

Jasmyne Thomas

jthomas@tamusa.edu

EDUCATION

Masters of Science, Psychology <i>Texas A&M University – San Antonio, San Antonio, Texas</i>	Spring 2025
Bachelor of Science, Psychology <i>Texas A&M University – San Antonio, San Antonio, Texas</i> Minor: Biology	Spring 2018
Associates of Arts, General Studies concentration in Psychology <i>Northwest Vista College, San Antonio, Texas</i>	Spring 2014

GRANT AND FELLOWSHIPS

National Science Foundation Grant 2222219 <i>Graduate Research Assistant, Texas A&M University – San Antonio</i> <i>Through the Ups and Downs: Social Comparison Processes for Minority Students Attending Minority-Majority Institutions (Awarded Fall 2022)</i>	August 2023 – Present
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TEACHING EXPERIENCE

Adjunct Instructor (Psychology) <i>Northwest Vista College</i> Psychology of Personality Lifespan Growth & Development	August 2025 – Present
Adjunct Instructor (Psychology) <i>Texas A&M University – San Antonio</i> Psychological Research Methods and Statistics I Psychological Research Methods and Statistics I Lab	August 2025 – Present
Instructor of Record <i>Texas A&M University – San Antonio</i> Psychological Research Methods and Statistics I	August 2024 – December 2024

ADDITIONAL TEACHING EXPERIENCE

Freelance Science Instructional Coach – 8th Grade Science <i>Harris Middle School (SAISD), San Antonio, TX</i>	2024 – 2025
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Supervisor: Katherine Coley

- Designed, developed, and implemented hands-on science lab activities aligned with curriculum standards
- Collaborated with two teachers to deliver instruction across 16 classes, reaching ~250 students
- Coordinated lab delivery and assessment over a 4-week period, enhancing students' engagement with scientific concepts through experiential learning

Science and Math Teacher

IDEA Public Schools, San Antonio, TX

2018 – 2019

Supervisor: Gerald Boyd

- Taught 7th grade Pre-AP Science, 5th grade Science, and 6th/7th grade Math Support; promoted twice during tenure
- Achieved #1 district ranking for Math Support progress within the San Antonio region
- Managed classrooms of 30–60 students; designed and delivered data-informed lessons to meet diverse learner needs

RESEARCH EXPERIENCE

Graduate Research Assistant

August 2023 – Present

Social Comparison Research Laboratory, Texas A&M University – San Antonio

Supervisor: Dr. Dawn Weatherford, Associate Professor of Psychology

- Management of research laboratory
- Verify the accuracy and validity of data entered in databases, correcting any errors
- Perform descriptive and multivariate statistical analyses of data, using computer software
- Preparation of project-related reports, manuscripts and presentations
- Supported by National Science Foundation Grant: 2222219
- CITI Training: Social & Behavioral Research, ADVANCED RCR for PI's and Co-PI's

Undergraduate Research Assistant

Fall 2016 - August 2018

Project Leader, Administrative Liaison

Memory, Attention, and Perception Research Group, Texas A&M University – San Antonio

Supervisor: Dr. Dawn Weatherford, Associate Professor of Psychology

- Schedule research assistants and participants
- Maintain lab email account and calendar
- Develop photographic stimuli for research projects
- Prepare, manipulate, and manage extensive databases
- Verify the accuracy and validity of data entered in databases, correcting any errors
- Perform descriptive and multivariate statistical analyses of data, using computer software

- Performed duties described in previous lab experience

Undergraduate Research Assistant

Spring 2013 - Spring 2014

Northwest Vista College

Director: Dr. Don Lucas, Psychology Discipline Coordinator

- Review and critically evaluated peer-reviewed, empirical literature
- Recruit research participants
- Develop design for research projects
- Collect and maintain confidential data for research projects
- Obtain informed consent of research subjects
- Conduct experiments
- Preparation of project-related reports, manuscripts and presentations

PUBLICATIONS

Huynh, H. P., **Thomas, J.**, Arguello, J. R., Weatherford, D. R., Halperin, A., Castellanos, I. & Lilley, M. K. (2025). The Relevance of Social Comparison to Academic Self-Concept for Undergraduates at Hispanic Majority Institutions, *Journal of Hispanic Higher Education*, 10.1177/15381927251363149

Huynh, H. P., Luo, W., Eche, E., **Thomas, J.**, Weatherford, D. R., & Lilley, M. K. (2025). Associations Between Intellectual Humility, Academic Motivation, and Academic Self-Efficacy, *Psychological Reports*, 10.1177/00332941251351243.

Huynh, H. P., **Thomas, J.**, Castellanos, I., Weatherford, D. R., & Lilley, M. K. (2024). Social Comparison, Belongingness, Self-Doubt, and Stress: The Case of Hispanic Students at Hispanic Majority Institutions. *Hispanic Journal of Behavioral Sciences*, 07399863241292243.

Weatherford, D. R., Erickson, W. B., **Thomas, J.**, Walker, M. E. & Schein, B. (2020, January). You shall not pass: How prevalence and within-person variability affect visual search for fake IDs. *Cognitive Research: Principles and Implications* 5(3). <https://doi.org/10.1186/s41235-019-0204-1>

Under review

Thomas, J., Weatherford, D. R., Lilley, M., & Huynh, H. P. (under review). Social Comparison, Stress, and Belonging Among Undergraduates at a Hispanic Majority Institution, *Current Psychology*

Reiss, J., **Thomas, J.**, Lilley, M., Weatherford, D. R., Acosta, A., & Huynh, H. P. (under review). Belongingness, optimism, and stress, *Journal of American College Health*

Thomas, J., Guerra, M., Reiss, J., Weatherford, D. R., Garcia Martinez, L., Lilley, M., &

Huynh, H. P. (under review). Pathways to purpose: how belonging, stress, and optimism influence career aspirations in hispanic majority institutions, *Journal of Career Development*

Weatherford, D. R., Dicke-Bohmann, A. K., Roberson, D., Erickson, W. B., & **Thomas, J.** (under review). The role of individual differences and attentional interventions in the detection of low prevalence fake IDs, *Psychology, Crime, and Law*.

Guerra, M., Garcia Martinez, L., Lilley, M., **Thomas, J.**, Weatherford, D. R., & Huynh, H. P. (under review). Peers Like Me: College Students' Self Perceptions Depend on Social Comparison Framing, *Social Psychology in Education*

Lilley, M. K., Weatherford, D. R., Guerra, M. D., **Thomas, J.**, Castellanos, I., Halperin, A., Arguello, J. R. & Huynh, H. P. (under review). Why do Students Compare? Examining Social Comparison Types and Motives of Hispanic Students Attending a Hispanic Majority Institution, *Cultural Diversity & Ethnic Minority Psychology*

Thomas, J., Acosta, A., Weatherford, D. R., Lilley, M. K. & Huynh, H. P. (under review). Centering Belonging: A Systematic Review of Factors Associated with Hispanic Students' Sense of Belonging in Higher Education, *Educational Psychology Review*

In Prep

Thomas, J., Castellanos, I., Weatherford, D. R., Lilley, M. K. & Huynh, H. P. (in prep)

PRESENTATIONS

International/National

Lilley, M., Weatherford, D., **Thomas, J.**, Castellanos, I., & Huynh, H. (2025, August, submitted). The Psychology Research Experience Preparedness (PREP) Program: A tool for engaging students. Poster presentation at American Psychological Association's annual conference. Denver, CO.

Weatherford, D. R., Lilley, M. K., **Thomas, J.**, Castellanos, I., & Huynh, H. (2025, May). Tools of the Trade: Introducing the Psychology Research Experience Preparation (PREP) Training Program. Presented at the 2025 Association for Psychological Science conference. Washington, DC.

Guerra, M., Lilley, M. K., Weatherford, D. R., **Thomas, J.**, Castellanos, I., Halperin, A., & Huynh, H. (2025, May). Motivations for Social Comparison in Students Attending a Hispanic Majority Institution. Presented at the 2025 Association for Psychological Science conference. Washington, DC.

Thomas, J., Lilley, M. K., Weatherford, D. R., Castellanos, I.⁺, Halperin, A.⁺, Arguello, J. R.⁺ & Huynh, H. P. (2025, February). Under pressure: how stress may explain the negative effects of social comparison on belongingness for hispanic students at

HMIs. SPSP Annual Convention, Denver, CO (Poster)

Lilley, M. K., Weatherford, D. R., Arguello, J. R.⁺, **Thomas, J.**, Castellanos. I.⁺ & Huynh, H. P. (2025, February). A Guide to the Research Galaxy: Content Analysis and Theme of Psychology Research Lab Manuals. SPSP Annual Convention, Denver, CO (*Poster*)

Halpin, A.⁺, Lilley, M. K., **Thomas, J.**, Castellanos. I.⁺, Weatherford, D. R. & Huynh, H. P. (2025, February). Balancing responsibilities: The relationship between optimism, flourishing, and workload for minoritized students. SPSP Annual Convention, Denver, CO (*Poster*)

Castellanos. I.⁺, Lilley, M. K., **Thomas, J.**, Halpin, A.⁺, Weatherford, D. R. & Huynh, H. P. (2025, February). Feelings of rejection are related to college students' motivation to know but not to their motivation to earn a degree. SPSP Annual Convention, Denver, CO (Poster)

Thomas, J. (2025, January). From confused to confident: How lab manuals help students master the research maze. National Institute on the Teaching of Psychology, Clearwater Beach, FL (*NI-TAPAS*)

Weatherford, D. R., **Thomas, J.**, Lilley, M. K., Arguello, J. R.⁺, Castellanos. I.⁺, Huynh, H. P. (2025, January). Lab rats no more: The ultimate guide to being a psych research assistant. National Institute on the Teaching of Psychology, Clearwater Beach, FL (Poster)

Thomas, J., Lilley, M. K., Weatherford, D. R., Arguello, J. R.⁺, Castellanos. I.⁺, Huynh, H. P. (2024, October). Lab rats no more: The ultimate guide to being a psych research assistant. Annual Conference on Teaching, Louisville, KY. (Poster)

Arguello, J. R.⁺, Weatherford, D. R., **Thomas, J.**, Castellanos. I.⁺, Lilley, M. K., & Huynh, H. P. (2024, October). From confused to confident: How lab manuals help students master the research maze. Annual Conference on Teaching, Louisville, KY. (Poster)

Weatherford, D. R., **Thomas, J.**, & Roberson D. M. (2018, July). Within-person variability and feedback affect the magnitude of the low prevalence effect in a photo identification task. OPAM, New Orleans, LA. (Poster)

Weatherford, D. R., Erickson, W. B., **Thomas, J.**, & Walker, M.E. (2017, November). Target prevalence influences the effect of feedback in a face matching paradigm. Psychonomic Society, Vancouver, British Columbia, Canada. (Poster)

Regional

Halpin, A.⁺, Lilley, M. K., **Thomas, J.**, Castellanos. I., Weatherford, D. R., & Huynh, H. P. (2025, March) Half-full or half-empty? The relationship between flourishing and optimism for minoritized students. Southwest Psychological Association,

Little Rock, AK. (Poster)

Guerra, M. D., Lilley, M. K., Weatherford, D. R., **Thomas, J.**, Castellanos. I.⁺, Halpin, A.⁺, & Huynh, H. P. (2025, March) Motivations for social comparison in students attending a Hispanic majority institution. Southwest Psychological Association, Little Rock, AK. (Poster)

Lilley, M. K., Weatherford, D. R., Castellanos. I., **Thomas, J.**, & Huynh, H. P. (2025, March) The Psychology Research Experience Preparedness (PREP) Program: A resource for you! Southwest Psychological Association, Little Rock, AK. (Teaching Demo)

Garcia Martinez, L. G.⁺, **Thomas, J.**, Guerra, M. D., Reiss, J. J., Weatherford, D. R., Lilley, M. K., & Huynh, H. P. (2025, March) Future Shaping Factors: Stress, Optimism, and Career Aspirations in Hispanic Serving Institutions. Southwest Psychological Association, Little Rock, AK. (Poster)

Thomas, J., Lilley, M. K., & Huynh, H. P. (2024, March). Stress and Social Comparison: Impact on Hispanic Students. Southwest Psychological Association, San Antonio, TX. (Talk)

Sihan, U. S., Zimmerman, K., **Thomas, J.**, Walker, M. E., & Montante, A. M. (2018, April). You shall not pass: How feedback shapes visual search for fake IDs. Southwest Psychological Association, Houston, TX. (Student Research Competition Poster)

Thomas, J., Weatherford, D. R., Erickson, W. B., & Walker, M.E. (2017, November). Target prevalence influences the effect of feedback in a face matching paradigm. Armadillo, College Station, TX. (Poster)

Ramos, R., Weatherford, D. R., Erwin, K., Sihan, U., & **Thomas, J.** (2017, November). Not thinking straight: Overcoming straight categorization bias in sexual orientation identification. Armadillo, College Station, TX. (Poster)

Walker, M. E., Weatherford, D. R., **Thomas, J.**, Farias, D., & Salazar, H. (2017, April). The influence of featural and configural changes on cross-race facial identification. Southwest Psychological Association, San Antonio, TX. (Talk)

Lucas, D. R., Jones, C., & **Thomas, J.** (2014, April). The negativity bias in judging emotions in others. Southwestern Psychological Association, San Antonio, TX. (Talk)

Rios, A., **Thomas, J.**, Saenz, B., Cavicchi, L., & Lucas, D. R. (2014, April). Does walker usage contribute to negative emotions? Southwestern Psychological Association, Fort Worth, TX. (Talk)

Lucas, D. R., Nylander, G., O'Maoileidigh, B., Rios, A., Saenz, B., **Thomas, J.** (2014, April). Physical characteristics women prefer in sexual partners: size matters, but

not in reality. Southwestern Psychological Association, Fort Worth, TX. (Poster)

Local

Thomas, J. (2025, April). Associations between social comparison, stress, and belonging at a Hispanic majority institution [3-Minute Thesis presentation]. 3MT Competition, Texas A&M University – San Antonio.

Castellanos, I.⁺, **Thomas, J.**, Guerra, M. D. (2025, April) Humility's role in modulating anxiety, achievement motivation, and social comparison in athletes. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Talk)

Garcia Martinez, L. G.⁺, **Thomas, J.**, Guerra, M. D., Reiss, J. J. (2025, April). Future shaping factors: Belongingness, stress, optimism and career aspirations in Hispanic Majority Institutions. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Poster)

Acosta, A.^{**} & **Thomas, J.*** (2024, April). Nurturing student's academic belongingness and success within a Hispanic Majority Institution. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Talk)

Arguello, J.⁺, Raya, A.⁺, Castellanos, I.⁺, **Thomas, J.**, & Halperin, A.⁺ (2024, April). Forms of Social Comparison in Different Socioeconomic and First-Generation Statuses. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Poster)

Sihan, U. S., Roberson, D., Zimmerman, K., **Thomas, J.** & Walker, M. E. (2018, May). The search is on!: Attentional cueing and spotting fake IDs. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Talk)

Zimmerman, K., Sihan, U. S., Roberson, D., **Thomas, J.** & Walker, M. E. (2018, May). Can I see some ID?: Professional visual search for fake identification cards. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Talk)

Walker, M. E., **Thomas, J.**, Salazar, H., & Zimmerman, K. (2017, May). The influence of featural and configural changes on cross-race facial identification. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Talk)

Ramos, R., Erwin, K., & **Thomas, J.**, & Miranda, M. (2017, May). Faces don't lie: Investigating whether facial cues signal sexual orientation. Texas A&M University – San Antonio Student Research Symposium, San Antonio, TX. (Poster)

Walker, M. E., Zimmerman, K., **Thomas, J.**, & Mota, K. (2017, May). The facebook fixation: Investigating the interaction between social comparison and life satisfaction. Texas A&M University - San Antonio Student Research Symposium,

San Antonio, TX. (Poster)

* indicates co-first authorship

+ indicates collaboration with undergraduates

AWARDS

Graduate Research Travel Grant

Fall 2024

Graduate Studies, Texas A&M University - San Antonio; \$500

2025 Conference Registration Stipend - Graduate

Fall 2024

Society for Personality and Social Psychology; \$199

3 Minute Thesis

Spring 2025

Finalist - Runner Up Winner; \$500

SERVICE

NVC Psychology Day

Fall 2024

Graduate Program Booth, Texas A&M University - San Antonio

Student Mentorship

2023 - 2025

Texas A&M University - San Antonio

SKILLS AND TRAINING

- **Analytical and scientific analysis-** SPSS software, JASP
- **Electronic mail-** Microsoft Outlook, iPower
- **Experimental design-** E-prime 3.0 professional software suite
- **Google products (data management)-** Calendar, Docs, Drive, Forms, Sheet, Slides
- **Image manipulation-** Adobe Photoshop
- **Participant management-** Sona-systems, Signal Vine (Admin)
- **Presentation organization-** Powerpoint, Canva, Video storyboarding
- **Research database curation** – PsycINFO, Google Scholar
- **Spreadsheet management-** Microsoft Excel
- **Survey administration-** Qualtrics
- **Databases-** Airtable, Salesforce (Admin)
- **Form Builder-** FormsAssembly (Admin)
- **Website Design-** Google Site, WordPress
- **Leadership-** 6 Lever Navigator Sprint Organization Leadership, Leadership Challenge, Nonprofit Management Certification

PROFESSIONAL AND ACADEMIC AFFILIATIONS

American Psychological Association

Graduate Student Membership	2023 – Present
Division 2: Society for the Teaching of Psychology	2024 – Present
Division 3: Experimental Psychology	2018 – 2019
Division 7: Developmental Psychology	2018 – 2019
Division 9: Society for the Psychological Study of Social Issues (SPSSI)	2025 – Present
Association for Psychological Science	2017 – 2019
Psi Chi: The International Honor Society in Psychology	2024 – Present
Psychology Club at Texas A&M University - San Antonio	2016 – 2018
President	2017 – 2018
Society for Personality and Social Psychology	2024 – Present
Southwest Psychological Association	2013 – Present