# 2302 The Psychology Major - M. Daniel Fall 2024

**Course Description.** Students will be introduced to the broad field of psychology. Subfields will be explored. Students will explore job opportunities and opportunities for advanced degrees. Topics may also include scientific methods, research, reading scientific articles, ethics, critical thinking, the A&M-SA degree plan, and goal setting. Prerequisite: PSYC 2301

**Skill Development.** In addition to learning some basics of careers in psychology, the assignments in this course are designed to help you develop a number of skills that are important to your success as a student:

- · Social Interaction (Interacting with Professors and Fellow Students, Overcoming Social Anxiety)
- · Using Campus Resources (Library, Writing Center, Career Services)
- · Using Digital Tools and the Cloud
- · Self-monitoring, Metacognition, and Planning
- · Practice Reading Scientific Articles

**Textbook.** Intro Book reference: OpenStax College, Psychology. Link to FREE textbook: <a href="https://openstax.org/details/books/psychology-2e">https://openstax.org/details/books/psychology-2e</a>

## **Recommended Reference Material (NOT required):**

APA Manual (7th edition). American Psychological Association (2019). APA College Dictionary of Psychology. Washington, DC: Author. ISBN: 978-1-4338-0433-5

## **Additional Readings**

You will be provided with supplemental readings through Blackboard that will help you understand different topics. You will be expected to find readings on your own as a part of your assignments. These must come from peer-reviewed sources. If you cannot find a PDF of the article, interlibrary loan can usually locate it for you. See the schedule and blackboard for due dates and details.

## **Quality of Written Work**

All written work should be of academic quality submitted in APA format in order to expect full credit.

## Withdrawal Policy

Any withdrawals after the last day for an *automatic* "W" date established by the university will receive the grade of "F".

**Grades.** All assignments will be submitted through Blackboard, and instructions will be available on Blackboard unless otherwise noted. Your final grade in this class will be calculated as a simple average: your points earned divided by the maximum number of points you could have earned. In this class you can earn up to a total of 100 points.

## Contact Info

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**Late Work.** Due dates and times are clearly listed on the materials for every assignment. **Assignments are due Fridays at midnight.** Work turned in after the due date and time is considered late.

- · Work turned in after, but within 24 hours of the due date will be graded at 50%.
- After 24 hours, the work will not be accepted. No exceptions. If you have an emergency situation, notify me ASAP for consideration, and include any necessary documentation.

This is a basic time-management skill you must learn to succeed in college and in life. Make a schedule, work ahead; you've got this!

## Calendar Fall 2024

| Date  | Weekly Topic  | Assignment                     | Due   |
|-------|---|--------------------------------|-------|
| 8/26  | How to be a Psych Major: Getting Organized                          | Study Plan                     | 8/30  |
| 9/2   | How to be a Psych Major: Making the Most of your Time at University | Writing Objective Assignment 1 | 9/6   |
| 9/9   | How to be a Psych Major: Making a Plan                              | 9th Circle of Hell             | 9/13  |
| 9/16  | How to be a Psych Major: Speaking for Yourself                      | Writing Objective Assignment 2 | 9/20  |
| 9/23  | How to be a Psych Major: Living your Life as a Student              | Full Plate                     | 9/27  |
| 9/30  | How to be a Psych Major: How do I Earn my Degree?                   | Writing Objective Assignment 3 | 10/4  |
| 10/7  | Becoming a Scientist: Making Science Work for You                   | Article Worksheets             | 10/11 |
| 10/14 | Becoming a Scientist: Psychology is a Science                       | Writing Objective Assignment 4 | 10/18 |
| 10/21 | Becoming a Scientist: What is Scientific Research?                  | Exam, Research Methods         | 10/25 |
| 10/28 | Psych Major Options: Finding the Area for You                       | Writing Objective Assignment 5 | 11/1  |
| 11/4  | Psych Major Options: The APA Divisions                              | APA Presentation               | 11/8  |
| 11/11 | Psych Major Options: What Degree is Right for You?                  | Writing Objective Assignment 6 | 11/15 |
| 11/18 | Psych Major Option: What is Grad School? *Thanksgiving              | Scavenger Hunt Assignment      | 11/22 |
| 11/25 | I'm a Psychologist: What do I do Now?                               | Writing Objective Assignment 7 | 11/29 |
| 12/2  | I'm a Psychologist: Dealing with the Haters                         | REC (SONA)                     | 12/6  |
|       | Finals  | Reflection Paper               |       |

## **Important Dates:**

| August 26      | First day of class                       |  |
|----------------|--|--|
| September 2    | Labor Day – No classes                   |  |
| September 11   | Census Date                              |  |
| November 11    | Last day to drop with an automatic "W"   |  |
| November 19    | Last day to withdraw from the University |  |
| November 27    | Study Day – No classes                   |  |
| November 28-30 | Holiday – No classes                     |  |
| December 5     | Last day of classes                      |  |
| December 6     | Study Day – No classes                   |  |
| December 7-13  | Final exams                              |  |

The complete academic calendar: https://www.tamusa.edu/academics/academic-calendar/index.html



## **IMPORTANT POLICIES AND RESOURCES**

Academic Accommodations for Individuals with Disabilities: Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us <a href="https://www.tamusa.edu/Disability-Support-Services/index.html">https://www.tamusa.edu/Disability-Support-Services/index.html</a> or email us at <a href="mailto:dss@tamusa.edu">dss@tamusa.edu</a>. Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their disability-related needs with Disability Support Services and their instructors as soon as possible.

<u>Academic Learning Center:</u> The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the *Tools* section of Blackboard. You can contact the Academic Learning Center by emailing <a href="mailto:tutoring@tamusa.edu">tutoring@tamusa.edu</a>, calling (210) 784-1307, or visiting the Central Academic Building, room 202.

<u>Counseling/Mental Health Resources:</u> As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, call 210-784-1331 or visit Madla 120.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. For more information on SCC services visit tamusa.edu/studentcounseling

Crisis support is available 24/7 by calling the SCC at 210-784-1331 (after-hours select option '2').

Additionally, the TELUS Student Support App provides a variety of mental health resources to including support for in the moment distress, an anonymous peer to peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.



<u>Emergency Preparedness:</u> JagE Alert is Texas A&M University-San Antonio's mass notification. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will

have the option to receive a text message, email with instructions and updates. To register or update your information visit: https://tamusa.bbcportal.com/.

More information about Emergency Operations Plan and the Emergency Action Plan can be found here: <a href="https://www.tamusa.edu/about-us/emergency-management/">https://www.tamusa.edu/about-us/emergency-management/</a>.

Download the SafeZone App (<a href="https://safezoneapp.com/">https://safezoneapp.com/</a>) for emergencies or call (210) 784-1911. Non-Emergency (210) 784-1900.

<u>Financial Aid and Verification of Attendance</u>: According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Any student receiving federal financial aid who does not attend by the census date will have their financial aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester, a Care report will be submitted, and you will possibly be dropped from the class. Your financial aid may have to be recalculated and a portion of your federal aid may have to be returned to the DoE.

Writing, Language, and Digital Composing Center: The Writing, Language, and Digital Composing Center supports graduate and undergraduate students in all three colleges as well as faculty and staff. Tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. Students can schedule appointments through JagWire under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. The Center offers face-to-face, synchronous online, and asynchronous digital appointments. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website at <a href="https://www.tamusa.edu/academics/">https://www.tamusa.edu/academics/</a>.

<u>Meeting Basic Needs:</u> Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to submit a CARE referral (<a href="https://www.tamusa.edu/university-policies/Student-Rights-and-Responsibilities/file-a-report.html">https://www.tamusa.edu/university-policies/Student-Rights-and-Responsibilities/file-a-report.html</a>) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources.

<u>Military Affairs:</u> Veterans and active-duty military personnel are welcomed and encouraged to visit the Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots' Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210)784-1397.

<u>Religious Observances:</u> Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up

any examination, study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

<u>The Six-Drop Rule:</u> Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

Statement of Harassment and Discrimination: Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual within our state, nation, and world. All decisions and actions involving students and employees should be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, gender expression, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the appropriate offices within their respective units.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex- or gender-based discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

<u>Pregnant/Parenting Students:</u> Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable accommodations to pregnant students as would be provided to a student with a temporary medical condition that are related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of

illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources.

<u>Students' Rights and Responsibilities:</u> The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

## Students' Rights

- A student shall have the right to participate in a free exchange of ideas, and there shall be no
  University rule or administrative rule that in any way abridges the rights of freedom of speech,
  expression, petition and peaceful assembly as set forth in the U.S. Constitution.
- 2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, gender identity, gender expression, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.
- 3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
- 4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

#### Students' Responsibilities

- 1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
- 2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, <u>Student Code of Conduct</u>, on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
- 3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
- 4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
- 5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the Student Code of Conduct (<a href="https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/documents/Student-Handbook-2022-23.pdf">https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/academic-integrity.html</a>).

## **AI Policy**

## Option 2 - Use of Generative AI Permitted Under Some Circumstances or With Explicit Permission

There are situations and contexts within this course where you may be asked to use artificial intelligence (AI) tools to explore how they can be used. Outside of those circumstances, you should not use AI tools to generate content (text, video, audio, images) that will end up in any student work (assignments, activities, discussion responses, etc.) that is part of your evaluation in this course. Any student work submitted using AI tools should clearly indicate with attribution what work is the student's work and what part is generated by the AI. In such cases, no more than 25% of the student work should be generated by AI. If any part of this is confusing or uncertain, students should reach out to their instructor for clarification before submitting work for grading. Use of AI-generated content without the instructor's permission and/or proper attribution in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

**NOTE:** Guidance for how to cite Al-generators, like ChatGPT, can be found here <a href="https://apastyle.apa.org/blog/how-to-cite-chatgpt">https://apastyle.apa.org/blog/how-to-cite-chatgpt</a>