological well-being in Mexican-American Catholics. *The Journal of Professional Counseling*, 35(2), 46-61.
- Rhyn-Winkler, M. & Wooten, H. R. (1996). The school counselor portfolio. *The School Counselor*, 44, 146-148.
- Ruben, S. & Wooten, H. R. (2007). Highly educated stay at home mothers: A study of commitment and conflict. *The Family Journal*, 15, 336-345.
- Taylor, B. & Wooten, H. R., Babcock, B., & Hill, F. (2002). Metaphorical stories to raise relational esteem in Mexican-American families of low socioeconomic status. *The Family Journal*, 10(1), 27-33.
- Trevino, Y., Wooten, H. R., & Scott, R. (2007). A correlational study between depression and marital adjustment in Hispanic couples. *The Family Journal*, 15, 1-7.
- Turner, R., Wooten, R., & Chou, W. (2019). Changing suicide bereavement narratives through Integral Breath Therapy. *Journal of Creativity in Mental Health*, DOI: [10.1080/15401383.2019.1625839](https://doi.org/10.1080/15401383.2019.1625839)
- Usher, C., Carnes, A., Jones, L., Wright, J., & Wooten, R. (1994). Highlights of a career assessment project with ninth grade students. *Texas Counseling Association Journal*, 22, 29-34.
- Wooten, H. R. (2007). Healing into life after sport: Dealing with student-athlete loss, grief, and transition with Emotional Freedom Technique. *Journal of Creativity in Mental Health*, 1(3/4), 89-102.
- Wooten, H. R. (2007). The shamanic journey: Tapping the spiritual wisdom within. *Journal of Heart-Centered Therapies*, 10(1), 3-6.
- Wooten, H. R. (2002). Using hypnotherapy and Emotional Freedom Technique in dealing with chronic pain. *Journal of Heart-Centered Therapies*, 6(1), 20-25.
- Wooten, H. R., & Miller, G. (2001). Sports counseling preparation at CACREP institutions: An initial analysis. *Academic Athletic Journal*, 15 (1), 6-10.
- Wooten, H. R. & St. Germain, N. (2001). Heart-centered hypnotherapy in sports counseling. *Journal of Heart-Centered Therapies*, 4(1), 57-65.
- Wooten, H. R. & D'Andrea, R. (1996). Tears, touch, and teamwork. *Reconnections*, 2, 4-6.

Wooten, H. R., Jr. (1994). Cutting losses for transitioning student-athletes: An integrative transition model. *Journal of Employment Counseling, 31*, 2-9.

Wooten, H. R. (1993). The "Indecisive Disposition" and the college student-athlete. *Texas Counseling Association Journal, 22*, 54-59.

Wooten, H. R., Jr. & Hinkle, J. (1992). Career-life planning with college student athletes. *Texas Counseling Association Journal, 20*, 41-46.

Wooten, H. R., & Rhyne-Winkler, M. (1995). The student-athlete life/career portfolio: A multifaceted approach to life and career development. *The Academic Athletic Journal, 6*, 19-25.

Wooten, H. R., Usher, C. H., & Osborne, L. (1994). Developing career development profiles of student-athletes: A comparison to non-athletes. *Academic Athletic Journal, 4*, 11-17.

Book Chapters

Wooten, R. (2011). Identity foreclosure; In Sam Goldstein and Jack Naglieri (eds). *Encyclopedia of Child Behavior and Development*. Springer.

Wooten, R. (2011). Identity diffusion; In Sam Goldstein and Jack Naglieri (eds). *Encyclopedia of Child Behavior and Development*. Springer.

Wooten, H. R. (2007). Healing into life after sport. In Thelma Duffey (editor). *Association of Creativity in Counseling*. ACA Publication.

Wooten, H. R. (2007). Identifying mental health issues with student-athletes; In James Mensch and Gary Miller (eds). *The Athletic Trainer's Guide to Psychosocial Intervention and Referral*. Slack Publishing.

Wooten, H. R. (2000). The student-athlete life-career portfolio: The personal organization of change. In N. Peterson and R. Gonzalez (eds.), *Career counseling models for diverse populations* (pp.84-92).Wadsworth/Brooks Cole.

Miller, G. & Wooten, H. R. (1994). *Counseling student-athletes: Guidelines for helpers*. NCAA Life Skills Training: Champs Program. NCAA Publication.

Non Referred Publication

Wooten, H. R. (1998). Conflict can clarify concerns. *North Carolina Lutheran, 4*, 5-6.

Works in Progress

Reed, D. & Wooten, H. R. (2021). *Internal Family Systems Informed supervision*.
(Book chapter submitted, October 2021)

de Vries, S., Gonzales-Wong, C. D., Moyer, M. S., Wooten, H. R. (in progress). Providing supportive interventions. In B. Flamez & A. S. Lenz (Eds.), *Practical Approaches to Crisis and Trauma Counseling Settings: Prevention, Assessment, and Intervention*. Routledge.

PRESENTATIONS

“Neuromuscular Integrative Action: A Movement Experience” TCA Professional Growth Conference, Galveston, TX , November 2021

“Having real conversations about race: Becoming curious beyond politeness” with Dan Reed, Texas Association of Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, February 2020.

“Self-Led Clinical Supervision: Reflecting on skills and practice” with Dan Reed, Internal Family Systems Annual Conference, Denver, CO, September 2019.

“Embodying Wellness: A holistic movement experience” American Counseling Association & Expo, New Orleans, LA, March 2019.

“An embodied approach to social justice” Texas Alamo Region Counseling Association, San Antonio, Texas, January, 2019.

“Creating space for grace: An embodied and relational approach to having difficult conversations about race” Association of Spirituality, Ethics and Values in Counseling Conference, Dallas, TX, July 2018.

“Transforming in the face of racism and oppression: An embodied experiential experience” with Dan Reed, Texas Alamo Region Counseling Association, San Antonio, TX, January, 2018.

“Activating humanism: Tapping into rhythms of bodily becoming” Association of Humanistic Counselors National Conference, Syracuse, NY, June 2017.

“Rituals for renewal and self-care” with Catherine Wooten, American Counseling Association and Expo, San Francisco, CA, March 2017.

“What is Embodiment? Findings from a phenomenological study and implications for Counselor Education” with Nevine Sultan, Southern Association of Counselor Education

- and Supervision Conference, New Orleans, LA, October 2016.
- “Embodied Healing: Reconstituting the body as sanctuary in sexual trauma recovery” with Nevine Sultan, American Counseling Association Conference, Montreal, Canada, March 2016.
- “Awakening Justice: A relational approach” with Catherine Wooten, Christi Myers & Beth Owens, IAMFC World Conference, New Orleans, LA, March 2016.
- “(Re)Embodied Social Justice: An exponential approach to change” with, Christi Myers, Catherine Wooten & Beth Owens, Texas Association of Counselor Education and Supervision Conference, Austin, TX, January 2016.
- “Reconstituting the Sacred: Embodying and healing sexual trauma” with Nevine Sultan, TCA Professional Growth Conference, Corpus Christi, TX, November 2015.
- “Finding Justice in the Body: An embodied social justice approach for counselors” with Christi Myers, Catherine Wooten, Beth Owens, TCA Professional Growth Conference, Corpus Chishti, TX, November 2015.
- “My Body is My Sanctuary: Embodied and spiritual dimensions of healing sexual trauma” with Nevine Sultan, ASERVIC National Conference, New York, New York, July 2015.
- “The relationship between embodiment and gestalt resistance processes in counselors-in-training: An exploratory investigation” with Monique Mercado, International Research Conference 2015, The challenge of establishing a research tradition for Gestalt Therapy, Cape Cod, MA, May 2015.
- “Embodying Relationships: Creating connections from the “bottom up” The Association for Creativity in Counseling National Conference, San Antonio, TX, April, 2015.
- “Fluid Grief: A relational and movement-oriented approach to bereavement counseling” with Nevine Sultan and Catherine Wooten. The Association for Creativity in Counseling National Conference, San Antonio, TX, April, 2015.
- “The Embodied Counselor: Embodying self, relationships and justice” Keynote speech MidCentral Texas Counseling Association Growth and Renewal Conference, Belton, TX, February 2015.
- “Embodying clinical supervision: A somatic experiential approach” with Nevine Sultan and Catherine Wooten, Texas Association of Counselor Education and Supervision MidWinter Conference, Austin , TX, January 2015.
- “Disembodied grief: Reconstituting the grieving body” with Nevine Sultan and Catherine Wooten, TCA Professional Growth Conference, Dallas, TX, November 2014.
- “Meditation, mindfulness and movement” with Catherine Wooten and Nevine Sultan, TCA Professional Growth Conference, Dallas, TX, November 2014.

- “Trauma and the body: A body-centered approach to working with victims of sexual assault” with Catherine Wooten and Nevine Sultan, Rape Crisis of San Antonio, TX, August 2014.
- “Embodied grief: Honoring the body of the bereaved” with Nevine Sultan, Association for Humanistic Counseling National Conference, Albuquerque, NM, June 2014.
- “The Embodied Self: Transformation through embodied self- awareness” NIX Hospital, San Antonio, TX April, 2014.
- “Awareness training and creativity: A Gestalt approach to Counselor Education” with Monique Mercado and Catherine Wooten. TACES Midwinter Conference, January 2014.
- “Wading through deep water: Somatic mindfulness for adolescent survivors of childhood sexual abuse” with students, Mercado, Chung and Atkinson. TCA Professional Growth Conference, San Antonio, TX, November 2013.
- “Breath, movement and mindfulness: Building a creative foundation for counselor wellness” with students, Sultan and Catherine Wooten. TCA Professional Growth Conference, San Antonio, TX, November 2013.
- “Don’t be a zombie: Linking the brain to the body and others” with Drs. Strentzsch & Comstock. ACES National Conference, Denver, CO, October 2013.
- “Counseling and the body: Re-embodied practice for aliveness, creativity and relationship” Keynote, South Texas Counseling Association Winter Conference, San Antonio, TX, January 2013.
- “Breathing life back into relationships: An embodied approach.” United States Association of Body Psychotherapy, Boulder CO, August 2012.
- “Body, Breath & Consciousness: Inviting health and releasing stress.” Head Start Program Pre-Service, San Antonio, TX, August 2011.
- “The embodied therapist: Connecting bodily awareness and relational attunement” XXXIII Congresso Interamericano de Psicologia, Medellin, Columbia, June, 2011.
- “The embodied therapist: Creating culture of embodied practice” South Texas Counseling Association, San Antonio, TX, February, 2011.
- “The effects of breathwork therapy on post-traumatic growth with suicide survivors” with Renee Blocker , United States Association of Body Psychotherapy, Concord, CA, October 2010.
- “The embodied therapist: Connecting with sensation, creativity and imagination” Texas Counseling Association, Austin , TX, October 2010.
- “Life after sport: Facilitating holistic development” 4th Annual Latin American Counseling Conference, Managua, NI ,October, 2009.

- “Post-secondary planning instruction for under served populations” with Suzy Mudge, Cullen Grinnan & Pat Henderson, American Counseling Association Conference, Pittsburg PA, April, 2009.
- “Free your breath, free your life” South Texas Association, San Antonio, TX, 2009.
- “Using the Emogram in supervising countertransference” with Suzy Mudge, Cullen Grinnan, Texas Counseling Association, Dallas, TX, 2009.
- “Emotional assessment in counselor supervision” with Suzy Mudge, Cullen Grinnan, Texas Counseling Association, Houston TX, November, 2008.
- “Addressing spirituality and religion in counselor education and supervision” with Steve Farmer, Wen Mei Chow, Ty Leonard. Texas Association of Counselor Education and Supervision, Austin, TX, February, 2008.
- “The breathwork experience” with Wen Mei Chou, Ty Leonard. Texas Counseling Association Conference, Corpus Christi, TX, November, 2007.
- “Breathing life back into self and relationships” with Wen Mei Chow, Texas Counseling Association, San Antonio, TX, November 2006.
- “The shamanic journey” Texas Counseling Association, San Antonio, TX, November, 2006.
- “Trauma and abuse and its impact on adolescent delinquency” with Tanisha Guy, ACA, National Conference, Montreal, CN, April, 2006.
- “Breathwork therapy and its effect with couples” with Wen Mei Chow, ACA National Convention, Atlanta, GA, March 2005.
- “HIV disclosure to families among Gay Mexican-American men: A qualitative investigation,” with Steve Farmer, International Association of Marriage and Family Counselors National Conference, New Orleans, January 2004.
- “The missing piece of counselor training: The self of the therapist” with Steve Farmer and Ty Leonard, Southern Association of Counselor Education and Supervision, Athens, GA, September 2004.
- “The effect of breathwork therapy on marital relationships” with Wen Mei Chow, Southern Association of Counselor Education and Supervision, Athens, GA, September 2004.
- “The shamanic journey: A technique and practice for personal and spiritual growth,” ACA National Convention, Anaheim, CA, March 2003.
- “Breathwork: Using breath to integrate body, mind, and spirit,” with Carol Lampman

- ACA National Convention, Anaheim, CA, March 2003.
- “The human energy field: Healing body, mind, and spirit with therapeutic touch,” with Scott Young and Craig Cashwell, ACA National Convention, New Orleans, LA, March 2002.
- “The shamanic journey: Tapping spiritual wisdom in a counseling session,” ACA National Convention, New Orleans, LA, March 2002.
- “Music, Movement, and Rhythm: Tools for Creative Exploration,” with James Beshoff and Leslie Armenox, ACA National Convention, San Antonio, TX, March 2001.
- “The shamanic journey,” Creativity in Psychotherapy Conference, San Marcos, TX, November 2001.
- “Tapping the spirit power in you,” Heart-Centered Therapies Conference, New Orleans, LA, October, 2000.
- “The shamanic journey: A pathway to healing,” Creativity in Psychotherapy Conference, San Marcos, November 2000.
- “Improving understanding of student-athletes: A qualitative-naturalistic approach,” ACES National Conference, New Orleans, LA, October 1999.
- “Healing in the midst of crisis,” North Carolina Lutheran Synod Fall Convocation, Asheville, NC, October, 1999.
- “Transforming power: Conflict and anger resolution,” St. Stephens Lutheran School, Blowing Rock, NC, October, 1999.
- “Pedagogy and practice with college student-athletes,” Southern Association of Counselor education and Supervision, Montgomery, AL, October, 1998.
- “Dealing with personal anger and conflict,” North Carolina Lutheran Fall Pastors Convocation, Asheville, NC, October, 1998.
- “Career counseling with college-student athletes,” North Carolina Counseling Association, Chapel Hill, NC, February, 1998.
- “Where from here? College student-athletes and career decision-making,” Southern Association of Counselor Education and Supervision, Louisville, KY, October, 1997.
- “Counseling student-athletes,” North Carolina Counseling Association, Greensboro, NC, February, 1997.
- “The school counselor portfolio,” with Martha Rhyne-Winkler and Rita D’Andrea. North Carolina School Counselors Conference, Raleigh, NC, November, 1996.

- “The personal organization of change: Constructing the counselor portfolio,” with Rita D’Andrea. ACES National Conference, Portland , OR, October, 1996.
- “The profile of a healthy family,” with Rita D’Andrea. North Carolina Synod Assembly. Lenoir-Rhyne College, Hickory, NC, 1996.
- “Adjustment disorders with student-athletes: Opportunities for adaptation and growth.” North Carolina Counseling Association, Charlotte, NC, March, 1996.
- "The school counselor portfolio: Professional development and accountability," North Carolina School Counselor Association, Charlotte, NC, November 1995.
- "Counselor portfolios: Assessment and evaluation," with Martha Rhyne-Winkler. Southern Association of Counselor Education and Supervision, Knoxville, TN, November 1995.
- "Sports counseling: A survey of training opportunities in counselor education programs," Southern Association of Counselor Education and Supervision, Knoxville, TN, November 1995.
- "Sports counseling: A new counseling specialty area," with Gary Miller. American Counseling Association Annual Convention, Denver, CO, April 1995.
- "The counselor portfolio: Assessment, evaluation, and decision-making," with Martha Rhyne-Winkler. North Carolina Counseling Association Annual Conference, Raleigh, NC, February, 1995.
- "Career-life planning with high-school student athletes," North Carolina School Counselor Conference, Greensboro, NC, November, 1994.
- "Preparing the sports counselor," with Gary Miller. Southern Association for Counselor Education and Supervision Conference, Charlotte, NC, October, 1994.
- "Investigating sports counseling competencies," with Gary Miller. 10th Annual Sports Counseling Conference, Springfield, MA, June, 1994.
- "Challenges, Changes, and Choices: Midcareer military and career beliefs," with Suzanne Moore-Pruitt. American Counseling Association, Minneapolis, April, 1994.
- "A relational art therapy model for HIV groups," with Rita D' Andrea. Association for Specialist in Group Work National Conference, St. Petersburg, January, 1994.
- "Metaphorical stories and esteem," with Becky Taylor. Texas Association of Marriage and Family Therapy Annual Conference, San Antonio, January, 1994.
- "Cognitive distortions in career decision-making," Texas Counseling Association Professional

- Growth Conference, Galveston, November, 1993.
- "Color your rainbow," with Claire Usher. Texas Counseling Association Professional Growth Conference, Galveston, November, 1993.
- "A descriptive investigation of sexual addiction," with Julius Lundy. Texas Counseling Association Professional Growth Conference, Galveston, November, 1993.
- "Cutting losses for transitioning student-athletes: An integrative transition model," Southern Association for Counselor Educators and Supervisors, Charleston, October, 1993.
- "Biracial and multiethnic student identity issues: Sensitizing faculty and staff," Minority Student Today National Conference, San Antonio, TX, October, 1993
- "Counseling and Supportive Guidance," with Dana Cooper, Communities in Schools 5th Annual Conference, Austin, August, 1993.
- "Involuntary job loss in mid-career: Counseling the casualties of the military reduction in force," with Suzanne Pruitt and Suzanne Craig, American Counseling Association Annual Convention, Atlanta, GA, March 1993.
- "Middle career transitions: Dislocated career military personnel," with Suzanne Pruitt and Suzanne Craig, Texas Career Development Professional Conference, Austin, TX, February, 1993.
- "Enhancing mental health of student-athletes," Texas Counseling Association Professional Growth Conference, San Antonio, TX, November, 1992.
- "Enmeshment and the Hispanic family life cycle," with L. Trevino, L. Pizana. Texas Counseling Association Professional Growth Conference, San Antonio, TX, November, 1992.
- "Sports counseling in the 21st century," with Drs. S. Hinkle, A. Petitpas, G. Miller. Association of Counselor Education and Supervision National Conference, San Antonio, TX, September, 1992.
- "Community counseling programs: Pluralism in the 21st century," with Drs. E. Cowger, S. Hinkle, L. DeRidder, A. Wilcoxon. Association for Counselor Education and Supervision National Conference, San Antonio, TX, September, 1992.
- "Positive aspects of enmeshment: Multicultural perspective of the Hispanic family," with Y. Trevino, L. Pizana. Association of Counselor Education and Supervision National Conference, San Antonio, TX, September, 1992.
- "Comparing Super's C-DAC career inventories of student-athletes with nonathletes," Southern Association for Counselor Educators and Supervisors, Atlanta, GA, October, 1991.

"Sport psychology and sport counseling: Developmental programming, education, and research," with Drs. S. Hinkle, G. Miller, J. Poidevent. Southeastern Psychological Association, Atlanta, GA, April, 1990.

"Career development of student athletes," Southern Association for Counselor Education and Supervision, Orlando, FL, October, 1989.

"Crisis intervention in emergency services," North Carolina Association of Counseling and Development, Raleigh, NC, February, 1989.

"Career/Life planning with student athletes," North Carolina Association of Counseling and Development, Raleigh, NC, February, 1989.

"Women administrators' ways of knowing: Implications for decision making and leadership," with Dr. Marilyn Haring-Hidore and Suzanne Freeman, Research on Women in Education Conference, Hofstra University, NY, November, 1988.

"Confronting the non-confrontive supervisee," with Dr. L. DiAnne Borders, North Carolina/South Carolina Association of Counseling and Development, Myrtle Beach, SC, February, 1988.

TRAINING

Somatic Awareness and Movement Intensive: The Joy of Movement in the Zone, Montgomery, TX, February 2019.

NIA First Degree Black Belt, Portland, OR, September 2018

Somatic Awareness and Movement Intensive: Music, Movement & Magic, Montgomery, TX, February 2018.

Somatic Awareness and Movement Intensive: Increasing, Circulating and Utilizing Montgomery, TX, April 2017.

NIA Black Belt, Portland, OR, September 2016

Somatic Awareness and Movement Intensive, Montgomery, TX, March 2016.

Integration Concepts Leadership Breathwork Training, Oracle, AZ, February 2016.

Somatic Awareness and Integration Training, Houston, TX, February 2015

Integration Concepts Leadership Breathwork Training, Albany, NY, March 2014.

Broga Yoga Advanced Training, Houston, TX, February 2014

Broga Yoga Certified Yoga Training, Nashville, TN, December 2013

NIA Brown Belt Training, Houston, TX, April 2013

Contemplative Dance/Authentic Movement with Alton Wassom, Austin, TX, February 2013

Body Visible/Body Invisible: Authentic Movement Training, Santa Rosa CA, August, October, December 2012

Shake Your Soul: A Kripalu Dance Certification Level II Training, Stockbridge MA, May 2012

Somasoul Completion: Somatic Expressive Therapy, Stockbridge MA, April 2012

Moving Your Body's Story: Somasoul Somatic Expressive Therapy, Stockbridge MA, November 2011

Contemplative Mind & Expressive Body: Somasoul Somatic Expressive Therapy, Stockbridge MA, September 2011

Shake Your Soul: A Kripalu Dance Certification Level I Training, Stockbridge MA, August 2011

The Art of Co-Facilitation: Somasoul Somatic Expressive Therapy, Stockbridge MA, May 2011

Integration Concepts Leadership Breathwork Training, Albany, NY, May 2011

Somatic Healing Process: Somasoul Somatic Expressive Therapy, Stockbridge MA, February 2011

Integration Concepts Leadership Breathwork Training, Albany, NY, September 2010

Integration Concepts Leadership Breathwork Training, Albany, NY, May 2010

NIA bluebelt advanced training, Portland OR, March 2010

NIA whitebelt teacher training, San Antonio, TX, January 2010

Integration Concepts Leadership Breathwork Training, Albany, NY, September 2009

Neurofeedback Training, EEG Spectrum, Dallas, TX, January 2007

Interactive Metronome Certification Training, Austin, TX, October 2006.

Transpersonal Psychology and the Breathwork Experience, Albany, NY, October 2006.

Theophostic Healing Prayer Training, San Antonio, TX, September 2006.

Integral Breath Therapy Masters Training (3 six day modules), Dolgeville, NY, July 2004; Tucson, AZ, January 2004; Seattle, WA, July 2003

Integral Breathwork Training Level 2, Tucson, AZ, February 2002

Integral Breathwork Training Level 1, Atlanta, GA, December 2001

Wellness Institute Advanced Transpersonal Training 1999-2002

Grief and Loss, Atlanta, GA, December 1999

Counseling with difficult relationships, Atlanta, GA, September 1999

Addictions counseling, Asheville, NC, June 1999

Eating Disorders, Marathon, FL, March 1999

Mind-body connection in psychotherapy, Atlanta, GA, December 1998.

Sexual abuse/incest treatment, Syracuse, NY, October, 1998.

Substance abuse issues and treatment, Charleston, SC, July, 1998.

Working with codependency, Asheville, NC, March, 1998.

Hypno-behavioral training, Memphis, TN, February, 1998.

Narrative therapy track, AAMFT National Conference, Atlanta, GA, October, 1997.

Prepare/Enrich Training, Charlotte, NC, April, 1997.

Alternatives to Violence, Lenoir-Rhyne College, February, 1997.

Training the Trainer in Alternatives to Violence Program, Lenoir-Rhyne University, April, 1997.

Narrative therapy, 4-day workshop with Michael White, Charlotte, NC, February, 1997.

Empowering Groups for Substance Abusing Clients, workshop with Judith Lewis, ASGW National Conference, St. Petersburg, January, 1994.

Hypnosis for Counselors: Professional and Personal Applications,
Galveston, TX, November 1993.

Strong Interest Inventory Training Workshop, Consulting Psychologist Press,

Columbus, OH, March, 1993.

Integrating the CBI, MBTI, and the Strong Training Workshop,
Consulting Psychologist Press, Columbus, OH, March, 1993.

Brief Therapy Workshop, ACA National Workshop, Houston, TX, December 1992

International Academy of Behavioral Medicine, Hypnosis two-day workshop,
Austin, TX, September 1992.

Psycho-diagnosis and Treatment, ACA National Workshop, Springfield, MO, December, 1991.

Intensive Executive Development Workshop. Farr Associates,
Greensboro, NC, November, 1989.

Personalized Leadership Development Program (12 mos. program),
Farr Associates, Greensboro, NC, 1991.

PROFESSIONAL ASSIGNMENTS

Interim Chair (Texas A&M University San Antonio) December 2018-

Department Chair (St. Mary's University) June 2012-2018

Graduate Program Director (St. Mary's University) 2003-2011

Board Member ASERVIC 2005-2009

Faculty Athletic Representative to NCAA 2004-2010

President, North Carolina Branch of International Association of Marriage and Family
Counselors 1997

Chair, Sports Counseling Interest Network (ACES) 1994-1996

President-elect, Texas Association of Counselor Education and Supervision 1994

Secretary, Texas Association of Counselor Education and Supervision 1993

PREVIOUS WORK EXPERIENCE

Personnel Manager, Burlington Industries, Menswear Division, Clarksville, Virginia, 1984-1986.

Football Coach, Appalachian State University, Boone, North Carolina, 1983-1984.

Football Coach, North Carolina State University, Raleigh, North Carolina, 1981-1982.

MEMBERSHIP

American Counseling Association

Texas Counseling Association

Texas Association of Counselor Education and Supervision

Association for Spirituality, Ethics, and Religious Values

International Association of Marriage and Family Counselors

Association of Counselor Educators and Supervisors

Southern Association for Counselor Educators and Supervision

United States Association of Body Psychotherapy (USABP)
International Somatic Movement Education and Therapy Association (ISMETA)

Served as Dissertation Chair

Thelma Duffey- May 1993

“The effect of dream sharing and self-disclosure training on marital intimacy and satisfaction”

Elizabeth Rebecca Taylor- May 1993

“A metaphorical story to raise relational esteem in Mexican-American families of low socio-economic status”

Suzanne Moore-Pruitt- May 1994

“Seeking an identity through graduate training: Construction and validation of a counselor identity scale”

Julius Lundy- May 1994

“Behavior patterns that comprise sexual addiction as identified by mental health professionals”

Ritalinda D’Andrea- May 1995

“Reconstructions of self in women with human immunodeficiency virus infection”

Yolanda A. Trevino– December 2003

“A Correlational Study Between Depression and Marital Adjustment in Hispanic Couples”

Wen-Mei Chou– May 2004

“The Effect of Breathwork Therapy on Marital Relationships”

Steven Farmer- May 2004

“A Phenomenological Study of HIV Disclosure to Family Among Gay Mexican American Men”

Tanisha Guy–May 2005

“A Phenomenological Analysis of the Lived Experiences of Adolescent Female Delinquents Detained in a Correctional Treatment Facility with a Reported History of Sexual Abuse”

Jacqueline Keish- May 2005

“A Phenomenological Analysis of the Lived Experiences of Adult Females Undergoing Rapid Weight Loss Due to Roux-En-Y, Weight Loss Surgery”

Stacey Rubin- May 2005

“A Phenomenological Investigation of Lived the Experience of Highly Educated, Stay-at-Home Mothers”

Gilberto Salinas– May 2005

“A Phenomenological Study of Cultural Influences on the Decision Making Process Regarding Child Placement in Families of Mexican Descent on the Texas-Mexico Border”

Sonia Dimas– December 2006

“An Analysis of the Resiliency Narratives of Academically Successful African-American Males: A Preliminary Exploration Toward a Grounded Theory”

Amy Marie Fuller– May 2006

“Spirituality and Quality of Life in Breast Cancer Patients Undergoing Radiation Treatment: A Multifactor Analysis”

Dawn M. McFadden– May 2006

“An Investigation of the Lived Experiences of Spirituality and Religion in the Lives of Those Diagnosed With a Serious Chronic Mental Illness”

Ronald Jay Monachello– May 2006

“The Father Son Relationship in Homosexual Identity Development: A Phenomenological Study”

Becky Whetstone– December 2006

“An Investigation of the Initiator’s Marital Dissolution Decision-Making Process in Long-Term Marriages”

Robin Elizabeth Scott-Charbonneau– May 2008

“A Participatory Action Research Exploration of Family Stress Management: Collaboratively Learning To Integrate Healthy Behaviors Into Families’ Daily Lives”

Claudia Legarreta– May 2008

“The Lasting Effects Of Relational Aggression On Women’s Friendship With Other Women, Including Their Relational Capacity For Others and Themselves: A Qualitative Approach”

Lisa D. McGinnis– May 2008

“Validation of the Emogram Shame Scale and the Personal Feelings Questionnaire (PFQ-2); A Correlation Study

Adrian Scott Warren– December 2009

“The Effect of Food on the Counseling Relationship: A Mixed Experimental and Narrative Ethnographic Study of Working Alliance and Food in Therapy Sessions”

Rebecca Ann Munsey– December 2010

“The Use of Self-Defense Techniques to Create Emotional Change for Victims of Sexual Assault”

Eva Dolores Sloan– December 2010

“Evaluation of a Preschool Nutrition Project”

Sandra R. Blocker– May 2011

“The Effects of Breathwork Therapy on Facilitating Meaning and Post-Traumatic Growth with Survivors of Suicide Loss: A Narrative Mixed-Methods Study”

Laura Marisol V. Murphree – December 2011

“Graduate Students With Disabilities: Deciphering Their Experiences In Counselor Education Programs”

Zvonka Jakopovic-Vukmirovic– December 2011

“The Impact of Fibromyalgia Syndrome On Marital Satisfaction and Sexual Functioning”

Kelley L. Frost– December 2012

“A Study Of Career Life Transitions Among Midlife Women”

Moonyen (Molly) O’Phelan– May 2013

“An Exploration OF Therapist’s Personnel Experience Of Loss And Grief And Impact on Therapeutic Approach”

Nevine Sultan- May 2015

“A Heuristic Inquiry of the Embodied Experiences of Body Psychotherapists in the Therapeutic Process”

Alison Walker-May 2015

“The EZPIR System for the Treatment of Migraine without Aura”

Melissa C. Pettit- December 2017

“Disenfranchised Grief in the Substance Abuse Counselor: A Heuristic Inquiry;”

Monique N. Rodriguez- December 2017

“The Relationship between Embodiment and Gestalt Resistance Process for Counselors-in-Training: An Exploratory Investigation”

Sandy Guergues Aziz- December 2018

“Religiosity and Attitudes Toward Psychological Health, Distress, and Help Seeking Among Coptic Orthodox Parishioners”

Dan Reed- May 2019

“Internal Family Systems Informed Supervision: A Grounded Theory Inquiry”

Served as Departmental Dissertation Committee Member

Albert A. Valdez– December 2001

“South Texas Adult Daycare Centers and Perceived Effects on Physical and Mental Wellness of Impoverished Mexican-American Elderly Women”

Committee Chair: Christine Lumadue

Committee Member from the Department: Dr. Ray Wooten

Nicholas T. Wilkens– December 2001

“Attitude Toward and Usages of Humor Among Practicing Marriage and Family Therapists”

Committee Chair: Dr. Randy Lyle

Committee Member from the Department: Dr. Ray Wooten

Mary Jane H. Wygle – December 2001

“Religious Coping Among Patients with Serious Mental Illness”

Committee Chair: Nancy Ratliff

Committee Member from the Department: Dr. Ray Wooten

Christina Ballard - May 2002

“Counseling Outcome Research: The Use of the Addiction Severity Index in a Homeless Population”

Committee Chair: Dr. Robert Babcock

Committee Member from the Department: Dr. Ray Wooten

Antonio Ramirez-De Leon - May 2002

“An Investigation of the Relationship Between Spiritual Well-Being and Psychological Well-Being Among Mexican American Catholics”

Committee Chair: Dr. Christine Lumadue

Committee Member from the Department: Dr. Ray Wooten

Jimi Shaleen Leopold – May 2002

“The Direct and Indirect Effect of Body Image on Sexual Satisfaction”

Committee Chair: Dr. Robert Babcock

Committee Member from the Department: Dr. Ray Wooten

Noelle St. Germain- December 2003

“The Impact of Media on Lesbian Experience and Perception of Self”

Committee Chair: Dr. Christine Lumadue

Committee Member from the Department: Dr. Ray Wooten

Cullen Grinnan– December 2003

“Communities in Schools and the At-Risk Hispanic Students: Factors Impacting High School Completion”

Committee Chair: Dr. Robert Babcock

Committee Member from the Department: Dr. Ray Wooten

Charlotte Brauchle – May 2004

“The Influence of Emotional Intelligence on Integrative Negotiations”

Committee Chair: Dr. Robert Babcock

Committee Member from the Department: Dr. Robert Babcock
Committee Member from the Department: Dr. Ray Wooten

Harris (Ty) Leonard – May 2004
“Evaluating the Effectiveness of Consumer Education in Preventing Sexual Dual Relationships
Between Clients and Their Therapists”
Committee Chair: Dr. Robert Babcock
Committee Member from the Department: Dr. Ray Wooten

Sonja Montgomery – May 2004
“Access Energy Transformation Modality: An Evaluation of Verbal Clearing Statements as
Measured Using BSI, SUD, and HEARTHMATH”
Committee Chair: Dr. Christine Lumadue
Committee Member from the Department: Dr. Ray Wooten

Lillian Solis-Smith – May 2004
“The Effects of the Interactive Metronome Training on Attention and Cognitive Abilities of
Children and Adolescents”
Committee Chair: Dr. Randy Lyle
Committee Member from the Department: Dr. Ray Wooten

Sarah Deal – May 2005
“Graduate Students’ Perceptions of Teacher Effectiveness”
Committee Chair: Dr. Robert Babcock
Committee Member from the Department: Dr. Ray Wooten

Kim Garland May 2005
“A Phenomenological Investigation of Resiliency in Triatheletes”
Committee Chair: Dr. Robert Babcock
Committee Member from the Department: Dr. Ray Wooten

Minerva Rosales– December 2005
“The Relationship Between Emotional Intelligence and Communication Styles in Middle School
Teachers”
Committee Chair: Dr. Robert Babcock
Committee Member from the Department: Dr. Ray Wooten

Jane Madison – December 2006
“Factors Affecting Treatment Outcome of Hispanic Clients in a Faith-Based Methadone
Detoxification Program”
Committee Chair: Dr. Robert Babcock
Committee Member from the Department: Dr. Ray Wooten

Donald Allen Novian Jr.- December 2007
“An Investigation Of Spirituality In Caregivers For Spouses Diagnosed With Alzheimer’s
Disease Or Related Disorders”

Committee Chair: Dr. Randall Lyle
Committee Member from the Department: Dr. Ray Wooten

Jennifer Camille Rarity – December 2007
“Nonfinite Grief In Families With Children On the Autism Spectrum
Committee Chair: Dr. Randall Lyle
Committee Member from the Department: Dr. Ray Wooten

Susana Rivera - December 2007
“Culturally-Modified Trauma-Focused Treatment for Hispanic Children: Preliminary Findings”
Committee Chair: Dana Comstock
Committee Member from the Department: Dr. Ray Wooten

Shobha Teresa George – May 2008
“The Effect Of Client Feedback Of Therapeutic Alliance On Client Dropout”
Committee Chair: Dr. Dan Ratliff
Committee Member from the Department: Dr. Ray Wooten

Amanda J. Mathias- December 2008
“A Cross-Sectional Study Of Change In Women’s Body Image Scores and Martial Satisfaction
Scores After Undergoing Roux-En-Y Gastric Bypass Surgery”
Committee Chair: Dr. Randy Lyle
Committee Member from the Department: Dr. Ray Wooten

Julie A. Strentzsch- December 2008
“An Examination Of Cranial Electrotherapy Stimulation (CES) On Alpha-Amylase Levels,
Cortisol Levels And State-Trait Anxiety Scores In The Chronically Mental Ill”
Committee Chair: Dr. Randall Lyle
Committee Member from the Department: Dr. Ray Wooten

Naomi Garcia Alvarez– December 2009
“The Effects of a Psychoeducational Intervention on Rural High School Freshman’s Self-
Reported Career Self Efficacy”
Committee Chair: Dr. Becky Davenport
Committee Member from the Department: Dr. Ray Wooten

Jason Laurence Patton – December 2009
“Experiences of Coupled Same-Sex Oriented Fathers: A Hermeneutic Phenomenological
Exploration”
Committee Chair: Dr. Dana Comstock
Committee Member from the Department: Dr. Ray Wooten

Rebekah R. Pender- December 2009
“A Study of the Relationship of Acculturation and Body Image of Mexican American Women
Attending College”

Committee Chair: Dr. Randall Lyle
Committee Member from the Department: Dr. Ray Wooten

Shana Maureen Parsons- December 2010
“An Exploration of Father-Daughter Relationships in Recovery from Anorexia Nervosa”
Committee Chair: Dr. Randall Lyle
Committee Member from the Department: Dr. Ray Wooten

Marisela Escárcega – December 2012
“The Relationship Between Parent’s Acculturation And Children’s Depressive Symptoms
Among Mexican American Children Of Low Socio-Economic Status”
Committee Chair: Dr. Dan Ratliff
Committee Member from the Department: Dr. Ray Wooten

Jeannette Caballero- December 2013
“The Grief Experience of Mexican American Families When Their Child Has Been Murdered: A
Phenomenological Study”
Committee Chair: Dr. Comstock
Committee Member from the Department: Dr. Ray Wooten

Claudia Rodriguez Kypuros – December 2014
“The Relationships among Acculturation, Sex Knowledge, and Risky Sex Behavior in Latina
Undergraduates of Mexican Descent in South Texas: A Quantitative Exploration.”
Committee Chair: Dr. Melanie Harper
Committee Member from the Department: Dr. Ray Wooten

Margaret Ann de la Garza- May 2015
“Familism and Couples Satisfaction Among Mexican Americans”
Committee Chair: Dr. Esteban Montilla
Committee Member from the Department: Dr. Ray Wooten

Gena M. Minnix- May 2015
“Reconciling LGBT Affirmation with Christian Beliefs among Mental Health Professionals: A
Grounded Therapy”
Committee Chair: Dr. Julie Strentzsch
Committee Member from the Department: Dr. Ray Wooten

Ruba Alajlan- May 2016
“Psychological Attitudes of Saudi Arabian International Students Toward Mental Health
Counseling”
Committee Chair: Dr. R. Esteban Montilla
Committee Member from the Department: Dr. Ray Wooten

Mehmet Avci - May 2017

“Total Wellness of Turkish International Students in the U.S.: Perceptions and Inherent Growth Tendencies”

Committee Chair: Dr. R. Esteban Montilla
Committee Member from the Department: Dr. Ray Wooten

Hawazan A. Binzaqr- May 2017

“A Multiple Regression Analysis of Locus of Control and Psychological Flexibility Regarding the Total Well- Being of Muslims”

Committee Chair: Dr. R. Esteban Montilla
Committee Member from the Department: Dr. Ray Wooten

Gustavo Salazar II - December 2017

“The Impact of Faculty Academic Mentoring on First Generation Undergraduate Students: A Mixed-Method Design”

Committee Chair: Dr. Dana L. Comstock-Benzick
Committee Member from the Department: Dr. Ray Wooten

Melanie M. Somerville- December 2017

“Divorce after Long Term Marriage: A Constructivist Grounded Theory Study”

Committee Chair: Dr. Dana L. Comstock-Benzick
Committee Member from the Department: Dr. Ray Wooten

Sun-Kyung Chung- December 2018

“The Effects of Using Expressive Modalities in Group Counseling on Acculturative Stress and Depressive Symptoms Among Korean Immigrant Women in South and Central Texas: A Pilot Experimental Study”

Committee Chair: Dr. Melanie Harper
Committee Member from the Department: Dr. Ray Wooten

Gustavo Salazar II – Decembr 2018

“The Impact of Faculty Academic Mentoring on First Generation Undergraduate Students: A Mixed-Method Design”

Committee Chair: Dr. Dana L. Comstock-Benzick
Committee Member from the Department: Dr. Ray Wooten