



TEXAS A&M UNIVERSITY
SAN ANTONIO

College of Education & Human Development

Department of Counseling, Health & Kinesiology

EDCG 5314 Theoretical Foundations of Marriage, Couples and Family Counseling
Fall 2025

Instructor: Ray Wooten Ph.D., LPC-S, RSMT, RYT-500

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Office Hours: Wednesday and Thursday 4:00-5:15

Please schedule your appointment to ensure that time is open.

Class Time/Location: Thursday 7:00-9:15

Classroom Hall 209

Required Text:

Nichols, M.P., & Davis, S.D. (12th Ed.). (2021). *Family therapy: Concepts & methods*. New York: Pearson.

Recommended Reading: Appendix A Chapter-by-chapter recommendations in the Nichols & Davis text.

Catalog Description:

The purpose of this course is to provide students with an introduction to counseling theories with an emphasis on systems theory. The course will provide knowledge of theories that may be utilized for working with clients who present as individuals, couples, or families.

Course Rationale: This course is designed to give the student an introduction to systems theory, as well as exploration in theories of couples and family counseling. The student will learn the history regarding the evolution of marriage and family counseling. Students will learn theories, processes and techniques that are central to working with clients in marriage and family counseling. There will be emphasis