

**Sabina Remmers de Vries, Ph.D., LPC – S., NCC**

Texas A&M University – San Antonio  
Department of Counseling, Health & Kinesiology  
College of Education and Human Development  
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**A. EDUCATION**

2008

**Doctor of Philosophy  
in Counselor Education and Supervision**

(CACREP Accredited)  
University of Texas at San Antonio  
One UTSA Circle  
San Antonio, Texas 78249

**Dissertation:**

Occurrence of symptoms of PTSD and Complex PTSD in homeless persons and survivors of domestic violence.

2003

**Masters of Arts in Counseling (48 hrs.)**

**Thesis:**

Effects of group counseling courses on student's mental health, self-actualization, and attitude toward seeking professional psychological help: A pilot study. (Thesis Chair: A. E. Hernandez, Ph.D.)

University of Texas at San Antonio

2000

**Bachelor of Art in Psychology**

University of Texas at San Antonio

**B. EMPLOYMENT HISTORY**

**B.1 University Teaching Experience**

09/01/2019 – present **Associate Professor, Texas A&M University – San Antonio**  
Faculty Lead – Research in Counseling; Professional Orientation & Ethics

09/2013 – 08/31/2019 **Assistant Professor, Texas A&M University – San Antonio**  
Faculty Lead – Counseling Research; Counseling Techniques

- 07/2011 – 01/01/2013 **Adjunct Professor, Webster University, San Antonio, Texas**  
Instructed Masters level students in Lifestyle and Career Development; Human Growth and Development; Techniques of Group Counseling.
- 03/2011 – 01/01/2013 **Contributing Faculty, Walden University (CACREP Accredited), Minneapolis, Minnesota**  
Instructed Masters level students Couples and Family Counseling; Crisis, Trauma, and Disaster Response; Career Counseling; Ethics and Legal Issues in Counseling; Research Design; Assessment and Diagnosis; Research and Program Evaluation.
- 01/2010 – 01/01/2013 **Adjunct Professor, Texas A&M University - San Antonio**  
Instructed Masters level students in Group Theory and Process; Counseling Theories; Introduction to Counseling; Ethical and Legal Issues in Counseling; Educational Research; Abnormal Human Behaviors; Materials and Techniques of Career Counseling; Counseling Techniques.

## **B. 2 Clinical Experience**

- 08/2014 – present      National Certified Counselor (611422)
- 02/2009 – present      Licensed Professional Counselor – Approved Supervisor Texas (60338)
- 06/2007 – present      Licensed Professional Counseling (60338)
- 08/2007 – present      **Counselor in Private Practice, San Antonio Texas**  
Provides a wide range of counseling services to individuals, couples, and families. Specializes in trauma work and recovery from domestic violence experiences. Provides clinical supervision for counseling interns seeking licensure. Also offers low cost and pro bono counseling services to low income and homeless clients.
- 10/2008 – 01/2014      **Social Study Evaluator – Bexar Country Bexar County Civil District Court**  
Conducted social study evaluations for the Bexar County Civil District. Provides court testimony in child custody disputes.
- 05/2009 – 03/2010      **Life-Skills Group Facilitator, San Antonio Metropolitan Ministry, San Antonio, Texas**  
Designed curriculum and facilitates weekly life-skills group with focus on conflict resolution at a transitional shelter for homeless families.

- 06/2009 – 09/2009     **Counseling Student Clinical Supervisor, University of Texas at San Antonio, Texas**  
 Provided clinical supervision to counseling students. Monitored as well as assessed counseling students' development during practicum.  
 Supervisor: Albert A. Valadez Ph.D.
- 01/2008 – 05/2008     **Counseling Student Clinical Supervisor, University of Texas at San Antonio, Texas**  
 Provided clinical supervision to counseling students. Monitored as well as assessed counseling students' development during practicum.  
 Supervisor: Albert A. Valadez, Ph.D.
- 01/2004 – 04/2009     **Staff Clinician and Lifeskills Counselor at Community Based Counseling, San Antonio, Texas**  
 Provided lifeskills group counseling, women's support and process groups, psycho-educational groups, couples counseling, and group therapy on a weekly basis to diverse homeless populations residing at the Battered Women's Shelter of San Antonio, San Antonio Metropolitan Ministry (SAMM) Blanco Transitional Shelter, and at Peacock Village Salvation Army Shelter in San Antonio. Provides individual psychotherapy to homeless population at the Battered Women's Shelter of San Antonio, SAMM Blanco Transitional Shelter, SAMM Commerce Shelter, and at the Salvation Army Shelter (Peacock) of San Antonio. Provides expert witness services during court proceedings on behalf of clients. Provided in-service training for shelter staff at SAMM Blanco and SAMM Commerce shelter. Designed and implemented 15-week lifeskills curriculum for shelter residents. Designed SPSS database to track services provided and conducted statistical evaluation for lifeskills grant's Annual Performance Review of over 600 client records.  
 Provided supervision to practicum students at Community Based Counseling.
- 01/2003 – 12/2003     **Counseling Internship at Community Based Counseling/Family Violence Prevention Services, Inc. in San Antonio, Texas**  
 Provided psycho-educational groups, process groups, and life skills training groups to homeless population residing at the Battered Women's Shelter of San Antonio, SAMM Blanco Transitional Shelter, and at the Salvation Army Shelter (Hope Center) of San Antonio. Provided individual psychotherapy to homeless population at the Battered Women's Shelter of San Antonio, SAMM Blanco Transitional Shelter, SAMM Commerce shelter, and at the Salvation Army Shelter (Hope) of San Antonio.  
 Internship Supervisor: Cynthia Hatch, LMSW-ACP

## **Certification and Registry**

Registered Yoga Teacher (RYT-200; ID: 295726)

### **C. TEACHING**

Texas A&M - San Antonio:

EDCG 5323 Group Theory and Process  
EDCG 5311 Counseling Theories  
EDCG 5319 Introduction to Counseling  
EDCG 5315 Ethical and Legal Issues in Counseling  
EDCG 5355 Materials and Techniques of Career Counseling  
EDCG 5327 Abnormal Human Behavior  
EDCG 5335 Human Development Across the Lifespan  
EDCG 5317 Counseling Techniques  
EDCG 5329 Educational Research  
EDCG 5333 Research in Counseling  
EDCG 5356 Field Practicum for Counselors  
EDCG 5326 SpecProb: Psychopharmacology for Counselors  
EDCG 5328 Group Counseling  
EDCG 5342 Counseling Diverse Populations & Military Culture  
EDCG 5359 Advanced Practicum  
EDCG 5341 Guidance Advanced Topic: Psychopharmacology for Counselors  
EDCG 5313 Professional Orientation & Ethics  
EDCG 5360 Clinical Mental Health Practicum  
EDCG 5385 Clinical Mental Health Internship  
EDCG 5336 Abnormal Conditions & Interventions

Walden University (CACREP accredited):

COUN 6726 Couples and Family Counseling  
COUN 6336 Crisis, Trauma, and Disaster Response  
COUN 6753 Career Counseling  
COUN 6306 Ethics and Legal Issues in Counseling  
COUN 6310 Research Design  
COUN 6720 Assessment and Diagnosis  
COUN 6326 Research and Program Evaluation  
COUN 6743 Psychopharmacology

Webster University in San Antonio:

COUN 5700 Lifestyle and Career Development  
COUN 5050 Human Growth and Development  
COUN 5600 Techniques of Group Counseling

- 2008        **Co-instructor**, University of Texas at San Antonio. Course: Practicum in Counseling. Instructor of Record: Heather Trepal, Ph.D.
- 2007        **Co-instructor**, University of Texas at San Antonio. Course: Group Theory and Process. Instructor of Record: Albert A. Valadez, Ph.D.
- 2007        **Co-instructor**, University of Texas at San Antonio. Course: Practicum in Counseling. Instructor of Record: Albert Valadez, Ph.D.
- 2003        **Guest Lecturer**, University of Texas at San Antonio. Course: Introduction to Community Counseling.  
Topic: Homelessness and Domestic Violence

## **D. SCHOLARLY ACTIVITIES**

### **D. 1 National/International Refereed Journal Articles**

- de Vries, S. R., & Gonzales-Wong, C. D. (2025). Professional quality of life of educators during COVID-19: A mixed-methods inquiry. *International Journal of Educational Research Open*, 9, 100467.
- de Vries, S. R., & Gonzales-Wong, C. (2022). Herbal Remedies, over-the-Counter drugs, and dietary supplements: A primer for counselors. *The Professional Counselor*, 12(2), 105-122.
- de Vries, S. R., Juhnke, G. A., Trahan Keene, C. (2018, published July 2019). PTSD, Complex PTSD, and Childhood Abuse: Gender Differences Among a Homeless Sample. *Journal of Social Action in Counseling & Psychology*, 10(2), 2-15.
- Mayorga, M. G., de Vries, S. R., & Wardle, A. (2017). School counselors' wellness behavior and its effect on compassion fatigue, burnout and compassion satisfaction. *Louisiana Journal of Counseling*, 24, 27-34.
- de Vries, S. R., McDonald, D., & Mayorga, M. G. (2017). Utilizing action research to improve counseling education course work for culturally diverse students. *I-Manager's Journal of Educational Psychology*, 11(2), 11-17.
- de Vries, S. R. (2017). Military related PTSD and working with couples in private practice: Emotion focused therapy, psychoeducation, and evolutionary perspective. *VISTAS 2017*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>
- de Vries, S. R., Juhnke, G. A., Valadez, A. A. & Marcus, I. (2016). Addictions Severity Index (ASI) Findings: Implications for Counseling South Texas Homeless Persons. *Journal of Professional Counseling: Practice, Theory, & Research*, 42(2) 2-16.

- Mayorga, M. G., de Vries, S. R., & Wardle, E. A. (2016). Mindfulness behavior and its effects on anxiety. *I-Manager's Journal of Educational Psychology*, 9(4), 1-7.
- Juhnke, G. A., & de Vries, S. R. (2016). Book Review: DSM-5 diagnosis in the schools by Tobin, R. M., & House, A. E. *Journal of Psychoeducational Assessment*, 34(1), 1-3.
- Mayorga, M. G., de Vries, S. R., & Wardle, E. A. (2015). The practice of self-care among counseling students. *I-Manager's Journal of Educational Psychology*, 8(3), 21-28.
- Peters, S. W., Trepal, H. C., de Vries-Kell, S. M., Day, S. W., & Leeth, C. (2010). Victims of domestic violence and front-line workers: A consultation model. *Michigan Journal of Counseling: Research, Teaching and Practice*, 36, 8-14.
- de Vries, S. R. & Valadez, A. A. (2008). Let our voices be heard: Qualitative analysis of an Internet discussion board. *Journal of Creativity in Mental Health*, 3, 383-400.
- de Vries, S. R., & Valadez, A. A. (2007). Counseling Students' Mental health status and attitude toward counseling. *Journal of Professional Counseling: Practice, Theory & Research*, 34 (1&2), 77-87.
- Valadez, A. A., Lumadue, C., Gutierrez, B., & de Vries-Kell, S. M. (2006). Las comadres and adult day care centers: The perceived impact of socialization on physical and mental wellness. *Journal of Aging Studies*, 20 (1), 39-53.
- Valadez, A. A., Lumadue, C., Gutierrez, B., & de Vries-Kell, S. M. (2005). Family caregivers of impoverished Mexican-American elderly women: The perceived impact of adult day care centers. *Families and Society*, 86 (3), 384-393.
- Golden, L., Alamia, J., Baker, R., Chilson, S., Choucroun, P., Cook, K., de Vries-Kell, S., Marbach, C., & Peters, S. (2005). Doc Tales. *The Family Journal*, 20 (10), 1-4.
- de Vries-Kell, S. M. (2003). Effects of group counseling courses on students' mental health, self-actualization, and attitude toward seeking professional help: A pilot study. Unpublished master's thesis, University of Texas at San Antonio, TX.

## **D.2 Non-Refereed Journal Articles**

- de Vries, S. R. (2009, January). Counselor career stories: Meeting the homeless where they are. *Counseling Today*, 14-15.

## **D.3 Refereed Proceedings**

## **D.4 Non-Refereed Proceedings**

## D.5 Books, Chapters, Monographs

- Lenz, A. S., Gonzales-Wong, C. D., & de Vries, S. R. (2024). Experimental designs. In C. Sheperis, J. S. Young, & M. H. Daniels (Eds.), *Counseling research: Quantitative, qualitative, and mixed methods* (3rd ed.). Pearson.
- de Vries, S. R. (2020). Intimate partner violence: Initial interventions. In J. S. Whitman & C. Boyd (Eds.), *Homework assignments and handouts for LGBTQ+ Clients: A mental health and counseling handbook* (1<sup>st</sup> ed., pp. 194-206). Routledge.
- de Vries, S. R. (2019). *Psychopharmacology for Counselors and Social Workers* [Continuing Education Course]. Bridgewater, MA: Western Schools.
- de Vries, S. R. (2017) Empirically validated models. In J. Carlson & S. B. Dermer (Eds.), *The SAGE Encyclopedia of Marriage, Family and Couples Counseling* (532-535). Thousand Oaks, CA: Sage Publications.
- de Vries, S. R., Cook, K., & Mayorga, M. (2016). Emotionally focused career portfolio processing intervention for mature adults. In Killam, W. K., Degges-White, S., & Michel, R. E. (Eds.), *Career Counseling Interventions: Practice with Diverse Clients*. Springer Publishing Company.
- Schutz, P. A., Quijada, P. D., de Vries, S., & Lynde, M. (2010). Emotion in educational contexts. In B. McGaw, P. L. Peterson, & E. Baker (Eds.), *International Encyclopedia of Education, 3rd Edition* (591-596). Oxford: Elsevier Inc.

## D.6 Refereed Presentations

- de Vries, S. R. (2025). Professional Quality of Life of Educators During the COVID-19. Presented at the IAFOR International Conference on Education – Hawaii (IICE2025).
- de Vries, S. R. (2024). Teacher Experiences During the COVID-19 Pandemic: A Qualitative Thematic Analysis. Presented at the Twenty Second Annual Hawaii International Conference on Education.
- de Vries, S. R., & Wong, C. (2022). Professional Quality of Life of Teachers during the COVID-19 Pandemic. Presented at the Twentieth Annual Hawaii International Conference on Education.
- de Vries, S. R., & Wong, C. (2021, May). *Herbal remedies, OTCs, and dietary supplements: What counselors should know*. Presented at the American Counseling Association Annual Conference & Expo, Virtual.
- Wong, C., & de Vries, S. R. (2021, February). *Trends and comparison of women first authorship in counseling journals*. Presented at the Texas Association of Counselor Education and Supervision Mid-Winter Conference, Virtual.

- Wong, C., de Vries, S. R., McDaniel, P. E., & Hinojosa, T. J. (2020, February). *The use of technology in counseling skills assessment*. Presented at the Texas Association of Counselor Education and Supervision Mid-Winter Conference, San Antonio, Texas.
- de Vries, S. R. & McMains, M. (2020). *Herbal remedies, OTCs, and dietary supplements: What counselors should know*. Accepted: American Counseling Association (ACA) Annual Conference & Expo, San Diego, California. \*Conference cancelled due to COVID-19.
- de Vries, S. R. (2019, September). *Professional quality of life of counselors in private practice*. Presented at the Association for Assessment and Research in Counseling (AARC) Conference, San Antonio, Texas.
- Wong, C., de Vries, S. R., McDaniel, P. E., & Hinojosa, T. J. (2019, September). *The use of technology in counseling skills assessment*. Presented at the Association for Assessment and Research in Counseling (AARC), San Antonio, Texas.
- Juhnke, G. A., de Vries, S. R., Kennedy, J. A., Malone, S. L., Caylor, M., McLain, G., & Trahan Keene, C. (2019, September). *The drinking, drugging, and suicide timeline: An assessment to determine substance use behavior and comorbid suicidal ideation-behavior onset and progression*. Presented at the Association for Assessment and Research in Counseling (AARC), San Antonio, Texas.
- de Vries, S. R. & Gonzalez, D. (2019, January). *Ethics and psychopharmacology: How to talk to clients about psychotropic medication*. Presented at the Texas Alamo Region Counseling Association (TARCA), San Antonio, Texas.
- Mayorga, M. G., de Vries, S. R., Wardle, A., & Hicks, J. (2018, December). *Ethics and wellness: It's effect on competency*. Presented at the Hawaii International Conference on Education (HICE), Honolulu, Hawaii.
- de Vries, S. R. (2018, October). *Basic psychopharmacology and antidepressants: How to talk to clients about their psychotropic medications*. Presented at the 2018 Florida Counseling Association Convention – Tampa, Florida.
- de Vries, S. R. (2017, November). *PTSD, evolution, and emotion-focused counseling: Working with military couples in private practice*. Presented at the Texas Counseling Association 61<sup>st</sup> Annual Professional Growth Conference – Galveston, Texas.
- de Vries, S. R. (2017, July). *The intersection of homeless identity, history of alcohol/drug abuse, and interpersonal abuse*. Presented at the European Conference on Psychology & the Behavioral Sciences (ECP), Brighton, United Kingdom/England.
- de Vries, S. R., & Mayorga, M. G. (2017, January). *Utilizing action research to improve counseling education courses: An example*. Presented at the Hawaii International Conference on Education (HICE), Honolulu, Hawaii.



- Mayorga, M. G., de Vries, S. R., & Wardle E. A. (2017, January) *Burnout among the counseling profession: A survey of future professional counselors*. Presented at the Hawaii International Conference on Education (HICE), Honolulu, Hawaii.
- de Vries, S. R. & McMains, M. (2017, January). *Domestic violence/intimate partner violence, children, diversity, and interventions*. Presented at the Texas Alamo Region Counseling Association (TARCA), San Antonio, Texas.
- de Vries, S. R. (2016, October). *Intimate partner violence concerns in Europe and the U.S.: Effective interventions for diverse populations*. Presented at the European Branch of the American Counseling Association (EB-ACA), Geneva, Switzerland.
- de Vries, S. R., & Mayorga, M. G. (2016, October). *Action research: Teaching counseling research to culturally diverse counseling students*. Presented at the Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, Louisiana.
- de Vries, S. R., & Calley, T. (2016, October). *Teaching counseling research to culturally diverse counseling students: Results of an action research study*. Presented at the Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference, Austin, Texas.
- de Vries, S. R. (2016, April). *PTSD and complex PTSD in a sample of homeless people and survivors of domestic violence*. Presented at the American Counseling Association (ACA) Conference & Expo, Montréal, Canada.
- Mayorga, M. G. & de Vries, S. R. (2015, November). *The use of mindfulness activities to improve self-care behavior*. Presented at the Texas Counseling Association (TCA) Conference, Corpus Christi, Texas.
- de Vries, S. R., Mayorga, M. G., & Calley, T. (2015, October). *Teaching counseling research to culturally diverse counseling students: Results of an action research study*. Presented at the Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, Pennsylvania.
- de Vries, S. R. (2015, October). *Behind the label: A holistic approach to addressing lesbian client needs*. Presented at the 56<sup>th</sup> Annual EB-ACA (European Branch of the American Counseling Association), Naples, Italy.
- Mayorga, M. G., de Vries, S. R., & Cook, K. (2015, October). *Implications for counselor wellness behavior among professional counselors*. Presented at the 56<sup>th</sup> Annual EB-ACA (European Branch of the American Counseling Association), Naples, Italy.
- de Vries, S. R. & Mayorga, M. G. (2015, September). *Teaching counseling research to culturally diverse counseling students: Results of an action research study*. Presented at the

American Association for Assessment and Research in Counseling (AARC), Memphis, Tennessee.

de Vries, S. R. & Peters, S. W. (2014, January) *Evolution and neurobiology pertaining to PTSD and other trauma related mental health concerns: Recognizing, understanding, and treating trauma related disorders*. South Texas Counseling Association Winter Workshop.

Cook, K., Mudge, S., Mayorga, M., Hinojosa, T., & de Vries, S. (2014). *Creative activities to help students explore unearned privilege*. American Counseling Association, Honolulu, Hawaii.

Evans, M. P., Atkins, M., Shuler, M., Holcomb, M., Cook, K., Valadez, A., Moyer, M., & de Vries, S. (2008). *Serenity in the sand*. American Counseling Association, Honolulu, Hawaii.

Sullivan, J. R., Hsieh, P., & de Vries-Kell, S. (2006, August). *Sources of stress among college students: An exploratory study*. Poster session presented at the annual meeting of the American Psychological Association, New Orleans, Louisiana.

de Vries-Kell, S., & Juhnke, G. A. *Utilizing a post-trauma, multiple family debriefing model with counseling students in training*. Second Annual Winter Counseling Symposium, Argosy University-Sarasota, Florida, 2005.

Valadez, A., Evans, M., Gutierrez, B., & de Vries-Kell, S. (2004). *Designing and proposing a doctoral program in counselor education: A case study examining process, politics, and ways to avoid pitfalls and roadblocks*. American Counseling Association, Kansas City, Missouri.

## **D.7 Non-refereed Presentations**

## **D.8 Funded Grants**

2019	2019 COEHD Faculty Grant: \$500.00 Project Title: Counselors in Private Practice Professional Quality of Life
2008	Presidential Dissertation Fellowship, University of Texas at San Antonio.
2005 - 2007	Doctoral Fellowship – Ph. D. in Counselor Education and Supervision, University of Texas at San Antonio.
2003	Research/Travel Grant (2003) – University of San Antonio, Texas: Covered travel expenses for the presentation of research paper, at the 2004 American Counseling Association Annual Convention. University of San Antonio, Texas.

- 2003 COEHD Mini-Grant: The Relationships, Interactions, and Perceived Effects of Adult Day Care Centers (ADC) on Mexican American Elderly, Impoverished Women from South Texas. University of San Antonio, Texas.
- 2003 Research Grant: Exploration of Effects of Group Counseling Courses on Student's Mental Health, Self-Actualization, and Attitude Toward Seeking Professional Psychological Help. University of San Antonio, Texas.

#### **D.9 Non-funded Grants**

- 2021 Texas A&M University-San Antonio Research Council: Wong, C. D., de Vries, S. R., & Hinojosa, T. J. (2021). Understanding the Pathways of Latinx First-Generation College Students at an HSI: A Photovoice Study. Not funded.

#### **Other**

Texas A&M Chancellor's Summit on Teacher Education "Success for All: A System-wide Research Collaborative Effort." Austin, Texas, September 29 – October 1, 2013.

#### **Student Mentorship/Presentations**

- de Vries, S. R. & Gonzalez, D. (2019, January). *Ethics and psychopharmacology: How to talk to clients about psychotropic medication*. Presented at the Texas Alamo Region Counseling Association (TARCA), San Antonio, Texas.
- de Vries, S. R. & McMains, M. (January, 2017). *Domestic Violence/Intimate Partner Violence, Children, Diversity, and Interventions*. Texas Alamo Region Counseling Association Annual Winter Conference (TARCA), Texas A&M University – San Antonio, TX.
- Esparza, C. (August, 2015). *American Indian and Alaska Native women: Providing mental health services after sexual assault*. Presented at the Association of Adult Development and Aging (AADA), New York, NY.

#### **Student Research Symposium Sponsorship**

- Miguens, A. (April, 2015). *Mindfulness as a self-care tool*. Presented at the Texas A&M University – San Antonio 1<sup>st</sup> Student Research Symposium.
- Hollingworth, A. (April, 2016). *The medea complex: A one act, the parent as alienator*. Presented at the Texas A&M University – San Antonio 2<sup>nd</sup> Student Research Symposium.
- Gutierrez, A. (May, 2017). *Forgiveness therapy treatment of post-traumatic stress disorder (PTSD)*. Presented at the Texas A&M University – San Antonio 3<sup>rd</sup> Student Research Symposium.

Ramirez, A. (May, 2018). *Post-traumatic stress disorder in adolescents*. Presented at the Texas A&M University – San Antonio 4<sup>th</sup> Annual Student Research Symposium.

Gutierrez, A. (May, 2018). *Student outcries, teachers, violence, and education in America: Can my teacher suffer from post-traumatic stress disorder?* Presented at the Texas A&M University – San Antonio 4<sup>th</sup> Annual Student Research Symposium.

## **E. SERVICE**

### **E.1 Service to the Department**

2025 – 2026	Search Committee Member - Human Services Program faculty
2024 – present	Tevera/Lumivero software faculty lead
2020 – Present	CACREP committee member; CACPREP site visit faculty member (2022)
2020 - 2022	Tenure and Promotion Committee member
2020 – Present	Student Admission Committee member
2019 – Fall	Faculty Search Committee member for assistant/associate professor of Counselor Education and Supervision
2017 – 2023	Lead Faculty, SACSCOC Institutional Effectiveness Plan and Report
2017 – 2018	Chair, Departmental Fitness-to-Practice Committee
2022 – 2024	Chair, Departmental Fitness-to-Practice Committee
2017, Spring	Member, Faculty Search Committee – School Counseling Faculty
2015 – 2016	<p>Program Coordinator Mental Health Counseling &amp; Marriage and Family Programs.</p> <ul style="list-style-type: none"><li>• Develops and submits curriculum changes required for compliance with licensure/certification boards</li><li>• Works with chair to coordinate student recruitment efforts.</li><li>• Coordinates and supervises degree program changes – moving 48-hour Mental Health Counseling program to 60-hour program as required by state licensure requirement.</li><li>• Works closely with advisors and assists with admissions, course transfers, and substitutions.</li><li>• Maintains a list of qualified adjunct faculty.</li><li>• Maintains Lead Faculty models to assure quality adjunct teaching.</li></ul>

	<ul style="list-style-type: none"> <li>• Assists with recruitment, orientation, mentorship, and evaluation of adjunct faculty.</li> <li>• Makes recommendation to the chair for necessary curriculum changes.</li> <li>• Maintains monthly counseling faculty meetings.</li> <li>• Creates and maintains counseling course schedule.</li> </ul>
2014 – 2024	Lead Faculty/Adjunct Point of Contact – Research in Counseling
2018 – 2019	Lead Faculty/Adjunct Point of Contact – Counseling Techniques
2019 – present	Lead Faculty/Adjunct Point of Contact – Professional Orientation & Ethics
2015 June/July	Practicum Handbook Committee member
2014 – 2015	Departmental Fitness to Practice Committee – Committee Member and Chair.
2013 – 2015	Coordinator – Counseling Program Comprehensive Exam <ul style="list-style-type: none"> <li>• moved pencil and paper comprehensive exam to electronic scantron format for quicker scoring and increase of test validity and reliability through use of statistical processes such as item analysis, frequency distribution analysis, and test statistics.</li> <li>• Supervises and administers the Comprehensive Finals for the Counseling Department.</li> <li>• Data entry and analysis of Comprehensive Finals results to inform curricular changes.</li> </ul>
2013 – 2014	Counseling Program Faculty Search Committee Member (three searches)
2013 – 2015	Creekmore Scholarship Committee Member

## **E.2 Service to College**

2024 – present	College Faculty Awards Committee Member
2020 – present	COEHD Tenure and Promotion Review Committee member
2018 – 2019	Strategic Planning Committee member
2018, Spring	Search Committee Member – Director of Career Services
2017 – 2018	COEHD Curriculum Committee Member
2019 – 2021	COEHD Curriculum Committee Member
2016, Summer	Search Committee for four Lecturer & Field, Internship & Clinical Experiences Specialists

2013 – 2015                Bookstore Advisory Committee Member

### **E.3 Service to the University**

2024 – Spring 2025    Faculty Senate ad hoc committee member - Faculty Senate Taskforce  
Chair: Davida Smyth

2021 – 2023                Faculty Senate committee member

2020 – 2021                Secretary, Faculty Senate

2021 – 2023                Faculty Senate Parking & Transportation Committee

2020 – 2023                Faculty Senate Compliance & Grievance Committee member

2020, Summer            Regents Professor Nomination Committee member  
Chair: Akhtar Lodgher

2018 – 2021, Sum        University Library Committee member

2021, Fall – 2024        Chair: University Library Committee

2015 – 2021                Student Research Symposium Committee member

2015 – 2016                Student Rating of Instruction (SRI) Committee member. Tasked with  
refining and improving current SRI data collection procedures.

### **E.4 Service to the Community**

2014 – 2021                Giveanhour.org; Provides pro bono counseling services to veterans and  
their family members.

2007 – present            Private practice: Provide pro bono counseling services for underserved  
and marginalized clients. Supervision of counseling Interns pursuing  
Texas LPC licensure.

08/2003 – 12/2004        Volunteered counseling services at Community Based Counseling/Family  
Violence Prevention Services, Inc., San Antonio, Texas.

03/1991 – 04/1992        Camp Smith (Marine Corps Base, Hawaii) horseback riding instructor for  
Marine Corps MWR Program (Morale Welfare and Recreation).

### **E.5 Service to the Profession**

2024 – present	Editorial Board Member and Reviewer for the Journal of Professional Counseling: Practice, Theory & Research
2020 – 2023	Reviewer for Counseling Outcome and Research in Evaluation
2018 – present	Reviewer for the Journal of Traumatic Stress
2018 – 2019	Board Member at-Large and Scholarship Chair, Texas Alamo Region Counseling Association
2011 – present	Supervision of LPC-Interns accruing hours toward their full LPC license

#### Memberships Professional Organizations:

American Counseling Association (ACA)  
 Chi Sigma Iota – 2005  
 Texas Counseling Association (TCA)  
 American Mental Health Association (AMHA)  
 Association for Creativity in Counseling (ACC)  
 Association for Counselor Education and Supervision (ACES)  
 Association for Assessment and Research in Counseling (AARC)  
 Texas Association for Counselor Education and Supervision (TACES)  
 Counselors for Social Justice Association (CSJ)

#### **Dissertation Committee Member**

Janice April Edralin

*How experienced domestic violence counselors manage their personal reactions toward clients who were victims of domestic violence: A heuristic study.*

St. Mary's University San Antonio, TX – Dissertation Chair: Ray Wooten

#### **HONORS and AWARDS**

Student Recognition Award for Teaching Excellence – Texas A&M University – San Antonio, March 2011

#### **OTHER PROFESSIONAL ACTIVITIES NOT COVERED ABOVE**

2018 – present	Registered Yoga Teacher (RYT-200). Yoga Alliance Registry ID: 295726
2021 – present	Certified Yin Yoga Instructor