

CURRICULUM VITAE

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Work History

February 2018 – October 2018 **Director of Programs and Community Engagement**

The Health Collaborative. San Antonio, Texas.

Responsible for overseeing the development and implementation of the Pathways Community HUB program, the implementation and tracking of the Community Health Improvement Plan, and the management of other community programs and initiatives.

May 2016 – January 2018 **Director of Community Health and Social Services**

The Daughters of Charity Services of San Antonio (DCSSA).
San Antonio, Texas.

Responsible for the planning, implementation, and management of DCSSA's person centered, community-based, and holistic Community Health and Social Services programs aimed at the promotion of a healthy lifestyle and prevention of disease while providing assistance for immediate needs. Responsible for developing relevant community partnerships/relationships with key external stakeholders.

Summer 2010 – Present **Adjunct Faculty. Texas A&M University of San Antonio.**

Department of Counseling, Health, and Kinesiology.

1993 – April 2016 **Director of Wellness and Outreach Services**

The Daughters of Charity Services of San Antonio (DCSSA).
San Antonio, Texas.

- * Offering 25 years of experience as an administrator, health planner, program developer, health educator, and outreach worker.
- * Responsible for the planning, development, implementation and administration of a holistic, bilingual, and culturally sensitive wellness program at all DCSSA Centers.
- * Responsible for the planning, development, implementation and

administration of a Parish Nurse Program at DCSSA centers in conjunction with 3 Catholic Parishes. This was the first Parish Nurse Program offered at Catholic parishes in San Antonio.

- * Responsible for the planning, development, and implementation of a Community Health Outreach Worker/Promotora Program at DCSSA.
- * Preceptor of Medical, Nursing, Public Health, Dietetics, Health Education, and Community Health Worker/promotora interns at DCSSA sites for UTHSCSA, Grand Canyon University, Liberty University, Incarnate Word University, Benedict University, University of Texas at San Antonio, and Northwest Vista College students respectively.
- * Former Coordinator of the Family Practice Community Service Clerkship of the University of Texas Health Science Center at San Antonio third year medical students at DCSSA sites.
- * Developed a comprehensive Maternal-Child teaching program and teaching materials as project director of a Health Care Financing Administration (HCFA) Medicaid grant.
- * Skilled manager of people and resources. Member of Daughters of Charity Services Senior Leadership Team.
- * Laboratory Services Director for the Physician Performed Laboratory located at La Misión Family Health Care (one of DCSSA centers).
- * Former Occupational Safety and Hazardous Administration (OSHA) Officer. Provided Bloodborne Pathogen and Safety training to Daughters of Charity Services staff.
- * Collaborated with the pastor of Mission San Francisco de la Espada and St. Francis of Cabrini parishes and the March of Dimes to incorporate prenatal education classes as part of the baptismal preparation classes at such parishes.

2012 – 2013

Adjunct Faculty. University of Texas at San Antonio (UTSA).
Department of Sociology and Public Health.

1991 - 1993

Diabetes Education Director (Paso a Paso Program)
The Daughters of Charity Services of San Antonio (DCSSA).
San Antonio, Texas.

- * Responsible for the planning, development, implementation and administration of a bilingual and culturally sensitive diabetes education

program at all DCSSA centers. Also functioned as health educator and outreach worker in addition to duties as director of the program. Merged these responsibilities with Wellness and Outreach Program Director duties in 1993.

- 1988 - 1991 **Medical Laboratory Technologist (MLT) IV**
San Antonio State Chest Hospital. San Antonio, Texas.
Worked in all aspects of a hospital's laboratory. Assisted the Pathologist in necropsies as needed, while attaining Master of Public Health Degree.
- 1987 - 1988 **Surgical Technician**
Humana Women's Hospital of South Texas - San Antonio, Texas.
Assisted physicians in surgical obstetric interventions and deliveries.
- 1986 **Medical Assistant and Spanish Translator**
Performed medical assistant and Spanish translation duties as a volunteer at St. Philip of Jesus Center (one of Daughters of Charity Services of San Antonio centers). San Antonio, Texas.
- 1982 - 1984 **Physician. Private General Practice**
Mérida, Yucatán, México
- 1981 - 1982 **Hospital Director**
Directed activities of a small hospital in a rural Mexican town as part of mandatory government social service. Supervised a doctor, five nurses, and a social worker. Performed routine primary care practice, OB duties, minor surgeries, and general hospital care.
Oxkutzcab, Yucatán, México (population 20,000)
- 1978 - 1984 Volunteered with Mission of Friendship (a Catholic medical missionary organization) to provide medical care to the underprivileged of Mérida, Yucatán, México. Dioceses of Erie, Pennsylvania/Mérida, Yucatán, México.

Education

- * Doctoral Degree in Public Health (Dr.P.H.) in Management, Policy, and Community Health) with a major in Community Health, minor in Epidemiology, and a concentration in Global Health. The University of Texas Health Science Center at Houston. School of Public Health Houston, Texas. May 6, 2016.
- * Dissertation (with Articles) Title:
"Gender Differences in Non-Leisure Time Physical Activity and its Association with Overweight, Obesity, and Type 2 Diabetes among U.S. Mexican-Americans and Mexican Adults."

Journal Article 1 Title:

“Gender Differences in Non-Leisure Time Physical Activity and its Association with Overweight and Obesity among U.S. Mexican-American and Mexican Adults.”

Journal Article 2 Title:

“Gender Differences in Non-Leisure Time Physical Activity and its Association with Type 2 Diabetes among U.S. Mexican-American and Mexican Adults.”

- * Certificate in Non-Profit Management and Leadership. University of Texas at San Antonio. August, 2008.
- * Certified Health Education Specialist (CHES). National Commission for Health Education Credentialing, Inc. 2004.
- * Master of Public Health (M.P.H.) Degree with a concentration in Community Health. The University of Texas Health Science Center at Houston. School of Public Health. Houston, Texas, May, 1991.
- * Medical Technologist (AMT) Registered, August 1990
- * Medical Laboratory Technician Registered (AMT), August, 1987.
- * Medical Laboratory Technician Certificate. San Antonio State Chest Hospital, 1987.
- * Medical Surgeon’s Degree (México’s M.D. License #712540). University of Yucatán, Medical School. Mérida, Yucatán, México. 1982.
- * Bachelor Degree in Biological Sciences.
University of Yucatán, Mérida, Yucatán, México. 1974.

Awards and Achievements

- * San Antonio Business Journal Health Care Heroes Award. Health Care Provider Category, 2011.
- * Harriet Ross Individual Achievement Award, 2011. Women in Communications.
- * Living the Mission Award, 2010. Daughters of Charity Services of San Antonio.
- * American Heart Association’s Outstanding Achievement Award, 2005-2006.
- * Nominated by a representative of the Health Care Financing Administration (HCFA)

of the U.S. Department of Health and Human Services for the 1995 National Achievement Award sponsored by the Healthy Mothers, Healthy Babies Coalition for outreach to hard to reach populations.

- * Top honor in the Second Annual Prudential Salute to San Antonio's Good Health Award, 1995.

Publications and Broadcasts

- * Adapted and translated into Spanish the March of Dimes Birth Defect Foundation's "Babies and You" prenatal care instructor's manual. The manual was used to teach the program to the Hispanic community.
- * Completed a Maternal-Child Health Community Needs Assessment for the South Central Chapter of the March of Dimes.
- * Featured on local Spanish radio stations to discuss wellness topics.

Speaker Experience

- * Participated as speaker in several wellness related activities in San Antonio, Austin, Laredo, and Eagle Pass, Texas.
- * Participated as speaker in the Annual Wesley Nurse Symposium. 2008.
- * Participated as a speaker in San Antonio's Second Annual Health Literacy Conference. 2006.
- * Presented numerous sessions about diabetes, prenatal care, and other wellness topics at health fairs and community sites such as churches, schools, community health centers, and senior citizen centers.

Languages

- * Bilingual; can speak, read, and write English and Spanish fluently, regularly called upon to perform duties as translator of health education and promotional materials, and health care related legal forms.
- * Translated into Spanish the nationally recognized Rapid Eating Assessment for Participants-Shortened Version (REAPS) nutrition assessment tool.

Professional and Volunteer Associations

- * American Diabetes Association. Co-Chair Diabetes DEAP Program
- * San Antonio Health Advisory Board (SAHAB). Humana.
- * Serves as an external member in the Texas A&M University – San Antonio Internal Review Board (IRB)
- * Community Health Worker/Promotora Curriculum Advisory Committee. Northwest Vista College. Active member.
- * American Association of Diabetes Educators (AADE). Active member.
- * Texas Public Health Association (TPHA). Active Member.
- * Society of Public Health Educators (SOPHE), Texas Society of Public Health Educators (TSOPHE). Active member.
- * Southside Independent School District Health Advisory Committee. Former member.
- * Palo Alto Community Coalition. Former member.
- * San Antonio Health Literacy Initiative. Former member.
- * American Medical Technologists (AMT). Former member.
- * San Antonio School Health Leadership Institute. American Cancer Society. Former member. 2006-2009.
- * American Heart Association, Hispanic Outreach Task Force. Former member. Chair 2006 - 2007. Vice-Chair 2005 - 2006.
- * American Heart Association, Stroke Task Force. Former member.
- * AVANCE of S.A., Health Advisory Committee. Former member.
- * San Antonio Health Care Partnership. Former member.
- * American Society of Clinical Pathologists (ASAP). Former member.
- * Professional Advisory Committee and Core Team Chair of the Spirit Care Committee for the Daughters of Charity Services of San Antonio. Former member.

- * Board of Directors, San Antonio Parish Nurse Coordinating Center. Former member
- * United States-Mexico Border Health Association. Former member.
- * University System's Family Health Center Southeast Advisory Council. Former member.
- * March of Dimes Birth Defects Foundation. Professional Advisory Committee. Former member.
- * Association of General Practitioners. State of Yucatán, México. Former member.
- * Susan G. Komen Breast Cancer Foundation. Advisory Board. Former member.

References

- * Available upon request.