

**TEXAS A&M UNIVERSITY – SAN ANTONIO**  
COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT  
DEPARTMENT OF CURRICULUM AND INSTRUCTION

**EDCI 3102**  
**PE & Health in Elementary Classrooms**

**Required Readings/Materials:**

There is no textbook for this course. Any articles and/or required readings will be posted in Blackboard.

**See Blackboard for all course materials:** <http://tamusa.blackboard.com/>

**Course Description:**

The purpose of this course is to provide teacher candidates with the knowledge and skills necessary to teach physical education and health to early childhood and elementary students. Teacher candidates will learn to plan and engage students in integrated learning experiences in the classroom and special areas.

**Course Objectives:**

Standard I.

The physical education teacher demonstrates competency in a variety of movement skills and helps students develop these skills.

Standard II.

The physical education teacher understands principles and benefits of a healthy, physically active lifestyle and motivates students to participate in activities that promote this lifestyle.

Standard III.

The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation, and social skills through participation in physical activities.

Standard IV.

The physical education teacher uses knowledge of how students learn and develop to provide opportunities that support students' physical, cognitive, social, and emotional development.

Standard V.

The physical education teacher provides equitable and appropriate instruction for all students in a diverse society.

Standard VI.

The physical education teacher uses effective, developmentally appropriate instructional strategies and communication techniques to prepare physically educated individuals.

Standard VII.

The physical education teacher understands and uses formal and informal assessment to promote students' physical, cognitive, social, and emotional development in physical education contexts.

Standard VIII.

The physical education teacher is a reflective practitioner who evaluates the effects of his/her actions on others (e.g., students, parents/caregivers, other professionals in the learning environment) and seeks opportunities to grow professionally.

Standard IX.

The physical education teacher collaborates with colleagues, parents/caregivers, and community agencies to support students' growth and well-being.

Standard X. The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

**Lecture or Discussion Topics:**

- Benefits of an Active Lifestyle through Movement Patterns and Skills
- Bridging Learning through Student Development
- Becoming an Effective Health Instructor
- Background Curricular/Instructional Knowledge---knowing your TEKS
- Building the Foundation of a Lifelong Learner

**Major Course Requirements:** Instructions & rubrics for all assignments may be found in Blackboard. Each assignment will be graded according to the points below. Consult the Course Schedule (at the end of this syllabus) for due dates.

## **Brief Course Outline**

*Specific dates and times of all assignments and details will be posted in Blackboard.*

<b>Topic/Critical Assignment/Tasks</b>
Welcome! Introduce Yourself Review Syllabus Classroom Structure Movement Patterns Movement Skills Benefits of an Active Lifestyle  <b>Quick Write due in Class</b> <b>Assignment: Discussion Post #1</b>
Routines and Procedures How Students Learn? Differentiation  <b>Preplanning for Lesson Progression DUE*</b>
-Knowledge and Relationship between Health and Health Behavior -Factors Influencing Health and Behavior - Concepts and Purpose of Health Education - Plan and Implement School Health Instruction and Cross Curricular - Evaluation of School Health Program  <b>Health Survey and Feedback DUE*</b>