



TEXAS A&M UNIVERSITY  
SAN ANTONIO

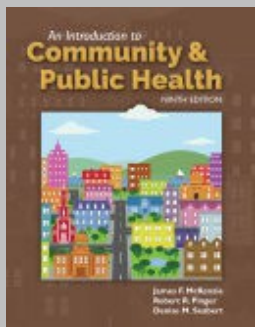
**EDKN 1304 Personal and Community Health**  
**Department of Counseling, Health & Kinesiology**  
**Fall 2024**

### INSTRUCTOR INFORMATION

<b>Instructor Name:</b> Angel Vega, MPH	<b>A&amp;M-San Antonio email:</b> <a href="mailto:Angel.Vega@tamusa.edu">Angel.Vega@tamusa.edu</a>
<b>Office Hours:</b> By appointment, please email me	<b>Meeting Times:</b> 11:00-12:15 Tuesday & Thursdays 173 Science & Technology Building

### TEXTBOOK AND/OR RESOURCE MATERIALS

#### OPTIONAL TEXTBOOK:



**An Introduction to Community & Public Health**

**ISBN:** 9781284139136

**Authors:** James F. McKenzie, Robert R. Pinger, Denise Seabert

**Publisher:** Jones & Barlett Learning

**Publication Date:** 2016-11-30

Please visit the link to view in PDF:

[https://students.aiu.edu/submissions/profiles/resources/onlineBook/L8i4G3\\_Introduction%20to%20Community%20and%20Public%20Health-2016.pdf](https://students.aiu.edu/submissions/profiles/resources/onlineBook/L8i4G3_Introduction%20to%20Community%20and%20Public%20Health-2016.pdf)

### COLLEGE OF EDUCATION AND PROGRAM POLICIES

#### COURSE DESCRIPTION

Principles and concepts associated with current trends related to personal and community health issues. Focus will be on preventative health and wellness. Emphasis will be placed on developing an understanding of maintaining a healthy lifestyle to prevent chronic illness. Prerequisite: TSI Reading/Writing

**PROGRAM STUDENT LEARNING OBJECTIVES:** Upon successful completion of this course, each student will be able to

1. Understand the concept of health, community health and wellness and be able to recognize the long-term benefits of maintaining good health.
2. Demonstrate the ability to apply principles of physical fitness, weight control, stress management, alcohol/drug abuse, and disease prevention, to positively modify one's own personal lifestyle.
3. Value the importance of maintaining a healthy lifestyle.
4. Create and develop a plan for changing towards a healthier lifestyle.
5. Understand the effects of society and environment on individual and community health.



## COURSE POLICIES

The general policy outlined by the University will be followed as stated in the [Student Handbook](#). There are no 'free' unexcused absences.

The instructor's policy for this course includes:

- a. Your presence is expected in class daily except for emergencies. Students assume responsibility for any material missed in class. Arrange to pick up handouts as soon as possible. It is YOUR responsibility to make up missed work.
- b. Requests to be absent from class for official University business (athletics, field trips, student government, etc.) shall be made prior to the anticipated absence. Arrangements for missed work will be made at that time.
- c. If you miss an exam or quiz or do not show up on the day of a presentation/exam or when an assignment is due without **prior arrangement** with the instructor, no make-up will be allowed unless there is a *documented* emergency.
  - i. If there is an emergency (hospital, funeral, etc.) please contact me the day of the problem or the day you missed class.
  - ii. If you cannot participate in a class activity you must have documentation (hurt ankle, sick, etc.), otherwise you will receive half credit for being there but not participating.

### **Excused Absences:**

*A. In the event that you need to be away for a given period of time (e.g. funerals, hospital stays, family emergencies, military duty, etc.), you should contact [Student Counseling Center](#) (210-784-1331 (or 1329); [StuCounseling@tamusa.edu](mailto:StuCounseling@tamusa.edu) or [StuWellness@tamusa.edu](mailto:StuWellness@tamusa.edu)). If you will be missing more than a week of classes (whether continuous or not), inform them of the situation and they can send a notice to all your instructors rather than you having to explain to each of them your circumstances.*

## ATTENDANCE AND COURSE EXPECTATIONS:

Regular class attendance is a crucial component of a student's educational experience. Missing classes can significantly affect the quality of a student's coursework, potentially leading to unsatisfactory grades. In some cases, excessive absences may even result in a student being dropped from courses at the recommendation of the instructor to the Provost and Vice President for Academic Affairs.

At Texas A&M - San Antonio, students are expected to attend all their classes. However, the university's attendance policy does provide exceptions for absences due to officially sanctioned university events, religious observances, or military service. Students qualifying for these excused absences should inform their instructor ahead of time and make arrangements to complete any missed assignments or exams.



## LATE WORK & EXTRA CREDIT POLICY:

All assignments are due as a **uploading document** on blackboard.

All classwork is due on the date and time assigned; work received later than the due date will **not be accepted, No Exceptions.**

**Extra Credit** opportunities may be periodically provided to all students throughout the semester. It is the students' responsibility to actively seek out these opportunities and successfully complete the assigned tasks according to the provided instructions. The submission for these assignments will be separate and specifically designated in the Blackboard platform.

- *I do not offer independent studies if an acceptable grade is not earned.*

## STUDENT REQUIREMENTS:

### 1. Face-to-Face/Online participation:

- a. Students are expected to demonstrate active participation via class discussions, assignments, and activities.
- b. Students are responsible for active engagement in classroom activities and/or participation in on-line discussions.

## PROFESSIONAL DISPOSITIONS:

Your professional dispositions will be assessed at all times through your interactions and communication, both orally and in writing, with classmates and instructor on campus and with students and teachers in school settings.

**Professionalism and Respect:** Substantially, successfully, and equally contribute to the planning, organization, and the completion of assignments and projects

## COURSE STRUCTURE & ASSIGNMENT DESCRIPTIONS

### COURSE STRUCTURE:

The instructional methods for this course will include

- 1) PowerPoint slides,
- 2) Lectures/videos,
- 3) Assignments, and
- 4) Class discussions

**Blackboard:** All announcements, assignments, power points and test etc., will be posted on Blackboard.

This course will consist of 4 Modules, each module includes 3 or more lectures.



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**ASSIGNMENTS:**

**Essays (2)- 20 Points Each.**

In this course, students will be required to complete two essays following the APA (American Psychological Association) format. These assignments are designed to enhance analytical and writing skills, with a focus on adhering to the structured guidelines of APA style. Through these essays, students will demonstrate their ability to conduct research, critically engage with material, and present their findings in a clear, professional manner.

**APA Style:** As students in this program, most of your papers are required to be in accordance with APA formatting standards. Students are encouraged to become familiar with the APA Manual; both content and format are important.

The top APA style requirements, that are worthy of attention are:

1. Cover page
2. Abstract
3. Page numbers (top right corner starting on cover page)
4. Margins (1 inch all sides)
5. Font size (12-point Times New Roman)
6. Proper use of quotes and documenting them correctly
7. Length (Instructor will provide limit)
8. References (Instructor will provide limit)
9. References and citations– APA style
10. APA style paper with appropriate content

**EXAMS:**

**Exam (Mid-Term & Final)- 30 Points Each.**

Students will complete 2 exams (mid-term & final) covering each half of the semester respectively. The exams are located in Blackboard (Exams & Quizzes). The exams are closed book/note exams. Students are required to read the chapters and lecture slides before beginning any exam. Please have a hard-wired internet connection before beginning the exam.

- The information for all the exams will come from all material within the course, including lectures, documentaries, or videos.
- The exam will be made of multiple-choice, true/false, and or matching questions. All exam questions will be delivered in a randomized order; no one will have the same version of the exam. Your questions will be delivered one at a time and must be answered as presented, or you will forfeit the opportunity to answer the question.
- Please have a hard-wired internet connection to take both exams.

Assessments will be completed virtually, through Blackboard. Office hours will be held via Webex or other platforms provided by the instructor.



**GRADING POLICIES**

<b>Assignments/Evaluation</b>	<b>Points</b>
Basics of the APA Style and Avoiding Plagiarism Tutorials	
<b>Essay:</b>	
Health Disparities	20
Community Health Project	20
<b>Exam:</b>	
Midterm	30
Final	30
<b>Total Possible Points</b>	<b>100</b>

Evaluations will be made with numbers. Final course grades of “A” through “F” will be awarded based on the TAMUSA grading Policy (see below):

<b>Letter Grade</b>	<b>Range</b>	<b>Grade Points</b>
<b>A</b>	90-100	4.0
<b>B</b>	80-89.99	3.0
<b>C</b>	70-79.99	2.0
<b>D</b>	60-69.99	1.0
<b>F</b>	50 & Below	0.0

**Generative AI**

**No Use of Generative AI Permitted**

This course assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio’s standards of academic integrity.



## TEXAS A&M SAN ANTONIO IMPORTANT POLICIES AND RESOURCES

### ACADEMIC ACCOMODATIONS FOR PERSONS WITH DISABILITIES:

As a member in an academic community, students at Texas A&M University- San Antonio are expected to exhibit a high level of honesty and integrity in their pursuit of higher education, be mature, be self-directed and be able to manage their own affairs. Students who are unwilling to abide by these basic expectations will find themselves facing academic and/or disciplinary sanctions. Students are expected to share in the responsibility and authority with faculty and staff to challenge and make known acts that violate the Texas A&M University- San Antonio Code of Conduct.

Texas A&M University- San Antonio faculty has the discretion to impose grade penalties as deemed necessary. Faculty members are required to report such serious breaches of academic honesty to their chair, their dean and the Office of Student Rights and Responsibilities. In cases of academic misconduct, students may be subject not only to grade sanctions in courses but to disciplinary action. Grade sanctions may be imposed only by faculty members, but suspension or expulsion may be imposed only by the Vice President for Student Affairs.

According to the Student Code of Conduct, the following are violations of Academic misconduct: Cheating, Plagiarism, Multiple Submissions, Collusion, Lying, and Bribery.

For more information, please refer to the [Texas A&M University- San Antonio Handbook](#) under Academic Policies: Violations of Academic Conduct.

### DEFINITIONS:

1. **Bribery:** Providing, offering or taking rewards in exchange for a grade, an assignment or the aid of academic dishonesty.
2. **Cheating:** Intentionally using or attempting to use unauthorized materials, information, notes, study aids or other devices or materials in any academic exercise to give an unfair advantage to the student. Examples include, but are not limited to:
  - a. Copying from another student's paper or receiving unauthorized assistance during an assignment, quiz, test or examination,
  - b. Having another person other than oneself attempt to complete an assignment or exam,
  - c. The acquisition, without permission, of tests or other academic material belonging to a member of the University faculty or staff,
  - d. Unauthorized collaboration on assignments and exams,
  - e. Using unauthorized assistance such as books, notes or other devices (e.g. calculators, cell phones, or computers, etc.),
  - f. Using, Selling, giving or exchanging completed exams to a student who has not yet taken the test.
3. **Collusion:** Intentionally or knowingly helping or attempting to help another to commit an act of academic dishonest. This includes, but is not limited to, the unauthorized collaboration with another individual in progressing forward on academic assignments.



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4. **Lying:** The deliberate falsification with the intent to deceive in written or verbal form as it applies to an academic submission.

The Americans with Disabilities Act Amendments Act (ADAAA) of 2008 and the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights protection for persons with disabilities. Title II of the ADAAA and Section 504 of the Rehabilitation Act require that students with disabilities be guaranteed equal access to the learning environment through the provision of reasonable and appropriate accommodation of their disability. If you have a diagnosed disability that may require an accommodation, please contact Disability Support Services (DSS) for the coordination of services. The phone number for DSS is (210) 784-1335 and email is [dss@tamusa.edu](mailto:dss@tamusa.edu).

**ACADEMIC LEARNING CENTER:**

All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center is an appointment based center where appointments are made through the Navigate platform. Students access Navigate through Jagwire in the Student Services tab. The Center is active on campus outreaching to students to highlight services offered. You can contact the Academic Learning Center by emailing [tutoring@tamusa.edu](mailto:tutoring@tamusa.edu) or calling (210)-784-1332. Appointments can also be made through JagWire under the services tab.

**COUNSELING RESOURCES:**

As a college student, there may be times when personal stressors interfere with your academic performance and/or negatively impact your daily functioning. If you or someone you know is experiencing life stressors, emotional difficulties, or mental health concerns at Texas A&M University – San Antonio, please contact the Student Counseling Center (SCC) located in Modular C, Room 166 (Rear entrance) or call 210-784-1331 between the hours of 8:00AM and 5:00PM. All mental health services provided by the SCC are free, confidential (as the law allows), and are not part of a student’s academic or university record. SCC provides brief individual, couples, and group therapy, crisis intervention, consultation, case management, and prevention services. For more information, please visit [www.tamusa.edu/studentcounseling](http://www.tamusa.edu/studentcounseling)

In a crisis situation, please walk-in to the Student Counseling Center (SCC) any time between the hours of 8:00AM and 5:00PM to be seen by a licensed clinician. After hours, please contact UPD at 911 or text “HOME” to 741-741 24/7/365 to connect with a trained crisis counselor. The National Suicide Prevention hotline also offers a 24/7/365 hotline at 1-800-273-8255.

**EMERGENCY PREPAREDNESS:**

JagE Alert is Texas A&M University-San Antonio’s mass notification. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email and/or phone call with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>.

More information about Emergency Preparedness and the Emergency Response Guide can be found here: <https://www.tamusa.edu/upd/index.html>.

**FINANCIAL AID AND VERIFICATION OF ATTENDANCE:**

According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education



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(DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended the first week of class. Any student receiving federal financial aid who does not attend the first week of class will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

**JAGUAR WRITING CENTER:**

The Jaguar Writing Center provides writing support to graduate and undergraduate students in all three colleges. Writing tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. The Writing Center is currently holding all appointments digitally. Students can schedule appointments with the Writing Center in JagWire under the student services tab. Students wanting to work in realtime with a tutor can schedule an “Online Appointment.” Students wishing to receive asynchronous, written feedback from a tutor can schedule an “eTutoring” appointment. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website at [www.tamusa.edu/Writing-Center](http://www.tamusa.edu/Writing-Center). The Writing Center can also be reached by emailing [writingcenter@tamusa.edu](mailto:writingcenter@tamusa.edu).

**MEETING BASIC NEEDS:**

Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to contact the Dean of Students ([DOS@tamusa.edu](mailto:DOS@tamusa.edu)) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to provide any resources they may possess.

**MILITARY AFFAIRS:**

Veterans and active-duty military personnel are welcomed and encouraged to communicate, in advance if possible, and special circumstances (e.g., upcoming deployment, drill requirements, disability accommodations). Office of Military Affairs with any questions at [military@tamusa.edu](mailto:military@tamusa.edu) or (210)784-1397.

**RELIGIOUS OBSERVANCES:**

Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.





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**RESPECT FOR DIVERSITY:**

We understand that our students represent diverse backgrounds and perspectives. When we are equity-minded, we are aware of differences and inequalities and are willing to discuss them so we can act to resolve them. The University is committed to building cultural competencies, or the attitudes, skills, and knowledge that enable individuals and organizations to acknowledge cultural differences and incorporate these differences in working with people from diverse cultures. Respecting and accepting people different than you is vital to your success in the class, on campus, and as a future professional in the global community. While working together to build this community we ask all members to:

- Share their unique experiences, values, and beliefs.
- Be open to the views of others.
- Honor the uniqueness of their colleagues.
- Value each other's opinions and communicate respectfully.
- Keep confidential discussions that the community has of a personal (or professional) nature.
- Use this opportunity together to discuss ways in which we can create an inclusive environment in this course and across the A&M-San Antonio community.

**THE SIX-DROP RULE:**

Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

**STATEMENT OF HARRASSMENT AND DISCRIMINATION:**

Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equality of opportunity and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality, diversity, pluralism and the uniqueness of the individual within our state, nation, and world. All decisions and actions involving students and employees should be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, or gender expression. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the appropriate offices within their respective units.

Texas A&M University-San Antonio faculty are committed to helping create a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex- or gender-based discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking, know that help and support are available.



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A&M-San Antonio has staff members trained to support survivors in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the university. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and other healthcare providers are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the university's Title IX Coordinator. If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact the Student Counseling Center at (210) 784-1331, Modular C.

## STUDENTS' RIGHTS AND RESPONSIBILITIES:

The purpose of the following statement is to enumerate the essential provisions for the student freedom and responsibility to learn at Texas A&M University-San Antonio. All students are required to follow all policies and regulations as set forth by The Texas A&M University System. This includes the [A&M-San Antonio Student Code of Conduct](#).

### *Students' Rights*

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no university rule or procedure that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the university, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, genetic information or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

### *Students' Responsibilities*

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty and the administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, Student Code of Conduct, on our website, University Catalog and students must comply with them and the laws of the land.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire university community. A student has the responsibility to recognize the University's obligation to provide an environment for learning.
4. A student has the responsibility to check their university email for any updates or official university notification.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation or disability. Behaviors that infringe on the rights



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**PREGNANCY, PREGNANCY-RELATED, & PARENTING ACCOMMODATIONS:**

For pregnant and parenting students: Under Title IX, a student's absences due to pregnancy, childbirth, false pregnancy, termination of pregnancy or recovery from any of these are excused for as long as the student's doctor deems the absences to be medically necessary. When the student returns to school, the student will return to the same academic and extracurricular status as before the medical leave began. New mothers are afforded reasonable break periods during programs or activities, including classes, to express milk or nurse as necessary. For private areas of expression, visit the Title IX website at: <http://bit.ly.tamusatitleix>

Pregnant or parenting students seeking academic interim measures must complete the online Pregnancy & Parenting Information Form. Once the form is completed, a staff member from the Dean of Students office will contact students regarding their request.

**MANDATORY COURSE EVALUATION PERIOD**

**ATTENDANCE:**

Students are expected to attend all scheduled classes and may be dropped from the course for excessive absences. Texas A&M- San Antonio's attendance policy excuses students from attending class if they are participating in officially sponsored university activities, such as athletics; for observance of religious holy days; or for military service. Students should contact the instructor in advance of the excused absence and arrange to make up missed work or examinations.

**SCHOLASTIC DISHONESTY:**

Students at Texas A&M University-San Antonio are expected to adhere to the highest standards of academic honesty and integrity. Academic misconduct for which a student is subject to penalty includes cheating, plagiarism, fabrication, multiple submissions, misrepresentation of academic records, facilitating academic dishonesty, unfair advantage, violating known safety requirements and ethical misconduct. This includes holding other students to the same standards and reporting any incidents of alleged violation of the honesty policy to the instructor involved or, if necessary, to the appropriate academic department head. All students are responsible for being familiar with the Academic Misconduct Policy, which may be found in the Texas A&M University-San Antonio Student Handbook.

University policy prescribes serious consequences for acts of academic misconduct including, but not limited to, a grade of 'F' on the particular paper or assignment or a failing grade in the course. Also, a referral may be issued to the Office of Student Rights and Responsibilities where the sanctions can vary up to possible expulsion from the University. Considering the potential consequences of academic misconduct, it is obviously in students' best interests to avoid even the appearance of such behavior. If you are ever unclear whether a specific act might constitute academic misconduct, please contact your instructor for an assessment of the situation.

All student term papers and other written assignments are subject to analysis by



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anti-plagiarism software.

### **SEXUAL MISCONDUCT:**

A form of sex-discrimination. Includes, but is not limited to, unwelcome sexual advances, requests for sexual favors or other verbal, non-verbal or physical conduct of a sexual nature constitute sexual harassment when this conduct is so severe, persistent or pervasive that expressly or implicitly affects an individual's employment, unreasonably interferes with an individual's work or educational performance, or creates an intimidating or hostile work, educational, or campus living environment. Unwelcome means that an individual did not request or invite it and considers the conduct to be undesirable or offensive. Submission to the conduct or failure to complain does not always mean that the conduct was welcome. Sexual harassment may be quid pro quo ("this for that") or may constitute a hostile environment. Sexual harassment includes non-consensual sexual contact, sexual assault, sexual exploitation, stalking, dating violence, and domestic violence when based on sex.

### **COURSE DROPS:**

Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

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## **Changes**

The syllabus is subject to change at the instructor's discretion. Any changes/corrections to the course materials, assignment dates, or other updates will be communicated to the students ahead of time. You are responsible for checking Blackboard for corrections or updates to the syllabus.



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**OVERVIEW OF COURSE CONTENT & SCHEDULE:**

The course schedule, readings, assignments, and syllabus policies are subject to change at the instructor’s discretion. You will be notified of changes via Blackboard Announcements and during class. Changes are often to benefit the needs of the class.

Important Dates:	<b>August</b>	
	27	Introduction, Syllabus, Class Expectations.
	29	<b>MODULE 1: Health, Wellness and 5 Major Determinants of Health</b>
Labor Day-No Classes Sept 2 <sup>nd</sup>	<b>September</b>	
	3	<b>MODULE 1: National and International Health Agencies</b>
	5	<b>MODULE 1: Epidemiology and Healthy People 2030 (Part I)</b>
Census Date Sept 11 <sup>th</sup>	10	<b>MODULE 1: Epidemiology and Healthy People 2030 (Part II)</b>
Drop non- payment	12	<b>MODULE 2: 2019 Bexar County Community Health Needs Assessment (Lecture)</b>
<b>Community Health Essay Due</b>	17	<b>MODULE 2: 2019 Bexar County Community Health Needs Assessment (Reading about assessment in Bexar County Health Collaborative website)</b>
	19	<b>MODULE 2: 2017 Bexar Community Health Improvement Plan (CHIP)</b>
	24	<b>MODULE 2: Health-Related Behaviors (Eating, Physical Activity, Substance Abuse, etc.)</b>
	26	<b>MODULE 3: Weight Management</b>
	<b>October</b>	
	1	<b>MODULE 3: Physical Activity, Fitness, and Health</b>
	3	<b>MODULE 3: Mental/Emotional Health, Stress, and Self-esteem (Part I)</b>
	8	<b>MODULE 3: Mental/Emotional Health, Stress, and Self-esteem (Part II)</b>
	10	<b>MODULE 4: Social Health (Environmental &amp; Living conditions) Part I</b>
	15	<b>MODULE 4: Social Health (Environmental &amp; Living conditions) Part II</b>
	17	<b>MODULE 4: Infectious Diseases (Communicable Diseases) and Immunizations (Part I)</b>
	22	<b>MODULE 4: Infectious Diseases (Communicable Diseases) and Immunizations (Part II)</b>
	24	<b>MODULE 4: Chronic Diseases (Non-communicable diseases) Part I</b>
<b>Midterm Exam March 4<sup>th</sup></b>	29	<b>MODULE 4: Chronic Diseases (Non-communicable diseases) Part II</b>
	31	<b>MODULE 4: Chronic Diseases (Non-communicable diseases) Part II</b>
	<b>November</b>	
	5	<b>MODULE 5: Prevention levels (Primary, Secondary, Tertiary) and U.S Health Care</b>
	7	<b>MODULE 5: Health Promotion and Health Literacy</b>
	12	<b>MODULE 5: Maternal, Infant, and Child Health</b>



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	14	<b>MODULE 6:</b> Adolescents, Young Adults, and Adults
	19	<b>MODULE 6:</b> Older Adults
<b>Community Health Project Essay Due</b>	21	<b>MODULE 6:</b> Alcohol, Tobacco, and Other Drugs
	26	Overview on Module 6
	28	<i>Thanksgiving Holiday- No Classes</i>
	<b>December</b>	
	3	TBA
	5	Last Day of Classes
	10-12	<b>Final Exam Week</b>

**Important Dates:**

**August 26** First day of class

**September 2** Labor Day Holiday

**November 11** Last day to drop with an automatic "W"

**November 19** Last day to drop a course or withdraw from the University

**November 27** Study Day - No classes

**November 28-30** Thanksgiving Holiday - No classes

**December 5** Last day of classes

**December 6** Study Day - No classes

**December 7-13** Final exams The complete academic calendar is available online:  
<https://www.tamusa.edu/academics/academic-calendar/index.html>.



**TEXAS A&M UNIVERSITY  
SAN ANTONIO**

**Fall 2024 Final Exam Schedule**

Final exams are administered over the course of a week at the end of each 16-week term. The table below lists the day and time for each exam based on the day and time of the course.

All final examinations should be given in accordance with the published schedule. No regular course examinations (except for laboratory and one-hour courses) may be given during the last week of classes prior to the final exam week. No final exam may exceed 1 hour and 50 minutes, keeping in mind that students with accommodations for additional test time are exceptions. Instructors may set a shorter time limit for students to complete the final exam. All final exams will take place in their regularly scheduled rooms unless faculty are notified otherwise. All efforts have been made to minimize final exam time conflicts, but in the event a conflict arises students are encouraged to consult with their instructors to identify a solution.

Final exams should be provided in the mode in which the  
course was normally delivered.

- Face-to-face finals normally should be administered in-person during the time listed in the final exam schedule. If the exam is offered in a different modality (e.g., online) this should be communicated clearly to the students in advance.
- Online synchronous course finals may be administered either during the time listed in the final exam schedule or in an asynchronous format at any point in the final exam week. Instructors may choose to allow students to complete final exams asynchronously within a window of time. For example, a final exam with a two-hour limit might be available to students to complete between Monday at 8:00 am and Tuesday at 11:59 p.m.
- Asynchronous (unscheduled) course finals should be offered in an asynchronous format during the final exam week. Instructors may choose to allow students to complete final exams asynchronously within a window of time (same as online synchronous format). Faculty should not require students to take synchronous or face-to-face exams for an asynchronous online course.

Proctoring Services: Information about scheduling exam proctoring is available at <https://www.tamusa.edu/about-us/provost/faculty/test-proctoring.htm>

Exam Time	Exam Day					
	Saturday, 12/7	Monday, 12/9	Tuesday, 12/10	Wednesday, 12/11	Thursday, 12/12	Friday, 12/13
8:00-9:50am	W 8:00-9:15am	MWF 8:00-8:50am MW 8:00-9:15am M 8:00-10:45am M 8:00-9:15am	TR 8:00-9:15am T 8:00-10:45am T 8:00-9:15am	W 8:00-10:45am W 9:30-10:45am	R 8:00-10:45am R 8:00-9:15am	MWF 10:00-10:50am F 8:00-10:45am
10:00-11:50am	S 9:00-11:45am	MWF 11:00-11:50am MW 11:00-12:15pm M 11:00-1:45pm M 11:00-12:15pm	TR 11:00-12:15pm T 11:00-1:45pm T 11:00-12:15pm	MWF 12:00-12:50pm MW 12:30-1:45pm W 11:00-1:45pm W 12:30-1:45pm	TR 12:30-1:45pm R 11:00-1:45pm R 12:30-1:45pm	MWF 1:00-1:50pm F 11:00-1:45pm
12:00-1:50pm	S 12:00-2:45pm	M 9:30-10:45am MWF 9:00-9:50am MW 9:30-10:45am	T 9:30-10:45am TR 9:30-10:45am	W 2:00-3:15pm	R 9:30-10:45am	W 11:00-12:15pm
2:00-3:50pm	S 3:00-5:45pm	MWF 2:00-2:50pm MW 2:00-3:15pm M 2:00-4:45pm M 2:00-3:15pm	TR 2:00-3:15pm T 2:00-4:45pm T 2:00-3:15pm	MWF 3:00-3:50pm MW 3:30-4:45pm W 2:00-4:45pm W 3:30-4:45pm	TR 3:30-4:45pm R 2:00-4:45pm R 3:30-4:45pm	F 2:00-4:45pm
4:00-5:50pm	R 2:00-3:15pm	M 4:00-6:45pm M 5:30-6:45pm M 5:30-8:15pm MW 5:30-6:45pm	T 4:00-6:45pm T 5:30-6:45pm T 5:30-8:15pm TR 5:30-6:45pm	W 4:00-6:45pm W 5:30-6:45pm W 5:30-8:15pm	R 4:00-6:45pm R 5:30-6:45pm R 5:30-8:15pm	R 11:00-12:15pm
6:00-7:50pm	M 3:30-4:45pm	M 7:00-8:15pm M 7:00-9:45pm	T 7:00-8:15pm T 7:00-9:45pm	W 7:00-8:15pm W 7:00-9:45pm MW 7:00-8:15pm	R 7:00-8:15pm R 7:00-9:45pm TR 7:00-8:15pm	M 12:30-1:45pm
8:00-9:50pm	W 3:30-4:45pm	M 8:30-9:45pm MW 8:30-9:45pm	T 8:30-9:45pm TR 8:30-9:45pm	W 8:30-9:45 pm	R 8:30-9:45pm	T 12:30-1:45pm