



TEXAS A&M UNIVERSITY
SAN ANTONIO

Curriculum Vita

A. Stephen Lenz

Professor and Program Coordinator
Counseling, Health & Kinesiology
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EDUCATION

Ph.D. Counselor Education	2011
M.A. Clinical Psychology	2007
B.A. Psychology	2004
<i>Texas A&M University- Corpus Christi</i>	
M.S. Community Health Promotion	2021
<i>The University of Mississippi</i>	

LICENSURE, CREDENTIALING, AND CERTIFICATION

Licensed Professional Counselor (#63680), Approved Supervisor, Texas
Red Cross Disaster Mental Health Responder

ADVANCED TRAINING

Youth & Adult Mental Health First Aid Instructor (In-Person, Blended, Virtual)
National Council for Mental Wellbeing

Awareness. Interaction. Direction. (A.I.D.), Certified Instructor
The Center for Public Policy and Health

Nonviolent Crisis Intervention, Certified Instructor
Crisis Prevention Institute

Question. Persuade. Refer. (QPR), Certified Gatekeeper, Certified Instructor
Talkable Communities; QPR Institute

Counseling on Access to Lethal Means
Zero Suicide Institute

Cognitive Behavioral Therapy, Essentials, CORE 1, and CORE 2
The Beck Institute

Radically Open Dialectical Behavioral Therapy
Radically Open, Ltd.

Trauma-Focused Cognitive-Behavioral Therapy
The Medical University of South Carolina

Neurofeedback and Quantitative EEG
Stens Corporation

Gottman Method Couples Therapy, Level 1 Clinical Training
The Gottman Institute

Comprehensive Meta-Analysis
Biostat, Inc.

FACULTY APPOINTMENTS

PROFESSOR

Program Coordinator (September 2024-present)
Department Chair (July 2021-2024)
Texas A&M University-San Antonio
Department of Counseling, Health and Kinesiology
Emma Savage-Davis, Ph.D.
Average Teacher Rating = 4.87/5 ($N = 281$)

- Develop and teach courses consistent with the CACREP core and Clinical Mental Health specialization *Standards* for master's level programs
- Integrate web-based technology across courses
- Implement responsive course design and facilitation practices
- Maintain an average teacher quality rating of 4 or higher on a 5-point rating scale
- Leading the counseling programs in the articulation and pursuit of the goals and strategic plan activities;
- Effectively assessing and addressing student needs;
- Communicating effectively with internal and external constituencies;
- Maintaining a productive scholarly profile
- Pursuing and securing external funding to support community engagement and faculty and student support

ASSOCIATE PROFESSOR

August 2019-2021

The University of Mississippi
Department of Leadership and Counselor Education
S. Ryan Neimeyer, PhD
Average Teacher Rating = 4.80 out of 5

- Develop and teach courses in CACREP core and Clinical Mental Health specialization areas at the master's and doctoral levels
- Integrate web-based technology across courses
- Maintain an average teacher quality rating of 4 or higher on a 5-point rating scale
- Maintain an active and productive research agenda with publication target in ACA journals. Meet expectation of 2 -3 peer-reviewed publications annually
- Pursue external and intramural funding opportunities to support research and student development
- Maintain active role in department service requirements and program activities
- Provide mentoring and support of master's and doctoral students

ASSOCIATE PROFESSOR with Tenure

September 2017-August 2019

ASSISTANT PROFESSOR (Advanced, Tenure-track)

August 2014-2017

Clinical Mental Health Counseling Program Coordinator
Admissions Coordinator (Master's)
Texas A&M University- Corpus Christi
Department of Counseling and Educational Research
Robert L. Smith, Ph.D., ACA Fellow
Average Teacher Rating = 4.78 out of 5 ($N = 292$)

- Develop and teach courses in CACREP core and Clinical Mental Health specialization areas at the master's and doctoral levels
- Integrate web-based technology across courses
- Maintain an average teacher quality rating of 4 or higher on a 5-point rating scale
- Maintain an active and productive research agenda with publication target in ACA journals. Meet expectation of 2 -3 peer-reviewed publications annually
- Pursue external and intramural funding opportunities to support research and student development
- Maintain active role in department service requirements and retention committee
- Provide mentoring and support of master's and doctoral students

ASSISTANT PROFESSOR (Tenure-track)

August 2011- August 2014

Clinical Mental Health Counseling Program Coordinator

(2013 and 2014)

The University of Memphis

Department of Counseling, Educational Psychology, & Research

Douglas Strohmer, Ph.D., CRC, APA Fellow

Average Teacher Rating = 4.74 out of 5 ($N = 110$)

- Develop and teach courses in CACREP core and Clinical Mental Health specialization areas at the master's and doctoral levels
- Maintain an average teacher quality rating of 4 or higher on a 5-point rating scale
- Maintain an active and productive research agenda with publication target in ACA journals. Meet expectation of 2 -3 peer-reviewed publications annually
- Pursue external and intramural funding opportunities to support research and student development
- Maintain active role in department service requirements and retention committee
- Provide mentoring and support of master's and doctoral students
- Timely and accurate academic advising, guidance, and support

TEACHING EXPERIENCE

COURSES TAUGHT

CACREP Master's Core Courses

Clinical Mental Health Practicum (master's)	Fall 2011
Clinical Mental Health Internship (master's)	Spring 2012, 2016, 2017
Clinical Mental Health Strategies (master's)	Spring 2015, Summer 2015
Clinical Techniques (master's)	Fall 2011
	Spring, Summer, & Fall 2012
	Spring, Summer, & Fall 2013
	Spring 2014
Counseling Assessment	Summer 2021, Spring 2022
Counseling Research (master's)	Fall 2024, 2025; Spring 2025, 2026
Diagnostic Systems	Spring 2020
Ethics & Legal Issues in Counseling	Summer 2016
Foundations of Counseling (master's)	Fall 2012
Foundations of CMH Counseling (master's)	Fall 2020

Group Counseling (master's)	Summer 2012, Summer 2015 & 2016
Introduction to Educational Statistics	Fall 2020
Professional Orientation & Ethics	Fall 2022
Psychodiagnosis and Intervention	Fall 2014, 2015, 2016, 2017 Spring 2015, 2019, 2020
Psychometrics	Spring 2016
Theories of Counseling and Psychotherapy	Spring 2013, 2014, 2023, Fall 2023

Other Master's-Level Courses

Applications of Cognitive-Behavioral Therapy	Summer 2013, 2014
Counseling for Holistic Wellness	Summer 2015, 2020
Crisis Intervention	Winter 2020, 2021; Summer 2025
Family Counseling with Children & Adolescents	Summer 2015
Motivational Interviewing	Summer 2025
Stress Management & Wellness for Professional Counselors	Summer 2022, Spring 2023
Wellness and Self-Care for Counseling Professionals	Fall 2025

Doctoral-Level Courses

Advanced Assessment & Evaluation	Spring 2020
Advanced Statistics	Fall 2020, Spring 2019, 2020, Summer 2020, 2021
Clinical Supervision	Spring 2020
Educational Research	Summer 2020
Inferential Statistics for Nursing Practice	Spring 2017, Summer 2018, 2019, 2020, 2021
Professional Issues in Counselor Education	Spring 2021
Systematic Reviews and Research Synthesis	Fall 2015, 2020
Seminar in Counseling Research	Fall 2013
Supervision of Counseling Services	Fall 2020
Advanced Internship in Counseling	Summer 2012
Advanced Theories of Counseling	Fall 2014, 2015, 2016, 2017, 2018, 2019
Advanced Applications of Statistics	Spring 2018, 2019

SCHOLARSHIP

BOOKS

5. **Lenz, A. S., & Johnson, K. F.** (in press). *Counseling through community conditions: Integrating the social determinants of mental health across practice settings*. American Counseling Association.
4. Barrio Minton, C. A., & **Lenz, A. S.** (2026). *Applied research and program evaluation for counselors* (2nd ed.). Routledge.
3. **Lenz, A. S., & Flamez, B.** (2021). *Practical approaches to clinical supervision across settings*. Pearson Education, Inc.
2. Barrio Minton, C. A., & **Lenz, A. S.** (2019). *Applied research and program evaluation for*

helping professionals. Routledge.

1. Flamez, B., **Lenz, A. S.**, Balkin, R. S., & Smith, R. L. (2017). *A counselor's guide to the dissertation process: Where to start and how to finish*. American Counseling Association.

PEER-REVIEWED JOURNAL PUBLICATIONS

122. **Lenz, A. S.**, Holm, J., Gonzales-Wong, C. D. (in press). Differential associations between relational health and mental health among civilian and military-affiliated samples reporting moral injury. *Journal of Counseling and Development*.
121. **Lenz, A. S.**, Rodriguez, G., & Guerrero Kurz, I. (2026). Posttraumatic stress disorder in youth. *ACA Practice Briefs*. <https://www.counseling.org/resources/practice-briefs>
120. Kalkbrenner, M., & **Lenz, A. S.** (2026). A step-by-step tutorial to conducting and interpreting measurement invariance testing for counselors and assessment professionals. *Measurement and Evaluation in Counseling and Development*, 59(3), 346-361. <https://doi.org/10.1080/07481756.2025.2595033>
119. **Lenz, A. S.**, & Hollenbaugh, K. M. H. (2026). Effectiveness of trauma-focused cognitive behavioral therapy for treating PTSD and co-occurring depression: A meta-analytic update of experimental studies. *Journal of Counseling and Development*, 104(2), 214-231. <http://doi.org/10.1002/jcad.70022>
118. **Lenz, A. S.**, Haktanir, A., & Flores, D. (2026). Statistical power, reliability, and model assumptions in multiple linear regression: Assessing and addressing common issues. *Measurement and Evaluation in Counseling and Development*, 59(1), 94-107. <https://doi.org/10.1080/07481756.2025.2589207>
117. Moyer, M. S., **Lenz, A. S.**, Gonzales Wong, C., & Rodriguez, G. (2025). A meta-analysis of virtual reality interventions for reducing the symptoms of anxiety. *Counseling Outcome Research and Evaluation*, 16(2), 124-142. <https://doi.org/10.1080/21501378.2024.2438952>
116. Pester Boyd, D. A., Nice, M., Hays, D. G., & **Lenz, A. S.** (2025). Best practices for associational advocacy in the counseling profession: A grounded theory investigation. *Journal of Counseling and Development*, 103(2), 215-228. <http://doi.org/10.1002/jcad.12549>
115. McKibben, W. B., **Lenz, A. S.**, & Alvero, A. (2025). A meta-analysis of the association between the Hold Me Tight Program and couples' relationship adjustment. *Counseling Research and Evaluation*, 16(1), 77-91. <https://doi.org/10.1080/21501378.2024.2413052>
114. Luo, A., Stice, B. L., & **Lenz, A. S.** (2025). Mental health apps for depression: A meta-

Analysis. *Journal of Counseling and Development* 103(1), 23-38.
<http://doi.org/10.1002/jcad.12535>

113. **Lenz, A. S.**, Smith, C., & Meegan, A. (2024). A reliability generalization meta-analysis of scores on the Professional Quality of Life (ProQOL) Scale across sample characteristics, 57(4), 403-417. *Measurement and Evaluation in Counseling and Development*. <https://doi.org/10.1080/07481756.2024.2320154>
112. Haktanir, A., **Lenz, A. S.**, & Kurnaz, M. F. (2024). Reliability generalization meta-analysis of the Child PTSD Symptom Scale for DSM-V (CPSS-5). *Measurement and Evaluation in Counseling and Development*, 57(2), 186-198.
<https://doi.org/10.1080/07481756.2024.2318552>
111. **Lenz, A. S.**, Pester, D. A., Tran, K., Buckwalter, K., Green, K., & Reed, D. (2024). A non-inferiority evaluation of standard and abbreviated developmental trauma and adjustment programming for adopted and foster youth in residential care. *Residential Treatment for Children & Youth*, 42(2), 214-232.
<https://doi.org/10.1080/0886571X.2023.2224127>
110. Line, A. V, **Lenz, A. S.**, Warwick, L., Branch, M. L., & Lemberger-Truelove, M. E. (2024). A meta-analysis of parent-inclusive child therapy interventions for decreasing symptomatology. *Clinical Psychology: Science and Practice*, 31(1), 62–77.
<https://doi.org/10.1037/cps0000180>
109. Cade, R. & **Lenz, A. S.** (2024). A comparative analysis of counselors' right to test over time. *Journal of Counseling and Development*, 102(1), 119-130.
<https://doi.org/10.1002/jcad.12491>
108. Litam, S. D. A., & **Lenz, A. S.** (2023). Evidence for gender differences in depression, sexual attitudes, and impulsivity as predictors of breaking shelter-in-place orders for sex during the SARS-COV-2 pandemic. *Archives of Sexual Behavior*, 52(6), 2527-2538.
<https://doi.org/10.1007/s10508-023-02609-3>
107. Warwick, L. A., **Lenz, A. S.**, Branch, M. L., & Lemberger-Truelove, M. E. (2023). A meta-analysis of common factors in child therapy interventions. *Journal of Child and Adolescent Counseling*, 9(2), 170–191. <https://doi.org/10.1080/23727810.2023.2215157>
106. **Lenz, A. S.**, & Lemberger-Truelove, M. E. (2023). The social determinants of mental health and professional counseling: A call to action. *Journal of Counseling and Development*, 101(4), 375-380. <https://doi.org/10.1002/jcad.12489>
105. **Lenz, A. S.**, & Litam, S. D. A. (2023). Integrating the social determinants of mental health into case conceptualization and treatment planning. *Journal of Counseling and Development*, 101(4), 416-428. <https://doi.org/10.1002/jcad.12487>
104. Mason, S. K., Ragan, M., Gilbert, S., & **Lenz, A. S.** (2023). Social determinants of

- mental health: Implications for measurement, research, and evaluation. *Journal of Counseling and Development*, 101(4), 440-448. <https://doi.org/10.1002/jcad.12490>
103. Pester, D. A., **Lenz, A. S.**, Buckwalter, K., Green, K., Reed, D., & Dobbs, C. (2023). Evaluation of Developmental Trauma and Attachment Program for decreasing disruptive behavior among adolescents in a residential setting. *Counseling Outcome Research and Evaluation*, 14(2), 108-121. <https://doi.org/10.1080/21501378.2022.2065974>
 102. Rocha, L., & **Lenz, A. S.** (2023). Reliability generalization analysis of the Short Grit Scale Reliability across various demographics. *Counseling Outcome Research and Evaluation*, 14(2), 122-135 . <https://doi.org/10.1080/21501378.2022.2065975>
 101. **Lenz, A. S.**, & Watson, J. C. (2023). A mixed methods evaluation of an integrated primary and behavioral health training program for counseling students. *Counseling Outcome Research and Evaluation*, 14(1), 28-42. <https://doi.org/10.1080/21501378.2022.2063713>
 100. **Lenz, A. S.**, Burgess, M., & Li, C. (2023). Psychometric evidence and measurement invariance for Georgia Brief School Climate Inventory scores from a predominately Hispanic rurally-located sample. *Measurement and Evaluation in Counseling and Development*, 56(1), 1-12. <https://doi.org/10.1080/07481756.2021.2018659>
 99. McKibben, W. B., **Lenz, A. S.**, & Sheperis, D. (2023). Meta-analysis of supervisee attachment strategies and the supervisory relationship. *Journal of Counseling and Development*, 101(3), 323-333. <https://doi.org/10.1002/jcad.12476>
 98. Ragan, M., Melvin, O., Mason, S. K., **Lenz, A. S.**, Calnin, G., & House, K. (2023). A preliminary evaluation of facilitators and barriers when implementing the Dehong Education Strategy for Bilingual and Bicultural Education. *Research Journal: International Education in Theory and Practice*, 9, 39-52.
 97. **Lenz, A. S.**, Ault, H., Balkin, R. S., Barrio Minton, C., Erford, B. T., Hays, D. G., Kim, B. S. K., & Li, C. (2022). Responsibilities of Users of Standardized Tests, Fourth Edition. *Measurement and Evaluation in Counseling and Development*, 55(4), 227-235. <https://doi.org/10.1080/07481756.2022.2052321>
 96. Schmidt, C., **Lenz, A. S.**, & Oliver, M. (2022). Effectiveness of TF-CBT with sex trafficking victims in a secure post-adjudication facility. *Journal of Counseling and Development*, 100(4), 399-411. <https://doi.org/10.1002/jcad.12438>
 95. **Lenz, A. S.**, Del Conte, G., Douglas, C., Crenshaw, A., Dobbs, C., Stogner, E. C., & Williford, V. (2022). A pre-experimental evaluation of treatment gains associated with a DBT-A partial hospitalization program. *Journal of Counseling and Development*, 100(2), 146-156. <https://doi.org/10.1002/jcad.12416>
 94. Russo, G. M., Balkin, R. S., & **Lenz, A. S.** (2022). A meta-analysis of neurofeedback for treating anxiety-spectrum disorders. *Journal of Counseling & Development*, 100(3), 236–

251. <https://doi.org/10.1002/jcad.12424>
93. **Lenz, A. S.**, Buckwalter, K., Pester, D. A., Reed, D., Green, K. (2022). Efficacy of the Developmental Trauma and Attachment Program in a residential setting. *Journal of Counseling and Development*, 100(3), 227-235. <https://doi.org/10.1002/jcad.12419>
92. **Lenz, A. S.**, & Li, C. (2022). Evidence for measurement invariance and psychometric reliability for scores on the PHQ-4 from a rural and predominately Hispanic community. *Measurement and Evaluation in Counseling and Development*, 55(1), 17-29. <https://doi.org/10.1080/07481756.2021.1906157>
91. Balkin, R. S., **Lenz, A. S.**, Russo, G. M., Powell, B. W., & Gregory, H. (2022). Effectiveness of EMDR for decreasing symptoms of over-arousal: A meta-analysis. *Journal of Counseling and Development*, 100(2), 115-122. <https://doi.org/10.1002/jcad.12418>
90. Litam, S. D. A., & **Lenz, A. S.** (2022). Protective effects of relationship status and attachment style during COVID-19. *Journal of Counseling & Development*, 100(2), 194-204. <https://doi.org/10.1002/jcad.12410>
89. **Lenz, A. S.**, Del Conte, G., Douglas, C., Crenshaw, A., Dobbs, C., Stogner, E. C., & Williford, V. (2022). A pre-experimental evaluation of treatment gains associated with a DBT-A partial hospitalization program. *Journal of Counseling and Development*, 100(2), 146-156. <https://doi.org/10.1002/jcad.12416>
88. Schmit, M. K., Schmit, E. L., **Lenz, A. S.**, Hawkins, J., Silveus, S. A., & Chuyou-Campbell, C. (2022). Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship adjustment. *Counseling Outcome Research & Evaluation*, 13(1), 57-71. <https://doi.org/10.1080/21501378.2020.1796481>
87. **Lenz, A. S.**, James, P., Stewart, C., Simic, M., Hempel, R., & Carr, S. (2021). A preliminary validation of the Youth Over- and Under-Control (YOU-C) Screening Measure with a community sample. *International Journal for the Advancement of Counselling*, 43, 489–503. <https://doi.org/10.1007/s10447-021-09439-9>
86. Tucker, C., Schieffer, K., **Lenz, A. S.**, & Munger, K. (2021). Sunshine Circles: Randomized controlled trial of an attachment-based play group with at-risk preschool students. *Journal of Child and Adolescent Counseling*, 7(3), 161-175. <https://doi.org/10.1080/23727810.2021.1940658>
85. **Lenz, A. S.**, Bledsoe, K. G., & Placeres, V. (2021). Positive psychology characteristics as predictors of school climate among Hispanic/Latino students. *Professional School Counseling*, 25(1), 1-10. <https://doi.org/10.1177/2156759X211018659>
84. Luo, Y., Watson, J., & **Lenz, A. S.** (2021). Development and initial validation of a Social

- Media Identity Distress Scale. *Measurement and Evaluation in Counseling and Development*, 54(3), 141-155. <https://doi.org/10.1080/07481756.2020.1827435>
83. Can, N., Haktinir, K., **Lenz, A. S.**, & Watson, J. C. (2021). Development and evaluation of a Turkish language version of the Relational Health Indices. *International Journal of Assessment Tools in Education*, 8(4), 775-784. <https://doi.org/10.21449/ijate.723335>
 82. **Lenz, A. S.**, Ho, C. M., Rocha, L., & Aras, Y. R. (2021). Reliability generalization of scores on the Posttraumatic Growth Inventory. *Measurement and Evaluation in Counseling and Development*, 54(2), 106-119. <https://doi.org/10.1080/07481756.2020.1747940>
 81. Balkin, R. S., & **Lenz, A. S.** (2021). Contemporary issues in reporting statistical, practical, and clinical significance in counseling research. *Journal of Counseling & Development*, 99(2), 227-237. <https://doi.org/10.1002/jcad.12370>
 80. **Lenz, A. S.**, Rocha, L., & Aras, Y. (2021). Measuring school climate: A systematic review of initial methodological studies. *International Journal for the Advancement of Counselling*, 43, 48-62. <https://doi.org/10.1007/s10447-020-09415-9>
 79. Bledsoe, K. G., **Lenz, A. S.**, & Placeres, V. (2021). Mental health symptoms as predictors of school climate of middle school Latino/Hispanic students. *Journal of Child and Adolescent Counseling*, 7(1), 13-25. <https://doi.org/10.1080/23727810.2020.1835412>
 78. **Lenz, A. S.** (2021). Evidence for relationships between hope, resilience, and mental health among youth. *Journal of Counseling and Development*, 99(1), 96-103. <https://doi.org/10.1002/jcad.12357>
 77. **Lenz, A. S.** (2020). Estimating and reporting clinical significance in counseling research: Inferences based on percent improvement. *Measurement and Evaluation in Counseling and Development*, 53(4), 289-296. <https://doi.org/10.1080/07481756.2020.1784758>
 76. Watson, J. C., & **Lenz, A. S.** (2020). Development and evaluation of the Inventory for New College Student Adjustment. *Journal of College Student Retention: Research, Theory & Practice*, 22(3), 425-440. <https://doi.org/10.1177/1521025118759755>
 75. Cavazos Vela, J., **Lenz, A. S.**, Lerma, E., Guardiola, R., & Cavazos, M. (2020). Exploring the relationship among teacher support, advanced placement coursework, and Latina/o students' college and career self-efficacy. *Journal of Latinos and Education*, 19(4), 355-367. <https://doi.org/10.1080/15348431.2018.1531760>
 74. Pester, D., **Lenz, A. S.**, & Watson, J. C. (2020). The development and evaluation of the Intersectional Privilege Screening Inventory. *Counselor Education and Supervision*, 59, 112-128. <https://doi.org/10.1002/ceas.12170>
 73. **Lenz, A. S.**, Gerlach, J., Dell'Aquila, J., & Pester, D. (2020). A mixed-methodological

- evaluation of a subjective well-being intervention program with elementary-aged students. *Journal of Counseling and Development*, 98, 200-206.
<https://doi.org/10.1002/j.1556-6676.2014.00000.x>
72. Hollenbaugh, K. M., **Lenz, A. S.**, Mincey, K.A., Dyurich, A. (2020). Preliminary analysis of the effectiveness of self-injury treatments for adolescents. *Journal of Child and Adolescent Counseling*, 6, 54-69. <https://doi.org/10.1080/23727810.2019.1686324>.
 71. **Lenz, A. S.**, Heins, K., & Faucher, A. (2019). Effectiveness of Cognitive Behavior Therapy for chronic pain among veterans. *Journal of Military and Government Counseling*, 7(3), 1-21.
 70. Rocha, L., **Lenz, A. S.**, & Aras, Y. (2019). Measuring school climate among Spanish-Speaking students: A systematic review of primary methodological studies. *Hispanic Journal of Behavioral Sciences*, 41, 464-480.
<https://doi.org/10.1177/0739986319880224>
 69. Pester, D., **Lenz, A. S.**, & Dell'Aquila, J. A. (2019). Meta-analysis of single-case evaluations of child-centered play therapy for treating mental health symptoms. *International Journal for Play Therapy*, 28, 144-156. <https://doi.org/10.1037/pla0000098>
 68. Balkin, R. S., **Lenz, A. S.**, Dell'Aquila, J., Gregory, H., Rines, M., & Swinford, K. (2019). Meta-analysis of integrated primary and behavioral healthcare interventions for treating substance use among adults. *Journal of Addictions and Offender Counseling*, 40, 84-95.
<https://doi.org/10.1002/jaoc.12067>
 67. **Lenz, A. S.**, & Luo, Y. (2019). Differential treatment effect estimations between clinician-administered and self-reported PTSD assessments. *Journal of Counseling and Development*, 97, 3-14. <https://doi.org/10.1002/jcad.12230>
 66. **Lenz, A. S.**, Blount, A. J., & Norris, C. A. (2018). A multi-method synthesis of studies evaluating wellness-informed approaches to counselor supervision. *The Clinical Supervisor*, 37, 339-359. <https://doi.org/10.1080/07325223.2018.1507858>
 65. Karaman, M.A., Chandrika Kumaran, A., Haktanir, A., & **Lenz, A. S.** (2018). Predictors of counselor-in-training students' general self-efficacy. *Mediterranean Journal of Educational Research*, 12, 136-149. <https://doi.org/10.29329/mjer.2018.153.8>.
 64. **Lenz, A. S.**, Dell'Aquila, J., & Balkin, R. S. (2018). Effectiveness of integrated primary and behavioral healthcare. *Journal of Mental Health Counseling*, 40, 249-265.
<https://doi.org/10.17744/mehc.40.3.06>
 63. Callender, K., & **Lenz, A. S.** (2018). Implications for wellness-based supervision and professional quality of life. *Journal of Counseling and Development*, 96, 436-448.
<https://doi.org/10.1002/jcad.12225>

62. Hollenbaugh, M. K. H., & Lenz, A. S. (2018). An examination of the effectiveness of dialectical behavior therapy skills groups. *Journal of Counseling and Development*, 96, 233-242. <https://doi.org/10.1002/jcad.12198>
61. Lenz, A. S., Watson, J. C., Luo, Y., Norris, C., & Nkyi, A. (2018). Cross-cultural validation of four positive psychology assessments for use with a Ghanaian population. *Journal for International Advancement of Counseling*, 40, 148-161. <https://doi.org/10.1007/s10447-017-9317-8>
60. Pester, D., Lenz, A. S., Watson, J. C., Dell'Aquila, J., & Nyki, A. (2018). Evidence for use of a psychometric Instrument of New College Student Adjustment with Ghanaian students: Implications for globalization of professional counseling. *The Professional Counselor*, 8(1), 11-20. <https://doi.org/10.15241/dp.8.1.11>
59. Lenz, A. S., & Del Conte, G. (2018). Efficacy of DBT-A among adolescents in a partial hospitalization program. *Journal of Counseling and Development*, 96, 15-26. <https://doi.org/10.1002/jcad.12174>
58. Lenz, A. S., & Oliver, M. (2018). Predictive associations between characteristic family processes and emergent protective factors. *The Family Journal: Counseling and Therapy for Couples and Families*, 26, 40-47. <https://doi.org/10.1177/1066480717731343>
57. Hollenbaugh, M. H., & Lenz, A. S. (2018). Preliminary evidence for the effectiveness of dialectical behavior therapy for adolescents. *Journal of Counseling and Development*, 96, 119-131. <https://doi.org/10.1002/jcad.12186>
56. Ikonopoulou, J., Lenz, A. S., Guardiola, R., Aguilar, A. (2017). Evidence for the factor structure for the Outcome Questionnaire 45.2 within a Mexican-American population. *Journal of Professional Counseling*, 44, 16-31.
55. Lenz, A. S., Soler Gomez, I., Dell'Aquila, J., & Uribe, P. (2017). Translation and cross-cultural adaptation of assessments for use in counseling research. *Measurement and Evaluation in Counseling and Development*, 50, 224-231. <https://doi.org/10.1080/07481756.2017.1320947>
54. Howe, T. D., Lenz, A. S., & Oliver, M. (2017). Phenomenological evaluation of a career transition assistance program for military veteran college students. *Journal of Military and Government Counseling*, 5, 254-270.
54. Bailey Smith, L., Lenz, A. S., & Strohmer, D. (2017). Differential prediction of resilience among individuals with and without a history of abuse. *Counseling and Values*, 62, 106-122. <https://doi.org/10.1002/cvj.12052>
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PROFESSIONAL COUNSELING IDENTITY

Crisis and Disaster Responder

July 2025 – present

American Red Cross; Hill Country Counseling Association

- Provide short-term, strengths-based crisis support to disaster survivors and relief workers
- Provide targeted support and psychoeducation to help clients utilize effective coping mechanisms during the traumatic early stages of a crisis
- Identify individuals with severe traumatic stress, functional needs, or those in immediate danger, and facilitate necessary medical or community referrals
- Deliver small group crisis debriefing services to crisis workforce personnel and first responders to prevent burnout and mitigate traumatic stress

Counselor in Private Practice

August 2017 – July 2018

- Provide assessment and evaluation services to clients
- Provide individual and family counseling services using a manualized cognitive behavioral therapy framework as part of a program of juvenile probation
- Document and submit therapeutic activities within client records
- Communicate with Probation Officers and Assistant District Attorneys as needed related to client progress with treatment goals.

Counselor in Private Practice

February 2017 – July 2017

South Texas Counseling Services

Corpus Christi, Texas

- Provide assessment and evaluation services to clients of STCS

- Provide individual and group counseling services using a manualized cognitive behavioral therapy framework as part of an outpatient program
- Assist in other duties related to the business operation of practice including scheduling clients and overseeing payments of the clinical services provided
- Document and submit billing to third party payers

Adolescent and Family Counselor

January 2013 – August 2014

The Transformation Center – Intensive Outpatient Program

Memphis, Tennessee

Nancy Johnson, Ed.D., Licensed Professional Counselor-MHSP

- Provide individual and group counseling services to adolescents with eating disorders using a manualized cognitive behavioral therapy and relational-cultural therapy framework as part of an intensive outpatient program
- Contribute to weekly consultation with interdisciplinary staff
- Document and submit billing to third party payers
- Supervision and training of doctoral and master's level students completing internship hours at The Transformation Center

Clinical Director & Lead Counselor

August 2010- July 2011

MHMR of Nueces County- Turning Point Project

Corpus Christi, Texas

Jeanne Wallace, LMSW

- Management and facilitation of activities to meet requirements of external funding sources including tracking target outcomes, financial management, and reporting to stakeholders
- Facilitate peer to peer group counseling services to servicemen returning from Operations Enduring Freedom and Iraqi Freedom
- Provide individual, couples, family and group counseling services to persons that have been victims of crime or experienced a traumatic event
- Provide regular supervision and training of graduate and post-graduate students earning hours for curricular requirements or licensure and certification.
- Provide training on intake, diagnostic, record keeping, and intervention strategies
- Engage in community outreach and education activities
- Establish and maintain community partnerships that are congruent with the mission of the Other Victim Assistance Grant and Veteran's Incentive Program funding sources
- Provided evaluative and gate keeping consultation service to university departments and licensure board

Counseling & Training Clinic Director

August 2009- May 2011

Texas A&M University- Corpus Christi

Community Counseling Clinic

Corpus Christ, Texas

Marvarene Oliver, PhD.

- Provide regular individual and group supervision to practicum and internship students
- Provide theoretical training, modeling, and evaluation of practice

- Develop and deliver training agendas to meet supervisee needs
- Establish and maintain community partnerships
- Provide evaluative and gate keeping consultation service to department
- Recruit and coordinate placement of internship and practicum students

Family, Adolescent & Youth Counselor

May 2008- August 2010

MHMR of Nueces County- Youth Services

Corpus Christi, Texas

Charles Smith, PhD.

- Conduct diagnostic interviews and coordination of admission services
- Conduct mental health crisis and suicide assessment, intervention, and postvention services
- Provide approved Cognitive-Behavioral Therapy, Solution Focused Therapy and Narrative Therapy counseling services with children, adolescents, families and groups
- Provide a minimum of 65 hours of billed services to clients and client families
- Provide mental health assessments for Nueces County Juvenile Detention facilities
- Document and submit billing to third party payers
- Provide unit trainings to case management staff
- Provide weekly supervision of case management staff

Case Manager

May 2007- April 2008

MHMR of Nueces County- Youth Services

Corpus Christi, Texas

America Leal, M.S.W.

- Provide intensive case management assessment services using the strengths-based Wraparound Model for community intervention
- Provide a minimum of 70 billable hours of rehabilitative skills training to children, adolescents, and families with externalizing mental health disorders
- Mental health crisis intervention and coordination
- Identifying, referring, and linking to community resources

Crisis Therapist

August 2006- May 2007

Turning Point Project- Community Counseling Clinic

Corpus Christi, Texas

Tommie Villegas, Ed.D., LPC, Approved Supervisor

- Providing individual trauma, crisis intervention and postvention services
- Facilitating community-based support groups

Research Assistant

August 2005- May 2007

Texas A&M University- Corpus Christi

Cognitive Psychology Lab

Paul Merritt, PhD.

- Design of moderately complex cognitive psychology experiments
- Data collection and analysis for moderately complex quasi-experimental research investigating relationships between hormones and cognitive functions

- Presentation of results to department and professional organizations
- Participant recruitment and scheduling
- Cognitive assessment lecturing duties to undergraduate psychology courses

Psychological Intern

August 2003- May 2004

Driscoll Children's Hospital, Outpatient Behavioral Clinic

Corpus Christi, Texas

Thomas Graf, PhD.

- Clinical interviewing with children and families
- Administering and scoring minimally to moderately complex cognitive and behavioral assessments under the supervision of a Licensed Psychological Associate and Psychologist

Bereavement Support Therapist

August 2003- May 2004

VistaCare Hospice

Corpus Christi, Texas

Molly Armstrong, Ed.D., LCSW

- Providing individual bereavement counseling services
- Facilitating community-based bereavement groups

PROFESSIONAL PRESENTATIONS

NATIONAL & INTERNATIONAL

88. **Lenz, A. S., & Sheperis, D.** (2026, April). *Relational approaches for an even-handed peer review*. Session presented at the Association for Assessment and Research in Counseling Conference Committee, Online.
87. **Lenz, A. S., & Watson, J. C.** (2025, September). *Publishing your research in MECD and CORE*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Daytona Beach, FL.
86. **Fakhro, D., & Lenz, A. S.** (2025, September). *Developing the Tolerance for Ambiguity Scale for Counseling Students*. Poster presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Daytona Beach, FL.
85. **Luo, Y., Wiley, J., Porter, A., Reynolds, J., Schenk, J., & Lenz, A. S.** (2025). *Evaluating a Digital Citizenship Program among Rural Middle School Students*. Poster presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Daytona Beach, FL.
84. **Lenz, A. S., & Moreno, M.** (2024, September). *Measuring Moral Injury: A Systematic Review and Psychometric Synthesis of Available Assessments*. Poster presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Pittsburgh, PA.

83. **Lenz, A. S.** (2024, September). *Treating Moral Injury: A Systematic Review and Meta-Analysis of Outcome Studies*. Poster presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Pittsburgh, PA.
82. McKibbin, W. B., & **Lenz, A. S.** (2024, September). *A Meta-Analysis of the Hold Me Tight Program's Effect on Couples' Relationship Satisfaction*. Poster presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Pittsburgh, PA.
81. Pester Boyd, D. A., Hays, D., Nice, M., & **Lenz, A. S.** (2024, September). *Best Practices for Association Advocacy in the Counseling Profession*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Pittsburgh, PA.
80. **Lenz, A. S.**, & Watson, J. C. (2024, September). Publishing your research in MECD and CORE. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Pittsburgh, PA.
79. Davis, R. J., Holm, J., **Lenz, A. S.**, & Lockhart, J. (2024, September). *Bringing AARC Home: How to Expand the Influence of AARC's Mission by Starting a Chapter in Your Home State*. Roundtable session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Pittsburgh, PA.
78. **Lenz, A. S.**, & Watson, J. C. (2023, September). *Publishing in MECD and CORE*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Nashville, TN.
77. Luo, Y., Stice, B. L., & **Lenz, A. S.** (2023, September). *The Effectiveness of Mobile Apps for Depression: Results from a Meta-Analytic Study*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Nashville, TN.
76. Coleman, M. L., Dari, T., & **Lenz, A. S.** (2023, September). *Interprofessional Collaboration & Community-Engaged Research Perspectives from Community-Engaged Researchers*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Nashville, TN.
75. **Lenz, A. S.** (2023, September). *Writing Great Research Questions for Outcome Research and Program Evaluation*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Nashville, TN.
74. **Lenz, A. S.**, & Balkin, R. S. (2023, September). *Quality Reporting Practices for Quantitative Research*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Nashville, TN.

73. **Lenz, A. S.** (2022, September). *Developmental and Attachment-Based Trauma in Foster and Adopted Youth: Findings from a Retrospective Quasi-Experimental Matched Pairs Design*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, St. Louis, MO.
72. **Lenz, A. S., & Erford, B. T.** (2022, September). *Publishing Your Research in Peer-Reviewed Journals, but Especially MECD and CORE*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, St. Louis, MO.
71. **Lenz, A. S., Cade, R., Ault, H., Barrio Minton, C. A.** (2022, September). *Three Strategies for Teaching Testing & Assessment Using the Responsibilities of Users of Standardized Tests (4E)*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, St. Louis, MO.
71. **Li, C., Burgess, M., & Lenz, A. S.** (2022, September). *Measurement Invariance (MI) of the Georgia Brief School Climate Inventory (GaBSCI) with a Rural and Predominately Hispanic Sample*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, St. Louis, MO.
70. **McKibben, W. B., Sheperis, D., & Lenz, A. S.** (2022, June). *Meta-Analysis of Supervisee Attachment Strategies and the Supervisory*. Session presented at International Interdisciplinary Conference on Clinical Supervision, Virtual.
69. **Lenz, A. S., & Sheperis, C. J.** (2021, October). *Community Engagement Initiatives in Counselor Education: Outreach, Relationships, Responses, and Impact*. Session presented at the Association for Counselor Education and Supervision Conference, Atlanta, GA.
68. **Dari, T., Coleman, M., & Lenz, A. S.** (2021, October). *Facilitating Opportunities for Developing Cultural Humility through Community-Engaged Research: Theory, Practice, and Possibilities*. Session presented at the Association for Counselor Education and Supervision Conference, Atlanta, GA.
67. **Lenz, A. S.** (2021, September). *Clinical Significance: The What, Why, When, and How to Communicate Your Impact*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Cincinnati, OH.
66. **Lenz, A. S., & Erford, B. T.** (2021, September). *Publishing Your Research in Peer-Reviewed Journals, but Especially MECD and CORE*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Cincinnati, OH.
65. **Sheperis, C. J., & Lenz, A. S.** (2021, September). *Best Practices in Large Scale Systems Assessment: A Case Example*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Cincinnati, OH.

64. Wood, A., Nylander, A., Martin, L., **Lenz, A. S.**, & Hill, C. (2021, April). *Building Healthy Communities: Institutionalizing Community Engagement During COVID-19*. Session presented at the 2021 Gulf South Summit, Virtual.
63. **Lenz, A. S.** (2020, October). *Action Research: Practical Approaches to Improve Your Teaching, Supervision, and Practice*. Session presented as part of the Chi Sigma Iota International webinar series, Virtual.
62. **Lenz, A. S.**, & Erford, B. T. (2020, September). *Publishing Your Research in Peer-Reviewed Journals, but Especially MECD and CORE*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Virtual.
61. **Lenz, A. S.**, & Cade, R. (2020, September). *Counselors and Assessment: What Can We Really Do Anyway?* Roundtable presented at The Association for Assessment & Research in Counseling National Assessment and Research Conference, Virtual.
60. Heins, K., & **Lenz, A. S.** (2019, October). Effectiveness of Cognitive Behavioral Therapy for Chronic Pain among Veterans. Poster session presented at the Combat PTSD Conference, San Antonio, TX.
59. **Lenz, A. S.**, & Erford, B. T. (2019, September). *Publishing Your Research in Peer-Reviewed Journals, but Especially MECD and CORE*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, San Antonio, TX.
58. **Lenz, A. S.**, & Barrio Minton, C. A. (2019, September). *Introduction to Program Evaluation and Quality Monitoring*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, San Antonio, TX.
57. Ho, C. M., **Lenz, A. S.**, Rocha, L., & Aras, Y. (2019, September). *Reliability of Posttraumatic Growth Inventory after 20 years: A Meta-Analysis*. Poster session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, San Antonio, TX.
56. Rocha, L., **Lenz, A. S.**, Aras, Y., & Ho, C-M. (2019, September). *Psychometric meta-analysis of the short grit scale*. Poster session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, San Antonio, TX.
55. Aras, Y., Rocha, L., & **Lenz, A. S.** (2019, September). Reliability generalization of the Relational Health Indices. Poster session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, San Antonio, TX.

54. Dailey, S. F., Barrio Minton, C., **Lenz, A. S.**, & Dilella, N. (2019, April). *Standards of Practice and Available Resources for Crisis, Disaster, and Trauma Counseling*. Session presented at the American Counseling Association Conference and Expo, New Orleans, LA.
53. Sheperis, D., **Lenz, A. S.**, Zeligman, M., & Hall, S. B. (2019, April). *Clinical Practice and Data: Efficacy, Utility, and Competence Considerations*. Session presented at the American Counseling Association Conference and Expo, New Orleans, LA.
52. Balkin, R. S., **Lenz, A. S.**, Gregory, H. M., Rines, M. N., & Swinford, K. E. (2019, April). *Effects of Integrated Primary Behavioral Health Care (IPBH) for Adults With Substance Use Disorders*. Poster session presented at the American Counseling Association Conference and Expo, New Orleans, LA.
51. **Lenz, A. S.** (2018, September). *Community Engaged Scholarship: Strategies for Stimulating Social Change*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Richmond, VA.
50. **Lenz, A. S.**, Dell'Aquila, J., & Pester, D. (2018, September). Effectiveness of Integrated Primary and Behavioral Health Care. Poster session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Richmond, VA.
49. Pester, D., **Lenz, A. S.**, Dell'Aquila, J. (2018, September). *Evaluation of Phase Contrasts from Child-Centered Play Therapy Efficacy Studies*. Poster session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Richmond, VA.
48. Balkin, R. S. Juhnke, G., Agbényiga, D., Lusk, S., & **Lenz, A. S.** (2018, September). Developing Research Projects that are Publishable, Citable, and Fundable. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Richmond, VA.
47. Dell'Aquila, J., Pester, D., **Lenz, A. S.** (2018, April). *Evaluating Skills-Based and Non-Cognitive Training Outcomes during Counseling Field Placements*. Presenting at Association for Assessment and Research in Counseling 2018 Conference, Richmond, VA.
46. **Lenz, A. S.**, Gerlach, J., Pester, D., & Dell'Aquila, J. (2018, April). *I Will Care for You and You Will Care for Them: Attending to Wellness in Supervision*. Session presented at the American Counseling Association National Conference and Symposium, Atlanta, GA.
45. Flamez, B., **Lenz, A. S.**, Balkin, R. S., & Smith, R. L. (2018, April). *A Counselor's Guide to the Dissertation Process*. Session presented at the American Counseling Association National Conference and Symposium, Atlanta, GA.

44. Dailey, S., Barrio-Minton, C., **Lenz, A. S.**, Kepic, M., & Dilella, N. (2018, April). *Road Map for Healing: Core Issues in Trauma Counseling*. Session presented at the American Counseling Association National Conference and Symposium, Atlanta, GA.
43. Ng, K., M., Chang, C., Wester, K., Steen, S., Singh, A., **Lenz, A. S.** (2017, April). Trends in Counselor Education Research. Opening panel discussion presented at Association for Counselor Education and Supervision National Conference, Chicago, IL.
42. **Lenz, A. S.** (2017, September). *SCRD Analysis and Interpretation: Moving Beyond the Basics*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Phoenix, AZ.
41. Luo, Y., & **Lenz, A. S.** (2017, September). *Does it Matter Who Measures Treatment Success? A Meta-Analysis of Self-Report versus Clinician-Administered PTSD Assessments across 17 Randomized Trials*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Phoenix, AZ.
40. Blount, A. J., Norris, C., & **Lenz, A. S.** (2017, September). *Where's All the Evidence? A Systematic Review of Studies Evaluating Wellness-Based Supervision*. Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Phoenix, AZ.
39. **Lenz, A. S.** *Single-Group Studies: Turning that Basic Design into a Thing of Beauty*. (2016, September). Session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Fort Lauderdale, Florida.
38. Smith, L. B., **Lenz, A. S.**, & Kumeran, A. C. P. (2016, September). *Preliminary Evidence for TF-CBT as an Intervention for Traumatic Response to Bullying*. Poster session presented at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Fort Lauderdale, Florida.
37. **Lenz, A. S.**, Haktanir, A., & Smith, L. B. (2016, April). *Which Trauma Treatment Works Best? A Network Meta-Analysis of Exposure Therapies for Treating PTSD*. Poster session presented at the American Counseling Association Conference and Expo, Montreal, Canada.
36. Haktanir, A., & **Lenz, A. S.** (2016, April). *International Students' Perceptions of Counseling and Their Approach to Counseling*. Poster session presented at the American Counseling Association Conference and Expo, Montreal, Canada.
35. Can, N., Prasad, V., & **Lenz, A. S.** (2016, April). *Development of a Supportive Program for International Student Retention and Transition*. Poster session presented at the American Counseling Association Conference and Expo, Montreal, Canada.

34. **Lenz, A. S.** (2015, October). *The ABC's of Trauma*. Webinar presented as part of the American Counseling Association Trauma Series. Webinar available for viewing at: <http://eventcenter.commpartners.com/se/Meetings/Playback.aspx?meeting.id=995002>
33. **Lenz, A. S.** (2015, October). *Supporting Communities through Program Evaluation: Getting Started*. Session presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.
32. **Lenz, A. S.** (2015, October). *Single-Group Studies: Getting Your Foot in the Door through Pilot Evaluation*. Session presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.
31. **Lenz, A. S.** (2015, October). *Some Pretty Neat Approaches to Promoting Learning in a Psychodiagnosis Class*. Session presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.
30. **Lenz, A. S.**, Flamez, B., & Perepiczka, M. (2015, October). *Constructing the Contemporary Curriculum Vitae*. Session presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.
29. **Lenz, A. S.** (2015, September). *Effect Size Matters! Here's How to Identify and Report Practical Significance in Your Research*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Memphis, TN.
28. Can, N., Callender, K. A., & **Lenz, A. S.** (2015, September). *Counseling with International Students: Development of the Supportive Program for International Student Retention and Transition (SPIRIT)*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Memphis, TN.
27. Bailey Smith, L., & **Lenz, A. S.** (2015, September). *Differential Prediction of Hope and Resilience between Survivors of Abuse versus Non-Abused Adults*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Memphis, TN.
26. **Lenz, A. S.** (2014, September). *What Works for Whom, How and Under What Circumstances?* Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Quad Cities, IL.
25. **Lenz, A. S.** (2014, September). *Moderators of Aggregated Effect Size Estimates between Self-Report and Clinician-Administered Assessments*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Quad Cities, IL.
24. **Lenz, A. S.**, & Balkin, R. S. (2014, September). *Translation and Evaluation of Psychometric*

Assessments: An Application Using the Relational Health Indices. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Quad Cities, IL.

23. **Lenz, A. S.**, Lancaster, C., & Bailey, L. (2014, September). *A Systematic Review of School-based Bullying Program Outcomes for Adolescents who are Gay, Lesbian, or Bisexual*. Poster presented at the ALGBTIC Inaugural Conference, New Orleans, LA.
22. Bailey, L., Rivera, S. & **Lenz, A. S.** (2014, September). *The Relationship between Forgiveness and Mutuality, Resilience, Spirituality, and Hope in the LGBT Population*. Poster presented at the ALGBTIC Inaugural Conference, New Orleans, LA.
21. **Lenz, A. S.** (2013, October). *Surviving Your First Meta-analysis*. Session presented at Association for Counselor Education and Supervision INFORM Preconference, Denver, CO.
20. **Lenz, A. S.**, Keller-Dupree, E., Hall, M., Nesbit, E., Ogle, N., & Perepiczka, M. (2013, October). *Tackling the Tenure-track: Balancing Teaching, Scholarship, Service, & Collegiality*. Session presented at Association for Counselor Education and Supervision Conference, Denver, CO.
19. Smith, R. L., Hollenbaugh, M., Flamez, B., & **Lenz, A. S.** (2013, October). *Mixed Methods and Single Case Research Designs: A Bridge Between Quantitative and Qualitative Paradigms*. Session presented at Association for Counselor Education and Supervision INFORM Preconference, Denver, CO.
18. Lancaster, C., & **Lenz, A. S.** (2013, October). *College Ready? Developing a College and Career Specialization in School Counseling Preparation Programs*. Session presented at Association for Counselor Education and Supervision, Denver, CO.
17. **Lenz, A. S.**, & Mueller, C. E. (2013, September). *A Reanalysis of the Student Adjustment to College Questionnaire*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Houston, TX.
16. **Lenz, A. S.** (2013, September). *Assessment and Research Practices through Community based Program Evaluation*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Houston, TX.
15. Peterson, C., Hall, S. B., & **Lenz, A. S.** (2013, September). *The Use of Research in the Field*. Session presented at Association for Assessment and Research in Counseling National Assessment and Research Conference, Houston, TX.
14. **Lenz, A. S.**, & Hill, T. M. (2012, September). *Psychometric Analysis of Using the Supervisory Working Alliance Inventory in a Group Setting*. Session presented at Association for Assessment in Counseling and Education National Assessment and Research Conference, Orlando, FL.

13. **Lenz, A. S.** (2012, September). *Evaluation of Relational-Cultural Therapy Programming with Incarcerated Adolescent Females*. Poster presented at Association for Assessment in Counseling and Education National Assessment and Research Conference, Orlando, FL.
12. Lancaster, C., & **Lenz, A. S.** (2012, September). *Effects of Creativity Training on Second Grade Students' Creative Ability and Academic Achievement*. Session presented at Association for Creativity in Counseling Annual Conference, Memphis, TN.
11. **Lenz, A. S.** (2012, September). *Evaluation of Relational-Cultural Therapy Programming with Incarcerated Adolescent Females*. Session presented at Association for Creativity in Counseling Annual Conference, Memphis, TN.
10. Hill, T. M., Gnika, P., Perepiczka, M., & **Lenz, A. S.** (2012, March). *Decreasing Dropout and Increasing Outcomes: Evaluating the Effectiveness of Systematic Measurement for Counselors*. Session presented at the American Counseling Association Annual Conference, San Francisco, CA.
9. **Lenz, A. S.** (2011, October). *Evaluating and Enhancing Practices in Counselor Education and Supervision with Single-Case Research: Design, Data Collection, Analysis, and Reporting Your Results*. Session presented at Association for Counselor Education and Supervision *INFORM* Preconference, Nashville, TN.
8. **Lenz, A. S.**, Oliver, M., Nelson, K. (2011, October). *Enhancing Working Alliance during a Hybrid Distance and In-Person Group Supervision Course: Implications from a Single-Case Research Design*. Poster presented at Association for Counselor Education and Supervision Conference, Nashville, TN.
7. **Lenz, A. S.** (2011, September). *Four Measures of Effect Size for Single-Subject Research Designs*. Session presented at Association for Assessment in Counseling and Education National Assessment and Research Conference, Fort Worth, TX.
6. **Lenz, A. S.** (2011, September). *Facilitating Treatment Planning and Evaluation Using Brief Assessments with Counselors in Training*. Poster presented at Association for Assessment in Counseling and Education National Assessment and Research Conference, Fort Worth, TX.
5. Aguilar, J. V., & **Lenz, A. S.** (2011, June). *Integrating RCT into Supervision: Mediating Effects on Relational Health & Working Alliance*. Poster presented at the Jean Baker Miller Summer 2011 Intensive Institute, Boston, MA.
4. **Lenz, A. S.** (2011, March). *I Will Care for You and You will Care for Them: Attending to Wellness in Supervision*. Session presented at American Counseling Association Conference, New Orleans, LA.

3. **Lenz, A. S.** (2009, October). *Counseling for wellness: Working out the kinks in a new education paradigm*. Poster presented at Association for Counselor Education and Supervision Conference, San Diego, CA.
2. Sangganjanavanich, V. F., & **Lenz, A. S.** (2009, October). *Transformational Leadership: Experiential consultation training model as a service to local community agencies*. Session presented at Association for Counselor Education and Supervision Conference, San Diego, CA.
1. Ricard, J. R., & **Lenz, A. S.** (2009, October). *The Impact of Social Networking and Texting on Adolescent Relationship Building Skills: Counseling Implications*. Session presented at Association for Counselor Education and Supervision 2009 Conference, San Diego, CA.

REGIONAL

11. **Lenz, A. S.** *The ABAC's of Single-Case Research for Counselor Educators*. (2012, September) Session presented at the biennial conference of the Southern Association for Counselor Education and Supervision, Savannah, GA.
10. Lancaster, C., & **Lenz, A. S.** (2012, September). *College Ready? Developing a College and Career Specialization in School Counseling Preparation Programs*. Session presented at the biennial conference of the Southern Association for Counselor Education and Supervision, Savannah, GA.
9. **Lenz, A. S.**, & Sangganjanavanich, V. F. (2010, October). *Wellness Model of Supervision for Counselors in Training: Implications for learning outcomes*. Session presented at the biennial conference of the Southern Association for Counselor Education and Supervision, Williamsburg, VA.
8. **Lenz, A. S.**, & Sangganjanavanich, V. F. (2010, October). *Developing Empathic Responding in Masters-Level Students: Evidence for a Photovoice Strategy*. Session presented at the biennial conference of the Southern Association for Counselor Education and Supervision, Williamsburg, VA.
7. Sangganjanavanich, V. F., & **Lenz, A. S.** (2010, October). *Constructivist teaching paradigm: The experiential consultation training model*. Session presented at the biennial conference of the Southern Association for Counselor Education and Supervision, Williamsburg, VA.
6. **Lenz, A. S.** (2007, April). *2D:4D & Depression: Evidence for the mediating effects of prenatal androgens on clinical depression*. Poster presented at Rocky Mountain Psychological Association Annual Conference, Denver, CO.
5. **Lenz, A. S.** & Holman, R. L. (2007, April). *2D:4D and Physical Fitness: Evidence for the mediating effects of prenatal androgens on sexually selected traits*. Poster presented at Rocky Mountain Psychological Association Annual Conference, Denver, CO.

4. **Lenz, A. S.** (2007, April). *The Prenatal Androgen Hypothesis: An application for clinical depression*. Poster presented at Southwestern Psychology Association Annual Conference, Fort Worth, TX.
3. **Lenz, A. S. & Holman, R. L.** (2007, April). *2D:4D and Physical Fitness: Mediating effects of prenatal androgens on sexually selected traits*. Poster presented at Southwestern Psychology Association Annual Conference, Fort Worth, TX.
2. **Lenz, A. S. & Merritt, P.** (2006, April). *Fat-free Mass & Height: Mediating effects on gender differences in spatial cognition*. Poster presented at Southwestern Psychology Association Annual Conference, Austin, TX.
1. **Lenz, A. S. & Seidel, S. D.** (2006, April). *Emotional conquest strategies in written communication*. Poster presented at Southwestern Psychology Association Annual Conference, Austin, TX.

STATE & OTHER PRESENTATIONS

82. **Lenz, A. S.** (April, 2026). *Making Your Way in APA Writing Style and Format*. Workshop presented at Texas A&M University-San Antonio, San Antonio, TX.
81. **Lenz, A. S., Holm, J., & Gonzales Wong, C.** (November, 2025). *Relational Health and Mental Health among Civilian and Military-Affiliated Samples Reporting Moral Injury*. Poster presented at the Texas Counseling Association Professional Growth Conference, Houston, TX.
80. **Lenz, A. S.** (January, 2025). *The Social Determinants of Mental Health and Counseling Practice*. Session presented at the South Central Regional Counseling Association Conference, San Antonio, TX.
79. **Lenz, A. S.** (October, 2024). *The Social Determinants of Mental Health and Counseling Practice*. Session presented at the Texas Counseling Association Professional Growth Conference, Dallas, TX.
78. **Lenz, A. S.** (October, 2024). *Moral Injury & Counseling Practice: A Systematic Review and Meta-Analysis of Outcome Studies*. Poster session presented at the Texas Counseling Association Professional Growth Conference, Dallas, TX.
77. **Lenz, A. S.** (October, 2024). *Key Findings and Opportunities for Health Impact in Brooks County*. Session presented to the BHOLD Project Coalition, Falfurrias, TX.
76. **Lenz, A. S.** (July, 2024). *Brooks County Community Health Assessment: Summary Findings*. Session presented to the BHOLD Project Coalition, Falfurrias, TX.

75. **Lenz, A. S.** (October, 2023). *Community Assessment Tools and Resources*. Session presented at the Wellbeing in Rural Communities Annual Meeting, Falfurrias, TX.
74. **Lenz, A. S.** (July, 2023). *Approaches to Managing Student Stress through Promoting Personal Resilience and Hope*. Session presented to the A&M-SA JAGS Symposium, San Antonio, TX.
73. **Lenz, A. S.** (July, 2023). *New Thinking on the Need for Control and Its Role in Personal Resilience and Well-being*. Session Presented to the A&M-SA Alumni Reunion Class of 2013, San Antonio, TX.
72. **Lenz, A. S.** (April, 2022). *Writing Great Research Questions*. Session presented as part of the Texas Association for Assessment and Research in Counseling Spring Research Series, Online.
71. **Lenz, A. S.** (November, 2022). *Making Your Way in APA Writing Style and Format*. Workshop presented at the Texas A&M University-San Antonio, San Antonio, TX.
70. Cade, R., **Lenz, A. S.**, Davis, R. J. (November, 2022). *Ethical Selection of Assessments Across Counseling Settings*. Session presented at the Texas Counseling Association Professional Growth Conference, Dallas, TX.
69. **Lenz, A. S.** (October, 2022). *Assessment-Informed Counseling. A Familiar Resource within Our Emerging Ecology of Well-Being*. Keynote presented at the Pennsylvania Counseling Association Conference, Pittsburgh, PA.
68. **Lenz, A. S.**, Sheperis, C. J. (February, 2022). *Pathways through Leadership in Counselor Education*. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Arlington, TX.
67. **Lenz, A. S.**, Sheperis, C. J. (February, 2022). *Community Engagement Initiatives in Counselor Education: Outreach, Relationships, Responses, and Impact*. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Arlington, TX.
66. **Lenz, A. S.** (January, 2022). *Applications of the Social Determinants of Mental Health in Clinical Case Conceptualizations*. Training session presented to Family Counseling Service of the Coastal Bend, Corpus Christi, Texas.
65. **Lenz, A. S.** (December, 2021). *Collecting Door-to-Door Survey Data in Rural Community-Planning for Impact*. Training session presented to Behavioral Health Outreach and Leadership Development Project Consortium, Corpus Christi, Texas.
64. **Lenz, A. S.** (December, 2021). *Social Determinants of Mental Health and Clinical Practice*. Training session presented to Family Counseling Service of the Coastal Bend, Corpus Christi, Texas.

63. **Lenz, A. S.** (November, 2021). *Data-Informed Counseling: Approaching Opportunities and Elevating Outcomes*. Keynote session presented to the Mississippi Counseling Association Annual Conference, Biloxi, Mississippi.
62. **Lenz, A. S.** (November, 2021). *Counseling Across the Ecology of Development and Well-Being: Social Determinants, Community Collaborations, and Protective Factors for All*. Session presented to the Mississippi Counseling Association Annual Conference, Biloxi, Mississippi.
61. **Lenz, A. S.** (October, 2021). *Community-Engaged Scholarship*. Virtual session presented at the Texas A&M University-San Antonio, College of Education and Human Development's Dean's Excellence Series. Online
60. Sheperis, C. J., & **Lenz, A. S.** (June, 2021). *Bridging the Digital Divide in the COVID-19 Era through Community Partnerships, Curriculum Development, and Workforce Enhancement*. Virtual session presented at the Texas A&M University System Chancellor's Conference on Academic Technology. Online.
59. **Lenz, A. S.** (October, 2020). *Making Your Way in APA 7th Edition*. Workshop presented to graduate students at The University of Mississippi and related in-state counselor education programs. Online.
58. **Lenz, A. S.** (March, 2020). *Creating a Contemporary Curriculum Vitae*. Educational session presented to The University of Mississippi PhDs in Education Network School (PENS) of Education Forum, University, MS.
57. **Lenz, A. S.** (January, 2020). *Transitioning to the Professoriate*. Educational session presented to The University of Mississippi 2nd Annual PhDs in Education Network School (PENS) of Education Alumni Panel Discussion Forum, University, MS.
56. **Lenz, A. S., & Dondanville, K.** (February, 2019). *Treating Trauma with Children and Adolescents*. 16-hour Intensive Workshop presented to the Indiana University Hospital System, Indianapolis, IN.
55. **Lenz, A. S., & Dondanville, K.** (May, 2018). *Treating Trauma across the Lifespan: Foundations and Strategies*. 8-hour Intensive Workshop presented to the Indiana University Hospital System, Indianapolis, IN.
54. **Lenz, A. S., & Crenshaw, J.** (October, 2018). *Non-Academic Development in Schools: A Framework for Multi-Tiered Social and Emotional Development in K-12 Learning Environments*. Session presented at the Texas Counseling Association Professional Growth Conference, Dallas, TX.

53. Pester, D., & **Lenz, A. S.** (August, 2018). *Child-Centered Play Therapy: What Do We Really Know?* Session presented at the Coastal Bend Play Therapy Association, Corpus Christi, TX.
52. Cubberley, C. A., & **Lenz, A. S.** (March, 2018). *Wellness-Based Supervision: Where's All of the Evidence?* Session presented at the Texas Association for Counselor Education and Supervision, Austin, TX.
51. **Lenz, A. S.** (March, 2018). *Single-Group Studies*. Session presented at the Texas Association for Counselor Education and Supervision, Austin, TX.
50. **Lenz, A. S.** (March, 2018). *Community-Engaged Scholarship: Actions, Outcomes, and Opportunities for Advocacy*. Session presented at the Texas Association for Counselor Education and Supervision, Austin, TX.
49. Ermis-Demirtas, H., Kumaran, A., & **Lenz, A. S.** (November, 2017). *The Role of Resilience, Empathy, and Mattering in Burnout Among Counselors-In-Training*. Poster session presented at the Texas Counseling Association Professional Growth Conference, Galveston, TX.
48. **Lenz, A. S.** (October, 2017). Framing Research Questions and Clarifying Theoretical Orientation and Design. Session Presented to TAMUCC College of Graduate Studies, Corpus Christi, TX.
47. **Lenz, A. S.** (October, 2017). *Getting a H.A.N.D.L.E. on Neurodevelopmental Disorders*. Session presented to Adler University School of Chicago, Chicago, IL.
46. **Lenz, A. S.** (October, 2017). *Approaching Client Care as a Team*. Session presented to Chi Sigma Iota chapter at Texas A&M University-Corpus Christi, Corpus Christi, TX.
45. **Lenz, A. S.**, Pester, D., Norris, C. (July, 2017). *Treating Pediatric Depression Using the STEADY Program and Integrated Self-Compassion Strategies*. Training session presented as part of the Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) Program training series, Corpus Christi, TX.
44. **Lenz, A. S.** (June, 2017). *Cracking the Books on a Transition to Trauma-Informed Rehabilitation: 4 Strategies for Supporting Development*. Training session facilitated with the Nueces County Juvenile Probation Department, Corpus Christi, TX.
43. **Lenz, A. S.** (June, 2017). *Using Trauma-Focused CBT to Treat Children and Adolescents with PTSD*. Training session presented as part of the Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) Program training series, Corpus Christi, TX.
42. **Lenz, A. S.** (May, 2017). *Treating Anxiety among Children and Adolescents using The Coping Cat Program*. Training session presented as part of the Supporting Pediatric

Adjustment and Resilience through Counseling (SPARC) Program training series, Corpus Christi, TX.

41. **Lenz, A. S.** (April, 2017). *Positive Approaches to Parenting Children with Emotional Disturbances*. Training session presented as part of the Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) Program training series, Corpus Christi, TX.
40. **Lenz, A. S.** (March, 2017). *Evidence-Based Strategies for Aggression Replacement Training among Children and Adolescents*. Training session presented as part of the Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) Program training series, Corpus Christi, TX.
39. **Lenz, A. S.** (March, 2017). *The ABACs of Single-Case Research Design*. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
38. **Lenz, A. S.** (March, 2017). *Some Pretty Neat Approaches to Promote Learning in a Psychodiagnosis Class*. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
37. Prosek, E., Hollenbaugh, M. H., **Lenz, A. S.**, Ray, D., Watson, J. C., & Watts, R. (March, 2017). *Publishing in Counseling: Journal Editorial Panel*. Panel discussion presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
36. **Lenz, A. S.** (February, 2017). *Taking Flight: Positive Approaches to Posttraumatic Growth*. Keynote session presented at the Gulf Coast Counseling Association Annual Conference, Corpus Christi, TX.
35. **Lenz, A. S.** (February, 2017). *Evidence-Based Strategies for Treating Impulse Control Issues among Children and Adolescents*. Training session presented as part of the Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) Program training series, Corpus Christi, TX.
34. **Lenz, A. S.** (November, 2016). *Trauma, Substance Use, & Juvenile Delinquency: Here's Where We Are and What You Can Do*. Training session facilitated with the Nueces County Juvenile Probation Department, Corpus Christi, TX.
33. **Lenz, A. S.** (November, 2016). *Bridging the Chasm of Trauma and Delinquency*. Training session facilitated with the Nueces County Juvenile Probation Department, Corpus Christi, TX.
32. **Lenz, A. S.** (June, 2016). *The ABC's of Trauma-Focused CBTs*. General session presented to South Texas Social Work Society, Corpus Christi, TX.

31. **Lenz, A. S.** (April, 2016). *The Journey to Recovery: Treating Trauma across The Lifespan*. Session presented as part of the TAMUCC Counseling and Training Clinic Continuing Education Series, Corpus Christi, TX.
30. **Lenz, A. S.** (2016, April). *The ABC's of Trauma-Focused CBTs*. Session presented as part of the Bayview Behavioral Hospital Breakfast Serial Continuing Education Series, Corpus Christi, TX.
29. **Lenz, A. S.** (2016, March). *Integrating Wellness Concepts into Clinical Supervision*. Session presented at the Texas A&M University-Corpus Christi, Department of Counseling and Educational Psychology Practicum and Internship Site Supervisor Training, Corpus Christi, Tx.
28. Pow, A., **Lenz, A. S.**, Stulmaker, H., & Prosek, E. (2016, January). *Application, Ethics, and Implications of Research in and Practice in Counselor Education: A Panel Discussion*. Session presented at the Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
27. **Lenz, A. S.** (2015, November). *Using Program Evaluation to Identify What is Working in your Counseling Setting*. Session presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.
26. Can, N., Callender, K., **Lenz, A. S.**, Prasad, V. (2015, November). *Counseling with international students: How to implement the Supportive Program for International Student Retention and Transition (SPIRIT)*. Session presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.
25. Cavazos Vela, J., Hinojosa, K., Gonzalez, S., & **Lenz, A. S.** (2015, November). *Positive Psychology and Humanistic Factors as Predictors of Mexican American Adolescents' Subjective Happiness*. Session presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.
24. **Lenz, A. S.** (2015, October). *The Journey to Recovery: Treating Trauma with Children and adolescents*. Session presented to Texas Department of Child and Protective Services, Division of Kinship Services, Corpus Christi, TX.
23. Cavazos Vela, J., Lu, M. T., **Lenz, A. S.**, Hinojosa, J., & Aguilar, A. (2015, February). *Positive psychology and familial factors as predictors of Latina/o students' psychological grit*. Session presented at the biannual conference of the Counselors' Institute, South Padre Island, TX.
22. **Lenz, A. S.** (2015, January). *Advocating for Community-based Programs through Program Evaluation Partnerships*. Session presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
21. Oliver, M., **Lenz, A. S.**, & Watson, J. W. (2015, January). *Writing for Publication: What*

Editors and Reviewers Want. Session presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

20. Keyl, A., & **Lenz, A. S.** (2013, November). *Promoting Achievement through Holistic Guidance with High School Students.* Session presented at Tennessee Counseling Association Annual Conference, Murfreesboro, TN.
19. **Lenz, A. S.** (2013, June). *Identifying what is Working in your Counseling Program.* Session presented at the West Tennessee Counseling Association Annual Conference, Memphis, TN.
18. **Lenz, A. S.**, Lancaster, C., Omura, J., Suddeth, B., Sweeney, B., Broccato, R. (2012, June). *Career Development and College Readiness Programming with High School Juniors.* Session presented at the West Tennessee Counseling Association Annual Conference, Memphis, TN.
17. Lancaster, C., & **Lenz, A. S.** (2012, June). *College Ready? Developing a College and Career Specialization in School Counseling.* Session presented at the West Tennessee Counseling Association Annual Conference, Memphis, TN.
16. Albart, A., Taylor, R., & **Lenz, A. S.** (2012, June). *Using Dialectical Behavior Therapy in Clinical Settings.* Session presented at the West Tennessee Counseling Association Annual Conference, Memphis, TN.
15. **Lenz, A. S.** (2011, November). *Empowering Young Adults through Group Career Counseling.* Session presented at the Tennessee Counseling Association Annual Conference, Memphis, TN.
14. **Lenz, A. S.**, Aguilar, J. V., & Davis, R. J. (2011, November). *Navigating Workplace Barriers with Gay or Lesbian Clients.* Session presented at the Texas Counseling Association Professional Growth Conference, Fort Worth, TX.
13. **Lenz, A. S.**, & Balkin, R. (2011, January). *Single-Case Designs: A Powerful Means to Evaluate Practices in Counselor Education.* Session presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
12. **Lenz, A. S.**, & Oliver, M. (2011, January). *Hybrids May Not Be as Efficient as We Thought.* Session presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
11. **Lenz, A. S.**, Schmidt, C., Ikonompoulos, J., & Fuentes, S. (2010, November). *Taking a Stand Against Mental Health Stigma in Our Schools.* Session presented at Texas Counseling Association Professional Growth Conference, Austin, TX.
10. **Lenz, A. S.**, Lopez, S., Vela, C., Pope, J., & Rangel-Gomez, M. (2010, February). *Safeguarding Students against Mental Health Stigma: What Teachers Can Do.* Session

presented at Center for Educational Development, Evaluation, & Research Annual Conference, Corpus Christi, TX.

9. Lopez, S., Dominguez, D., **Lenz, A. S.**, Vela, C.A., Rangel-Gomez, M., & Pope, J. (2010, February). *Trabajando Juntos: Involving Spanish-Speaking Parents in the School*. Session presented at Center for Educational Development, Evaluation, & Research Annual Conference, Corpus Christi, TX.
8. **Lenz, A. S.**, & Holin, L. M. (2010, February). *Integrating Wellness Concepts into Clinical Supervision: An innovative parallel process*. Session presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
7. **Lenz, A. S.**, Dominguez, D. L., Lopez, S., Vela, C., Pope, J., & Gomez, M. (2010, February) *Transformational leadership through service learning: Emerging themes from 2nd year doctoral students*. Poster presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
6. **Lenz, A. S.** (2009, January). *Counseling the Physical Self: Working out the kinks for a new counselor education paradigm*. Session presented at Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
5. **Lenz, A. S.**, Holman, R.L., & Schmidt, C. (2009, January). *Effective use of children's games in facilitating social skills development*. Session presented at Center for Educational Development, Evaluation, and Research Annual Conference, Corpus Christi, TX.
4. **Lenz, A. S.** (2009, November) *Wellness Model for Supervision of Counselors*. Session presented at Texas Counseling Association Professional Growth Conference, Dallas, TX.
3. **Lenz, A. S.**, Holman, R., & Dominguez, D. (2009, November). *Creative Social Skills Training for Counselors*. Session presented at Texas Counseling Association Professional Growth Conference, Dallas, TX.
2. Sangganjanavanich, V. F., & **Lenz, A. S.** (2009, November). *Consultation in Action: Experiential Consultation Training Model (ECTM)*. Session presented at Texas Counseling Association Professional Growth Conference, Dallas, TX.
1. Rasnick, R., **Lenz, A. S.**, & Merritt, P. (2005, November). *Mediating Effects of Body-fat on Gender Differences in Spatial Cognition*. Texas A&M University System Pathways Students Research Symposium, Kingsville, TX.

ADULT & YOUTH MENTAL HEALTH FIRST AID TRAINING

Texas A&M University-San Antonio
Academic Advising
Student Military Affairs

2023-present
February 2023
December 2023

<i>Burleson School</i>	January 2024
<i>School Counseling Program</i>	January 2024
<i>Educator Preparation Program</i>	February 2024
<i>Athletic Department</i>	April 2024
<i>First Year Seminar</i>	July 2024
<i>Residence Life</i>	July 2024
<i>Palo Alto College</i>	May, September, November 2024
<i>Principal Education</i>	December 2024

Community Action Corporation of South Texas	May 2022
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City of San Antonio, Metropolitan Health Department, Community Health & Safety Division	April 2022
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Teen Health Mississippi	July 2020
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North Mississippi Education Consortium	February 2020, June 2020
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Department of Leadership & Counselor Education The University of Mississippi	January 2020, 2021
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PROFESSIONAL ADVOCACY

Texas Sunset Advisory Commission 86th Session of The Texas Legislature <i>Austin, TX</i>	2017 and 2018
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American Counseling Association Institute for Leadership Training <i>Day at Capital Hill</i> <i>Washington, D.C.</i>	2015
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201 KAR 26, regulations 115, 121, 175, and 200 <i>Frankfort, KY</i>	2015
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Tennessee HB 1185 <i>Memphis, TN</i>	2014 & 2016
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PROFESSIONAL CONSULTATION ACTIVITIES

Gus Garcia University School <i>Non-Violent Crisis Intervention Training</i>	2022
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San Antonio Policy Academy <i>Community Policing Internship Initiative</i>	2022
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Goodwill of San Antonio Good Career Centers <i>Process and Impact Evaluation of the Adult Digital Literacy Project</i>	2021
City of San Antonio Connected Beyond the Classroom Initiative <i>Process and Impact Evaluation</i>	2020-2022
Chaddock Treatment Center <i>Retrospective Evaluation of the Developmental Trauma & Attachment Program</i>	2021-present
James C. Kennedy Wellness Center <i>Community Health Assessment</i>	2020
Tallahatchie County Library System <i>Community Needs Assessment</i>	2019-2020
Community Action Corporation of South Texas <i>Community Needs Assessment Update</i>	2019, 2024
Brooks County Independent School District <i>Annual School Climate Assessment</i>	2018
Aransas Pass Independent School District <i>Post-Hurricane Harvey Re-Entry of Students into School District</i>	2017
Nueces County Juvenile Justice Department <i>Training Direct Contact Staff in Trauma-Informed Case-Management and Relational Strategies</i>	2016 & 2017
Greenpath, Inc. <i>Evaluation of Community-Based Substance Use Treatment Programming</i>	2016, 2019, 2021
College of Nursing and Health Sciences <i>Texas A&M University- Corpus Christi</i> <i>Curriculum, Retention, and Licensing Evaluation</i>	2015
Daybreak Treatment Center <i>Evaluation of Partial Hospitalization Programming</i>	2013- present
Transformation Center <i>Evaluation of Intensive Outpatient Programming</i>	2013-2015
Rhodes College <i>Department of Student Affairs</i> <i>Evaluating Academic Intervention Outcomes</i>	2012
Memphis Jail and Shelby County Prison	2013 - 2014

Evaluation of Re-entry Programming for Offenders

City of Memphis Police Department <i>Crisis Intervention Training of Police Officers (N = 119)</i>	2011- 2014
Texas A&M University- Corpus Christi Department of Counseling and Educational Psychology <i>Intake Assessment and Treatment Planning</i>	2011
Texas A&M University- Corpus Christi Department of Counseling and Educational Psychology <i>Mental Health Crisis and Suicide Intervention</i>	2010
Banquette Independent School District <i>Identifying and Intervening with Teens at Risk for Self-Harm</i>	2010
Wynn Seale Academy for the Fine Arts <i>Enhancing Inclusion Practices for Students in Special Education</i>	2009
Banquette Independent School District <i>Deescalating Aggressive Behavior in the Classroom</i>	2009

COMMUNITY PARTNERSHIPS ESTABLISHED

Community Action Corporation of South Texas <i>Expanding early intervention behavioral health services in rural counties through program development, implementation, and evaluation.</i>	2017-present
Baptist Health Foundation <i>Partnering to provide scholarships to A&M-SA counseling students.</i>	2021-present
H. E. Butt Foundation <i>Partnering to provide scholarships to A&M-SA counseling students.</i>	2023
James Kennedy Wellness Center <i>Completing community wellness needs assessment for use in strategic planning and resource attainment.</i>	2020
Tallahatchie County Library System <i>County library needs assessment activities.</i>	2019-2021
North Mississippi Education Consortium <i>Providing mental health related continuing education programming for Mississippi educators, administrators, and school safety officers.</i>	2019-2021

Flour Bluff Independent School District Texas A&M University-Corpus Christi <i>Supporting development, implementation, and evaluation of Social and Emotional Learning Curriculum across grades 5 through 12.</i>	2017-2019
F.E.M.A Coastal Bend Long Term Recovery Group. Texas A&M University-Corpus Christi <i>Providing crisis intervention support through counseling internship site development in rural counties following Hurricane Harvey.</i>	2017-2018
Memphis Jail/ Shelby County Prison System The University of Memphis <i>Providing program evaluation of offender treatment interventions promoting successful re-entry</i>	2013 & 2014
Daybreak Treatment Center The University of Memphis <i>Providing program evaluation for intensive outpatient programming for adolescents with psychiatric disorders</i>	2013-present
Make a Difference, Inc. The University of Memphis <i>Providing program evaluation for intensive outpatient programming for individuals released from prison with co-occurring psychiatric and abuse disorders</i>	2013
The Transformation Center The University of Memphis <i>Providing program evaluation for trauma, eating disorder, and body image groups</i>	2012
Girls, Inc. The University of Memphis <i>Providing program evaluation for community-based afterschool interventions</i>	2011- 2014
Christian Brother High School The University of Memphis <i>Providing group career development programming and evaluation</i>	2011- 2012
Student Veterans Association Texas A&M University- Corpus Christi <i>Providing peer-to-peer support groups for returning military and their families</i>	2010 & 2011
Student Learning & Guidance Center Corpus Christi Independent School District <i>TAMUCC Clinic providing relational social skills counseling in group format</i>	2010 & 2011
Robert Barnes J.U.S.T.I.C.E. Boot Camp	2010 & 2011

Texas Juvenile Probation Commission
Turning Point Clinic providing coping skills support in group format

Charlie's Place **2010 & 2011**
 Inpatient and Outpatient Substance Abuse Treatment Facility
Providing peer-to-peer support groups for returning military and their families

Grace Presbyterian Church **2010 & 2011**
 Community Center
Providing peer-to-peer support groups for returning military and their families

Evans Elementary School **2009- 2011**
 Corpus Christi Independent School District
TAMUCC Clinic providing life skills programming in group format

ORGANIZATIONAL AFFILIATION

Association for Assessment & Research in Counseling	2011- present
American College Counseling Association	2012-2015
American Counseling Association	2009- present
American Evaluation Association	2019-present
Association for Adult Development and Aging	2019-2021
Association for Counselor Education & Supervision	2009- present
Association for Creativity in Counseling	2010- 2014
Association for Humanistic Counseling	2012 & 2013
Association for Specialists in Group Work	2019-2020
Chi Sigma Iota National Honor Society for Counseling	2008- present
Coastal Bend Play Therapy Association	2006-2011
Counselor Education Research Consortium	2008- 2010
Gulf Coast Counseling Association	2015-2019
National Career Development Association	2011 & 2012

Southwestern Psychological Association	2006-2008
Southern Association for Counselor Education and Supervision	2010- present
Texas Association for Assessment in Counseling and Education	2015 to 2019
Texas Association for Counselor Education and Supervision	2009- 2012
Texas Career Development Association	2010- 2012
Texas Counseling Association	2008- present
Psi Chi National Honor Society for Psychology	Lifetime Member
Rocky Mountain Psychological Association	2007-2008

AWARDS & HONORS

National

Exemplary Mentorship Award <i>Association for Assessment & Research in Counseling</i>	2026
Fellow American Counseling Association	2023
Patricia B. Elmore Award for Outstanding Research in Measurement and Evaluation <i>Association for Assessment & Research in Counseling</i>	2022
Professional Development Award <i>American Counseling Association</i>	2021
Outstanding Counselor Education and Supervision Article <i>Association for Counselor Education and Supervision</i>	2021
Outstanding Publication Award- Counseling Research <i>Association for Specialists in Group Work</i>	2017
CORE Visibility Award <i>Association for Assessment and Research in Counseling</i>	2015
Best Practices Award- Counseling Research <i>American Counseling Association</i>	2014
Exemplary Practices in Counseling Research and Assessment Award	2013

Association for Assessment and Research in Counseling

Editor's Award- Counseling Outcome Research & Evaluation 2013
Association for Assessment and Research in Counseling

Emerging Scholar 2012
Association for Assessment in Counseling & Education

Regional & State

Outstanding Research Award 2018
Texas Counseling Association

Outstanding Research Award 2017
Texas Counseling Association

Distinguished Service Award 2011
Texas Counseling Association

Outstanding Graduate Student- Doctoral Level 2010
Southern Association for Counselor Education and Supervision

Emerging Leader 2010
Southern Association for Counselor Education and Supervision

Institutional and Other

Distinguished Senior Scholarly Research Achievement Award 2025
Texas A&M University-San Antonio

Corpus Christi 40 Under 40 2016
Corpus Christi Young Business Professionals Association

Outstanding Service Award 2010
MHMR of Nueces County

Outstanding Employee Award 2010
MHMR of Nueces County

Outstanding Employee Award 2008
MHMR of Nueces County

Society Service Award 2007
Psi Chi National Honor Society for Psychology

Chapter Recognition of Scholarly Contribution 2007

SERVICE

EDITORIAL

Editor	2023-present
Guest Editor- Special Issue for Validity in Counseling Assessment	2016-2017
Editorial Board Member	2015-2017, 2020-present
<i>Measurement and Evaluation in Counseling and Development</i>	
Quantitative Methodological Consultant	2024-present
Guest Editor-Special Issue for SDMH	2022-2023
Ad-Hoc Associate Editor & Reviewer, SCRD and Meta-Analysis	2015 to 2024
Guest Editor-Special Issue for SCRD	2014-2015
Editorial Board Member	2013-present
<i>Journal of Counseling and Development</i>	
Executive Editor	2026-present
Editorial Board Member	2011-2013
<i>Journal of Professional Counseling</i>	
Editorial Board Member	2023-present
<i>New Directions in Evaluation</i>	
Editor-in-Chief	2017-2023
Editorial Board Member	2012-2017
<i>Counseling Outcome Research and Evaluation</i>	
Editorial Board Member	2015-2023
Ad-Hoc Reviewer	2024
<i>Journal of Child and Adolescent Counseling</i>	
Associate Editor- Research	2012- 2017
Editorial Board Member	2011-2012
<i>Journal of College Counseling</i>	
Editorial Board Member	2011-2013
Editorial Assistant	2010
<i>Journal of Creativity in Mental Health</i>	
Ad-Hoc Reviewer	2020-2022
<i>Journal of Multidisciplinary Healthcare</i>	
Ad-Hoc Reviewer	2011-present

The Clinical Supervisor

Ad-Hoc Reviewer 2012
Counseling and Values

Ad-Hoc Reviewer 2012
Educational Psychology

Editor 2010 & 2011
Texas Career Development Association Directions
(Texas Counseling Association Division Newsletter)

Guest Reviewer 2010
Journal of Humanistic Counseling, Education, and Development
(Special issue on social justice)

PROFESSIONAL

National

President-Elect, President, Past-President (2015-2016; 2016-2017; 2017-2018)
Responsibilities of Users of Standardized Tests Revision Task Group, Chair (2021-2022)
Public Policy & Advocacy Committee (Chair 2020-2022; Member 2023-present)
Research Committee (Chair 2013 and 2014; Member 2011-2012; 2015)
Task Group for Evidence-Supported Research Practices (Chair 2014-2015)
Founding Mentor, MECD Editorial Fellows Program (2024-present)
Founding Mentor, CORE Editorial Fellows Program (2021-2024)
Elections and Nominations Chair (2017-2018)
Emerging Leader Mentor (2017-2022)
Conference Program Reviewer (2014)
Conference Committee Chair (2015, 2019)
Association for Assessment & Research in Counseling 2011- present

Trauma and Crisis Intervention Task Group, Subgroup Chair (Appointed 2017-2018)
Knowledge and Research Committee (Appointed 2014-2017)
Conference Program Reviewer (2012)
American Counseling Association 2012, 2014

Conference Program Reviewer
Association for Counselor Education and Supervision 2011

Graduate Student Committee
Association for Creativity in Counseling 2010 & 2011

Product Development Committee Member

Association for Specialists in Group Work 2019

Project Coordinator (appointed 2014 – 2015)

Wellness Committee (member 2014)

Committee for Development of Humanistic Children's Books (2012 – 2014)

Association for Humanistic Counseling

Regional

Conference Proposal Reviewer (2020)

Developed and Submitted Site Proposal for 2014 Conference (2012)

Conference Program Reviewer (2012)

Supervision Interest Network (2010 – 2012)

Research Award Proposal Reviewer (2011)

Southern Association for Counselor Education & Supervision 2010- present

State and Local

Public Policy and Advocacy Committee Co-Chair (2024-present)

Public Policy Survey Task Group (2023-2024)

Professional Growth Conference Task Group (2023-2024)

Board of Directors (2023-present)

Professional Growth Conference Review Task Group Co-Chair

Research Committee Co-Chair (2016 - 2018)

Wellness Committee Co-Chair (2009-2011)

Texas Counseling Association 2009- 2011; 2016- present

Founding Mentor, TAARC Emerging Leaders Program

Board Member (2016-2019)

President-Elect, President, Past-President (2021-2024)

Representative to the TCA Board of Directors (2023-present)

Texas Association for Assessment & Research in Counseling 2016-present

Camp U, Bereavement Counselor

Child Bereavement Center of San Antonio 2022

Reopening Schools Task Force

Oxford School District 2020

Senator

Gulf Coast Counseling Association 2017-2019

Mid-Winter Conference Planning Committee

Conference Program Reviewer

Texas Association for Counselor Education & Supervision 2009- 2011

<i>Secretary (2010)</i>	
<i>President-elect (2011)</i>	
<i>Publications Committee Chair (2010-2011)</i>	
Texas Career Development Association	2010- 2011
<i>Senator (2022-2023)</i>	
Texas Hill Country Counseling Association	2022-present
<i>Crisis Response Counselor</i>	
Nueces County Emergency Planning Coalition	2009- 2011
<i>Chapter President 2006-2007</i>	
<i>Vice-President 2005-2006</i>	
Psi Chi National Honor Society for Psychology	2005-2007
<i>University Ambassador 2006-2007</i>	
<i>Membership Committee 2006-2007</i>	
Coastal Bend Play Therapy Association	2006-2007

INSTITUTIONAL/ DEPARTMENTAL

<i>Research Council Grant Reviewer, Member</i>	2026
<i>CHK Post-Tenure Review Committee, Chair</i>	2025
<i>EDCG Admissions Committee, Interview Support</i>	2024-present
<i>University Regents Professor Award Committee, Member</i>	2025
<i>CHK Faculty Evaluation Committee, Chair</i>	2024- present
<i>Human Services Search Committee, Chair</i>	2024-2025
<i>COEHD Tenure and Promotion Committee, Chair</i>	2024-present
<i>COEHD Post-Tenure Review Committee, Member</i>	2024-present
<i>CHK Tenure and Promotion Committee, Member</i>	2024-present
<i>Coordinator of Counseling Programs</i>	2024-present
<i>Counseling Program Webpage Maintenance, Co-Lead</i>	2024-present
<i>EDCG Quality Enhancement Committee, Lead</i>	2023-present
<i>COEHD Strategic Planning Committee, Member</i>	2023-2024
<i>Chair, Department of Counseling, Health & Kinesiology</i>	2021-2024
<i>Texas Education Agency 5-Year Audit, Department Lead</i>	2023-2024
<i>Search Committee for Vice President of Student Affairs, Member</i>	2023
<i>Special Committee for Faculty Appeal, Chair</i>	2023
<i>Task Group, Associate Chair Staffing, Member</i>	2023
<i>Program Course Lead (Counseling Theories; Counseling Research)</i>	2022-present
<i>Steering Committee, Proyecto Exito</i>	2022-2023
<i>Steering Committee, Institute for Autism & Related Disorders</i>	2022
<i>New Faculty Orientation Panelist, Professional Development</i>	2022
<i>ELP Search Committee, Chair</i>	2022
<i>Faculty Compensation Advisory Committee, Member</i>	2022-present

<i>VIDA Engagement Committee</i>	2021-present
<i>Health Initiatives Task Group</i>	2021-2023
<i>Student Wellness Committee, Member (2021-2023), Co-Chair (2023)</i>	2021-present
<i>BranchED Core Team Member, Co-Leaders for Teacher Education</i>	2021-2023
<i>Office of Sponsored Research Dispute Resolution Committee</i>	2021

Texas A&M University-San Antonio

<i>School of Education Assessment Committee</i>	2021
<i>Counselor Education Assessment Coordinator</i>	2020-present
<i>Search Committee Member- Center for Evaluation and Research Excellence</i>	2021
<i>Faculty Leader LCE Learning Community on Resilient Pedagogy</i>	2020-2021
<i>CMH Simulation Project (Developer, Facilitator)</i>	2020
<i>COUN Admissions Committee Member</i>	2019-2020

The University of Mississippi

<i>TAMUCC Homecoming Planning Committee (Member)</i>	2018-2019
<i>CNEP Tenure and Promotion Committee (Chair)</i>	2018
<i>Tex-CHIP Program Director</i>	Fall 2017-present
<i>SPARC Program Coordinator</i>	2016-2017
<i>G.R.O.W. Dissertation Boot Camp</i>	Fall 2016, 2017
<i>9-week Trauma-Focused CBT Workshop (Facilitator)</i>	Summer 2016
<i>Antonio E. Garcia Center (Advisory Board Member)</i>	Fall 2015- present
<i>Antonio E. Garcia Center (Hiring Committee)</i>	Fall 2015- present
<i>TAMUCC Faculty Development Leave Committee (member)</i>	Fall 2015-present
<i>Clinical Mental Health Program Co-Coordinator</i>	Fall 2014- present
<i>CNEP Graduate Admissions Committee (member)</i>	Fall 2014- Fall 2015
<i>CNEP Master's Admission Coordinator</i>	Spring 2016- present
<i>COE Technology Committee (member)</i>	Spring 2015
<i>COE Representative I-Adapt Committee (member)</i>	Fall 2014- Spring 2016
<i>CNEP Curriculum Committee (member)</i>	Fall 2014- present
<i>CNEP List-serve Co-Administrator</i>	Fall 2014- present
<i>Counselor Education Research Consortium Guest Speaker</i>	Fall 2014
<i>Counselor Education Research Consortium Faculty Advisor</i>	Fall 2015-present
<i>Department Newsletter (Island Insight) Advisor</i>	Fall 2014
<i>APA Style Writing Workshop (Total Attendees = 212)</i>	Fall 2014, 2015, 2016; Spring 2015

Texas A&M University- Corpus Christi

<i>Clinical Mental Health Program Coordinator</i>	Spring 2013-present
<i>Chair Committee to Revise Student Handbook</i>	Spring 2014
<i>Search Committee Member- CMH Assistant Professor</i>	Spring 2014
<i>Search Committee Member- CMH Associate Professor</i>	Spring 2014
<i>Revise Admission Policies Related to Diversity (Tennessee SB 514)</i>	Spring 2013
<i>Revise Doctoral Program Mission Statement and Curriculum</i>	Spring 2013
<i>Graduation Commencement Marshal for CEHHS</i>	Fall 2012
<i>Develop Advertisement Materials and Program Brochure</i>	Fall 2012
<i>APA Style Writing Workshop (Total Attendees = 114)</i>	Fall & Spring 2012

Fall 2013 & Spring 2013
Spring 2014
Fall & Spring 2012
Fall 2011
Fall 2011, Spring 2012
Fall 2011

New Student Orientation- Advising & Program Progression
Graduation Commencement Representative
Student Admissions Interviews
Comprehensive Examination Proctor
 Department of Counseling, Educational Psychology and Research
The University of Memphis

DISSERTATION (D), THESES (T), CAPSTONE (C), AND RESIDENCY (R) PROJECTS

Student	Project Title	Involvement	Completion Date
Miguel Cantu (A&M-SA)	<i>A Systematic Review on the Efficacy of Video Modeling on Social Interactions Among Individuals with Autism Spectrum Disorder (T)</i>	Committee Member	May 2024
Alex Wendel (New Orleans Baptist Theological Seminary)	<i>Finding Flourishing: Assessing the Relationship Between Counselor Wellness, Compassion Satisfaction, and the Intellectual and Moral Virtues (D)</i>	External Reader	May 2024
Brent Powell (The University of Mississippi)	<i>Mediating Effects of Mental Health Literacy and Stigma for Psychological Help Seeking among Collegiate Student Athletes (D)</i>	Chair	Spring 2021
G. Michael Russo (The University of Mississippi)	<i>A Meta-Analysis of Neurofeedback for the Treatment of Individuals with Anxiety-Spectrum Disorders (D)</i>	Methodologist & Committee Member	Spring 2021
Kriti Vashisht (TAMUCC)	<i>Development of Community-Focused Psychosocial Treatment for Victims of Sexual Abuse (D)</i>	Committee Member	Summer 2019
Hugo Lopez (TAMUCC)	<i>Self-Management of Type 2 Diabetes through Enhanced Screening off Adult Hispanic Males with Machismo (C)</i>	Committee Member	Summer 2019
Stephanie Patel (TAMUCC)	<i>Improving Pediatric Universal Lipid Screening and Follow Up Processes in Pediatric Primary</i>	Methodologist & Committee Member	Summer 2019

	Care: A Quality Improvement Project (C)		
Danielle Pester (TAMUCC)	<i>Development and Evaluation of a Scale to Measure Perceived Privilege and Oppression among Counseling Students (D)</i>	Chair	Summer 2019
Ye Luo (TAMUCC)	<i>Development and Validation of the Social Media Identity Distress Scale (D)</i>	Methodologist & Committee Member	Summer 2019
Julia Dell'Aquila (TAMUCC)	<i>Relational Health, Positive Psychology Characteristics, and Substance Use as Predictors of Student-Athlete Adjustment to College (D)</i>	Chair	Spring 2019
Claudia Schmidt (TAMUCC)	<i>A Mixed Methods Investigation on the Use of Trauma-Focused Cognitive Behavioral Therapy with Domestic Minor Sex Trafficking Victims in a Secure Post-Adjudication Facility (D)</i>	Methodologist & Committee Member	Spring 2019
Diane Whitley (TAMUCC)	<i>Student Anatomy as a Contemporary Measure of Care Theory and Its Influence on Student Creativity and Performance (D)</i>	Methodologist & Committee Member	Spring 2019
Baylea Wagener (TAMUCC)	<i>The Lived Experiences of Individuals in the Process of Posttraumatic Growth (D)</i>	Committee Member	Fall 2018
Caroline Norris (TAMUCC)	<i>Exploring the Use of Self-Compassion in Group Supervision: A Qualitative Inquiry (D)</i>	Committee Member	Summer 2018
Karisse Callendar (TAMUCC)	<i>Implementing the Wellness Model of Supervision among Counselors-in-Training to Increase Counselor Wellness and Client Perceptions of Working Alliance (D)</i>	Chair & Methodologist	Summer 2017
Veena Prasad (TAMUCC)	<i>Use of an Electronic Application to Improve Well-Being of Mothers during Post-Partum Period (D)</i>	Committee Member	Spring 2018

Terry Howe (TAMUCC)	<i>Mixed Methodological Evaluation of Career Transition Assistance Program for Military Veteran College Students (D)</i>	Chair & Methodologist	Spring 2017
Samantha Klassen (TAMUCC)	<i>Free to Be: Using Mindfulness to Foster Body Acceptance and Investment among Preteen Girls (D)</i>	Committee Member	Spring 2017
Laura Bailey (The University of Memphis)	<i>The Relationships between Forgiveness and Mutuality, Resilience, Spirituality, and Hope (R)</i>	Chair	Fall 2014
	<i>Differences in Spirituality Subtypes for Predicting Resilience and Hope between Survivors of Trauma and Non-Traumatized Peers (D)</i>	Outside Committee Member	Spring 2016
Olivia Uwamahoro (University of Central Florida)	<i>The Effect of Virtual Simulation on the Development of Basic Counseling Skills, Immersion Experience, and Performance Anxiety of Counselors in Training (D)</i>	Outside Committee Member	Spring 2015
Brittany Sansbury (The University of Memphis)	<i>Path Analysis of Psychological Factors Associated with Medication Adherence for Individuals with Chronic Medical Conditions (D)</i>	Committee Member	Spring 2013

FUNDING

EXTERNAL FUNDING (\$6,642,858 Awarded)

PENDING

Fulbright Scholars Program

2026

Principal Investigator

Collaborating to Promote Mental Health and Community Resilience in Crete

Substance Abuse and Mental Health Services Administration **2026**
Principal Investigator/ Project Director
South Bexar County (Texas) Mental Health Awareness Project for the K-16 Workforce (MHAPS)
\$560,010

AWARDED

Substance Abuse and Mental Health Services Administration **2023**
Principal Investigator/ Project Director
South Bexar County (Texas) Mental Health Awareness Project for the K-16 Workforce (MHAPS)
\$590,900

Baptist Health Foundation **2023**
Principal Administrator
Supportive Scholarships for Counseling Students in South Bexar County
\$89,000

Health Sciences Center at Prisma Health **2023**
Co-Investigator
Exploring Client Meaningful Experiences within the Department of Psychiatry at Prisma Health
\$19,984

Baptist Health Foundation **2022**
Principal Administrator
Supportive Scholarships for Counseling Students in South Bexar County
\$100,000

Substance Abuse and Mental Health Services Administration **2021-2024**
Principal Investigator/ Project Director
Mississippi Mental Health Awareness Project for School Personnel (MHAPS)
\$616,442

Association for Assessment & Research in Counseling **2020**
Principal Investigator
Mixed Method Investigation of Counselors' Accounting for Personal Privilege and Client Cultural Considerations in the Diagnostic Decision-Making Process
\$4,765

James C Kennedy Wellness Foundation **2020**
Project Coordinator
Community Health Needs Assessment
\$10,000

Community Action Corporation of South Texas **2019**

Project Director

Comprehensive Community Needs Assessment Update

\$9,400

Association for Assessment & Research in Counseling

2019

Principal Investigator

Multi-Site Evaluation of Radically Open DBT: A Practice-Based Evidence and Evaluative Capacity Building Trial

\$7,014

The Hogg Foundation

2019-2026

Co-Investigator

Behavioral and Health Outreach Leadership Development (BHOLD) Project

\$399,984 (pilot project, 2019-2021)

\$750,000 (implementation project, 2022-2026)

Health Resources and Services Administration (HRSA)

2017-2018

Principal Investigator

Expanding Integrated Behavioral Health Services: Texas Counselors and Healthcare Integration Project (Tex-CHIP)

\$1,673,998

Health Resources and Services Administration (HRSA)

2017

Co-Investigator/Program Evaluator

Nursing Workforce Diversity (NWD) Program [RN Empowerment and Advancement through Diversity (READY)]

\$1,999,996

Health Resources and Services Administration (HRSA)/

2016

Substance Abuse and Mental Health Services Administration (SAMHSA)

Principal Investigator

Expanding Behavioral Health Services: Supporting Pediatric Adjustment and Resilience through Counseling (SPARC) Program

\$296,459

Association for Counselor Education and Supervision

2015

Co-Principal Investigator

Student Engagement in Counselor Education Research and Evaluation: A Case Study Design

\$1,000

Office of the Attorney General (Texas)

2011-2013

Program Manager

Other Victim Assistance Grant

Crisis intervention and individual counseling services to victims of crime

\$84,000

NOT AWARDED

Health Resources and Services Administration **2025**
Principal Investigator
Behavioral Health Workforce Expansion: The Interprofessional Mental Health Promotion for Adolescents, Children, and Transitional-Aged Adults (IMPACT) Project
\$2,273,165

National Science Foundation **2023**
Co-Investigator in partnership with SAMSAT
Maximizing Informal Learning through Esports
\$327,250

Texas Education Agency **2023**
Janysek, M., Munoz, H., **Lenz, A. S.**, Burgard, K., Boucher, M., Garcia-Alvarado, S., de la Cruz, B., & Aguirre-Garcia, G. Senate Bill 1882 Partnership between Manor ISD and Texas A&M – San Antonio Institute for School and Community Partnerships for Manor International School.
\$29,234,330

Texas Education Agency **2023**
Janysek, M., Munoz, H., **Lenz, A. S.**, Garcia-Alvarado, S., de la Cruz, B., & Aguirre-Garcia, G. Senate Bill 1882 Partnership between Harlandale ISD and Texas A&M – San Antonio Institute for School and Community Partnerships for Kingsborough University and Career Academy.
\$29,388,465

National Institute for Mental Health **2023**
Co-Investigator
Prospective Cohort Study of the Associations between Meaningful Experiences in the Client-Counselor Relationship, Treatment Adherence, and Clinical Outcomes in Criminal Justice Involved Clients
\$161,256.00

National Science Foundation **2023**
Co-Principal Investigator
Maximizing Informal Learning through E-sports
\$136,342

Department of Labor, Greater Jobs Challenge **2022**
Principal Investigator
Up-Skilling Mental Health Crisis Support in the Greater San Antonio Health Sector
\$249,993

Baptist Health Foundation **2021**
Principal Investigator

A Comparative Field Trial of Mental Health First Aid and Trauma Informed Education Support for Increasing Early Identification and Intervention with Youth At-Risk for Mental Health Disorders in a Predominately Hispanic Community during the Peri-COVID-19 Era
\$1,149,450

Texas Education Agency **2021**

Co-Investigator

Senate Bill 1882 Partnership between Edgewood ISD and the Texas A&M – San Antonio Institute for School and Community Partnerships for Kennedy High School.
\$55,232,800

UM Achieving Equity Investment Grants Competition **2021**

Co-Investigator

Flipped Impact Evaluation: Leveling the Playing Field by Flipping the Research Design
\$7,026

Community Labs Corporation **2020**

Co-Investigator

COVID 19 Rapid Testing – Measuring Impact of Interventions
\$230,125

Institute of Education Sciences (IES) **2020**

Co-Investigator

Flipped Impact Evaluation: Leveling the Playing Field by Flipping the Research Design
\$224,688

Department of Education, Office of Elementary and Secondary Education **2020**

Program Evaluator

The ASPIRE-ing SELF: Addressing Students' Social, Emotional, Literacy, and Family Empowerment through Teacher Professional Development
\$5,559,189

Department of Education, Office of Postsecondary Education **2020**

Program Evaluator

A&M-SA & South Bexar County Partnership to Impact Regional Equity and Excellence
\$2,770,590

Substance Abuse and Mental Health Services Administration **2019**

Co-Investigator

Expansion of Curricular and Continuing Education for Addiction Practitioners in Mississippi
\$193,690

COMPASS Initiative **2019**

Principal Investigator

Increasing Capacity to Address the Intersections of HIV, Mental Health, and Opioid Use in North Mississippi

\$97,652

The John G. and Marie Stella Kenedy Memorial Foundation

2018

Project Director

Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls

\$18,816

Texas Higher Education Coordinating Board

2018

Co-Director/Program Evaluator

Advancing Interprofessional Minority Student Support (AIMSS)

\$159,866 (Not Funded)

Health Resources and Services Administration (HRSA)

2017

Co-Investigator/Program Evaluator

Rural Health Care Services Outreach: Reaching Every Family in Need Early (REFINE) Program

\$598,000 (Not Funded)

Mind and Life Institute

2017

Co-Investigator

ACÁ: Aprender y Crecer Atentamente- Effectiveness of mindfulness practices when coping with humanitarian crisis in Venezuela, Co-Investigator

\$20,000 (Not Funded)

Association for Assessment and Research in Counseling

2016

Co-Principal Investigator

Development and Evaluation of the DBT Interpersonal Distress/Effectiveness Assessment

\$2,984 (Not Funded)

NCAA Innovations in Research and Practice Grant Program

2015

Principal Investigator

Pilot Evaluation of Supportive Program for Retention and Transition (SPORT)

Academy Curriculum to among First-Year Student-Athletes.

\$29,833 (Not funded)

Hogg Foundation, Mental Health Recovery-Oriented Research in Texas

2014

Principal Investigator

Development and Evaluation of a Consumer-Informed Assessment for Recovery-Oriented Outcomes within Texas

\$66,190 (Not Funded)

SAMHSA Campus Suicide Prevention Grant

2014

Principal Investigator

*Suicide Prevention, Increased Help-seeking, and Wellness Promotion
at a Hispanic Serving Institution
\$223,494 (Not funded)*

National Multiple Sclerosis Society- Pilot Grant **2014**

Principal Investigator

*Community-based Supportive Program for Multiple Sclerosis:
A Comparison of Online and Face-to-Face Interventions
\$44,000 (Not funded)*

Strengthening Communities Grant **2013**

Principal Investigator

*Make a Difference, Inc. IT Infrastructure & Program Evaluation
\$19,625 (Not funded)*

State Farm Youth Advisory Board **2012**

Co-Principal Investigator

Service Learning Grant

*Bridging the Achievement Gap through Leadership-based Service Learning
\$95,926 (Not Funded)*

SUPERVISED EXTERNAL FUNDING AWARDED

Department of State Health Services (Texas DSHS) **2010-2011**

Program Manager

Veteran's Incentive Program

Community linking and peer to peer support groups for veterans

\$70,000 (Funded and Renewed)

Office of the Attorney General (Texas) **2010-2011**

Program Manager

Other Victim Assistance Grant

Crisis intervention and individual counseling services to victims of crime

\$100,000 (Funded and Renewed)

INTRAMURAL FUNDING AWARDED

Texas A&M University-San Antonio **2024**

Initial Development & Validation of the Workplace Mental Health and Wellbeing
(WOWE) Scale

Research Council Grant Program

\$8,775 (Awarded)

The University of Mississippi **2019**

M-Partner Community Partner Program

Community-Based Learning: Tallahatchie County Library Needs Assessment

\$725 (*Awarded*)

Texas A&M University-Corpus Christi **2018**

Texas Research Enhancement Fund

\$4,992 (*Awarded*)

Texas A&M University-Corpus Christi **2018**

IMPACT Multiplier Program

\$2,500 (*Not Funded*)

Texas A&M University-Corpus Christi **2017**

Texas Research Enhancement Fund

\$1,135 (*Awarded*)

Texas A&M University- Corpus Christi **2015**

Professional EEG Neurofeedback Certificate Program

\$2,700 (*Awarded*)

Texas A&M University System **2015**

Texas Research Development and Research Enhancement Funds

Pilot Study of Trauma-Focused Therapy for Treating PTSD Symptoms and Affecting Neurocortical Changes in a Community Population

\$20,000 (*Awarded*)

Texas A&M University System **2015**

Higher Education Fund

Promoting Interdisciplinary Research through Neuroimaging Software Use

\$9,281 (*Awarded*)

Center for Faculty Excellence **2015**

New Faculty Travel Award

\$1,000 (*Awarded*)

Texas A&M University- Corpus Christi **2015**

Proposal Submission Incentive Program

Pilot Study of DBT with Adolescents including Parents and Caregivers

\$1,000 (*Awarded*)

Texas A&M University- Corpus Christi **2014**

Faculty Development Award

Advanced Training in Meta-Analytic Synthesis

\$2,500 (*Awarded*)

The University of Memphis **2012**

Research Mentoring Grant

Rasch Analysis of the Student Adjustment to College Questionnaire

\$225 (*Awarded*)

Professional References

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Professor and Dean

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