



**College of Education and Human Development
Department of Counseling, Health & Kinesiology**

**EDKN 4344 Health and Aging
FALL 2026**

Course Information

Instructor: Jacqueline Kappmeyer

Class time & Location: Mondays & Wednesdays 7:00-8:15

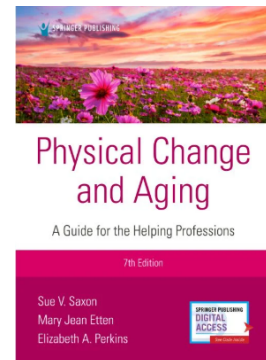
Science & Technology Building Room 166

E-mail: jkappmeyer1@tamusa.edu

Office Phone: TBD **Cell:** (210) 415-4830

Office Hours: By appointment only (please email)

Office Location: STEM Building, Kinesiology Suite: TBD



Textbook

Saxon, Sue V., Etten, Mary J., and Perkins, Elizabeth, A. (2021). *Physical Change & Aging. A Guide for the Helping Professions* (7th ed.). Springer Publishing Company. ISBN 13-978-0826150554

https://ebooksbasic.com/product/physical-change-and-aging-a-guide-for-helping-professions-7th-edition-pdf-ebook/?gad_source=1&gad_campaignid=22614392826&gbraid=0AAAAADp3DZpqMz2sxUNPJBaQTrh4KbVg2&gclid=EAlaIQobChMI-6zbn-C6jwMV905HAR08vgCiEAAYASAAEglaovD_BwE

Course Description

This course will explore in-depth information regarding the health issues of aging individuals, including physical health, psychological health, legal and ethical issues of health and Medicare/Medicaid. This course will remain open for other degree plans to use, but it focuses on Kinesiology concepts and needs to be included in the EDKN degree program of study.

Course Overview

The course is designed to provide exercise and health professionals with an overview of issues related to health and aging. The course will cover the concept of successful aging, the implications of chronic disease and disability, health promotion and programs/services for the aging population. For the semester project, students will research a topic on a current health issue and will practice leading and/or facilitating a health topic presentation or physical activity demonstration to their peers.

Learning Outcomes

At the end of this course, the student will be able to:

1. Describe and explain the major health problems and issues for older populations and the implications for public health practice.
2. Describe the nutrition and physical activity recommendations for older adults.

3. Identify current strategies for health promotion and disease prevention for older adults.
4. Research a health issue impacting older adults and facilitate a health discussion or physical activity demonstration

Course Policies

1. The general policy outlined by the University will be followed as stated in the [Student Handbook](#). There are no 'free' unexcused absences.
2. The instructor's policy for this course includes:
 - a. Your presence is expected in class daily except for emergencies. Students assume responsibility for any material missed in class. Arrange to pick up handouts as soon as possible. It is YOUR responsibility to make up missed work.
 - b. Requests to be absent from class for official University business (athletics, field trips, student government, etc.) shall be made prior to the anticipated absence. Arrangements for missed work will be made at that time.
 - c. If you miss an exam or quiz or do not show up on the day of a presentation/exam or when an assignment is due without **prior arrangement** with the instructor, no make-up will be allowed unless there is a *documented* emergency.
 - i. If there is an emergency (hospital, funeral, etc.) please contact me the day of the problem or the day you missed class.
 - ii. If you cannot participate in a class activity you must have documentation (hurt ankle, sick, etc.), otherwise you will receive half credit for being there but not participating.

Excused Absences

A. *In the event that you need to be away for a given period of time (e.g. funerals, hospital stays, family emergencies, military duty, etc.), you should contact [Student Counseling Center](#) (210-784-1331 (or 1329); StuCounseling@tamusa.edu or StuWellness@tamusa.edu).* If you will be missing more than a week of classes (whether continuous or not), inform them of the situation and they can send a notice to all your instructors rather than you having to explain to each of them your circumstances.

Attendance and Course Expectations

Regular class attendance is a crucial component of a student's educational experience. Missing classes can significantly affect the quality of a student's coursework, potentially leading to unsatisfactory grades. In some cases, excessive absences may even result in a student being dropped from courses at the recommendation of the instructor to the Provost and Vice President for Academic Affairs.

At Texas A&M - San Antonio, students are expected to attend all their classes. However, the university's attendance policy does provide exceptions for absences due to officially sanctioned university events, religious observances, or military service. Students qualifying for these excused absences should inform their instructor ahead of time and make arrangements to complete any missed assignments or exams.

Late Work & Extra Credit Policy

All class work is due on the date and time assigned. Work received later than the due date will not be accepted, No Exceptions. Students can receive an extension on an assignment, quiz or exam only if there is an unavoidable circumstance such as family emergencies or health emergency etc. (non-emergency situations such as personal issues, computer/technology issues or work-related

excuses will not be accepted). **Documentation must be provided or will result in point deduction.** Students must contact the instructor to receive the approval and make arrangements.

Instructional Methods

This course is offered as a blended course. Much of the work in this course will occur online in Blackboard. Online activities and in-class activities are designed to build on each other. Active participation in the online activities and completion of all coursework is required in this course. In Blackboard, you will interact with course content, your classmates, and myself in a variety of online activities. I suggest setting aside days and times for completing the online course activities.

The typical structure in Blackboard will include:

- Short Video/PowerPoint Lectures
- Readings/Summaries
- Exams/Quizzes
- Assignments/Projects

This course will meet face-to-face two days per week (Mondays and Wednesdays). The typical activities in the face-to-face classroom can include interacting with guest speakers, engaging with your classmates and myself in question-and-answer sessions, discussing major concepts, practicing difficult key concepts and completing exams.

Grade Requirements

A grade of “C” or better must be earned in this course to satisfy Kinesiology requirements. Majors who do not earn a grade of “C” or better will be required to repeat the course.

Please note: No changes to your final grade will occur once class has ended unless I have made a mistake. You are given the opportunity to follow your grade throughout the semester thus you should not be surprised with the grade you earn.

Blackboard

All announcements, assignments, power points and tests etc., will be posted on Blackboard (except for those that require signatures).

Assignments and Assessments - Turnitin

All written assignments for this course will be submitted through Turnitin, a plagiarism detection service, to verify the originality of your work. By submitting your assignments, you agree to have your work compared to a database of electronic sources and other student papers. While Turnitin provides a similarity report, the final determination of plagiarism rests with the instructor based on their review of the submitted work and relevant academic standards.

Generative Artificial Intelligence (GenAI) Policy

EDKN 4344 assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

Option 3 - Broader Use of Generative AI Permitted Within Guidelines

Use of artificial intelligence (AI) tools, including ChatGPT, is permitted in this course for students who wish to use them. To adhere to our scholarly values, students must cite any AI-generated

material that informed their work (this includes in-text citations and/or use of quotations, and in your reference list). Using an AI tool to generate content without proper attribution qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

- **Avoiding Plagiarism Assignment/Chapter Summaries/Quizzes (20% of Final Average)**

- ☐ **Avoiding Plagiarism Workshop -Assignment** - Each student will be required to complete an APA or avoiding plagiarism workshop online quiz:
<https://libguides.tamusa.edu/plagiarism>
- ☐ **Chapter Summaries** - To encourage deep engagement and critical thinking regarding weekly readings on health and aging, students will write a chapter summary assessing the content, their personal insights, and potential applications of the knowledge gained.
- ☐ **Quizzes** - You will be responsible for assigned readings to complete weekly quizzes. You will utilize your chapter summaries to prepare for the quizzes.

- **Mid-Term Exam (20% of Final Average) Final Exam (20% of Final Average)**

Students will complete a mid-term exam covering half of the semester. Students will complete a final exam covering the remainder of the semester. The exams are located in Blackboard (Exams & Quizzes). Students are required to read the chapters, videos and or lecture slides before beginning an exam. Please have a hard-wired internet connection before beginning the exam. The information for all the exams will come from all material within the course, including lectures, documentaries, or videos. The exam will be made of multiple-choice, true/false, and or matching questions. All exam questions will be delivered in a randomized order; no one will have the same version of the exam. Your questions will be delivered one at a time and must be answered as presented, or you will forfeit the opportunity to answer the question.

- **Successful Aging Interview Essay (20% of Final Average)**

In this course, students will be required to complete one essay following the APA (American Psychological Association) format. This assignment is designed to enhance analytical and writing skills, with a focus on adhering to the structured guidelines of APA style. Through these essays, students will demonstrate their ability to conduct research, critically engage with material, and present their findings in a clear, professional manner.

- **Semester Project (20% of Final Average)**

Students will be required to complete a semester project on a current health issue utilizing information and knowledge gained from this course. The semester project may address: physical health, psychological health, chronic diseases, legal and ethical issues of health, and/or Medicare/Medicaid.

APA Style

As students in this program, most of your papers are required to be in accordance with APA formatting standards. Students are encouraged to become familiar with the APA Manual; both content and format are important.

The top APA style requirements that are worthy of attention in the course are as follows:

- Cover page
- Page numbers (top right corner starting on cover page)
- Margins (1 inch all sides)
- Font size (12-point Times New Roman)
- Proper use of quotes and documenting them correctly

- Length (Instructor will provide limit)
- References (Instructor will provide limit)
- References and citations– APA style
- APA style paper with appropriate content

****Papers submitted without in-text references and a reference list will result in points deducted.***

Helpful Tips

- Use headings and subheadings to organize your essay effectively.
- Include specific examples or case studies to illustrate key points where appropriate.
- Critically analyze the interplay between the Transtheoretical Model and environmental factors in holistic community health.
- Conclude your essay with a summary of key points and implications for future research or practice in community health.
- Proofread your essay carefully for grammar, spelling, and clarity before submission. Remember to balance theoretical discussion with practical applications and maintain a scholarly tone throughout your writing.

Grading Policy			
Evaluation	% of Final Average	Grading Scale	
Plagiarism/Chapter Summary/Quizzes	20	90-100	A
Aging Interview	20	80-89	B
Semester Project	20	70-79	C
Midterm Exam	20	60-69	D
Final Exam	20	0-59	F
Total	100		

OVERVIEW OF COURSE CONTENT & SCHEDULE			
WEEK	DATE	READING SCHEDULE	ASSIGNMENT & DUE DATE
1	Aug 24 & 26	Syllabus, Introductions, Course Expectations https://libguides.tamusa.edu/plagiarism Chapter 1: Perspectives on Aging	Avoiding Plagiarism Workshop Due Sunday @ 11:59 PM
2	Aug 31 Sept 2	Chapter 2: Theories of Aging Chapter 3: The Skin, Hair, and Nails	Chapter Summary & Quiz Due Sunday @11:59pm
3	Sept 7 & 9	Holiday Chapter 4: The Musculoskeletal System	Chapter Summary & Quiz Due Sunday @11:59pm

4	Sept 14 & 16	Chapter 5: The Nervous System Chapter 6: Dementia and Delirium	Chapter Summary & Quiz Due Sunday @11:59pm
5	Sept 21 & 23	Chapter 7: The Sensory System Chapter 8: The Cardiovascular System	Chapter Summary & Quiz Due Sunday @11:59pm
6	Sept 28 & 30	Chapter 9: The Respiratory System Chapter 10: The Gastrointestinal System	Chapter Summary & Quiz Due Sunday @11:59pm
7	Oct 5 & 7	Chapter 11: The Urinary System Chapter 12: The Reproductive System	Chapter Summary & Quiz Due Sunday @11:59pm
8	Oct 12 & 14	Mid Term Exam Chapters 1-12 (in class, online) Chapter 13: The Endocrine System	Assignment: Successful Aging Interview/Essay Due Sunday @ 11:59
9	Oct 19 & 21	Chapter 14: The Immune System Chapter 15: Aging with Lifelong Disabilities	Chapter Summary & Quiz Due Sunday @11:59pm
10	Oct 26 & 28	Chapter 16: Special Topics (Alcoholism, Falls, Footcare) Chapter 17: Health Promotion and Exercise	Chapter Summary & Quiz Due Sunday @ 11:59pm
11	Nov 2 & 4	Chapter 18: Complementary, Alternative Medicine Chapter 19: Nutrition	Chapter Summary & Quiz Due Sunday @ 11:59pm
12	Nov 9 & 11	Chapter 20: Medications Chapter 21: Teaching Older Adults	Chapter Summary & Quiz Due Sunday @ 11:59pm
13	Nov 16 & 18	Chapter 22: Gerontechnology Chapter 23: Caregiving	Chapter Summary & Quiz Due: Sunday @ 11:59pm
14	Nov 23 & 25	Nov 23 No Class - Work on Research Project Nov 25 Study Day No Classes Thanksgiving - No Class Nov 27-29	Semester Research Project Due Sunday @ 11:59pm
15	Nov 30 Dec 2	Chapter 24: Death and Grief Final Exam Review Chapter 13-24	Chapter Summary & Quiz Due Sunday @ 11:59pm
16	Dec 5-11	Final Exam Chapter 13-24	Monday, December 7 6-7:50pm

IMPORTANT POLICIES AND RESOURCES

University Email Policy and Course Communications

All correspondence between professors and students must occur via university email accounts. You must have your Jaguar email account ready and working. If it is not working, contact the help desk at

helpdesk@tamusa.edu or at 210-784-HELP (4357). If you don't hear back within 48 hours, contact them again. They have many requests during the first part of the semester, so you may need to follow up with them.

Academic Accommodations for Individuals with Disabilities

Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us <https://www.tamusa.edu/Disability-Support-Services/index.html> or email us at dss@tamusa.edu. Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their disability-related needs with Disability Support Services and their instructors as soon as possible.

Academic Learning Center

All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the Tools section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, room 202. Online tutoring is also available for after hours and weekend assistance.

While tutoring hours may change based on tutor schedules and availability, the current tutoring hours for MATH in the ALC are as follows:

Appointments available MATH Walk in Tutoring – No appointment needed

	Appointments available	Walk in Tutoring – No appointment needed
MONDAY	8 am – 6 pm	9 am – 5 pm
TUESDAY	8 am – 6 pm	9 am – 5 pm
WEDNESDAY	8 am – 6 pm	9 am – 5 pm
THURSDAY	8 am – 6 pm	9 am – 5 pm
FRIDAY	8 am – 5 pm	11 am – 4 pm

Counseling/Mental Health Resources

As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, visit our website, call 210-784-1331 or visit Madla 120 between the hours of 8:00 AM and 5:00 PM.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention,

Department of Counseling, Health & Kinesiology
One University Way | San Antonio, Texas 78224 | 210.784.2521 | www.tamusa.edu

consultation, case management, and prevention services. Crisis support is available 24/7/365 by calling the SCC at 210-784-1331 or through the TELUS student support App.

The TELUS Student Support App provides a variety of mental health resources including 24/7/365 support for in the moment distress, crisis support, an anonymous peer-to-peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.

Emergency Preparedness

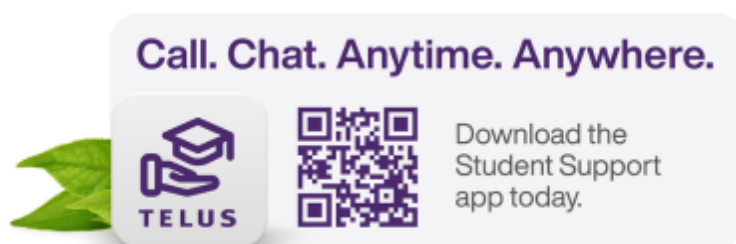
JagE Alert is Texas A&M University-San Antonio's mass notification system. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>. More information on emergency response may be found at: [Emergency Operations Plan](#) and the [Emergency Action Plan](#). Download the SafeZone App (<https://safezoneapp.com/>) for emergencies or call (210) 784-1911. Non-Emergency (210) 784-1900.

Financial Aid and Verification of Attendance

According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended the first week of class. Any student receiving federal financial aid who does not attend prior to the published Census Date (the first week of class) will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Jaguar Writing, Language, and Digital Composing Center (WLDCC)

The WLDCC provides support to graduate and undergraduate students in all three colleges as well as faculty and staff. Writing tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. The WLDCC offers face-to-face, synchronous online, and asynchronous digital appointments. Students can schedule appointments with the WLDCC in JagWire under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. Students wanting to work in real time with a tutor can schedule an "Online Appointment." Students wishing to receive asynchronous, written feedback from a tutor can schedule an "eTutoring" appointment. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website . The WLDCC can also be reached by emailing wldcc@tamusa.edu.



Meeting Basic Needs

Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to submit a CARE report for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources. A food pantry is available on campus; click [The General's Store](#) for hours and contact information.

Military Affairs

Veterans and active-duty military personnel are welcomed and encouraged to visit the Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots' Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210)784-1397.

Religious Observances

Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

The Six-Drop Rule

Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

Statement of Harassment and Discrimination

Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual on our campus and within our state, nation, and world. All decisions and actions involving students and employees are to be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the University's Civil Rights Officer at 210-784-2061 or titleix@tamusa.edu.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking based on sex, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of

sexual harassment, sexual violence, or other related sex-based misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

Pregnant/Parenting Students

Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable accommodations to pregnant students as would be provided to a student with a temporary medical condition that are related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources.

Young Jaguars

Young Jaguars can support parenting students with daycare if students meet this criteria: (1) must be enrolled in classes at Texas A&M-San Antonio in the current semester, (2) must be Pell eligible or a single parent, (3) child(ren) must be aged 3 to 12-years-old, and (4) child(ren) must be enrolled in Pre-K-3 through 6th grade. Hours of operation are Monday-Thursday 3:30pm-9:00pm. For more information, please contact Young Jaguars at youngjaguars@tamusa.edu or call (210) 784-2636.

Students' Rights and Responsibilities

The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.

3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

Students' Responsibilities

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, Student Code of Conduct, on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the Student Code of Conduct or visit the resources available in the OSRR website

Important Fall 2026 Dates

Dates Event

August 20 Tuition & Fee Payments deadline

August 24 First day of class

September 7 Labor Day Holiday – No Classes / University Closed

September 9 Census Date – Students not paid in full or enrolled in a payment plan by 4:59 pm may be dropped for non-payment

October 5 – October 16 Midterm grading period

November 13 Last day to drop with an automatic "W"

November 25 Study Day – No classes

November 26-November 28 Thanksgiving Holiday – No Classes / University Closed

November 30 Last day to drop a course or withdraw from the University

December 4 Last day of classes

December 5 – December 11 Final exams

December 15 Commencement

The complete academic calendar is available online

(<https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/documents/Student-Handbook-2022-23.pdf>) or visit the resources available in the OSRR website

(<https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/academic-integrity.html>)

https://ebooksbasic.com/product/physical-change-and-aging-a-guide-for-helping-professions-7th-edition-pdf-ebook/?gad_source=1&gad_campaignid=22614392826&gbraid=0AAAAADp3DZpqMz2sxUNPJBaQTrh4KbVg2&gclid=EAlaIQobChMI-6zbn-C6jwMV905HAR08vgCiEAAYASAAEglaovD_BwE