
Patrick Brady

BACKGROUND INFORMATION

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Business Address: Warrior Resiliency Program
7800 IH-10 West, Suite 300
San Antonio, Tx. 78230

PROFESSIONAL CREDENTIALS

2009 Category III Privileges at Brooke Army Medical Center, NPI# 1568573459
2006 Category III Privileges at Bassett Army Community Hospital
2006 Alabama State License in Psychology, No. 1373
1997 Texas State Board of Marriage and Family Therapists, No. 4702 (inactive, 2007)

EDUCATIONAL HISTORY

Doctor of Psychology Our Lady of the Lake University, San Antonio, Texas
1996-2003 Psy.D. May, 2003

Master of Science Our Lady of the Lake University, San Antonio, Texas
2016-2018 Master of Science in Organizational Leadership

Master of Education University of Missouri, Columbia Missouri
2015-2017 Master of Education with emphasis in Positive Coaching

Master of Arts St. Mary's University, San Antonio, Texas
1992-1994 Master of Arts in Counseling
Area of Concentration: Marriage and Family Therapy
August, 1994

Bachelor of Science Texas A&M University, College Station, Texas
1984-1989 Major: Psychology, December, 1989

Military Honors AND AWARDS

2009 Meritorious Service Medal
2008 Bronze Star Medal, Iraqi Campaign Medal with Star
2007 Combat Action Badge
2006 Army Commendation Medal, Humanitarian Service Medal
2005 Meritorious Service Medal, Meritorious Unit Award,
Army Superior Unit Award, Global War on Terrorism Expeditionary Medal
2004 2 Army Achievement Medals, Certificate of Appreciation from
2nd Medical Brigade, Baghdad, Iraq
2002 Army Achievement Medal

CLINICAL EXPERIENCE AND EMPLOYMENT

- 2018-present** University of Missouri (part time)
Serve as adjunct faculty member teaching graduate level course in an on-line Masters of Education Program in positive coaching. Currently teaching ESCP: Ethics and Sport.
- 2017-present** Purdue Global University
Serve as adjunct faculty member teaching graduate level coursework in an on-line Human Services Masters program. Currently teaching HN 520: Family Resilience Across the Lifespan.
- 2014-present** Adler School of Professional Psychology (part time), Chicago, Illinois

Serve as an adjunct faculty member teaching graduate level coursework as part of an online Military Psychology Masters Program. Courses taught include Military Psychology, Positive Psychology and Resiliency, Psychology of Combat, and Psychological Operations Other than War.
- 2013-present** PESI Continuing Educations Seminars (part time)

Conduct continuing education seminars for behavioral health providers that focus on teaching participants about military culture, evidenced based treatments for PTSD to include other deployment related issues, and the challenges of military families. Over 23 seminars have been conducted across the country.
- Fall 2013-present** Texas A&M University, San Antonio Campus (part time)

Serve as adjunct faculty member teaching an undergraduate military psychology course. The course topics include military history/culture, roles and responsibilities of military psychologists and clinical issues.
- 2009-present** UNITED STATES ARMY, Warrior Resiliency Program, Southern Regional Medical Command/Brooke Army Medical Center, San Antonio, Texas (full time)

As a Government Service employee, serve as Chief of Clinical Services Division. Provide administrative oversight, leadership and supervision to an 18-member Behavioral Health Team with a primary mission to develop psychological interventions to bolster resiliency in soldiers and their families as they continue to face the stresses of multiple world-wide deployments. Manage a Tele-Behavioral Health Clinic comprised of 20 Behavioral Health Providers tasked with providing psychological services to soldiers and their families residing within the Southern Regional Medical Command. Provide psychological services to soldiers and their families at Brooke Army Medical Center. Clinically supervise fellows completing the Trauma, Risk, and Resiliency Fellowship (TRR). Served as interim Training Director of the TRR Fellowship with a primary mission to develop expert-level psychologists in trauma, risk, and resiliency. Prior to being promoted to Division Chief, served as Director of the Community Resiliency Initiative (CRI), a clinical services epidemiological project based at Ft. Hood, Texas that was tasked

with (1) developing a community model of resiliency that will guide commanders in how to develop resilient military communities and (2) creating a behavioral health surveillance system that will provide leaders with actionable intelligence to mitigate behavioral health problems. Supervised and guided the CRI staff, on site at Fort Hood, comprised of an epidemiologist, data analyst, and Licensed Clinical Social Worker.

2006-2009

UNITED STATES ARMY, Bassett Army Community Hospital
Ft. Wainwright, Alaska
Chief, Psychology Service, Department of Behavioral Medicine

As an active duty United States Army Officer, served as Chief of Psychology Service. Provided and ensured the delivery of empirically supported psychological intervention programs to over 30,000 Service Members, retirees, and family members in Alaska. Conducted psychological evaluations and served as an expert witness on Sanity Boards and other court proceedings. Provided consultation services to commanders including command referrals, security and chapter discharge evaluations. Supervised and trained mental health providers and technicians. Provided 24-hour, on-call services on a weekly rotating basis. Over 1000 hours were spent providing emergency consultation and behavioral health services to the Emergency Room. Performed duties on a Department of the Army level Tiger Team assembled to ensure the needs of 172nd Stryker Brigade families were met when the brigade's deployment was extended. Established a school psychology program designed to maximize community support of U.S. Army Soldiers and dependents. Developed and facilitated resiliency groups within area schools designed to teach coping skills to young children of deployed soldiers. Conducted a series of reunion seminars for over 300 dependent spouses awaiting the re-deployment of the 172nd Stryker Brigade from Iraq. Over 400 post deployment screenings were conducted once the brigade re-deployed. Due to receiving deployment orders, this current assignment was interrupted to meet the needs of the Army in Iraq.

March 2007 to June 2008
(15-month deployment)

UNITED STATES ARMY, 4th Brigade, 2nd Infantry Division
(4th Stryker Brigade Combat Team)
Forward Operating Base Warhorse, Iraq
Brigade Behavioral Health Officer

Served as the Brigade Behavioral Health Officer in a multi-functional Brigade Support Battalion of the 4th Brigade, 2nd Infantry Division, forward deployed and in support of combat and counter-insurgency operations around Diyala Province, Iraq. Responsible for providing psychological services for 10,000 Brigade and Coalition Force personnel within the assigned battle space. Served as consultant to Brigade, Battalion, and Company Commanders with regard to the prevention and treatment of psychological conditions. Responsibilities included conducting psychological interventions with personnel, command-directed mental health evaluations, command consultations, combat stress briefings, critical incident debriefings, and unit needs assessments. Trained and supervised one Behavioral Health Officer and five mental health technicians. Established a Brigade Suicide Risk Management Program with a dual purpose of prevention through education/training and treatment of "high risk" soldiers. Assembled a brigade level suicide risk management team that met bi-weekly to identify and monitor the progress of "high risk" soldiers. Provided 24-hour, daily psychiatric emergency services. Devised a computer data base program that identified and

monitored psychological trends within the battalions. Achieved over 3000 mental health related contacts and 400 command consultations.

2002 to 2006

UNITED STATES ARMY, Bayne-Jones Army Community Hospital
Ft. Polk, Louisiana
Chief of Community Mental Health, Deputy Chief, Psychology Service,
Department of Behavioral Medicine

Served as Deputy Chief of Psychology and Chief, Community Mental Health. Provide psychological intervention programs for active duty personnel, retirees and family members. Provided solution focused consultation services to commanders including command referrals, security evaluations and chapter discharge evaluations. Provided emergency mental health services on a weekly rotating basis. Supervised four mental health technicians. Conducted a Patient Satisfaction Study that addressed quality of services provided to active duty members, retirees, and family members. Developed and implemented a Behavioral Health Screening Program for Task Force Care with a mission to assist the soldiers and dependents of the 256th Brigade, Louisiana National Guard following the destruction caused by Hurricane Katrina. Over 4000 soldiers were screened shortly after re-deploying from Iraq. Conducted numerous critical incident debriefings with 10 Air Ambulance Detachment flight crews who completed around the clock search and rescue missions in New Orleans, LA after Hurricane Katrina devastated the city. Due to receiving deployment orders, this assignment was interrupted to meet the needs of the Army in Iraq.

July 2004-July 2005
(12-month deployment)

UNITED STATES ARMY, HHC, 115th Field Hospital (TF MED 115)
Forward Operating Base, Abu Ghraib, Iraq
Deputy Chief, Department of Behavioral Medicine, Chief, Psychology Service,

Served as Deputy Chief, Department of Behavioral Medicine and Chief, Clinical Psychology Service for a 52-bed, forward deployed Field Hospital in support of Operation Iraqi Freedom II/III with a primary mission to restore America's honor after the Abu Ghraib scandal. Provided psychological services to over 1,500 Coalition Forces personnel and 3000 detainees to include combat stress briefings, psychotherapy, command-directed mental health evaluations, command consultations, and Soldier morale assessments. Conducted psychological evaluations, mental health screens, and supportive counseling for detainees. Supervised and trained six mental health technicians and four psychiatric nurses. Provided consultation services to Military Police on the management of inappropriate detainee behavior. Conducted a survey with over 150 Military Police addressing their mental healthcare needs. Established, supervised and participated in a weekly rotating 24 hour on-call emergency psychiatric risk assessment service. Designed and implemented a suicide prevention program to the hospital. Co-authored and implemented behavioral health policies with regard to detention mental healthcare. Co-authored a research article on an unprecedented topic in detainee healthcare.

2001-2002

Walter Reed Army Medical Center
U.S. Army Clinical Psychology Internship Program,
Washington, D.C.
Psychology Resident,

Completed a rigorous clinical psychology training program at a large military medical center. Fulfilled all responsibilities of the clinical rotations including Inpatient Psychology, Neuropsychology, and Military Psychology. Provided psychological support to the hospital including: consultation to specialty medicine clinics, neuropsychology and psychometric assessment of psychiatric and general medical patients, primary care/behavioral health services within the Family Practice Clinic, and treatment with individual, family, and group therapy patients in the Behavioral Medicine Department. Performed 24 hour, hospital administrative officer of the day duties twice a month. Provided psychological trauma services to soldiers, marines, sailors, airmen, and civilians as part of a Special Medical Augmentation Response Team deployed to the Pentagon after the Terrorist Plane Attack.

2000-2001

Brooke Army Medical Center
Civilian Clinical Psychology Internship Program,
Ft. Sam Houston, Texas
Psychology Resident.

Participated in a 12-month civilian, clinical psychology residency that consisted of three, 4-month rotations in Behavioral Health Psychology, Child/Adolescent Psychology, and Military Psychology. Over 2,000 supervised hours of training was accrued. The residency was not completed due to being commissioned as a United States Army Officer and accepting an active duty residency position at Walter Reed Army Medical Center.

June 1999-Sep 1999

Brooke Army Medical Center
Ft. Sam Houston, Texas
Psychology Trainee.

Provided individual therapy for active duty, retirees, and their families. Duties included conducting telephone triages, psychological assessments of patients, treatment planning, implementing interventions, scheduling, and maintaining clinical records. Some of the conditions treated were depression, anxiety, and chronic pain.

November 1996-Aug 1997

San Antonio State Hospital
Adolescent Psychiatric Hospital
San Antonio, Texas
Psychology Trainee.

Conducted psychological evaluations and individual psychotherapy with adolescent patients. Evaluations involved administration and interpretation of intellectual and personality tests. Responsibilities included the maintenance of records, writing reports, and coordinating treatment with other mental health practitioners. Also gave case presentations to a multi-disciplinary treatment team.

January 1996-Aug 1996

Community Counseling Center
Our Lady of the Lake University
San Antonio, Texas
Psychology Trainee.

Provided counseling services to a culturally diverse population of clients. Services included individual, couple, and family counseling. Supervision primarily consisted of “live reflection” teams that occurred during the session. Responsibilities included the maintenance of client records, the collection of fees and scheduling appointments.

1994-1997

Chrysalis Marriage and Family Counseling Center
San Antonio, Texas
Post Masters Marriage and Family Therapy Intern,

Provided counseling services to a culturally diverse population. Individual, couples, and family therapy services were offered. Facilitated four support groups. The four support groups consisted of adolescents who have been sexually abused, adolescents coping with muscular dystrophy diseases, cardiology patients adjusting to defibrillator implants, and recently divorced individuals. Also gave public presentations on topics such as stress management, improving couples' communication, the therapeutic effects of positive thinking, and family life-cycle transitions. Over 1000 direct client contact hours were accrued in which half were couples and families. Post-masters family therapy supervision consisted of both group and individual supervisory sessions. A total of 250 supervisory hours were accumulated.

1993-1994

Family Life Center
St. Mary's University
San Antonio, Texas
Marriage and Family Therapy Intern,

Provided individual, couple, and family therapy services to a multiculturally diverse population of clients. In addition to conducting therapy, my responsibilities consisted of the maintenance of records, booking appointments, and the collection of fees. A caseload of 20 clients was maintained each week. The primary supervisory modality was “live supervision” in which a team of interns and a licensed provider observed the therapy session behind a one-way mirror and provided feedback as the session progressed.

1993-1994

Family Support Program
De Zavala Elementary School
San Antonio, Texas
Marriage and Family Therapy Intern,

Counseling services were provided for children who were experiencing behavioral problems and academic difficulties in school. Services consisted of individual and group therapy. A close working relationship with teachers was utilized to monitor student progress. Responsibilities included maintenance of records and scheduling appointments. A total of 258 treatment contacts were accrued with 85 hours of live supervision.

1991-1992

Liz Karnicki, LPC, and Associates
Beaumont, Texas
Research Assistant

Worked as a research assistant for Liz Karnicki, LPC. Duties included library research, tabulated scores for international adolescent project, and reviewed

writing of contemporary issues related to adult learning and contemporary issues of counseling. I also prepared media materials for presentations and special assignments for acceptance at national and international conferences.

1990-1991

Life Resource, Day Break Youth Hospital
Beaumont, Texas
Mental Health Technician/Caseworker

Performed various patient care activities necessary to ensure the personal needs and comfort of patients was met. Promoted to Caseworker after three months. Responsibilities included directing patients in various therapeutic groups, ensuring that the patients' personal needs were met, staff scheduling, and assisting in the implementation of treatment plans.

Professional Memberships

American Psychological Association
Member 2003, Student Affiliate 1996

American Association of Marriage and Family Therapists
Clinical Member 1997-2006

American Counseling Association
1996-2004

National Board of Certified Clinical Hypnotherapists
1995-2007

Publications

Smith, M.H., & Brady, P.J. (2006) Changing the face of Abu Ghraib through mental health intervention: U.S. Army mental health team conducts debriefing with military police and Iraqi detainees. Military Medicine, 171, 1163-1166.

Brady, P.J. (2003) Exploring the family tapestry: A grounded theory of multicultural awareness. Doctoral dissertation, Our Lady of the Lake University.

Presentations

Tele-Behavioral Health: An Emerging Solution for Addressing the Psychological Needs of Soldiers
American Psychological Association Convention
Orlando, Florida, August 2, 2012

Signs and Symptoms of Combat Stress
4-2 SBCT, FOB Warhorse, Iraq, May 4-7, 2008

Soldiers Save Soldiers: A Practical Approach to Suicide Prevention
Presentation given to 4-2 SBCT Soldiers while deployed to Iraq (April 12-17, 2008) and 115th Field Hospital personnel while deployed to Iraq May 5, 2005 & June 5, 2005.

Exploring the Family Tapestry: A Grounded Theory of Multicultural Awareness

Poster session presentation that reviewed preliminary dissertation findings.
Latino Psychology Conference, November 3, 2000

Mind Over Matter: Using Your Resources to Cope with Stress

Texas Organization of Residential Care Homes, April 28, 1998
KENS Radio Show, July 28, 1997
Barnes & Noble, June 21, 1997 & April 12, 1997
Borders Book Store, April 26, 1997
Book Stop, September 21, 1996

ADHD from a Psychological Perspective

San Antonio State Hospital, Adolescent Unit, March 18, 1998

Introductory Hypnosis Talk

Our Lady of the Lake University, February 11, 1998, November 21, 1997,
October 31, 1997, September 11, 1996 & March 13, 1996

Constructing a Cultural Genogram

Our Lady of the Lake University, January 27, 1998
June 11, 1997 and February 4, 1997

Families in Later Life: Planning for the Future

Cigna Corporation, June 7, 1997

Family Life Cycle Changes: Care for an Elderly Parent

Part of a Seminar given by the Lone Star Coalition for Residential Care
March 28, 1996

The Couple's Rapport Workshop

Chrysalis Marriage and Family Counseling Center, April 22-23, 1995

Therapeutic Effects of Positive Thinking

Prepared for a heart transplant support group at Humana Hospital
Dr. Charles Moore-director of the heart transplant program, January 9, 1995