



EDKN 3310 Intro to Teaching Physical Education

COURSE INSTRUCTOR

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Please start the subject line with EDKN 3331 e.g., “[EDKN 3331] Assignment”
If you send me a message through Blackboard Messages, please make sure to check the box
“Send an email copy to recipients.” This will ensure that I receive a copy of your message by email.

COURSE INFORMATION:

- Course: EDKN 3310-900
- Class Time: Wednesday 12:30 PM-1:45 PM
- Format: Hybrid meeting on Wednesday in Rm 179 STEM
- Learning Resources: Please visit the link below to purchase a book (EDKN 3310)
 1. Jane Shimon. (2020). Introduction to Teaching Physical Education 2nd Edition Principles and Strategies. Human Kinetics, Inc. ISBN: 9781492566397
 2. Tutor 240 – Online Content Exam Preparation Packet

COURSE DESCRIPTION

This course will provide students instructional skills as they learn to apply the principles of teaching physical education. Students will learn teaching skills, explore the history of physical education and curriculum theories, and will learn the purpose of physical education and the standards that are in place to achieve that purpose.

STUDENT LEARNER OUTCOMES

Upon successful completion of this course, each student will be able to:

1. **Develop Instructional Skills:** Students will acquire and refine the instructional skills necessary for effective teaching in physical education settings.
2. **Apply Teaching Principles:** Students will learn to apply the principles of teaching physical education through hands-on practice and theoretical understanding.
3. **Understand Curriculum Theories:** Students will explore and critically evaluate various curriculum theories in physical education.
4. **Analyze the History of Physical Education:** Students will gain an understanding of the historical development of physical education and its impact on current practices.
5. **Learn Physical Education Standards:** Students will become familiar with the national and state standards for physical education and understand how these guide instruction.
6. **Assess Student Performance:** Students will learn how to assess and evaluate student performance in physical education, using a variety of assessment tools and techniques.
7. **Promote Physical Activity:** Students will understand the importance of promoting lifelong physical activity and how to encourage active lifestyles through physical education.

TEXAS COMMISSIONER TEACHER STANDARD

The following TEA standards will be covered in this course



What teachers know;

- 1.3k movement concepts (e.g., space, direction, level) and principles (e.g., absorption of force);
- 1.4k activities that promote development of locomotor, non-locomotor, body control, manipulative, and rhythmic skills
- 1.5k the appropriate sequencing of motor skills acquisition based on characteristics of learners
- 1.6k how physical developmental changes influence motor skill acquisition and performance;
- 1.7k key elements in combinations of locomotor skills, demonstrations of agility and balance, dance steps and sequences, and movement sequences that combine traveling, rolling, balancing, and weight transfer
- 1.10k motor learning concepts (e.g., positive transfer of learning, feedback)
- 2.5k the benefits of an active lifestyle
- 2.10k motivational strategies that promote participation in lifelong physical activities
- 3.2k appropriate skills and strategies for managing student behavior;
- 3.5k theories of motivation and educational practices that prompt students to participate in physical activity
- 3.6k principles, benefits, and limitations of various class management strategies in physical activity settings
- 3.7k factors that promote intrinsic motivation and strategies for helping students become self-motivated; and
- 3.8k how to organize and manage heterogeneous physical education classes to promote positive interactions and active engagement in learning for all students
- 3.10k the role of physical activities, games, sport, and dance in the development of social skills
- 3.11k the importance of cooperation, competition, collaboration, teamwork, etiquette, and sport ethics in physical activity contexts
- 3.12k the role of physical education in the development of self-management skills
- 3.14k that character and skills (e.g., leadership, conflict management) can be developed through participation in physical activities, games, dance, outdoor pursuits, and sports; and
- 3.15k techniques and activities for promoting self-assessment, goal-setting, and self-monitoring skills in relation to physical activity and health
- 4.1k characteristics and processes of physical, cognitive, social, and emotional development in children and their influence on learning
- 4.2k the psychology of learning, including how students learn, construct knowledge, and acquire and retain skills; (Discuss, in general, different learning styles & order (gross to fine/head to foot)
- 4.3k typical developmental progressions in all domains (i.e., physical, cognitive, social, emotional) and the significance of individual differences in growth and development
- 5.1k differences in approaches to learning and physical performance, as well as instruction that uses students' strengths as the basis for growth;
- 5.2k areas of special needs (e.g., physical and emotional challenges, learning disabilities, sensory difficulties, language differences) and their implications for teaching and learning;
- 5.3k how learning may be influenced by individual experiences, talents, and prior learning, as well as by economic, cultural, family, and community background; and
- 5.4k that all students can develop motor skills successfully and enjoy physical activity.
- 6.1k short- and long-term instructional goals, including goals based upon the Texas Essential Knowledge and Skills (TEKS), for diverse students at different grade levels;
- 6.2k various instructional resources, program models, instructional strategies, and technologies relevant to physical education;
- 6.3k principles and techniques for modifying rules, games, equipment, and settings to address specific needs and objectives;
- 6.4k strategies for integrating physical education concepts across the curriculum;
- 6.5k principles and techniques for providing appropriate verbal and nonverbal teaching cues in physical education;
- 6.6k how to provide positive, appropriate feedback to students in physical education settings;
- 6.7k communication strategies to use with students to address needs, achieve goals, and advocate for physical education and lifelong activity; and



- 6.8k the role of computers and other technologies in communicating, networking, and fostering inquiry about topics related to physical education.
- 7.1k formal and informal assessment methods and their characteristics, advantages, limitations, and applications in physical education contexts
- 7.4k how technology can be used to analyze student progress, fitness, and performance
- 8.1k the purposes of self-reflection (e.g., developing and refining practices, self assessment, problem solving) and techniques for effective self-reflection
- 8.2k resources for professional development in physical education (e.g., journals, professional associations, conferences, Internet)
- 8.3k the characteristics of a good physical education program, as well as important state and national initiatives (e.g., Surgeon General's report on physical activity and health) and their influence on physical education content and practices
- 8.4k philosophies, trends, and issues in physical education and their effect on the goals, scope, and components of physical education programs
- 9.1k the goals and purposes of the physical education program
- 9.2k school and community resources that can aid in the development of the physical education program
- 9.3k methods and procedures for establishing and maintaining positive relations with families and community members (e.g., showing sensitivity to cultural differences, motivating the community to support physical activity and education)
- 9.4k the influence of nonschool factors (e.g., family circumstances, community settings, health and economic conditions) on learning and engagement in physical activity
- 10.3k the inherent risks and potential liabilities associated with participation in physical activities and the methods for minimizing risk and liability
- 10.4k safety issues and procedures for physical education instruction

What teachers can do;

- 1.2s use movement concepts and principles to develop students' motor skills
- 1.4s provide developmentally appropriate learning experiences that enhance students' locomotor, nonlocomotor, body control, manipulative, and rhythmic skills
- 1.5s modify and adapt movement activities based on individual student needs
- 1.6s evaluate movement patterns to help students improve performance of motor skills and to integrate and refine motor and rhythmic skills
- 1.8s use movement concepts and principles to promote refinement of motor skills and acquisition of specific movement and sports skills
- 1.9s apply motor learning concepts (e.g., positive transfer of learning, feedback) to improve students' motor skills; and
- 1.10s modify activities, games, and sports to improve performance, combine skills, or practice specific sports skills in game-like situations
- 1.12s provide opportunities for students to pursue individual interests and refine various movement skills
- 1.13s create and modify activities that provide practice to improve students' performance in selected skills.
- 2.5s model and explain strategies for maintaining good health behaviors;
- 2.6s inform students and parents/caregivers about opportunities for physical activity in the school and community and the benefits of an active lifestyle
- 2.7s provide students with a variety of physical activities. (Course during which prof. teaches students how to do this when they become teachers)
- 3.1s use instructional techniques that promote student understanding and application of rules, procedures, etiquette, and fair play in games and activities
- 3.2s model and teach appropriate skills and strategies for maintaining responsible behavior and resolving conflicts;
- 3.3s teach students to use positive social behaviors (e.g., turn taking, treating opponents with respect and courtesy) in games and activities



- 3.4s motivate students to support and participate in physical activities in school and community settings
- 3.5s organize, allocate, and manage resources in the learning environment (e.g., time, space, equipment, activities, teacher attention) to provide active and equitable learning experiences and to minimize management time
- 3.6s use effective techniques and monitoring strategies to promote on-task behavior
- 3.9s use physical activities to promote social development and positive social behaviors, including sport ethics, teamwork, leadership, compassion, consideration for others, fairness, and respect for diversity
- 3.11s provide learning opportunities that promote self-management skills, including responsibility, self-control, perseverance, and the ability to manage success, failure, and challenge
- 3.13s promote students' problem-solving and decision-making skills in physical activities by analyzing causes of problems and potential solutions
- 3.14s use goal-setting procedures to promote students' ability to establish realistic short- and long-range goals for improvement and monitor students' progress in achieving those goals
- 4.5k strategies that students with diverse strengths and needs can use to facilitate comprehension before, during, and after reading content-related texts
- 4.2s assess developmental needs in all domains (i.e., physical, cognitive, social, emotional) in order to design and adapt instruction
- 4.3s recognize individual differences in growth and development and apply modified instruction
- 4.4s use contemporary physical education models and best practice guidelines to plan and implement learning opportunities that are appropriate to students' developmental needs and characteristics
- 4.5s teach students to reflect on prior knowledge, experiences, and skills and prompt them to assume responsibility for their own learning
- 4.6s use a variety of instructional strategies to ensure all students' reading comprehension of content-related texts, including helping students link the content of texts to their lives and connect related ideas across different texts; and
- 4.7s teach students how to locate, retrieve, and retain content-related information from a range of texts and technologies and how to locate the meanings and pronunciations of unfamiliar content-related words using appropriate sources, such as dictionaries, thesauruses, and glossaries
- 5.2s use appropriate strategies, services, and resources to address special and diverse learning needs
- 5.3s create a learning environment that respects varied talents, values, and perspectives and incorporates students' personal, family, cultural, and community experiences
- 5.4s create and modify games and activities to ensure that all students have an equal opportunity to participate, learn, be successful, and enjoy physical activity
- 6.1s design and implement appropriate instruction that is based upon the Texas Essential Knowledge and Skills (TEKS);
- 6.2s design and implement appropriate instruction that is safe, achieves goals, and ensures student progress, motivation, and safety;
- 6.3s utilize appropriate teaching resources and curriculum materials for various purposes and objectives;
- 6.4s utilize appropriate instructional strategies based on students' developmental levels, learning needs, and program goals;
- 6.5s use demonstrations and explanations to link physical education concepts to students' experiences;
- 6.6s use and adapt activities, equipment, and movement space according to the ages, learning styles, strengths, and experience levels of students;
- 6.8s use appropriate verbal and nonverbal cues to promote student learning in physical activity contexts;
- 6.9s apply principles of communication to help students improve movement and sports skills;
- 6.10s communicate to students the importance of physical activity, health, and fitness;
- 6.12s evaluate and use various types of technologies (e.g., Internet, computer databases, videos) to communicate, network, and conduct research related to physical education.
- 7.1s utilize appropriate formal and informal assessment methods
- 7.2s use assessment data to make instructional decisions, monitor student progress, and motivate and promote student learning in physical education



- 7.4s interpret assessment results and communicate results to students and parents/caregivers with sensitivity
- 8.1s evaluate the effectiveness of program design for developing physically educated students
- 9.1s advocate for physical education and physical activity opportunities in the school and community
- 9.2s communicate the goals and objectives of the physical education program to parents/caregivers, colleagues, and community members
- 9.7s respond sensitively to signs of student distress and seek help as needed and appropriate
- 10.1s maintain appropriate records (e.g., injury reports, emergency plans, safety rules)
- 10.3s inform students, parents/caregivers, and paraprofessionals of the risks associated with physical activities
- 10.4s organize students in games and sports appropriately, according to characteristics such as age, maturity, physical size, and levels of skill and experience
- 10.5s prepare activities appropriately and monitor them to minimize risk
- 10.6s consult appropriate sources regarding legal responsibilities and risk management issues and utilize appropriate professional development opportunities

COURSE EXPECTATION

Students will meet each week for three hours. Prior to each class meeting time, you will be expected to complete assigned readings (articles)/writing and assignments and to participate in questions and discussions.

COURSE POLICIES

Attendance:

The student is expected to participate in all class activities including exams and assignments. It is the responsibility of the student to inform each instructor of absences. When, however, in the judgment of the instructor, a student has been absent to such a degree as to impair his or her status relative to credit for the course, the instructor will recommend the student to drop the course. It is important to understand that class attendance can be used by the instructor as one criterion for grading; Time spent on Blackboard (monitored by the professor). A student who enrolls for a course and then does not attend is considered absent from class until the student officially drops the course.

Absence: You will have one unexcused absence without penalty. You will have 2 points deducted for each absence if you do not attend class. Students who arrive more than **15 minutes after the start of class** will be considered **absent**. You will receive an F on 3rd absence (unexcused).

Tardy: 1 point will be deducted from your total possible points for each tardy (showing up to class after the daily lesson has begun is considered a tardy)

Late Work Policy: All homework is due as a **uploading document** on the blackboard. Homework received after than the due date will be penalized **one letter grade per day, after which 4 days will result in a zero (F).**

- *I do not offer extra credit*
- *I do not offer independent studies if an acceptable grade is not earned*

Student Requirements: At the conclusion of the course, the A-F grades will be determined based on your total points earned throughout the semester according to the following scale:

1. Online participation:

- a. Students are expected to demonstrate active participation via online class discussions, assignments, and activities.



- b. Class participation is an expectation and includes being on time and ready for active engagement in online discussions.
2. **Planning and Preparation:** Success in this course demands that reading assignments are completed before class begins to:
 - a. develop an in-depth understanding of the content, and
 - b. promote familiarity with concepts that will facilitate effective participation in classroom activities.
3. **Projects and Activities:** Active participation is expected in class activities to organize, plan, develop, and present projects of high quality in class in collaboration with classmates.
4. **Professionalism and Respect:** Substantially, successfully, and equally contribute to the planning, organization, and completion of individual/group assignments and projects.

Professional Dispositions: Your professional dispositions will be assessed at all times through your interactions and communication, both orally and in writing, with classmates and instructors on campus and with students and teachers in school settings.

Communication Skills: All students must have adequate writing skills in English to communicate content in a professional and concise manner. Students must be proficient in their written presentations including strategies for developing ideas, citing scholarly references, writing style, wording, phrasing, and using language conventions. Students must follow APA guidelines, use non-racist and non-sexist language, and include sufficient references and evidence to support their thesis and ideas in the paper and projects.

Efficient email Communication: Be sure to let me know which class you are referring to, what assignment or test you are addressing, etc.; in other words be sure to be specific. You can put it in the subject line. If you are writing to me and are replying to an older correspondence, *be sure to change the subject line to reflect the new correspondence!* I am teaching several classes, many at capacity, so the clearer you are the faster you will get an answer.

Netiquette: 15 Essential Netiquette Guidelines to Consider in Online Learning

- Before posting your question to a discussion board, check if anyone has asked it already and received a reply.
- Stay on topic. Don't post irrelevant links, comments, thoughts, or pictures.
- Don't type in ALL CAPS! If you do it will look like you are screaming.
- Don't write anything that sounds angry or sarcastic even as a joke, because without hearing your tone of voice, your peers might not realize you're joking.
- Always remember to say "please" and "thank you" when soliciting help from your classmates.
- Respect the opinion of your classmates. If you feel the need to disagree, do so respectfully, and acknowledge the valid points in your classmate's argument. If you reply to a question from a classmate, make sure your answer is accurate!
- If you ask questions, many people respond. Summarize all answers and post that summary to benefit your whole class.
- Be brief. If you write a long dissertation in response to a simple question, it's unlikely that anyone will spend the time to read through it all.
- Don't badmouth others or call them stupid. You may disagree with their ideas but don't mock the person.
- If you refer to something your classmate said earlier in the discussion, quote just a few key lines from their post so that others won't have to go back and figure out which post you're referring to.
- Before asking a question, check the class FAQs or search the Internet to see if the answer is obvious or easy to find.
- Check the most recent comments before you reply to an older comment.
- Be forgiving. If your classmate makes a mistake, don't badger him or her for it. Just let it go.
- Run a spelling and grammar check before posting anything to the discussion board.



Source: <https://www.educatorstechnology.com/2014/06/15-essential-netiquette-guidelines-to.html>

Scholastic Integrity: As a member of an academic community, students at Texas A&M University-San Antonio are expected to exhibit a high level of honesty and integrity in their pursuit of higher education, be mature, be self-directed, and be able to manage their affairs. Students who are unwilling to abide by these basic expectations will find themselves facing academic and/or disciplinary sanctions. Students are expected to share in the responsibility and authority with faculty and staff to challenge and make known acts that violate the Texas A&M University-San Antonio Code of Conduct.

Texas A&M University-San Antonio faculty has the discretion to impose grade penalties as deemed necessary. Faculty members are required to report such serious breaches of academic honesty to their chair, their dean, and the Office of Student Rights and Responsibilities. In cases of academic misconduct, students may be subject not only to grade sanctions in courses but to disciplinary action. Grade sanctions may be imposed only by faculty members, but suspension or expulsion may be imposed only by the Vice President for Student Affairs.

According to the Student Code of Conduct, the following are violations of Academic misconduct: Cheating, Plagiarism, Multiple Submissions, Collusion, Lying, and Bribery.

For more information, please refer to the **Texas A&M University-San Antonio Handbook** under Academic Policies: Violations of Academic Conduct.

Definitions:

1. **Bribery:** Providing, offering, or taking rewards in exchange for a grade, an assignment or the aid of academic dishonesty.
2. **Cheating:** Intentionally using or attempting to use unauthorized materials, information, notes, study aids, or other devices or materials in any academic exercise to give an unfair advantage to the student.
Examples include, but are not limited to:
 - a. Copying from another student's paper or receiving unauthorized assistance during an assignment, quiz, test, or examination;
 - b. Having another person other than oneself attempt to complete an assignment or exam.
 - c. The acquisition, without permission, of tests or other academic material belonging to a member of the University faculty or staff;
 - d. Unauthorized collaboration on assignments and exams;
 - e. Using unauthorized assistance such as books, notes or other devices (e.g. calculators, cell phones, or computers, etc.);
 - f. Using, Selling, giving, or exchanging completed exams to a student who has not yet taken the test;
3. **Collusion:** Intentionally or knowingly helping or attempting to help another to commit an act of academic dishonesty. This includes but is not limited to, the unauthorized collaboration with another individual in progressing forward on academic assignments.
4. **Lying:** The deliberate falsification with the intent to deceive in a written or verbal form as it applies to an academic submission

TEXAS A&M SAN ANTONIO POLICY STATEMENTS

Students With Disabilities: Disability Support Services (DSS) provides innovative services for students with disabilities that empower and inspire student learning, development, and independence by facilitating equal access through reasonable and appropriate accommodations. DSS collaborates with the diverse Texas A&M University-San Antonio campus community to offer guidance, support, and advocacy promoting equality for all. For more information please call (210) 784 – 1335 or visit our website at <http://www.tamusa.edu/Disability-Support-Services/index.html>



Pregnancy, Pregnancy-Related, & Parenting Accommodations: For pregnant and parenting students: Under Title IX, a student's absences due to pregnancy, childbirth, false pregnancy, termination of pregnancy, or recovery from any of these are excused for as long as the student's doctor deems the absences to be medically necessary. When the student returns to school, the student will return to the same academic and extracurricular status as before the medical leave began. New mothers are afforded reasonable break periods during programs or activities, including classes, to express milk or nurse as necessary. For private areas of expression, visit the Title IX website at: <http://bit.ly.tamusatitleix>

Pregnant or parenting students seeking academic interim measures must complete the online Pregnancy & Parenting Information Form. Once the form is completed, a staff member from the Dean of Students office will contact students regarding their request.

MANDATORY COURSE EVALUATION PERIOD

Attendance: Students are expected to attend all scheduled classes and may be dropped from the course for excessive absences. Texas A&M- San Antonio's attendance policy excuses students from attending class if they are participating in officially sponsored university activities, such as athletics; for the observance of religious holy days; or military service. Students should contact the instructor in advance of the excused absence and arrange to make up missed work or examinations.

Scholastic Dishonesty: Students at Texas A&M University-San Antonio are expected to adhere to the highest standards of academic honesty and integrity. Academic misconduct for which a student is subject to penalty includes cheating, plagiarism, fabrication, multiple submissions, misrepresentation of academic records, facilitating academic dishonesty, unfair advantage, violating known safety requirements, and ethical misconduct. This includes holding other students to the same standards and reporting any incidents of an alleged violation of the honesty policy to the instructor involved or, if necessary, to the appropriate academic department head. All students are responsible for being familiar with the Academic Misconduct Policy, which may be found in the Texas A&M University-San Antonio Student Handbook.

University policy prescribes serious consequences for acts of academic misconduct including, but not limited to, a grade of 'F' on a particular paper or assignment or a failing grade in the course. Also, a referral may be issued to the Office of Student Rights and Responsibilities where the sanctions can vary up to possible expulsion from the University. Considering the potential consequences of academic misconduct, it is obviously in students' best interests to avoid even the appearance of such behavior. If you are ever unclear whether a specific act might constitute academic misconduct, please contact your instructor for an assessment of the situation. All student term papers and other written assignments are subject to analysis by anti-plagiarism software.

Sexual Misconduct: A form of sex discrimination. Includes, but is not limited to, unwelcome sexual advances, requests for sexual favors or other verbal, non-verbal, or physical conduct of a sexual nature constitute sexual harassment when this conduct is so severe, persistent, or pervasive that expressly or implicitly affects an individual's employment, unreasonably interferes with an individual's work or educational performance, or creates an intimidating or hostile work, educational, or campus living environment. Unwelcome means that an individual did not request or invite it and considers the conduct to be undesirable or offensive. Submission to the conduct or failure to complain does not always mean that the conduct was welcome. Sexual harassment may be quid pro quo ("this for that") or may constitute a hostile environment. Sexual harassment includes non-consensual sexual contact, sexual assault, sexual exploitation, stalking, dating violence, and domestic violence when based on sex.

Course Drops: Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.



Library Support for COEHD Programs & Courses: The [A&M-SA Library](#) provides access to thousands of research and learning materials for COEHD students, faculty, and staff. These resources are mainly provided in electronic format and are accessible 24/7/365 with Jaguar log-in credentials. They include, but are not limited to, scholarly academic journals, professional publications, newspapers, ebooks, streaming video, and curated web resources. Additionally, there is a smaller physical collection, study space, and computer access available in CAB 202. Two unique physical collections housed in CAB 202 are the curriculum materials (sample textbooks, teachers' guides, activity guides, manipulatives, models, classroom reading collections, educational games, etc.) and the children's literature collection. These materials are available for checkout and can be used by students in lesson planning and their clinical school placements.

[Education Librarian Kimberly Grotewold](#) is available to assist with finding, accessing, evaluating, and effectively using relevant library resources and other information. She has developed subject, topic, and course-specific research guides that are linked into Blackboard (under Campus Resources in the left menu) and are accessible through the [Library's website](#) under the Research Guides link. If you have questions, concerns, or need help, please contact her through email at kimberly.grotewold@tamusa.edu; via phone: (210) 784-1519; or request an appointment using her [online scheduling calendar](#).

Counseling Resources: As a college student, there may be times when personal stressors interfere with your academic performance and/or negatively impact your daily functioning. If you or someone you know is experiencing life stressors, emotional difficulties, or mental health concerns at Texas A&M University–San Antonio, please contact the Student Counseling Center (SCC) located in Modular C, Room 166 (Rear entrance) or call 210-784-1331 between the hours of 8:00AM and 5:00PM, Monday – Friday. All mental health services provided by the SCC are free, confidential (as the law allows), and are not part of a student's academic or university record. SCC provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. For more information, please visit www.tamusa.edu/studentcounseling. In a crisis situation, please walk-in to the Student Counseling Center (SCC) any time between the hours of 8:00AM and 5:00PM, Monday – Friday, to be seen by a clinician. For after-hours support, please call 210-784-1331. Please contact UPD at 911 if harm to self or harm to others is imminent.

Evaluations will be made with numbers. Final course grades of “A” through “F” will be awarded based on the TAMUSA grading Policy (see below):

Letter Grade	Range	Grade Points
A	90-100	4.0
B	80-89.99	3.0
C	70-79.99	2.0
D	60-69.99	1.0
F	55 & Below	0.0



ASSIGNMENTS:

Assignments	Description
<u>Tutor 240</u>	Tutoring 240 is an online education tool designed to help you prepare for the EC-12 Physical Education content exam. As part of this course, students are required to complete two quizzes for each concept and one practice test. The instructor will monitor the time each student spends on Tutoring 240, and each student is expected to spend at least one hour a week using the tool submitting a screenshot of time spend on Tutoring 240. After completing the quizzes and the practice test, please take a screenshot of your results and upload them to the designated Dropbox to verify your completion.
<u>Quizzes</u>	It is expected that students will read assigned textbook chapters and posted materials and complete the reading quiz by the given deadlines. These are open-book, self-paced quizzes, including true-false and multiple choices questions.
<u>Mini Teaching Presentation</u>	
<u>Text Content Knowledge Exam</u>	Two content knowledge exams will be given during the semester. The exams are based upon knowledge from the textbook and material discussed during the class sessions.

GRADING POLICY

Assignments/Evaluation	Percentage %
Tutor 240 Movement and Motor Learning Quiz 1 Movement Concepts and Biomechanics Quiz 1 Principles of Personal Fitness and Conditioning Quiz 1 Development of Health Related Fitness Quiz 1 Health and Wellness Quiz 1 Instruction and Assessment in PE Quiz 1 Learning Environment Quiz 1 Organization and Management Quiz 1 Differentiation Strategies in Planning and Practice Quiz 1 Culturally Responsive Practice Quiz 1 Data-Driven Practice and Formal/Informal Assessment Quiz 1 Practice Test 1	40 3 3 3 3 3 3 3 3 3 3 3 3 7
Quizzes (x4) Quiz 1 Quiz 2 Quiz 3 Quiz 4	20 5 5 5 5
Mini Teaching Presentation (x2) Presentation 1 Presentation 2	10 5 5
Textbook Content Knowledge Exam (x2) Mid-Term Final	30 10 20
Total Possible Points	100 %



TENTATIVE SCHEDULE & ORDER OF TOPICS

Module & Week	Themes & Activities	Readings	Assignments Due: Friday of each week
Week of 8/24	Course instruction & Self-introduction	Syllabus	
Week of 8/31	Chap #1: History of Physical Education T240: Movement and Motor Learning	Chapter 1	Acknowledgement of Syllabus Meet and Greet
Week of 9/7	Chap #2: Purpose, Benefits, and Philosophy (Online) T240: Movement and Motor Learning	Chapter 2	T240: Diagnosed Test: Plan to Pass Movement and Motor Learning Quiz 1 & Screen shot of Time spent (90 m.)
Week of 9/14	Chap #3: Duties and Challenges T240: Movement Concepts and Biomechanics	Chapter 3	Quiz (1) Chapter 1&2 T240: Movement C. and Biomechanics Quiz 1 & Screen shot of Time spent (130 m.)
Week of 9/21	Chap #4: Organization and Instruction T240: Principles of Personal Fitness and Conditioning	Chapter 4	T240: Movement A. & Sports Quiz 1 & Screen shot of Time spent (170 m.)
Week of 9/28	Chap #4: Organization and Instruction T240: Development of Health Related Fitness	Chapter 45	Quiz (2) Chapter 3&4 T240: Principles of Personal F. & C. Quiz 1 & Screen shot of Time spent (210 m.)
Week of 10/5	Midterm	Chapter 1,2,3, & 4	T240: Development of Health Related Fitness Quiz 1 & Screen shot of Time spent (250 m.)
Week of 10/12	Chap #5: Motivation T240: Health and Wellness	Chapter 5	T240: Helth and Wellness Quiz 1 & Screen shot of Time spent (290 m.)
Week of 10/19	Chap #6: Behavior Management T240: Learning Environment	Chapter 6	T240: Instruction & Assessment in PE Quiz 1 & Screen shot of Time spent (330 m.)
Week of 10/26	Chap #7: Scope and Sequence T240: Organization and Management	Chapter 7	Quiz (3) Chapter 6&7 T240: Learning Environment Quiz 1 & Screen shot of Time spent (370 m.)
Week of 11/2	Chap #8: Lesson Planning T240: Differentiation Strategies in Planning and Practice	Chapter 8	T240: Organization and Management Quiz 2 & Screen shot of Time spent (410 m)
Week of 11/9	Chap #9: Student Assessment T240: Culturally Responsive Practice	Chapter 9	Quiz (4) Chapter 8&9 T240: Differentiation Strategies in Planning and Practice Quiz 1 & Screen shot of Time spent (450 m.)
Week of 11/16	Chap #10: Technology and Resources T240: Data-Driven Practice and Formal/Informal Assessment	Chapter 10	T240: Culturally Responsive Practice Quiz 1 & Screen shot of Time spent (490m)
Week of 11/23	Online Activity		T240: Data-Driven Practice and Formal/Informal Assessment & Screen shot of Time spent (530m) Practice Test 2 Unit Plan
12/7	Comprehensive Final Exam (12:00-1:50)		

Note: This information is designed to help the course run smoothly. The instructor reserves the right to make additions and adjustments as necessary.



IMPORTANT POLICIES AND RESOURCES

University Email Policy and Course Communications: All correspondence between professors and students must occur via university email accounts. You must have your Jaguar email account ready and working. If it is not working, contact the help desk at helpdesk@tamusa.edu or at 210-784-HELP (4357). If you don't hear back within 48 hours, contact them again. They have many requests during the first part of the semester, so you may need to follow up with them.

Academic Accommodations for Individuals with Disabilities: Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us at the [website](#) or email us at dss@tamusa.edu. All students are encouraged to discuss their academic accommodation with Disability Support Services and their instructors as soon as possible.

Academic Learning Center: All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the *Tools* section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, room 202. Online tutoring is also available for after hours and weekend assistance.

While tutoring hours may change based on tutor schedules and availability, the current tutoring hours for MATH in the ALC are as follows:

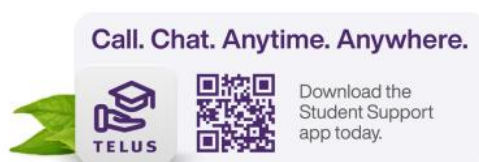
Appointments available MATH Walk in Tutoring – No appointment needed

	Appointments available	Walk in Tutoring – No appointment needed
MONDAY	8 am – 6 pm	9 am – 5 pm
TUESDAY	8 am – 6 pm	9 am – 5 pm
WEDNESDAY	8 am – 6 pm	9 am – 5 pm
THURSDAY	8 am – 6 pm	9 am – 5 pm
FRIDAY	8 am – 5 pm	11 am – 4 pm

Counseling/Mental Health Resources: As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, visit our website, call 210-784-1331 or visit Madla 120 between the hours of 8:00 AM and 5:00 PM.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. *Crisis support is available 24/7/365 by calling the SCC at 210-784-1331 or through the TELUS student support App.*

The TELUS Student Support App provides a variety of mental health resources to including 24/7/365 support for in the moment distress, crisis support, an anonymous peer-to-peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.



Emergency Preparedness: JagE Alert is Texas A&M University-San Antonio's mass notification system. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>. More information on emergency response may be found at: [Emergency Operations Plan](#) and the [Emergency Action Plan](#). Download the SafeZone App (<https://safezoneapp.com/>) for emergencies or call (210) 784-1911. Non-Emergency (210) 784-1900.

Financial Aid and Verification of Attendance: According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended by the published Census Date (the first week of class). Any student receiving federal financial aid who does not attend prior to the published Census Date (the first week of class) will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Jaguar Writing, Language, and Digital Composing Center (WLDCC): The WLDCC provides support to graduate and undergraduate students in all three colleges as well as faculty and staff. Writing tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. The WLDCC offers face-to-face, synchronous online, and asynchronous digital appointments. Students can schedule appointments with the WLDCC in JagWire under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. Students wanting to work in realtime with a tutor can schedule an "Online Appointment." Students wishing to receive asynchronous, written feedback from a tutor can schedule an "eTutoring" appointment. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our [website](#). The WLDCC can also be reached by emailing wldcc@tamusa.edu.

Meeting Basic Needs: Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to submit a [CARE report](#) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources. A food pantry is available on campus; click [here](#) for hours and contact information.

Military Affairs: Veterans and active-duty military personnel are welcomed and encouraged to visit the Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots' Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210) 784-1397.

Religious Observances: Texas A&M University-San Antonio recognizes the wide variety of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination,



study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

The Six-Drop Rule: Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

Statement of Harassment and Discrimination: Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual on our campus and within our state, nation, and world. All decisions and actions involving students and employees are to be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the University's Civil Rights Officer at 210-784-2061 or titleix@tamusa.edu.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking based on sex, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related sex-based misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

Pregnant/Parenting Students: Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable accommodations to pregnant students as would be provided to a student with a temporary medical condition that are related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources.



Young Jaguars can support parenting students with daycare if students meet this criteria: (1) must be enrolled in classes at Texas A&M-San Antonio in the current semester, (2) must be Pell eligible or a single parent, (3) child(ren) must be aged 3 to 12-years-old, and (4) child(ren) must be enrolled in Pre-K-3 through 6th grade. Hours of operation is Monday-Thursday 3:30pm-9:00pm. For more information, please contact Young Jaguars at youngjaguars@tamusa.edu or call (210) 784-2636.

Students' Rights and Responsibilities: The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

Students' Responsibilities

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, [Student Code of Conduct](#), on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the [Student Code of Conduct](#) or visit the resources available in the [OSRR website](#)



Important Fall 2026 Dates:

Dates	Event
August 20	Tuition & Fee Payments deadline
August 24	First day of class
September 7	Labor Day Holiday – No Classes / University Closed
September 9	Census Date – Students not paid in full or enrolled in a payment plan by 4:59 pm may be dropped for non-payment
October 5 – October 16	Midterm grading period
November 13	Last day to drop with an automatic “W”
November 25	Study Day – No classes
November 26-November 28	Thanksgiving Holiday – No Classes / University Closed
November 30	Last day to drop a course or withdraw from the University
December 4	Last day of classes
December 5 – December 11	Final exams
December 15	Commencement