

Tamara J. Hinojosa, Ph.D., LPC

EDUCATION

Ph.D., Counselor Education & Supervision, Pennsylvania State University, December 2011 M.Ed.,

College Student Affairs, Pennsylvania State University, May 2006

B.S., Applied Learning & Development, University of Texas at Austin, December 2003

EMPLOYMENT HISTORY

Associate Professor, Department of Counseling, Health, & Kinesiology

Texas A&M University- San Antonio, San Antonio, TX, 2013- Present

Tenured and Promoted to Associate Professor Fall 2019

Counselor, Services for Women and Non-Traditional Students

San Antonio College, San Antonio, TX, 2012.

Coordinator, McNair Scholars Program

Our Lady of the Lake University, San Antonio, TX, 2011.

Graduate Fellow, Department of Counselor Education, Counseling Psychology, & Rehabilitation Services

Pennsylvania State University, University Park, PA, 2008–2011.

Counselor, Programs and Services for Women & Non-Traditional Students

San Antonio College, San Antonio, TX, 2007- 2008.

TEACHING

EDCG 5313	Professional Orientation & Ethics	Texas A&M University- San Antonio
EDCG 5327	Abnormal Human Behavior	Texas A&M University-San Antonio
EDCG 5328	Group Counseling Techniques	Texas A&M University-San Antonio
EDCG 5335	Human Dev Across Lifespan	Texas A&M University- San Antonio
EDCG 5341	Adv Topics: Women's Issues In Couns	Texas A&M University-San Antonio
EDCG 5341	Guid Adv Top: Grief and Loss	Texas A&M University- San Antonio
EDCG 5342	Couns Diverse Pop Populations	Texas A&M University-San Antonio
EDCG 5353	Career Counseling	Texas A&M University-San Antonio
EDCG 5356	Field Practicum for Counselors	Texas A&M University-San Antonio
EDCG 5360	Clinical Mental Health Practicum	Texas A&M University-San Antonio
EDCG 5385	Clinical Mental Health Internship	Texas A&M University-San Antonio
COU 5203	Introduction to Community Counseling	University of Texas- San Antonio
COU 5683	Practicum in Counseling	University of Texas- San Antonio
COU 5713	Community Counseling Internship	University of Texas- San Antonio
SDEV 0370	Student Development	San Antonio College
RHS 303	Group Work in Rehab & Human Serv	Penn State University
CNED 597D	Counseling Without Borders: Turkey	PennStateUniversity& Boğaziçi University

SCHOLARLY ACTIVITIES

National/International Refereed Journal Articles

- Hinojosa, T. J.** (2023). Dreams and dream work of older adults in transition: A review of the literature. *International Journal of Dream Research*, 16, 29-34.
- Hinojosa, T. J.** (2019). Narrative inquiry and cultural identities: Mexican American women in counseling doctoral programs. *The International Journal of Adult, Community and Professional Learning*, 26(1), 1-19.
- Palomo, R. A., & **Hinojosa, T. J.** (2018). Student reflective literacy practices and the professional development of Mexican American women post-secondary educators. *Journal for the Study of Postsecondary and Tertiary Education*, 3, 41-57.
- Hinojosa, T. J.**, & Carney, J. C. (2016). Mexican American women pursuing counselor education doctorates: A narrative inquiry. *Counselor Education and Supervision*, 55(3), 198-215.
- Hinojosa, T. J.**, & Medina, C., V. (2016). Lesbian narratives: An investigation of identity and expression. *Journal of Counselor Practice*, 7(1), 21-40.

Book Chapters

- Hinojosa, T. J.**, & Gonzales- Wong, C. D. (2025). Research and program evaluation: Testimonios as a culturally responsive research method. In M. Gibbons, & C. Barrio Minton (Eds.), *Case Studies in Counselor Education* (pp. 268-270). Cognella.
- Hinojosa, T. J.**, & Medina, C. V. (2025). Lifespan development: Systemic and cultural factors that impact sibling grief and loss. In M. Gibbons, & C. Barrio Minton (Eds.), *Case Studies in Counselor Education* (pp. 104-106). Cognella.
- Hinojosa, T. J.**, & Medina, C. V. (2025). Career development: Life role interrelationships and career transition. In M. Gibbons, & C. Barrio Minton (Eds.), *Case Studies in Counselor Education* (pp. 142-144). Cognella.
- Hazler, R. J. & **Hinojosa, T. J.** (2020). The therapeutic alliance in helping relationships. In D. Capuzzi & D. Gross (Eds.), *Introduction to the counseling profession* (8th ed., pp. 144-170). San Diego, CA: Cognella.
- Hinojosa, T. J.**, & Medina, C. V., & Mudge, S. D. (2019). A multicultural and social justice counseling competencies debate. In M. Pope, M. Gonzalez, E. Cameron, & J. S. Pangelinan's *Experiential Activities for Teaching Social Justice and Advocacy Competence in Counseling* (pp. 8-11). Routledge.
- Hinojosa, T. J.**, & Palomo, R. A. (2019). Observing our community: Examining the social and cultural constructs that impact power and privilege. In M. Pope, M. Gonzalez, E. Cameron, & J. S. Pangelinan's *Experiential Activities for Teaching Social Justice and Advocacy Competence in Counseling* (pp. 19- 26). Routledge.
- Hinojosa, T. J.** (2016). Meaningful turning points: A narrative exploration into how I became a counselor educator. In M. Schuler, B. Kelle-Dupree, & K. Cook's *Transformational learning experiences: A conversation with counselors about their personal and professional developmental journeys* (pp. 19-26). University Press of America.
- Mayorga, M., Cook, K., & Mudge, S. D., **Hinojosa, T. J.**, & Wardle, A. (2016). Latino adolescent grief group in K. Malott, K., & T. Paone's *Group activities for Latino/a youth* (pp. 72-89). Taylor & Francis Group.

- Parker, K., & **Hinojosa, T. J.** (2015). Strength based narratives. In C. Suniti Bhat, Y. Pillay, & P. R. Selvaraj (Eds.), *Group work experts share their favorite activities for the prevention and treatment of substance use disorders*. (pp. 20- 25). Alexandria, VA: Association for Specialists in Group Work.
- Hinojosa, T. J.**, & Mudge, S. D. (2014). Imaginative mind mapping. In S. Degges-White & B. Conon's *Expressive arts for school counselors*. Springer Publishing.
- Hinojosa, T. J.**, & Mudge, S. D. (2014). Stress is played out: Using music to de-stress. In S. Degges-White & B. Conon's *Expressive arts for school counselors*. Springer Publishing.
- Hinojosa, T. J.**, & Mudge, S. D. (2014). Mindful movements. In S. Degges-White & B. Conon's *Expressive arts for school counselors*. Springer Publishing.
- Hinojosa, T. J.**, & Mudge, S. D. (2014). Pizza party. In S. Degges-White & B. Conon's *Expressive arts for school counselors*. Springer Publishing.
- Wilson, K.B., **Hinojosa, T. J.**, & Gines, J. G. (2010). Phenotype discrimination: The experiences of black and white latinos with disabilities in the united states. In J. A. Jaworski Columbus (Ed). *Advances in sociology research* (Vol. 6) (pp. 175-191). New York: Nova Science Publishers.

National/International Refereed Presentations

- Hinojosa, T. J.**, & Smith, C. (2023, October). *Mid-career and beyond: Women counselor educators pursuing growth through transition & leadership*. Sponsored by Association for Counselor Education and Supervision, Denver, CO.
- Hinojosa, T. J.**, Gonzales-Wong, C. D., & Kurz, I. G. (2022, September). *What research is valid?: Using Chicana Feminist Epistemology in your counseling scholarship*. Sponsored by Association for Assessment and Research in Counseling, St. Louis, MO.
- Balin, E., Nguyen, N., **Hinojosa, T. J.**, Nichols, L., & Ulupinar, D. (2019, October). *Facilitating career readiness and well-being: Diverse pathways for counselor educators*. Sponsored by Association for Counselor Education and Supervision, Seattle, WA.
- Gonzales-Wong, C. D., McDaniel, P., deVries, S., & **Hinojosa, T. J.** (2019, September). *The use of technology in counseling skills assessment*. Sponsored by Association for Assessment and Research in Counseling, San Antonio, TX.
- Medina, C., V., **Hinojosa, T. J.**, & Mudge, S. D. (2017, October). *Using authentic mentorship to help CES doctoral students of color thrive*. Sponsored by Association for Counselor Education and Supervision, Chicago, IL.
- Hinojosa, T. J.**, Medina, C., V., & DeVries, S. (2015, October). *Behind the label: A holistic approach to addressing lesbian client needs*. Sponsored by the European Branch of the American Counseling Association, Naples, Italy.
- Hinojosa, T. J.**, & Mudge, S. D. (2015, September). *Identity narratives of Mexican American women in counselor education and supervision doctoral programs*. Sponsored by International Association for Counseling, Verona, Italy.
- Hinojosa, T. J.**, & Medina, C., V. (2015, September). *"I had no idea this was going to be my life:" An exploration of the social factors that impact lesbian identity development*. Sponsored by International Association for Counseling, Verona, Italy.
- Esparza, C., & **Hinojosa, T. J.** (2015, August). *American Indian and Alaska Native women: Providing mental health services after sexual assault*. Sponsored by Association of Adult Development and Aging, New York, NY.

- Cook, K., Mayorga, M. G., Mudge, S. D., **Hinojosa, T. J.**, & DeVries, S. R. (2014, March). *Creative activities to help counseling students explore unearned privilege*. Sponsored by American Counseling Association, Honolulu, HI.
- Hinojosa, T. J.** (2011, October). *Identity narratives of Mexican American women in counselor education doctoral programs*. Sponsored by Association for Counselor Education and Supervision, Nashville, TN.
- Nugyen, N., & **Hinojosa, T. J.** (2011, October). *The "pieces of me" bicultural counselor education doctoral experience: A roundtable for students and those who work with them*. Sponsored by Association for Counselor Education and Supervision, Nashville, TN.
- Mellin, E. A., Nguyen, N., & **Hinojosa, T. J.** (2011, March). *Promoting mental health & reducing barriers to learning: Maximizing collaboration between mental health and school counselors*. Sponsored by American Counseling Association, New Orleans, LA.
- Nichols, L. M., Balin, E., & **Hinojosa, T. J.** (2011, March). *Multicultural competence 101: Creating a cultural immersion experience in Turkey*. Sponsored by American Counseling Association, New Orleans, LA.
- Hinojosa, T. J.** (2010, March). *Pieces of a bicultural me: Latina gender and sexual identities* [Invited presentation]. Sponsored by American Counseling Association, Pittsburgh, PA.

Regional Refereed Presentations

- Gonzales-Wong, C. D., **Hinojosa, T. J.**, and deVries, S. (November 2022). *Women's authorship in counseling journals: Trends and comparison from 2010-2020*. Sponsored by Southern Association for Counselor Education and Supervision, Baltimore, MD.
- Hinojosa, T. J.**, & Alanis, S. (2019, January). *Critical turning points: Working with college students who attended under-performing high schools*. Sponsored by Texas Alamo Region Counseling Association, San Antonio, TX.
- Nichols, L. M., & **Hinojosa, T. J.** (2018, October). *Teaching feedback: It shouldn't just be student evaluations anymore*. Sponsored by Rocky Mountain Association for Counselor Education and Supervision, Salt Lake City, UT.
- Medina, C., V., & **Hinojosa, T. J.** (2018, September). *Expanding the critical lens: Marginalized identities and on-line video gaming*. Sponsored by Northern Association for Counselor Education and Supervision, Burlington, VM.
- Hinojosa, T. J.**, & Medina, C., V. (2015, June). *Behind the label: A holistic approach to addressing lesbian college student needs*. Sponsored by Texas Counseling Association, Austin, TX.
- Hinojosa, T. J.**, Medina, C., V. & Morgan, K. R. (2014, January). *Biphobia, Masculinity, and Identity: Implications for Counselor Educators and Supervisors*. Sponsored by Texas Association of Counselor Education and Supervision, Austin, TX.
- Hinojosa, T. J.**, Medina, C., V. & Morgan, K. R. (2013, November). *Biphobia: The discrimination of bisexual identity in society*. Sponsored by Texas Counseling Association, San Antonio, TX.
- Hinojosa, T. J.**, & Clarke, E. (2013, November). *Bilingualism and multiculturalism: Implications for counselors working with the Deaf community*. Sponsored by Texas Counseling Association, San Antonio, TX.
- Sharp, J., & **Hinojosa, T. J.**, (2009, April). *Increasing family involvement in school transitions: A multicultural approach*. Sponsored by Pennsylvania School Counselors Association Conference. Hershey, PA.

Non-Refereed Presentations

- Hinojosa, T. J.** (2023, August). *Library anxiety and coping methods*. Sponsored by A&M University- San Antonio Library In-

Service, San Antonio, TX.

Hinojosa, T. J. (2020, November). *Preventing burnout*. Sponsored by San Antonio Leaders and Teachers Organization, San Antonio, TX.

Hinojosa, T. J., & Palomo, R. (2017, May). *Letting go and moving forward*. Sponsored by Programs and Services for Women & Non-Traditional Students, San Antonio College, San Antonio, TX.

Hinojosa, T. J., Palomo, R., & Gonzalez, S. A. (2012, September). *Education is empowerment: One family's story of educational success*. Presentation at 1st Annual Daughters and Mothers Achieving Success Conference, Edgewood Independent School District, San Antonio, TX.

Hinojosa, T. J. (2011, March). *Self-Identity Of Mexican American women in counselor education doctoral programs*. Sponsored by American Association of Hispanics in Higher Education Graduate Student Fellows Program Research Symposium, San Antonio, TX.

Hinojosa, T. J. (2011, September). *In their own voices: Understanding how identity influences Latinas' experiences in counselor education PhD programs*. Sponsored by McNair Scholars Program, Our Lady of the Lake University, San Antonio, TX.

Balin, E., **Hinojosa, T. J.,** Nguyen, N., & Nichols, L. *Personal and professional implications of a cultural immersion experience in Turkey*. (2011, April). Sponsored by Puksar Holmes Scholars, University Park, PA.

Hinojosa, T. J. (2010, May). *Rehabilitation Counseling and Disability in the United States*. Sponsored by Bogaziçi Üniversitesi, Istanbul, Turkey. SERVICE

SERVICE

Service to Department

2024-2025	Search Committee Member, Faculty, Human Services Program
2023-2025	Faculty Advisor, Student Counseling Organization
2023	Search Committee Member, Professional Track Faculty Counseling, Health, & Kinesiology
2022-Present	Member, Counseling, Health, & Kinesiology Promotion & Tenure Committee
2022-2024	Member, Faculty Evaluation Committee
2022-Present	Member, Baptist Health Foundation of San Antonio Scholarship Committee
2022	Member, Fitness-to-Practice Committee
2022	Member, Student Recruitment Committee
2020-2021	Associate Chair, Counseling Program
2019-2020	Department Chair, Department of Counseling, Health, & Kinesiology
2018-2019	Associate Chair, Counseling Program
2018	Member, Master's Thesis Committee, <i>The Effects of conjugated linoleic acid on body composition in sedentary adults</i> , Jonathan Hernandez, Kinesiology Program
2018	Search Committee Chair, Professional Track Faculty Counseling, Health, & Kinesiology
2018	Member of Search Committee, Faculty Counseling, Health, & Kinesiology
2017-2021	CACREP Committee
2017-2019	Member, Faculty Merit Committee
2017	Member, Student Recruitment Committee

2017	Program Coordinator
2017	Hiring Search Committee Chair, Faculty Counseling, Health, & Kinesiology
2016	SACS-COC Liaison
2015-2017	Hiring Search Committee Chair, Faculty Counseling, Health, & Kinesiology
2014-2015	Counseling Club Faculty Advisor
2014	Mentor for new faculty
2013- 2017	Member, Fitness to Practice Committee
2013-2014	Member, Hiring Search Committee, Faculty Counseling & Guidance
2013	Member, Scholarship Committee, Creekmore & Adele Faith Charitable Trust

Service to College

2025- Present	Member, Strategic Planning Committee
2024- 2025	Co-Lead, Ad Astra Academic Course Scheduling Initiative
2023- 2024	Co-Chair, Promotion & Tenure Committee
Spring 2023	Member, COB/COEHD Optimization of Class Size Sub-Committee
2022	Member, College of Education & Human Development Promotion & Tenure Committee
2021	Member, Hacienda Santa Clara Education and Research Center Working Group
2020	Member, College of Education & Human Development Diversity Committee
2020	Member, Hiring Search Committee, Faculty BCBA Program
2019	Member, Policy and Procedure Taskforce
2018	Member, Hiring Search Committee, Dean College of Education & Human Development
2018	Committee Chair, College of Education & Human Development Curriculum Committee
2017	Committee Chair, College of Education & Human Development Graduate Scholarship
2015	Member, Hiring Search Committee, Faculty Educational Leadership

Service to University

2024-Present	Member, International Education Committee
2023	Member, Provost's Class Size Committee
2022-Present	Member, Common Experience Committee, Office of First Year Experience
2021	Co-Chair, President's Commission on Equity & Inclusive Excellence
2021	Co-Chair, Heritage Months Committee
2021	Member & Lead Facilitator, Courageous Conversation Committee
2020-2021	Member, Campus Art and Ground Aesthetics Committee
2020- 2021	Chair, Cultural Understanding & Knowledge Committee, President's Commission on Equity
2019-2021	Member, President's Commission on Equity
2018-2019	Member, University Curriculum Committee
2015-2016	Faculty Senator, Faculty Senate of Texas A&M University-San Antonio.
2015	Graduation Ceremony Marshall, TX A&M University- San Antonio.

Service to Profession & Community

2023-Present	Selection Committee Member, Summer Institute, JUSFC
2023-2024	Member, Educational Endowment Fund, Texas Counseling Association
2022-2023	Co-Chair Educational Endowment Fund, Texas Counseling Association
2021-2023	Member, Summer Institute Diversity, Equity, & Inclusion Advisory Committee, Japan-United States Friendship Commission (JUSFC)
2019-2023	CACREP Site Team Member, Council for Accreditation of Counseling and Related Educational Programs
2019-2020	Item Writer, National Board for Certified Counselors
2018- 2019	Peer Reviewer, The Learner- Journal Collection
2015-2018	Counselor, Archdiocese, San Antonio, TX
2012-2013	Member, Dissertation Committee, <i>Narrating Chamorro college student experience</i> , Kristianna Santos, Counselor Education & Supervision, University of Texas at San Antonio, Defended 2013
2013	Volunteer, Women Empowered Annual Conference, San Antonio College
2012	Scholarship Committee, Women Empowered Annual Conference, San Antonio College
2012	Conference Proposal Reviewer, Southern Association Counselor Education & Supervision

Professional Membership and Licensures

2024-Present	Member and Training Candidate, Inter-Regional Society of Jungian Analysts
2022-Present	Member, Texas Seminar of the Inter-Regional Society of Jungian Analysts
2017-Present	Licensed Professional Counselor in Texas, # 74531
2013-Present	Texas Counseling Association
2011-Present	Association for Counselor Education and Supervision
2008-Present	American Counseling Association

Honors and Awards

2023	Recipient, 2023 Texas Counseling Association Distinguished Service Award
2021	President's Faculty Fellow for Diversity, Equity, & Inclusion, Texas A&M-San Antonio
2011-2012	Graduate Student Fellow, American Association of Hispanics in Higher Education
2008-2011	Bunton-Waller Fellow, Pennsylvania State University