

Texas A&M University-San Antonio
Department of Sociology and Communication
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Sarah H. Pollock

Education

Temple University

2010-2015. Ph.D. Sociology.
“Framing Fitness: Gender, Experts, Popular Magazines, and Healthism.”
Committee: Julia Ericksen (chair), Dustin Kidd, and Matt Wray

2008-2010. M.A., Sociology.

Loyola University Maryland

2004-2008. B.A. Summa Cum Laude. College Honors Program.

Academic Employment

Texas A&M University-San Antonio

2025-present. Department of Sociology and Communication, Assistant Professor of Sociology.
2021-present. Sociology Program Coordinator.
2019-2025. Lecturer of Sociology.

UTSA

Fall 2020 and Fall 2019. Honors College, Lecturer I.

UNC Charlotte

2015-2019. Department of Sociology, Lecturer.

Temple University

2009-2015. Department of Sociology, Teaching Assistant.

Teaching Interests & Experience

Sexualities; Gender; Sociology of Health & Illness; Medical Sociology; Body & Embodiment; Research Methods; Statistics; Capstone

Teaching Experience at Texas A&M University-San Antonio

Principles of Sociology (SOC1 1301)

Social Problems (SOC1 1306)

Gender and Society (SOC1 2356)

Health and Society (SOC1 3312)

Research Methods in Sociology (SOC1 3320)

Statistics for Sociology (SOC1 3330)

Sex, Sexuality, and Society (SOC1 4354)

Women of Color (SOC1 4364)

Sociology Capstone (SOC1 4392)

Teaching Experience at UTSA

Honors Tutorial I: Justice (HON 2983)

Honors Tutorial I: Wellbeing (HON 2983)

Teaching Experience at UNC Charlotte

Introduction to Sociology (SOCY 1101)

Sociology of Gender (SOCY 2163)

Sociological Theory (SOCY 3153)

Human Sexuality (SOCY 3261)

Quantitative Analysis (SOCY 4156)

Undergraduate Directed Individual Study (SOCY 3895)

Emily Barnhardt: Summer 2017; Fall 2018

Lori Wilhite: Fall 2016

Rachel Ladnier: Spring 2016

Graduate Student Tutorial in Sociology (SOCY 6895)

Jordan Bendickson: Fall 2017

Mariah Webber: Fall 2016

Steven Edwards: Spring 2016

Teaching Experience at Temple University

Human Sexuality (SOC 0818)

Gender in America (SOC 0851)

Social Statistics (SOC 1167)

Inferential Methods in Psychology (PSY 2168)

Teaching Assistantships at Temple University

Human Sexuality (SOC 0818), Teaching Assistant

Quantitative Methods in Social Sciences (SOC 0825), Lab Instructor

Statistical Methods in Sociology (SOC 3201), Lab Instructor

Research Design and Methods (SOC 3261), Lab Instructor

Research Interests & Training

Sexualities; Gender; Sociology of Health & Illness; Medical Sociology; Body & Embodiment; Culture; Theory

Research Experience

2011-2013. Intern at NERA Economic Consulting in Philadelphia, Pennsylvania.

Survey design, research, and analysis

Data analysis in STATA and Excel

2010 Summer. Research Assistant for project on variation in suicide rates.

Principle Investigators: Matt Wray, Gretchen Condran, Josh Klugman.

Methodological Training and Skills

Hierarchical Linear Modeling (HLM); NVivo qualitative data analysis software; SPSS; STATA

Publications

Book

Pollock, Sarah H. 2025. [*Sex, Risk, and Society: When Is Sex Dangerous? Explanations in the Social Sciences*](#), edited by John Edward Terrell, Mark L. Golitko, and Luis Muro Ynoñán. New York: Berghahn Books.

Peer-Reviewed Articles

Jason, Kendra and **Sarah H. Pollock**. 2018. "Account-Giving and Contending with Real and Imagined Audiences in Evaluation Research" In *SAGE Research Methods Cases*. London, UK: SAGE.

Schmutz, Vaughn, **Sarah H. Pollock**, and Jordan S. Bendickson. 2018. "Gender and Critical Evaluation in Popular Music." Pp. 197-216 in *Gender and the Media: Women's Places*. Vol. 26, *Advances in Gender Research*, edited by Marcia Texler Segal and Vasilikie Demos. Emerald Publishing Limited.

Other

Pollock, Sarah H. 2021. "Emancipatory Classrooms: Teaching for Justice Within and Beyond Our Courses." *Teaching/Learning Matters* (newsletter), *American Sociological Association* 50(3).
<https://sites.google.com/view/teachingandlearningmatters/asa-teachinglearning-matters/volume-50-issue-3-fall-2021-what-have-we-learned/emancipatory-classrooms-teaching-for-justice-within-and-beyond-our-courses>

Conference Presentations

2024. "Dangerous Lessons? Sexuality Education in Three Texas School Districts." Paper presented at *ASA Annual Meeting*. Montréal, Québec. August 9-13.

2023. "How to Develop Quantitative Reasoning Skills for Social Change." Paper presented at *ASA Annual Meeting: Teaching and Learning in Sociology Symposium*. Philadelphia, PA. August 17-21.

2022. "The Trouble with Grades: Rethinking Evaluation for Inclusion and Equitable Classes." Paper presented at *ASA Annual Meeting: Teaching and Learning in Sociology Symposium*. Los Angeles, CA. August 5-9.

2021. "Emancipatory Classrooms: Teaching for Justice Within and Beyond Our Courses." Paper presented at *ASA Annual Meeting: Teaching and Learning in Sociology Symposium*. Virtual Conference. August 6-10.

2020. "Belonging through Reflection: Using Active Learning to Promote Inclusion and Reading and Writing Skills." Paper presented at *ASA Annual Meeting: Teaching and Learning in Sociology Symposium*. San Francisco, CA. August 8-11.
2019. "They Read, but Do They Understand? Using Team-Based Learning to Develop Critical Thinking and Collaboration Skills." Paper presented at *ASA Annual Meeting: Teaching and Learning in Sociology Symposium*. NYC, NY. August 10-13.
2018. "Obligated to be Fit: Gendered Healthism According to Fitness Experts and Magazines." Paper presented at *ASA Annual Meeting*. Philadelphia, PA. August 11-14.
2016. "Defining Fat Fitness: Alternative Practitioners' Attempts to Redefine Fitness." Paper presented at *ASA Annual Meeting*. Seattle, WA. August 20-23.
2014. "The Fit Body in Consumer Culture's Popular Magazines." Paper presented at *ASA Annual Meeting*. San Francisco, CA. August 16-19.
2014. "Fat as a Social Justice Issue: Culture, Politics, and the Ideology of the Body in Contemporary U.S. Society." Paper presented at *Popular Culture Association/American Culture Association National Conference*. Chicago, IL. April 16-19.
2013. "Fitness As a Field: How Popular Magazines Compete by Claiming Expertise." Paper presented at *ASA Annual Meeting*. New York, NY. August 10-13.
2010. "Disordered Eating and Depression Symptoms in High School Students." Paper presented at *Temple University Sociology Graduate Student Conference*. Philadelphia, PA. May 3.
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Awards

2025. Most Influential Mentor Award, Texas A&M University-San Antonio.
2023. College of Arts and Sciences Award for Excellence in Teaching by a Nontenure Line Faculty, Texas A&M University-San Antonio.
2023. Student Choice Award: Professor of the Year, Texas A&M University-San Antonio.

2019. College of Liberal Arts Award for Outstanding Teaching by a Full-Time Lecturer, UNC Charlotte.
2015. College of Liberal Arts Distinguished Graduate Student Teaching Award, Temple University.
2014. Summer Research Opportunity Program Scholar, Temple University.
2008. Phi Beta Kappa Society, Epsilon of Maryland Chapter, Loyola University Maryland.
2008. Summa Cum Laude, Loyola University Maryland.
2008. Alpha Kappa Delta Sociology Honor Society, Loyola University Maryland.
2008. Pi Delta Phi, Kappa Delta Chapter, Loyola University Maryland.
- 2004-2008. Dean's List (all semesters), Loyola University Maryland.
- 2004 & 2008. Nominated for and participated in Women's Leadership Conference, Loyola University Maryland.
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Professional Activities & Service

Service to Texas A&M University-San Antonio

- Chair of Sociology Program Review Committee, 2024-present.
- College of Arts and Science Curriculum Committee
Co-Chair, 2024-present
Member, 2022-present
- University Curriculum Committee member and liaison, 2024-present.
- Sociology Program Coordinator, 2021-present.
- Dual Credit/Early College High School Faculty Advisory Group, 2022-2023.
- Lecturer Hiring Search Committee, Spring 2021.
- Organized and hosted Applying to Graduate School 101, October 2021.
- Presented at Department of Social Sciences Meet Your Major, October 2021.
- Represented Sociology Program at Future Jaguar Day for prospective students,

October 2021 and February 2022.

Panelist on Sociology Grad School Workshop, Fall 2020 and Fall 2021.

Sociology Scholarship Committee, Fall 2020.

Sociology Program Core Assessment Coordinator, 2020-present.

University Core Curriculum Committee, 2019-present.

Service to UTSA

Committee to develop reading list for Honors Tutorial II Wellbeing, 2019.

Service to UNC Charlotte

Sociology Bridge Learning Community at UNC Charlotte, 2017-2019.
Coordinator and Faculty Member

Student Association of Sociology at UNC Charlotte, 2015-2019.
Faculty Advisor

Alpha Kappa Delta International Sociology Honors Society, 2015-2019.
UNC Charlotte Chapter Representative and Faculty Advisor

Teaching Advising at UNC Charlotte

Teaching Internship Supervisor (SOCY 4482)
James McAlister, Sociology of Gender, Spring 2017

Research Advising at UNC Charlotte

Master's Thesis Committee Member
Amanda Drake, defended Spring 2019
Leanne Barry, defended Spring 2018
Mariah Webber, defended Spring 2017
Jordan Bendickson
Coreen Layton

Undergraduate Honors Thesis Committee Chair
Emma Morgan, defended Spring 2017

Undergraduate Honors Thesis Committee Member
MacKenzie Goodwin, defended Spring 2019
Seanna Specht, defended Spring 2018
Nicholas Piccoli, defended Fall 2017

Faculty Development

Providing Quality Feedback to Students Training, Center for Academic Innovation at Texas A&M University-San Antonio, November 15, 2024.

Department Leaders Preconference: Navigating, Mediating, and Rising Above Conflict, American Sociological Association, August 9, 2024.

Quantitative Reasoning Curriculum Faculty Fellowship at Texas A&M University-San Antonio, 2022-2023.

Association for College and University Educators Inclusive Teaching for Equitable Learning, Spring 2022.

Debunking Myths about How Students Learn Workshop by Dr. Barbara Hong, Dean of University College and Professor of Special Education, Texas A&M International University, February 20, 2022.

Writing Intentional Course Design Workshop at Texas A&M University-San Antonio, 2021 and 2022.

UndocuAlly Training at Texas A&M University-San Antonio, 2021 and 2022.

Writing Across the Curriculum Linguistic Justice Workshop at Texas A&M University-San Antonio, November 12, 2021.

SGO Diversity, Equity & Inclusion Recognizing and Responding to Microaggressions Workshop at Texas A&M University-San Antonio, April 12, 2021.

SGO Diversity, Equity & Inclusion Unconscious Bias Workshop at Texas A&M University-San Antonio, March 19, 2021.

Teaching & Learning Faculty Immersion Program at Texas A&M University-San Antonio, 2020.

Writing and Oral Intensive Teaching Academy at UNC Charlotte, 2018.

Active Learning Academy at UNC Charlotte, 2016-2019.

Professional Memberships and Service

American Sociological Association

Body & Embodiment Section Membership Committee, 2017.

Body & Embodiment Section Mentoring Committee, 2016.

Body & Embodiment Section Program Committee, 2015.

Body & Embodiment Section Communications Committee, 2014-2019.

Sex & Gender Section Distinguished Article Award Committee, 2014.
Student Forum Advisory Board Paper Reviewer, 2013.

Southern Sociological Society
SSS Program Committee, 2025-2026.
SSS Committee on the Status of Students, 2017-2018.

Sociologists for Women in Society

Temple Sociology Graduate Student Association, 2009-2015.
Co-Chair, 2012-2014.
Executive Committee, 2011-2012.
Brown Bag Committee, 2009-2011.

Discussant

Temple University Student Conference. Philadelphia, PA. April 2015.
Temple University Student Conference. Philadelphia, PA. May 2011.
Temple University Women's Studies Program Talk. Philadelphia, PA. May 2010.

Other Relevant Experience

2018. Primatology Field School at the Lemur Conservation Foundation in Myakka City, FL.

2008-2009. Vocational and Residential Teacher at Melmark in Berwyn, PA for individuals with developmental and learning disabilities and/or behavioral disorders

- Client case manager responsible for educational, vocational, and recreational program development and deployment of Individualized Program Plan goals and objectives
- Data collection and file management
- Conducted daily, biweekly, and annual progress assessment of client's development
- Trained in Applied Behavior Analysis

2008. Internship with the Eating Disorder Network of Central Maryland in Towson, MD.

- Promoted support groups and individual counseling
- Provided education and resources to local high schools
- Attended lectures and events, organized and performed outreach in community
- Organized National Eating Disorder Awareness Week event at Loyola University Maryland