

Sierra Miller

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CREDENTIALS

- Licensed Professional Counselor Associate – Licensed June 2023
- National Certified Counselor – Certified July 2023
- Owner of Caladrius Wellness Group

EDUCATION

PhD in Counselor Education and Supervision Expected May 2026
St. Mary's University

MA in Clinical Mental Health Counseling Awarded May 2023
St. Mary's University – CACREP Accredited

BS in Psychology, *magna cum laude* Awarded May 2020
Texas A&M University – San Antonio

COUNSELING EXPERIENCE

- Caladrius Wellness Group June 2023 – Present
- Family Life Center Jan 2022 – Present
- Rise Recovery Jan 2023 – May 2023
- Alamo Ranch Counseling & Wellness Aug 2022 – May 2023

TEACHING & MENTORING EXPERIENCE

Adjunct Faculty – Texas A&M – San Antonio Aug 2023 – Present

- Courses Taught: Research & Statistics 1 – Lab (Fall 2023)

Guest Lecturer – Center for Healthcare Services May 2023

- Prepared a presentation for high school seniors to gain insight on the psychology career field.
- Conducted a 6-person panel discussion which highlighted the path of becoming a psychologist from each educational phase.

Invited Guest Speaker – Texas A&M University-San Antonio – Psi Chi Induction Fall 2020 & Spring 2023

- Prepared a speech for newly inducted and graduating members and their families.

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- Explained the benefits of being a member of the organization and personal testimonies of being a member.

Guest Lecturer – Texas A&M University-San Antonio – Into to the Major Fall 2022

- Participated on a three-person panel, providing insight to new psychology major students.
- Explained different career paths in the field of psychology.
- Detailed specific actions that can be accomplished at the Bachelor’s degree level to prepare for graduate school.

Intern – Center for Healthcare Services

Jan 2020 – May 2020

- In-depth shadowing experience of an Integrated Primary Care setting within a Certified Community Behavioral Health Center (CCBHC).
- Assisted with developing training materials for pre-Doctoral internship program.
- Assisted master’s level intern manage, develop behavioral health curriculum, and structure Drop-In Group Medical Visits (DIGMAs) in Integrated Primary Care.
- Performed statistical analysis for psychological, and clinical tests.
- Provided care to a client population of severe mental health disorders, substance abuse and addiction treatment.

RESEARCH EXPERIENCE

Undergraduate Researcher 2019-2020 Department of Psychology, Texas A&M University – San Antonio

- Individually conducted personality and other clinical mental health disorder research.
- Successfully secured grants for research materials and conference travelling.
- Prepare materials and research design for studies to submit to the Institutional Review Board (IRB).
- Administered assessments to participants.
- Conducted literature reviews.
- Recruited participants for multiple research studies, and trials.
- Collected and analyzed statistical data.
- Attend weekly meetings with Faculty advisor to follow-up on research projects.

CONFERENCE PRESENTATIONS

“Influence of Personality Traits on Relationships,” Southwest Psychological Association (SWPA), 2020. – Accepted but unable to present due to COVID.

“Influence of Personality Traits on Relationships,” Student Research Symposium, Texas A&M University – San Antonio, 2020. – Accepted but unable to present due to COVID.

HONORS AND AWARDS

- Graduated Summa Cum Laude from Texas A&M University – San Antonio
- Texas A&M University- San Antonio Dean’s List – Summer and Fall 2018
- Texas A&M University – San Antonio President’s List – Spring and Fall 2019

UNIVERSITY SERVICE

Chi Sigma Iota – Vice President Jan 2023 – Present
St. Mary’s University

- Organize and conduct induction ceremonies for new members.
- Organize events, fundraisers, and volunteer events.
- Host quarterly meetings with fellow club officers for club members.

Psychology Club – Vice President Jan 2020 – Aug 2020
Texas A&M University – San Antonio

- Maintained and monitored club’s \$2.5k financial account.
- Organized events, fundraisers, and volunteer events for the club’s 300 members.
- Hosted monthly meetings with fellow club officers for club members.

PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
- Chi Sigma Iota
- Psi Chi

OTHER WORK EXPERIENCE

Non-Medical Case Manager, Air Force Wounded Warrior Program Oct 2021–Present

- Conduct intake assessments.
- Execute needs assessments and develop safety plans.
- Establish client goals and prepare individualized client treatment plans.
- Collaborate with physicians and other mental health care providers for treatment plans.
- Perform crisis interventions for suicidality or other life-threatening events.
- Prepare and present training courses for over 100 staff members quarterly.

Quality Assurance Analyst, Endeavors Jun 2020 – Oct 2021

- Supervise day-to-day department operations of a five-person team.
- Coordinate with case managers to provide housing and other day-to-day living services for veterans.
- Create and implement compliance procedures for multi-million-dollar grant for veteran assistance.
- Review and audit grant proposals.

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- Process housing and other living expenses for veterans who are homeless or are at risk for homelessness.
- Audit client files to ensure 100% accuracy to maintain grant compliance.
- Maintain spreadsheets of client information, and financial documentation.

Pharmacy Technician, United States Air Force

Aug 2011 – Dec 2016

- Collaborated with physicians and nursing personnel to provide patient care.
- Ensured state and federal compliance of narcotic medications.
- Charted and maintained patient files.
- Managed ordering supplies, preserving \$4M pharmaceutical account.

REFERENCES

Dr. Tritia Finley, Adjunct Professor of Counseling of St Mary's University, (210) 636-1550, tfinley@stmarytx.edu

Dr. Clarissa Aguilar, Behavioral Health Consultant at Center for Healthcare Services, (301) 428-4161, caguilar@chcsbc.org

Linda Contreras, Quality Assurance Operations Director at Endeavors, (818) 850-8519, lcontreras@endeavors.org