



TEXAS A&M UNIVERSITY
SAN ANTONIO

**College of Education and Human Development
Department of Counseling, Health, & Kinesiology
EDCG 5385 Clinical Mental Health Internship
FALL 2024**

Instructor: Ray Wooten, PhD, LPC-S, RSMT, RYT-200
Class time and Location: Wednesday 5:30-7:00 CH 209
Email & Phone: hwooten@tamusa.edu 210-508-5525
Office Hours: Tuesday & Thursdays 4:15-5:25
Office Location: Classroom Hall 214N; Zoom

Required Textbooks:

Student Practicum Handbook – found on Blackboard

American Counseling Association. (2014). *ACA code of ethics*.
<https://www.counseling.org/resources/aca-code-of-ethics.pdf>

Recommended Textbooks:

McHenry, B., & McHenry, J. (2021). *What therapists say and why they say it* (3rd ed.).
Routledge.

Erford, B. T., Hays, D. G., Crockett, S., & Miller, E. M. (2019). *Mastering the National Counselor Examination and the Counselor Preparation Comprehensive Examination* (3rd ed.). Pearson.

Course Description:

Students will complete a total of 200 clock hours (minimum) of supervised counseling internship within the clinical mental health counseling setting. Students will have weekly interaction with site supervisors that averages one hour per week of individual and/or triadic supervision throughout the internship. Students will also participate in an average of 1.5 hours per week of group supervision on a regular schedule throughout the internship. Prerequisite: EDCG 5360.

Student Learning Outcomes:

- a. Students will be able to demonstrate understanding and the ability to implement basic counseling skills including reflection of feelings, paraphrasing, summarization, and the use of open ended questions.
- b. Students will be able to demonstrate the ability to implement counseling techniques and/or theories when working with clients.



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- k. Strategies to promote client understanding of and access to a variety of community-based resources
 - l. Suicide prevention models and strategies
 - m. Crisis intervention, trauma-informed, and community-based strategies, such as Psychological First aid
 - n. Processes for aiding students in developing a personal model of counseling
6. Group Counseling and Group Work
- a. Theoretical foundations of group counseling and group work
 - b. Dynamics associated with group process and development
 - c. therapeutic factors and how they contribute to group effectiveness
 - d. characteristics and functions of effective group leaders

CACREP CORE OR SPECIALTY AREA(S): Professional Counseling Orientation and Ethical Practice & Social and Cultural Diversity

The Individual Counseling Session Summary is used to determine the level of student knowledge and skills related to the following CACREP Standards:

- 2.F.1.i. Ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.
- 2.F.2.b. theories and models of multicultural counseling, cultural identity development, and social justice and advocacy
- 2.F.2.c. multicultural counseling competencies
- 2.F.2.d. the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others
- 2.F.2.e. the effects of power and privilege for counselors and clients
- 2.F.2.h. strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination

1st KEY PERFORMANCE INDICATOR:

Students will complete the Individual Counseling Session Summary. The outline for the session summary and all questions to be addressed can be found on the Individual Counseling Session Summary form.