

Vanessa Gill, PhD, LPC

Education

Ph.D. Counselor Education and Supervision | 2024

St. Mary's University, San Antonio, TX | *CACREP Accredited*

M.A. Counseling | 2016

Seminary of the Southwest, Austin, TX | *Summa cum laude*

M.A. Educational Psychology | 2012

University of Texas–Austin, Austin, TX | *Magna cum laude*

B.A. Psychology (Mathematics minor) | 2007

Texas State University, San Marcos, TX | *Cum laude*

Licenses and Certifications

Licensed Professional Counselor | Texas license #75983 | 2016–present

Psychobiological Approach to Couples Therapy (PACT) | Level 1 | 2021

Teaching Experience

Instructional Assistant Professor | Texas A&M University – San Antonio | 2026–present

- EDCG 5317 Counseling Techniques (Fall 2026)
- EDCG 5325 Assessment (Fall 2026)
- EDCG 5332 Substance Use and Process Addictions (Fall 2026)

Visiting Assistant Professor | St. Edward's University | 2025–2026

- Critical Research Evaluation (Spring 2026)
- Marriage, Couples, and Families Across the Lifespan (Spring 2026)
- Group Counseling (Spring 2026, Fall 2025)
- Counseling Theories (Fall 2025)
- Internship II (Fall 2025)

Adjunct Professor | Multiple Institutions | 2022–2024

- Introduction to Counseling Theories | Seminary of the Southwest (Fall 2024)
- Addictions Counseling | Seminary of the Southwest (Fall 2024) & University of Oklahoma (Spring & Fall 2024, remote)

- Conflict Transformation | Fletcher School (Fall 2024)
 - Psychopathology | University of Oklahoma (Spring 2024, remote)
 - Clinical Internship I | Seminary of the Southwest (Fall 2023, Fall 2022)
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Research and Publications

Addressing Gatekeeping Challenges in Counselor Education: A Grounded Theory | 2024
 Doctoral Dissertation, Qualitative Grounded Theory | Advisor: Dr. Shawn Spurgeon

The Impact of Expressive Writing on Test Anxiety | 2015
 Master's Thesis, Experimental Design | Advisor: Dr. Diane Schallert

Musical Listening Habits of College Students | 2007
 Co-authored Scholarly Monograph | Advisor: Dr. Reiko Graham

Presentations

TACES Webinar | Jan. 2026
 "Addressing Remediation and Gatekeeping Challenges in Counselor Education"

Southern Association for Counselor Education and Supervision (SACES) Conference
 | Nov. 2024 (Poster)
 "Addressing Gatekeeping Challenges in Counselor Education"

Play Therapy International Conference | Oct. 2023 (Poster) | *Co-authors: J. Moon, L. Kim*
 "Exploring Play Therapy and Childhood Trauma: A 13-Year Content Analysis"

IAMFC Conference | Feb. 2023 (Workshop) | *Co-presenter: K. Barksdale*
 "Domestic Violence: An Emergent Pandemic"

Supervisory Experience

Clinical Practicum Site Supervisor | St. Mary's University/Family Life Center | Jan.–May 2023

Clinical Practicum Site Supervisor | Seminary of the Southwest/Community First! Village |
 May–Aug. 2021

Couples Counseling Consultation Group Facilitator | Therapy Austin | 2021–2024
 Facilitated 10-week closed group, biweekly consultation group for counseling couples

Clinical Experience

Practice Owner and Counselor | VPG Counseling, PLLC | Jul. 2024–present

Senior Counselor | Therapy Austin | Apr. 2019–Jun. 2024

Counselor | Austin Mindfulness Center | Jun. 2019–Mar. 2021

University Service

Counseling Department | St. Edward's University

- | Remediation Workgroup, Committee Member (2025–2026)
- | Textbook Audit Workgroup, Committee Member (2025–2026)
- | Masters of Counseling Student Alliance, Guest Facilitator (2025)

Counseling Program Advisory Board | Seminary of the Southwest | 2018–present

Psi Chi Honors Society | President, Texas State University Chapter | 2006–2007

Professional and Community Service

Professional Service

- SACES Graduate Student Scholarship Committee, Co-chair (2023)
- SACES Graduate Student Writing Accountability Group, Co-host (2022)

Community Service

- San Antonio Food Bank Distribution (2025-present)
 - San Antonio Community Resource Directory, Support Specialist (2025)
 - Community of Hope International, Lay Chaplain (2025)
 - International Order of the Rainbow for Girls Mid-Year Conference, Speaker (2024)
 - For Her Table Workshop Leader (2023) | Pro bono workshops and group facilitation for women in crisis
 - Advocacy Conference Co-founder & Event Coordinator (2015–2017) | *Coming Out of the Shadows: Soul Repair After Moral Injury* (veteran mental health focus)
 - Graduate Student Wellness Club, Founder & President (2014–2015) | *L.O.G.i.C. (Learning Opportunities and Growth in Community)*
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Professional Memberships

American Group Psychotherapy Association (AGPA)
American Counseling Association (ACA)
Association for Assessment and Research in Counseling (AARC)
Association for Counselor Education and Supervision (ACES)
Association for Creativity in Counseling (ACC)
Austin in Connection
Chi Sigma Iota Honors Society
Jung Society of Austin
Jung Society of San Antonio
San Antonio Association for Relational Therapists (SAART)

San Antonio Group Psychotherapy Association (SAGPS)
Southern Association for Counselor Education and Supervision (SACES)
Texas Association for Counselor Education and Supervision (TACES)
Texas Counseling Association (TCA)