

**Course Syllabus**  
**UNIV 1301.030**  
**First Year Seminar (FYS)**  
**Texas A&M University-San Antonio | Fall 2025**

**Instructor: John De La Rosa**

**Office Location: Central Academic Building (CAB) 202**

**Office Hours: Tuesday and Thursday 11am-12 pm**

**Instructor Email: [jodelaro@tamusa.edu](mailto:jodelaro@tamusa.edu)**

**FYS Section: UNIV 1301.030**

**Day/Time/Location: Monday, Wednesday / 9:30-10:45 am / STEM (Sci-Tech)**

**Peer Leader: Kailey Smith**

**Course Description (from the A&M-SA Course Catalog)**

This course is designed to assist first-year students in adjusting to university expectations through enhancing quantitative reasoning skills and acquiring essential skills for academic success.

**Course Overview**

This course is designed to assist first-year students in adjusting to university expectations, acquiring essential academic success skills, and exploring different career paths. The course focuses on accessing university resources, and developing self-awareness, agency, and personal responsibility. Students will also become active members of the campus community.

**Course Promises**

This course makes a set of promises to you (assuming you fulfill the expectations below). By the end of the semester, you should be able to:

1. Exhibit growth in self-awareness, agency, and personal responsibility
2. Demonstrate knowledge and skills in quantitative reasoning
3. Adapt and apply appropriate academic strategies to courses and learning experiences
4. Identify and apply strategies to effectively manage time and priorities
5. Identify relevant academic policies, processes, and resources relevant to your academic success
6. Develop goal-setting strategies to enhance academic and career readiness.

## Course Expectations

This course will only fulfill these promises if you promise the following in return:

***Attend classes.*** This course will rely largely on class content and discussion. For this format to succeed, you must be present and on time. You will earn an absence if you arrive 15 or more minutes after class has started. Excessive tardiness will also be penalized. You will receive points for attendance and many in and out of class assignments will be contingent on information from class. To earn full participation points, you must attend class and actively participate. ***You may miss up to four classes. Five absences may result in you being dropped from the course.***

***Be attentive and participate in class.*** I expect all students to actively participate during class both verbally and nonverbally. Participation does not simply mean speaking, although that is essential. I realize there are a variety of ways students can participate (e.g., following discussions with your eyes and ears, asking questions, sharing, reading, writing, individual reflection, presenting, collaboration). I hope that you will strive to stretch yourselves beyond your preferred ways of learning and your comfort zone. I encourage you to contribute thoughtful comments and questions, as well as to listen carefully to your peers' contributions and respectfully respond to others' comments. The success of our mutual learning from each other depends upon preparation and active participation in all aspects of the course.

***Complete required assignments in a timely manner.*** Assignments provide you with both informal and formal opportunities to articulate your responses to the issues and topics we will discuss. You will get the most out of the course if you turn in your work on time. Extensions require at least a full day's advance notice prior to due dates and approval from me. It is vital that you follow basic grammar rules in order to get full credit for assignments. No matter how short or long the response, make sure you check for grammar and standards of academic writing. All responses are a reflection of you and are intended to prepare you for academic and professional writing.

**Late Work Policy:** With the exception of the final project, you can request an extension on all assignments. Otherwise, NO late work will be accepted. Assignments are closed on Blackboard after deadline and will no longer be accepted at that point in time.

## **Assignments and Evaluations**

To be successful in this course you are expected to complete all assignments on time. Assignments must be submitted to the correct location to be considered on time. Assignments will be graded based on quantity and quality with rubrics for each assignment provided in Blackboard.

The majority of assignments will be completed during class. If you miss an in-class assignment, meet with your Instructor, Peer Leader, or a classmate to catch up on any work you may have missed.

## **Grade Breakdown**

- **Daily assignments, quizzes, and reflections: 200 points/20%**

- Student Profile; 20 points
- Syllabus Quiz; 20 points
- Motivation & Growth Mindset; 20 points
- Focus 2 Completion + Reflection; 20 points
- Pre-Reg Party Reflection; 20 points
- GPA Reflection; 20 points
- Living Wage Analysis; 20 points
- Resume Draft/Cover Letter Draft; 20 points
- Mays Center Presentation Reflection; 20 points
- Peer Leader Meeting Summary; 20 points

- **Projects: 600 points/60%**

- My Story Presentation; 50 points
- Passport to Success; 150 points
- Strengths Presentations; 100 points
- Time Management Project; 100 points
- Career Mini-Project; 100 points
- Final Reflection Presentation; 100 points

- **Participation: 200 points/20%**

- Attendance and In-Class Engagement; 100 points
- Peer Leader Meeting; 50 points
- Attend Faculty Meeting; 50 points

## **Grading Scale:**

900 – 1000 points = A

800 – 899 points = B

700 – 799 points = C

600 – 699 points = D

0 – 599 points = F

### **Extra Credit Opportunities**

Throughout the semester, there will be many ways to earn extra credit. These opportunities range from attending a campus event, meeting with a professor during office hours, or getting help from a tutor at the Academic Learning Center or the Writing, Language, and Digital Composing Center (WLDCC). I will add 5 points to your Participation Grade if you take part in an extra credit opportunity + write a short reflection (1 paragraph) about your experience.

## **Student Support and Services**

**Academic Accommodations for Persons with Disabilities:** The Americans with Disabilities Act of 1990, as amended, and the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights protection for individuals with disabilities. Title II of the ADA and Section 504 of the Rehabilitation Act require that students with disabilities be guaranteed equal access to the learning environment through the provision of reasonable and appropriate accommodation of their disability. If you have a disability that may require accommodation, please contact Disability Support Services (DSS) for the coordination of services. The phone number for DSS is (210) 784-1335 and email is [dss@tamusa.edu](mailto:dss@tamusa.edu).

**Academic Learning Center:** All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center is an appointment-based center where appointments are made through the Navigate platform. Students access Navigate through Jagwire in the Student Services tab. The Center is active on campus, outreaching to students to highlight services offered. You can contact the Academic Learning Center by emailing [tutoring@tamusa.edu](mailto:tutoring@tamusa.edu) or calling (210)-784-1332. Appointments can also be made through JagWire under the services tab.

**Counseling Resources:** As a college student, there may be times when personal stress interferes with your academic performance and/or negatively impacts your daily functioning. If you or someone you know is experiencing life stressors, emotional difficulties, or mental health concerns at Texas A&M University – San Antonio, please contact the Student Counseling Center (SCC) located in Madla 120 or call 210-784-1331 between the hours of 8:00AM and 5:00PM, Monday – Friday. After-hours crisis support is available by calling 210-784-1331 (select option “2”). Please contact UPD at 911 if harm to self or harm to others is imminent.

All mental health services provided by the SCC are free, confidential (as the law allows), and are not part of a student’s academic or university record. SCC provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. For more information, please visit [www.tamusa.edu/studentcounseling](http://www.tamusa.edu/studentcounseling)

**Emergency Preparedness:** JagE Alert is Texas A&M University-San Antonio’s mass notification. In the event of an emergency, such as inclement weather, students, staff

and faculty, who are registered, will have the option to receive a text message, email and/or phone call with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>  
More information about Emergency Preparedness and the Emergency Response Guide can be found here: <https://www.tamusa.edu/upd/index.html>

**Meeting Basic Needs:** If you face challenges securing food, housing or other basic needs, you are not alone, and A&M- San Antonio can help during this time of crisis. We invite you to learn about the many resources available to support you by visiting the [Dean of Student's website](#) or by reaching out via [dos@tamusa.edu](mailto:dos@tamusa.edu). Additionally, it is not unusual for students to encounter temporary illness or injuries that may interfere with your academic success. Students may request temporary illness/disability assistance by reaching out to the [Dean of Student's Office](#) (210) 784-1354. If you are comfortable doing so, please notify the professor of any issues so that they may provide additional resources.

**Military Affairs:** Veterans and active-duty military personnel are welcomed and encouraged to communicate, in advance if possible, and in special circumstances (e.g., upcoming deployment, drill requirements, disability accommodations). You are also encouraged to visit the Patriots' Casa in-person room 202, or to contact the Office of Military Affairs with any questions at [military.va@tamusa.edu](mailto:military.va@tamusa.edu), or (210)784-1397.

**Writing, Language, and Digital Composing Center:** The Writing, Language, and Digital Composing Center supports graduate and undergraduate students in all three colleges as well as faculty and staff. Tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as e-portfolios, class presentations, or other digital multimedia projects. Students can schedule appointments through JagWire/JagApp under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. The Center offers face-to-face, synchronous online, and asynchronous digital appointments. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website at <https://bit.ly/WLDCCenter>.

## University Policies

**Academic Integrity:** Each student in this course is expected to abide by the Texas A&M University-San Antonio Code of Academic Integrity. Any work submitted by a student in this course for academic credit will be the student's own work. University students are expected to conduct themselves in accordance with the highest standards of academic honesty. You are encouraged to study together and to discuss information and concepts covered in the lecture and the sections with other students. Should copying or other forms of misconduct occur, both the student who copies the work from another student and the student who gave the material to be copied would both

automatically receive a zero for the assignment. Penalty for violation of this Code can also be extended to include failure of the course and University disciplinary action

**Artificial Intelligence (AI) Statement:**

Writing, reflection, and critical thinking skills are essential learning outcomes of First-Year Seminar. Developing strong competencies in these areas will prepare you for future academic, personal, and workplace success. All work submitted in this course must be your own. You may not engage in unauthorized collaboration or make use of ChatGPT or other AI composition software. AI-generated submissions are not permitted and will be treated as plagiarism.

**Financial Aid and Verification of Attendance:** According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended the first week of class. Any student receiving federal financial aid who does not attend the first week of class will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

**Religious Observances:** Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

**Respect for Diversity:** We understand that our students represent diverse backgrounds and perspectives. When we are equity-minded, we are aware of differences and inequalities and are willing to discuss them so we can act to resolve them. The University is committed to building cultural competencies, or the attitudes, skills, and knowledge that enable individuals and organizations to acknowledge cultural differences and incorporate these differences in working with people from diverse cultures. Respecting and accepting people different than you is vital to your success in the class, on campus, and as a future professional in the global community. While working together to build this community we ask all members to:

- Share their unique experiences, values, and beliefs.
- Be open to the views of others.
- Honor the uniqueness of their colleagues.
- Value each other's opinions and communicate respectfully.
- Keep confidential discussions that the community has of a personal (or professional) nature.

- Use this opportunity together to discuss ways in which we can create an inclusive environment in this course and across the A&M-San Antonio community.

**The Six-Drop Rule:** Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

**Statement of Harassment and Discrimination:** Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equality of opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality, diversity, pluralism, and the uniqueness of the individual within our state, nation, and world. All decisions and actions involving students and employees should be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, or gender expression. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the appropriate offices within their respective units.

- Texas A&M University-San Antonio faculty are committed to helping create a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex- or gender-based discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking, know that help and support are available. A&M-San Antonio has staff members trained to support survivors in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the university. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and other healthcare providers) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related misconduct, the faculty member must share that information with the university's Title IX Coordinator. If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact the Student Counseling Center at (210) 784-1331, Modular C.

**Students' Rights and Responsibilities:** The purpose of the following statement is to enumerate the essential provisions for the student freedom and responsibility to learn at Texas A&M University-San Antonio. All students are required to follow all policies and regulations as set forth by The Texas A&M University System. This includes the [A&M-San Antonio Student Code of Conduct](#).

### *Students' Rights*

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no university rule or procedure that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the university, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, genetic information, veteran status, gender identity, or gender expression in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

### *Students' Responsibilities*

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty and the administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, Student Code of Conduct, on our website, University Catalog and students must comply with them and the laws of the land.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire university community.
4. A student has the responsibility to recognize the University's obligation to provide an environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notification.
6. We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation or disability. Behaviors that infringe on the rights of another individual will not be tolerated.

**University Email Policy and Course Communications:** All correspondence between professors and students must occur via University email accounts. You must have Jaguar email account ready and working. If it is not working, contact the help desk at [sahelp@tamusa.edu](mailto:sahelp@tamusa.edu) or at 210-784-4357.

*This syllabus was created to give students guidance on what may be covered during the semester and will be followed as closely as possible. Please note the instructor for this course reserves the right to make changes to this syllabus at any point during the semester.*

### **Tentative Course Calendar**

|                          | <b>Day 1 (Monday)</b>                                          | <b>Day 2 (Wednesday)</b>                                                                                                                    | <b>Assignments/Project Deadline</b>                                  |
|--------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| (Week 1)<br>8/25-8/29    | Introductions: Team building;<br>Course Overview               | Technology Presentation;<br>Introduce My Story Assignment;<br>Syllabus Quiz                                                                 | Complete Student Profile                                             |
| (Week 2) 9/1-9/5         | Labor Day (No-Class)                                           | <b>Common Experience Overview;<br/>Introduce Passport to Success;<br/>Time to work on My Story<br/>Presentations; Canva and PPT<br/>101</b> | My Story Presentations<br>Submitted                                  |
| (Week 3) 9/8-9/5         | My Story Presentations (small groups); Start Strengths Project | <b>Strengths</b>                                                                                                                            | My Story Presentations (In-Class); Strength Presentations (In-Class) |
| (Week 4)<br>9/15-9/19    | Complete remaining Strengths Presentations; Time Management    | <b>Time Management</b>                                                                                                                      | Time Management Project (in-Class)                                   |
| (Week 5)<br>9/22-9/26    | PL Workshop: Media Literacy; Resource Hunt                     | GPA; Passport Check-In                                                                                                                      | GPA reflection (in-class)                                            |
| (Week 6)<br>9/29-10/3    | Degree Works; Focus 2 Intro & Assessment                       | Focus 2, con't; Handshake                                                                                                                   | Time Management Project DUE                                          |
| (Week 7)<br>10/6-10/10   | Pre-Registration Party                                         | Review Focus 2 Results: mini-Career Project Intro                                                                                           | Focus 2 completion                                                   |
| (Week 8)<br>10/13-10/17  | Mays Center Presentations                                      | Living Wage Analysis; Start Resume and Cover Letter Activity                                                                                | pre-registration party reflection                                    |
| (Week 9)<br>10/20-10/24  | Resumes and Cover Letters                                      | Career Mini-Project Presentations                                                                                                           | Career mini-Project Presentations/Resume Cover Letter Drafts         |
| (Week 10)<br>10/27-10/31 | Motivation and Growth Mindset                                  | Civic Engagement                                                                                                                            | Motivation and Growth Mindset Reflection (In-Class)                  |
| (Week 11)<br>11/3-11/7   | PROWL Introductions and GPA (review)                           | Final Project Introduction                                                                                                                  |                                                                      |
| (Week 12)<br>11/10-11/14 | PL Workshop: Self Reflection                                   | Mental Health and Mindfulness; Passport Check-In                                                                                            |                                                                      |
| (Week 13)<br>11/17-11/21 | Attend FYS Celebration                                         | PL Workshop: Imposter Syndrome                                                                                                              | Peer Leader Meeting Summary DUE                                      |
| (Week 14)<br>11/24-11/28 | Fall Break                                                     |                                                                                                                                             |                                                                      |
| (Week 15)<br>12/1-12/5   | Final Presentations                                            | Final Presentations                                                                                                                         | Links/Uploads of presentations                                       |
| (Week 16)<br>12/8-12/12  | Finals                                                         |                                                                                                                                             |                                                                      |