



**College of Education & Human Development
Department of Counseling, Health and Kinesiology**

**EDKN 1119 Beginning Rhythmic Activities
FALL 2026**

Course Information

Instructor: Jacqueline Kappmeyer

Class time & Location: Tuesday 5:30pm - 6:20pm F2F Madla 134

E-mail & Telephone: jkappmeyer1@tamusa.edu

Office Phone: TBD Cell: (210) 415-4830

Office Hours: via email, Zoom, or Cell phone – by appointment

Office Location: STEM Building, Kinesiology Suite: TBD

Supplies

Proper attire (shoes, clothing)

Catalog Description

The development of skills and techniques used to educate K-12 physical education students in rhythmic activities and dance.

Course Objective

This course is designed for those who will be recreation directors, leaders, and those working with K-12 students who want to teach rhythms and dances for fun and fitness. This course is geared towards those students pursuing physical education. This course is designed to prepare and enhance student understanding of teaching cues, equipment tips, safety, etiquette, teaching progressions, mini-games, rules, strategy, scoring, and assessment for a wide variety of beginning rhythmic activities and dance. You will understand teaching cues and other helpful information to enhance the teaching of different rhythmic activities and dances.

Student Learner Outcomes

Upon completion of this course, each student will be able to:

1. Use cognitive, affective, and psychomotor objectives to assist in developing appropriate units for learners of all ages.
2. Incorporate social development into a non-threatening environment while including students of all abilities
3. Take rhythmic and dance program considerations into planning units and lessons.
4. Ease learners into rhythmic activities and dance with activities.
5. Incorporate music, circuits, small- and large-groups into old and new rhythmic games and activities.

Instructional Format

To achieve the course objectives, the class will involve:

Lecture

Individual/Group assignments

Class discussion & Small group discussions

Laboratory assignments and participation

On-line tests will be taken on Blackboard and these are also intended for you to work INDIVIDUALLY. If you are caught collaborating with others during on-line testing, you will be [reprimanded](#). Use of electronic equipment during exams will result in a score of 0% for the test and may result in further discipline.

A grade of 70 “C” or better must be earned in this course to satisfy Kinesiology requirements. Majors who do not earn a grade of “C” or better will be required to repeat the course.

Blackboard

All assignments will be turned in and all notes, announcements, etc., will be posted on [Blackboard](#) (except for those that require signatures). Please check that your account is working, otherwise you will fall behind. If you have problems accessing Blackboard, call [210-784-4357](tel:210-784-4357).

To access Blackboard, go to the [TAMU-SA homepage](#).

If you need to pull up an assignment, notes, etc., my suggestion is to save it to your computer or disk, THEN open it.

If you have a question, comment, etc. about an assignment or any other matter, please contact me through **email first** (jkappmeyer1@tamusa.edu).

Assignments and Assessments - Turnitin

All written assignments for this course will be submitted through Turnitin, a plagiarism detection service, to verify the originality of your work. By submitting your assignments, you agree to have your work compared to a database of electronic sources and other student papers. While Turnitin provides a similarity report, the final determination of plagiarism rests with the instructor based on their review of the submitted work and relevant academic standards.

Generative Artificial Intelligence (GenAI) Policy

EDKN 4344 assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

Option 3 - Broader Use of Generative AI Permitted Within Guidelines

Use of artificial intelligence (AI) tools, including ChatGPT, is permitted in this course for students who wish to use them. To adhere to our scholarly values, students must cite any AI-generated material that informed their work (this includes in-text citations and/or use of quotations, and in your

reference list). Using an AI tool to generate content without proper attribution qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

Attendance Policy

The instructor's policy for this course includes:

1. **Your presence is expected in class daily except for emergencies.** Students assume responsibility for any material missed in class. Arrange to pick up handouts as soon as possible. It is **YOUR** responsibility to make up for any missed work.
2. Requests to be absent from class for official University business (athletics, field trips, student government, etc.) shall be made **prior** to the anticipated absence. Arrangements for missed work will be made at that time.
3. If you miss an exam, do not show up on the day of a presentation or when an assignment is due, *no make-up will be allowed* without **prior arrangement** with the instructor unless there is a *documented* emergency.
4. Do not make doctor appointments on the days of tests or presentations.
5. EXCUSED ABSENCES
6. If for unforeseen events (hospitalization, death in the family, incarceration, expectant mothers, etc.) a student is absent for a given period of time, he/she should **contact Student Life and Wellness (210-784-1331; studentlife@tamusa.edu)**. Student Life and Wellness does not excuse a student from class; however, if the student is out for an extended period of time, the office will notify professors of absences as a courtesy. The student will have to **provide written documentation** to verify the reason for the absences.

Statement for sponsored activities and programs open to the public, employees or students

Texas A&M University-San Antonio is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. Americans with Disabilities Act Accommodations will be made in accordance with the law. To request ADA accommodations, please communicate your needs 5 business days before the class, activity or program you plan to attend.

Academic Dishonesty

Students at Texas A&M University-San Antonio are expected to adhere to the highest standards of academic honesty and integrity. Academic Dishonesty for which a student is subject to penalty includes cheating, plagiarism, fabrication, multiple submission, misrepresentation of academic records, facilitating academic dishonesty, unfair advantage, violating known safety requirements and ethical misconduct. This includes holding other students to the same standards and reporting any incidents of alleged violation of the honesty policy to the instructor involved or, if necessary, to the appropriate academic department head. All students are responsible for being familiar with the Academic Dishonesty Policy which may be found in the Texas A&M University-San Antonio Student Handbook.

Plagiarism

The University recognizes plagiarism as a serious academic offense. Plagiarism, the act of representing the work of another as one's own, may take two forms. It may consist of copying, paraphrasing or otherwise using the written or oral work of another without acknowledging the source or it may consist of presenting oral or written course work prepared by another as one's own.

Unless an assignment is designated as a group project, assignments should be completed by

the student. I encourage group learning and problem solving with assignments, but when you write up the assignment, it should be in your words. I need to know what YOU know, not what the group knows.

Normally a student who plagiarizes shall receive a grade of “F” in the course in which the act occurs. Students are expected to follow TAMU-SA’s policies as defined in the Academic Catalog. Anyone caught cheating (including plagiarizing) will receive an automatic failure in the course. The instructor may decide to reduce this penalty to an F for the assignment or other appropriate consequence.

If you have any questions about the meaning of plagiarizing, how to properly cite material from a source, or about any of the other forms of cheating, do not hesitate to see your instructor.

Any student caught using the work of another student and/or giving work to another student, or caught cheating in any of the forms listed above, will be reported to student affairs for academic sanctions.

Relevant information on plagiarism is available at the following websites:

<https://www.indiana.edu/~istd/> and <http://www.plagiarism.org/>

All students who have enrolled for audit are expected to complete all course requirements. These requirements include: regular class attendance and participation; completion of all assignments and other class work; quizzes and exams are optional at the discretion of the instructor.

Non-Academic Misconduct

(See the [Student Handbook](#)). The University respects the rights of instructors to teach and students to learn. Maintenance of these rights requires campus conditions that do not impede their exercise. Campus behavior that interferes with either (1) the instructor’s ability to conduct the class, (2) the inability of other students to profit from the instructional program, or (3) campus behavior that interferes with the rights of others will not be tolerated. An individual engaging in such disruptive behavior may be subject to disciplinary action. Such incidents will be adjudicated under nonacademic procedures by the Dean of Students.

This includes but is not limited to:

1. Sleeping in class: Students sleeping in class are a distraction to the professor and to the students in class who have a sincere desire to learn. Therefore, this behavior is deemed to be a form of nonacademic misconduct and will not be tolerated
2. Side Conversation: Students engaging in side conversations during class are a distraction to the professor and to the students in class who have a sincere desire to learn. Therefore, this behavior is deemed to be a form of nonacademic misconduct and will not be tolerated.
3. Cellular phones and other electronic devices: Cellular phones are to be turned off during class. A student’s cellular phone ringing is a distraction to the professor and to the students in class who have a sincere desire to learn. Therefore, failing to comply with this policy is deemed to be a form of nonacademic misconduct and will not be tolerated.

OVERVIEW OF COURSE CONTENT & SCHEDULE
EDKN 1119 Beginning Rhythmic Activities
Fall Tentative Schedule

WEEK	DATE	ASSIGNMENT
1	Aug 25	Syllabus Overview/Introductions
2	Sep 1	Health Benefits
		BB Quiz 1 Due by Sunday @ 11:59 pm
3	Sep 8	Elements of Dance
		BB Quiz 2 Due by Sunday @ 11:59 pm
4	Sep 15	Dance Etiquette
		BB Quiz 3 Due by Sunday @ 11:59 pm
5	Sep 22	Rhythmic Games/Fitness Routines
		BB Quiz 4 Due by Sunday @11:59 pm
6	Sep 29	Adapting Activities for Diverse Learners
		BB Quiz 5 Due by Sunday @ 11:59 pm
7	Oct 6	Mid Term Exam
8	Oct 13	Country Line Dances
		BB Quiz 6 Due Sunday @ 11:59 pm
9	Oct 20	Folk Dances
		BB Quiz 7 Due Sunday @ 11:59 pm
10	Oct 27	Square Dances
		BB Quiz 8 Due Sunday @ 11:59 pm
11	Nov 3	Mixers
		BB Quiz 9 Due by Sunday @ 11:59 pm
12	Nov 10	Social Dance
		BB Quiz 10 Due Sunday @ 11:59 pm

13	Nov 17	Line Dances
		BB Quiz 11 Due Sunday @ 11:59 pm
14	Nov 24	Review
		Complete review questions independently
15	Dec 1	Final Exam
	Dec 5-11	Final Exam Week

SUMMARY OF GRADES			
Course Evaluation	% of Final Average	Criteria	
Individual Assignments Attendance/Participation	30%	90-100	A
Group Presentations	30 %	80-89.99	B
Exams/Quizzes	40 %	70-79.99	C
Total	100 %	60-69.99	D
		0-59.99	F

**Individual Assignments
Attendance/Participation - 30% of Overall Grade**

Activity Participation/ Peer Feedback

Must be present during skills analysis and actively participate and provide peer assessment reflection exit slip to Peer Coach. Dressed appropriately for class.

Attendance

Attendance is **mandatory** and will be **counted toward** the Individual Assignments overall grade. Students must be present for **at least 50% of the class session** running time or they will be marked as absent.

Reaching the classroom session **15+ minutes later** than its official start will lead to a penalty **(75%)**. Students will receive **zero** for any unexcused absences.

Group Presentation Rubric Scoring 30% of Overall Grade
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Section A. Overview/Slide Presentation 20% (submitted)
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All key elements of terminology, history, warm up and safety

Section B. Lesson Goals & Objectives 20% (submitted)
--

State lesson goals and objectives
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Provide TEKS standard addressed in each objective
--

Student lesson outcomes (Behavioral Objectives) Cognitive, Affective, Psychomotor
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https://tea.texas.gov/laws-and-rules/sboe-rules-tac/sboe-tac-currently-effect/ch116c.pdf
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Section C. Learning Experience 50% (live experience)
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All key elements addressed. Lesson focus: teaching, demonstration, breakdown of steps, guided practice, culmination of performing with the music

Section D. Lesson Analysis - Peer Feedback 10% (live experience)
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Exams 40% of Overall Grade
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Quizzes - Weekly quizzes on slide presentations by instructor

- Weekly quizzes on slide presentations and activities/dances by student groups
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Mid Term Exam

Final Exam

Responsibilities for All Students

Dress appropriately for class. Proper participation attire is required.

Show positive social skills relative to using respectful language and being cooperative in class. Be the type of student in class that you would want to teach.

Demonstrate satisfactory leadership skills by contributing in positive ways toward class goals.
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Show cooperative skills by helping the students who are presenting/teaching to look their best, be respectful when those in your micro group are teaching and working cooperatively with your group.

IMPORTANT POLICIES AND RESOURCES

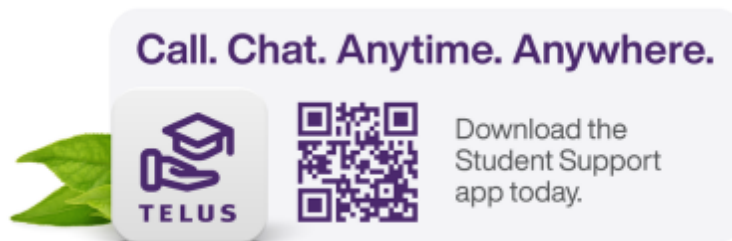
Academic Accommodations for Individuals with Disabilities Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us <https://www.tamusa.edu/Disability-Support-Services/index.html> or email us at dss@tamusa.edu. Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their disability-related needs with Disability Support Services and their instructors as soon as possible.

Academic Learning Center The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the *Tools* section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, room 202.

Counseling/Mental Health Resources As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, call 210-784-1331 or visit Madla 120.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. For more information on SCC services visit tamusa.edu/studentcounseling

Crisis support is available 24/7 by calling the SCC at 210-784-1331 (after-hours select option '2'). Additionally, the TELUS Student Support App provides a variety of mental health resources including support for in the moment distress, an anonymous peer to peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.



Emergency Preparedness JagE Alert is Texas A&M University-San Antonio's mass notification. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>.

More information about the Emergency Operations Plan and the Emergency Action Plan can be found here: <https://www.tamusa.edu/about-us/emergency-management/>.

Download the SafeZone App (<https://safezoneapp.com/>) for emergencies or call (210) 784-1911.

Non-Emergency (210) 784-1900.

Financial Aid and Verification of Attendance According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended the first week of class. Any student receiving federal financial aid who does not attend prior to the published Census Date (the first week of class) will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Writing, Language, and Digital Composing Center The Writing, Language, and Digital Composing Center supports graduate and undergraduate students in all three colleges as well as faculty and staff. Tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. Students can schedule appointments through JagWire under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. The Center offers face-to-face, synchronous online, and asynchronous digital appointments. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website at <https://www.tamusa.edu/academics/>.

Meeting Basic Needs Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to submit a CARE referral (<https://www.tamusa.edu/university-policies/Student-Rights-and-Responsibilities/file-a-report.html>) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources.

Office Hours All faculty with teaching assignments should include regularly scheduled office hours on each syllabus in addition to "by appointment." Please review your appointment letter for the number of weekly office hours you are expected to set. Regularly scheduled office hours should also be posted outside your office door (where applicable).

Military Affairs Veterans and active-duty military personnel are welcomed and encouraged to visit the

Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots' Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210)784-1397.

Religious Observances Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

The Six-Drop Rule Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

Statement of Harassment and Discrimination Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual within our state, nation, and world. All decisions and actions involving students and employees should be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, gender expression, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the University's Civil Rights Officer at 210-784-2061 or titleix@tamusa.edu

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex- or gender-based discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related sex-based misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

Pregnant/Parenting Students Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or

withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable modifications to pregnant students as would be provided to a student with a temporary medical condition that are related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K). Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources.

Young Jaguars can support parenting students with daycare who meet this criteria: Must be enrolled in classes at TAMUSA in the current semester. Must be Pell eligible or a single parent. They serve children ages 3 to 12-years-old. Children must be enrolled in Pre-K-3 through 6th grade.
youngjaguars@tamusa.edu (210) 784-2636

Students' Rights and Responsibilities The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

Students' Responsibilities

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, Student Code of Conduct, on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the Student Code of Conduct.

Important Fall 2026 Dates

Dates Event

August 20 Tuition & Fee Payments deadline

August 24 First day of class

September 7 Labor Day Holiday – No Classes / University Closed

September 9 Census Date – Students not paid in full or enrolled in a payment plan by 4:59 pm may be dropped for non-payment

October 5 – October 16 Midterm grading period

November 13 Last day to drop with an automatic “W”

November 25 Study Day – No classes

November 26-November 28 Thanksgiving Holiday – No Classes / University Closed

November 30 Last day to drop a course or withdraw from the University

December 4 Last day of classes

December 5 – December 11 Final exams

December 15 Commencement

The complete academic calendar is available online

(<https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/documents/Student-Handbook-2022-23.pdf>) or visit the resources available in the OSRR website

(<https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/academic-integrity.html>)