



TEXAS A&M UNIVERSITY
SAN ANTONIO

College of Education and Human Development
Department of Counseling, Health & Kinesiology
EDCG 5335 Human Development
Spring 2026

Instructor: Kami Ball, Ph.D., LPC-S (AR/TX), RPT-S, NCC

Class Time | Location: Wednesdays 5:30 – 6:45 PM | Classroom Hall 309

Email: ktran@tamusa.edu

Office Hours: Wednesdays 1:30-4:30 and by appointment

Office Location: Classroom Hall 214

Required Textbook:

Papalia, D., & Martorell, G. (2024). *Experience human development* (15th ed.). McGraw Hill.

Articles as assigned

Recommended Reading:

Siegel, D. J., & Bryson, T. P. (2011). *The Whole-Brain Child*. Random House Publishing Group.

Course Description: This course provides a comprehensive overview of cognitive, physical, and psychological development aspects across the lifespan. Various theories associated with the developmental process will be explored and discussed. Special emphasis will be devoted to linking theory with practice across multiple settings (school, agencies, home).

Student Learning Outcomes

After successfully completing this course, you will be able to:

1. Students will learn the influence that biological factors have on the development of a fetus.
2. Students will learn the influence that diseases, nutrition, and physical injuries have on the development of an individual over his/her lifetime.
3. Students will learn to the influence of the environment on the individual as he/she develops over their lifetime to include the role of education and social interaction.
4. Students will learn to understand the effect that not only society in general has on the development of an individual over his/her lifetime, but they will also understand the unique effect each individual's culture also has on his/her development.
5. Students will be able to develop treatment programs for individuals taking into consideration the role that human development has on the approaches used.
6. Students will learn the different theoretical approaches to understanding human development including psychodynamic, behavioral, and cognitive approaches.
7. Students will learn the effect of human development on an individual's ability to work and will learn how work influences human development.

CACREP Standards:

Section 3. Foundational Counseling Curriculum

C. Human Growth and Development

1. Theories of individual and family development across the lifespan
2. Theories of learning
3. Theories of normal and abnormal personality development
4. Biological, neurological, and physiological factors that affect human development, functioning, and behavior
5. Systemic and environmental factors that affect human development, functioning, and behavior
6. A general framework for understanding differing abilities and strategies for differentiated interventions
7. Ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan

TEA School Counseling Standards:

Domain I – Understanding Students

Competency 001 – Human Development

The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services that meet the needs of all students.

Competency 003 – Factors Affecting Students

The school counselor understands factors that may affect students development and school achievement and applies this knowledge to promote students' ability to achieve their potential

Key Performance Indicator:

CACREP CORE OR SPECIALITY AREA: HUMAN GROWTH & DEVELOPMENT

The application of the Human Growth & Development Paper will be used to apply the theories taught in the class to a case study with specific counseling situations.

D. Human Growth and Development

- 3.C.1. theories of individual and family development across the lifespan
- 3.C.3. theories of learning
- 3.C.4. theories of personality and psychological development
- 3.C.8. models of psychosocial adjustment and adaptation to illness and disability
- 3.C.10. biological, neurological, and physiological factors that affect lifespan development, functioning, behavior, resilience, and overall wellness
- 3.C.11. systemic, cultural, and environmental factors that affect lifespan development, functioning, behavior, resilience, and overall wellness

See Appendix.***

Assignments & Activities

Note: Unless otherwise specified, all assignments must be typed. Grading rubrics for assignments may be found on Blackboard. All assignments are to be submitted to Blackboard at midnight of the assigned due date. Students are required to use the APA 7th editing writing style for the assignments.

Preparation and Participation. The learning, application, and growth activities associated with a graduate program of study is a qualitatively different in comparison to obtaining an undergraduate degree. In some ways, the consequences of non-preparation and participation may impact your future clients more than they do yourself at this time. With those considerations in mind, it is your professional responsibility to actively and intentionally prepare for class through readings, making notations, identifying the presence of content in your natural environment, exploring content on your own, and bringing your reflections grounded in the intersections of these areas into course conversations. Furthermore, the counseling profession is one grounded in support and communication. Thus, it is imperative to contribute to class experiences through respectful, supported dialogue. There is no credit or point values assigned to these activities. Instead, they represent the baseline expectations

for all graduate coursework.

Tests. Students are responsible for all information in text, PowerPoints, lectures, and class discussions. Since class is hybrid, students are to read/review content outside of class. Tests will be multiple choice and short answer.

Modules. Students are responsible for completing reading materials and modules outside of class time. You will be asked to complete a module prior to class that asks a question related to the assigned material that will count towards your participation grade.

KPI: Human Growth and Development Paper. In this assignment, you will apply a specific human development theory to a provided (or self-created) mock counseling scenario. Your goal is to demonstrate how developmental knowledge informs assessment, case conceptualization, and treatment planning.

Part 1: Case Selection & Client Profile

Identify a "mock client" (either from the provided course case studies or one you have developed). Provide a brief demographic summary:

- **Age and Life Stage:** (e.g., Middle Adulthood, 45 years old).
- **Presenting Concern:** A brief description of why the client is seeking counseling.
- **Contextual Factors:** Relevant cultural, socioeconomic, or systemic influences.

Part 2: Theoretical Application

Select **one** major developmental theory (e.g., Erikson's psychosocial stages, Piaget's cognitive development, Bronfenbrenner's bioecological model, Gilligan's theory of moral development, etc.) and address the following:

- **Developmental Milestone Analysis:** Where is the client currently positioned according to this theory? What "crisis" or "task" are they navigating?
- **Deviation or Delay:** Based on the theory, are there signs of developmental stagnation or "fixation"? How does the theory explain the client's current distress?
- **Strengths-Based Perspective:** Identify one developmental asset or protective factor the client possesses according to this theoretical framework.

Part 3: Clinical Intervention

Describe how this theory translates into the counseling room:

- **Counseling Goals:** List two specific goals informed by the developmental stage (e.g., "Assisting the client in achieving 'Generativity' by identifying mentorship opportunities").
- **Techniques:** Propose one specific intervention or technique that aligns with the client's developmental capacity.
- **Barriers:** Identify one potential challenge in the therapeutic relationship related to the client's developmental level.

Submission Requirements

- **Format:** APA 7th Edition.
- **Length:** 4 pages (excluding title and reference pages).
- **Sources:** Minimum of three peer-reviewed journal articles in addition to the course textbook.

Course Requirements

CACREP/TEA Standards	Requirement/Assignment	Due Date	Points
3.C.1., 3.C.2., 3.C.3, 3.C.4., 3.C.6., 3.C.10, 3.C.11, 3.C.12. 3.C.13 TEA 001; TEA 003	Test 1	10/7	20
3.C.1, 3.C.2., 3.C.3, 3.C.4., 3.C.6., 3.C.7., 3.C.9, 3.C.10, 3.C.11, 3.C.12 TEA 001; TEA 003	Test 2		20
3.C.1, 3.C.3, 3.C.4, 3.C.6., 3.C.7., 3.C.8., 3.C.9. 3.C.10, 3.C.11, 3.C.12, 3.C.13 TEA 001; TEA 003	Final Exam	12/9	20
3.C.1., 3.C.2., 3.C.3., 3.C.4., 3.C.6., 3.C.7., 3.C.8., 3.C.10, 3.C.11, 3.C.23, 3.C.13.	Human Growth and Development Paper	12/2	20
3.C.1., 3.C.2., 3.C.3, 3.C.4., 3.C.6., 3.C.7, 3.C.8, 3.C.9., 3.C.10, 3.C.11, 3.C.12. 3.C.13 TEA 001; TEA 003	Modules	Ongoing	20

Grading Policy

90-100 total points = A

80-89 total points = B

70-79 total points = C

60-69 total points = D

Grade Distribution

A	B	C+/C/C-
90-100	80-89	79 or lower (Failure, Dismissal from Program or Repeat of Course)

Attendance, Participation, & Professionalism

Successful completion of EDCG 5335 is required for graduation and licensure. This class serves as a CACREP core class. Therefore, attendance is required, and class participation is expected. As the course is conducted in seminar format, student learners will actively direct and contribute to class meetings. It is the student's responsibility to complete all required readings prior to coming to class. Students are expected to read all class materials, reflect, and synthesize information prior to class meetings and be prepared to make meaningful contributions to class discussion. Lecture and class activities will not simply repeat the readings but rather add to them. The instructor reserves the right to deduct points from a student's grade due to lack of participation or preparation for class. Students are expected to demonstrate personal characteristics consistent with the characteristics of professional counselors (see Master's Student Handbook), engage in ethical behavior as defined in the American Counseling Association Code of Ethics, and adhere to TAMUSA's

Academic Integrity Policy. As professionals, students also are responsible for making productive contributions to class discussions/activities and attending respectfully to others when not contributing directly.

Please remember, professionalism includes using technology (e.g., laptops, tablets, smart phones) appropriately in class. **Due to the sensitive nature of counseling courses, laptops and other electronics are not appropriate for experiential activities. This is a time to practice presence, active listening, and other basic counseling skills. Therefore, recordings during class are not permitted. Any student who records class instruction, discussion, experiential, or class time will be subject to a Fitness to Practice evaluation.** Students who do not meet expectations regarding professional responsibilities will be evaluated as such. This evaluation may be reflected in a grade reduction, competency concern report, and/or request for other remediation per Counseling Program policies.

Absences & Attendance

Students must let the instructor know as soon as possible if they will miss a class. Each unexcused absence will result in 10 points off the final grade. It is the student's responsibility to obtain all notes and handouts missed during their absence. In the event that a student misses more than 2 classes without a valid excuse, they will receive a failing grade. If a student misses more than 1 hour of class (accumulated), it is considered an absence. University policy will be followed for attendance problems. Chronic tardiness or early departure will result in the lowering of a final grade at the instructor's discretion. Please note it is the student's responsibility to drop this course, if necessary.

Due Dates & Incompletes

All assignments are due at midnight of the assigned due date. Late work will result in a 10% deduction of points each day. Extensions will be granted at the discretion of the instructor prior to the due date of the assignment. No extensions will be granted the day an assignment is due or after the due date. Per TAMUSA's policy, a grade of incomplete will only be issued during the last 25% of the semester if the student is passing the course at the time and is unable to complete requirements due to the most extenuating of circumstances.

Format Guidelines

Unless otherwise indicated, assignments should be written in accordance with APA style (7th ed.). Regardless of paper formatting, all sources must be cited in APA format.

Confidentiality Limitations

An essential element of this course is self-reflection and the integration of new knowledge into previously established paradigms. It is the student's responsibility to determine the appropriate level of self-disclosure for class assignments. The instructor cannot guarantee the confidentiality of the information shared. If the instructor acquires information relevant to a student's progress or performance in the program, she will contact the student for a meeting to discuss the issue.

In this course, each student is required to reflect on one's own healing journey. This reflection will involve self-examination and sharing of personal information with the class. It is important that students strive to be appropriate in personal sharing. To promote an emotionally safe learning environment, each student will be asked to maintain confidentiality of others' personal material shared in class; however, confidentiality cannot be guaranteed. Therefore, each student should be mindful of what one chooses to share. Each student is encouraged to take risks and to challenge oneself while maintaining personal boundaries that are important to one's continued wellbeing and development as a professional in training and a person.

Discussions, exercises, activities, and presentations in this course may elicit unexpected emotions and memories or uncover previously hidden psychological processes that students may find unsettling. If at any time you feel that you are overwhelmed, please feel free to leave the room, pass from the current activity,

and/or talk with the instructor. If you would like counseling to address personal concerns, you may contact TAMUSA's counseling center or seek personal counseling at your own expense.

Professionalism

In this graduate counseling course, students are expected to uphold the highest standards of professionalism by treating others as they wish to be treated. This includes respecting diversity, maintaining confidentiality, and communicating empathetically and constructively. Students should arrive on time, come prepared, and actively participate in class and group activities. Collaboration and teamwork are essential, with conflicts addressed respectfully and professionally. Academic integrity, adherence to deadlines, and a commitment to self-care and ethical growth are vital.

A note about AI use: The counseling field requires unique skills sets, knowledge, and abilities other fields may not: **active listening and responding, conceptualization, and critical thinking.** When counseling clients, you are your biggest resource. **Please set yourself and your future clients up for success by refraining from AI use in this course.** It is imperative that you build those skills throughout the program so you can remain ethical, present, and engaged in the therapeutic process with clients. Failure to adhere to this request may result in disciplinary action.

Harmful or discriminatory behavior will not be tolerated. Students engaging in harmful behavior towards one another or the instructor will be subject to remediation and gatekeeping practices.

My office hours are Wednesdays 1:30-4:30 in Classroom Hall 214. Meetings outside of office hours are available by appointment. Appointments can be scheduled via email at ktran@tamusa.edu. Emails will be responded to within 48-72 hours on weekdays; messages sent after 5:00 PM or on weekends will be addressed the next business day. To schedule an appointment, include your name, course, and a brief description of the topic to ensure a productive meeting.

IMPORTANT POLICIES AND PROCEDURES

University Email Policy and Course Communications: All correspondence between professors and students must occur via University email accounts. You must have your Jaguar email account ready and working. If it is not working, contact the help desk at helpdesk@tamusa.edu or at 210-784-HELP (4357). If you don't hear back within 48 hours, contact them again. They have many requests during the first part of the semester, so you may need to follow up with them.

Academic Accommodations for Individuals with Disabilities: Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us at the [website](#) or email us at dss@tamusa.edu. Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their academic accommodations with Disability Support Services and their instructors as soon as possible.

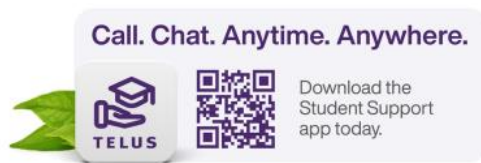
Academic Learning Center: All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the *Tools* section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, room 202. Online tutoring is also available for after hours and weekend assistance. While tutoring hours may change based on tutor schedules and availability, the current tutoring hours for MATH in the ALC are as follows:

	Appointments available	Walk in Tutoring – No appointment needed
MONDAY	8 am – 6 pm	9 am – 5 pm
TUESDAY	8 am – 6 pm	9 am – 5 pm
WEDNESDAY	8 am – 6 pm	9 am – 5 pm
THURSDAY	8 am – 6 pm	9 am – 5 pm
FRIDAY	8 am – 5 pm	11 am – 4 pm

Counseling/Mental Health Resources: As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, visit our website, call 210-784-1331 or visit Madla 120 between the hours of 8:00 AM and 5:00 PM.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. *Crisis support is available 24/7/365 by calling the SCC at 210-784-1331 or through the TELUS student support App.*

The TELUS Student Support App provides a variety of mental health resources to including 24/7/365 support for in the moment distress, crisis support, an anonymous peer-to-peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.



Emergency Preparedness: JagE Alert is Texas A&M University-San Antonio's mass notification system. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>. More information about Emergency Operations Plan and the Emergency Action Plan can be found [here](#). Download the SafeZone App (<https://safezoneapp.com/>) for emergencies or call (210) 784-1911. Non-Emergency (210) 784-1900.

Financial Aid and Verification of Attendance: According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended by the published Census Date (the first week of class). Any student receiving federal financial aid who does not attend prior to the published Census Date (the first week of class) will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Graduate Class Policies: A student has the right to expect competent, well-organized instruction for the full number of clock hours allotted for a course; to sufficient written assignments, graded fairly and with reasonable promptness to show the student's academic standing in the course at least before mid-semester; to have ample opportunity to confer with the instructor at published office hours and to review graded written work; to freedom

from ridicule, discrimination, harassment or accusations in the presence of other students or faculty members; and to an avenue for appealing to higher academic authority in case of alleged unfairness by an instructor.

Financial Aid and Verification of Attendance: According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended the first week of class. Any student receiving federal financial aid who does not attend the first week of class will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Jaguar Writing, Language, and Digital Composing Center (WLDCC): The Jaguar Writing Center provides writing support to graduate and undergraduate students in all three colleges as well as faculty and staff. Writing tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. The Writing Center offers face-to-face, synchronous online, and asynchronous digital appointments. Students can schedule appointments with the Writing Center in JagWire under the Student Services tab. Click on “Writing, Language, and Digital Composing Center” to make your appointment. Students wanting to work in realtime with a tutor can schedule an “Online Appointment.” Students wishing to receive asynchronous, written feedback from a tutor can schedule an “eTutoring” appointment. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our [website](#). The Writing Center can also be reached by emailing writingcenter@tamusa.edu.

Meeting Basic Needs: Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to submit a [CARE report](#) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources. A food pantry is available on campus; click [here](#) for hours and contact information.

Military Affairs: Veterans and active-duty military personnel are welcomed and encouraged to visit the Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots’ Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210) 784-1397.

Religious Observances: Texas A&M University-San Antonio recognizes the wide variety of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

The Six-Drop Rule: Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student’s GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as “F” grades and will impact the student’s GPA.

Statement of Harassment and Discrimination: Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple

missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual on our campus and within our state, nation, and world. All decisions and actions involving students and employees are to be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the University's Civil Rights Officer at 210-784-2061 or titleix@tamusa.edu.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking based on sex, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related sex-based misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

Pregnant/Parenting Students: Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable accommodations to pregnant students as would be provided to a student with a temporary medical condition that are related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources. Young Jaguars can support parenting students with daycare if students meet this criteria: (1) must be enrolled in classes at Texas A&M-San Antonio in the current semester, (2) must be Pell eligible or a single parent, (3) child(ren) must be aged 3 to 12-years-old, and (4) child(ren) must be enrolled in Pre-K-3 through 6th grade. For more information, please contact Young Jaguars at youngjaguars@tamusa.edu or call (210) 784-2636.

Students' Rights and Responsibilities: The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges

the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

Students' Responsibilities

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, [Student Code of Conduct](#), on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the [Student Code of Conduct](#) or visit the resources available in the [OSRR website](#).

The complete [academic calendar](#) is available online.

Use of Generative AI Permitted Under Some Circumstances or With Explicit Permission: There are situations and contexts within this course where you may receive permission to use artificial intelligence (AI) tools. The instances approved for use of tools such as Chat GPT, Claude, and Grammarly in this course include (a) collaborative interfacing that supports your understanding concepts more clearly, and (b) copyediting for clarity, grammar, and punctuation improvement. These and other AI tools are not approved for any generation of content ranging from (a) substantive edits including sentence and paragraph enhancement, or (b) general content generation (text, video, audio, images) that will be submitted to represent any student work (assignments, activities, discussion responses, etc.) that is part of your evaluation in this course. These latter instances constitute authorship which is problematic for two principal reasons: (a) authorship requires the assumption of responsibility

for content and the consent for content usage which AI software cannot provide, and (b) over-reliance on these tools may hinder the graduate students' development of essential skills related to authentic expression and representation of ideas, the creative process, critical thinking, conceptualization and organization of complex issues, and written expression which are fundamental to the professional identity development. Thus, all written assignments in this course will require an AI disclosure statement on the students' title page that identifies the full name of the tool used with version number, how it was used, and the reason for use. This statement will be considered against data such as the Turnitin similarity and AI writing detection values to ensure that students are accurately receiving credit for their written assignments. One guideline for this course is instances in which more than 10% of the student work may have been generated by generative AI will prompt deeper inspection by the instructor. If any part of this is confusing or uncertain, students should reach out to their instructor for clarification before submitting work for grading. Use of AI-generated content without the instructor's permission and/or proper attribution in this course qualifies as academic dishonesty and violates Texas A&M University-San Antonio's standards of academic integrity.

Class Attendance: A vital part of every student's education is regular attendance of class meetings. Any absences tend to lower the quality of a student's work in a course, and frequent or persistent absences may preclude a passing grade or cause a student to be dropped from one or more courses upon the request of a faculty member to the Provost and Vice President for Academic Affairs.

Excessive absences (more than 2) will result in a grade letter deduction from your final grade for each absence. Please email before class if you will be out. Two tardies (entering 10 minutes or later after class begins or leaving 10 minutes or earlier before class ends) will count as one absence.

Incompletes: The spirit of the "Incomplete" is to give a student an opportunity to complete a course after the end of the semester. An Incomplete will only be considered under specific circumstances: 1. 70% of the class has been completed and student is passing with a "C" or better 2. The circumstance for which the "I" is requested is supported with documentation 3. Student has been attending class on a regular basis Incompletes are not to be used to remedy excessive absences. Unforeseen

circumstances precipitating the request for an "I", should occur near the end of the semester.

Students who are experiencing difficulties at the beginning or midway through the course should contact their professor immediately to discuss options. When a professor agrees to grant an "I", a contract between the student and professor that outlines a specific timeline for completion of the course will be generated. Topics such as highest possible grade will also be outlined. If the contract is not fulfilled, the professor will submit a change of grade form with earned letter grade. All "I"s will automatically revert to an "F" after one year.

Dropping a Course: Each student is responsible for knowing the drop date for any given semester. Professors are not responsible, under any circumstances, for "dropping" a student from a course. Please be aware that if you do not formally drop a course and fail to fulfill the academic requirements, the professor will submit the earned grade.

Schedule of Course Activities

Date	CACREP	Topic	Due
8/26	3.C.1. TEA 001; TEA 003	Introduction to Course	
9/2	3.C.1, 3.C.3., 3.C.4., 3.C.10, 3.C.11, 3.C.13 TEA 001; TEA 003	The Study of Human Development; Theory and Research	Read Ch. 1-2 Module 1: Ch. 1-2
9/9	3.C.1., 3.C.3., 3D.4, 3.C.6, 3.C.10, 3.C.11, 3.C.12 TEA 001; TEA 003	Beginnings: Forming a New Life; Birth and Physical Development Social Determinants of Mental Health Ecological Theory of Development	Read Lenz & Lemberger Truelove, 2023 Lenz & Litam, 2023 Eamon, 2001 Bronfenbrenner, 1974 Finlay et al., 2025 Fexia et al., 2026 Watch: https://www.youtube.com/watch?v=qykD=2AXKIU&list=PLHwNrKBnENCw&index=2 https://www.youtube.com/watch?v=xAlxtog_4ns&list=PLHwNrKBnENCw&index=3
9/16	3.C.1., 3.C.3., 3.D.4., 3.C.6., 3.C.7., 3.C.10 TEA 001; TEA 003	<i>AARC Conference No Class Meeting</i> Beginnings: Forming a New Life; Birth and Physical Development Neurobiology The Whole-Brain Child	Read Siegel Ch.1 & 3 Read Ch. 3-4 Module 2 Listen: https://youtu.be/Gkfv6oU4nEA?si=EVP4EwBZGetDbUsk Watch: https://www.youtube.com/watch?v=uOsgDkeH52o&list=PLHwNrKBnENCw&index=1

9/23	3.C.1, 3.C.3., 3.C.4., 3.C.6, 3.C.10, 3.C.11 TEA 001; TEA 003	Beginnings: Cognitive Development; Psychosocial Development <i>Guest Speaker: Dr. Franc Hudspeth</i>	Read Ch. 5-6 Module 3
09/30	3.C.1, 3.C.2., 3.C.3, 3.C.4, 3.C.6., 3.C.8, 3.C.10, 3.C.11 TEA 001; TEA 003	Early Childhood: Physical and Cognitive Development; Psychosocial Development	Read Ch. 7-8 Module 4
10/7	3.C.1., 3.C.2., 3.C.3, 3.C.4., 3.C.6., 3.C.10, 3.C.11, 3.C.12. 3.C.13 TEA 001; TEA 003	TEST 1 (Chapters 1-8)	
10/14	3.C.1., 3.C.3., 3.C.4., 3.D.6., 3.D.7, 3.D.10., 3.D.11, 3.D.12 TEA 001; TEA 003	Middle Childhood: Physical and Cognitive Development; Psychosocial Development	Read Ch. 9-10 Module 5
10/21	3.C.1., 3.C.2., 3.C.3., 3.C.4., 3.C.6., 3.C.9, 3.D.10, 3.D.11, 3.D.12 TEA 001; TEA 003	Adolescence: Physical and Cognitive Development; Psychosocial Development	Read Ch. 11-12 Module 6
10/28	3.C.1, 3.C.2., 3.C.3, 3.C.4., 3.C.6., 3.C.9, 3.C.10, 3.C.11, 3.C.12 TEA 001; TEA 003	Emerging and Young Adulthood: Physical and Cognitive Development; Psychosocial Development	Read Ch. 13-14 Module 7
11/4	3.C.1, 3.C.2., 3.C.3, 3.C.4., 3.C.6., 3.C.7., 3.C.9, 3.C.10, 3.C.11, 3.C.12 TEA 001; TEA 003	TEST 2 (Chapters 9-14)	
11/11	3.C.1, 3.C.3, 3.C.4., 3.C.6., 3.C.7., 3.C.9., 3.C.10, 3.C.11, 3.C.12 TEA 001; TEA 003	Middle Adulthood: Physical and Cognitive Development; Psychosocial Development	Read Ch. 15-16 Module 8
11/18	3.C.1, 3.C.3, 3.C.4., 3.C.6., 3.C.7., 3.C.9., 3.C.10, 3.C.11, 3.C.12 TEA 001; TEA 003	Late Adulthood: Physical and Cognitive Development; Psychosocial Development; Dealing with Death	Read Ch. 17-19 Module 9
11/25		<i>Fall Break No class meeting</i>	
12/2	3.C.5., 3.C.8., 3.C.13 TEA 001; TEA 003	Theories and neurobiological etiology of addictions Models of psychosocial adjustment and adaptation to illness and disability Effect of crises, disasters, stress, and trauma across the lifespan	Module 10 PAPER DUE
12/9	3.C.1, 3.C.3, 3.C.4, 3.C.6., 3.C.7., 3.C.8., 3.C.9. 3.C.10, 3.C.11, 3.C.12, 3.C.13	FINAL EXAM (Chapters 15-19)	

Appendix A

KPI: Human Growth & Development Paper **Instructions:**

Part 1: Case Selection & Client Profile

Identify a "mock client" (either from the provided course case studies or one you have developed). Provide a brief demographic summary:

- **Age and Life Stage:** (e.g., Middle Adulthood, 45 years old).
- **Presenting Concern:** A brief description of why the client is seeking counseling.
- **Contextual Factors:** Relevant cultural, socioeconomic, or systemic influences.

Part 2: Theoretical Application

Select **one** major developmental theory (e.g., Erikson's psychosocial stages, Piaget's cognitive development, Bronfenbrenner's bioecological model, Gilligan's theory of moral development, etc.) and address the following:

- **Developmental Milestone Analysis:** Where is the client currently positioned according to this theory? What "crisis" or "task" are they navigating?
- **Deviation or Delay:** Based on the theory, are there signs of developmental stagnation or "fixation"? How does the theory explain the client's current distress?
- **Strengths-Based Perspective:** Identify one developmental asset or protective factor the client possesses according to this theoretical framework.

Part 3: Clinical Intervention

Describe how this theory translates into the counseling room:

- **Counseling Goals:** List two specific goals informed by the developmental stage (e.g., "Assisting the client in achieving 'Generativity' by identifying mentorship opportunities").
- **Techniques:** Propose one specific intervention or technique that aligns with the client's developmental capacity.
- **Barriers:** Identify one potential challenge in the therapeutic relationship related to the client's developmental level.

Submission Requirements

- **Format:** APA 7th Edition.
- **Length:** 4 pages (excluding title and reference pages).

Sources: Minimum of three peer-reviewed journal articles in addition to the course textbook.

Grading Rubric: Human Growth and Development Paper**KPI: CACREP Standards:** 3.C.1., 3.C.2., 3.C.3., 3.C.4., 3.C.6., 3.C.7., 3.C.8., 3.C.10, 3.C.11, 3.C.23, 3.C.13.

Criteria	RATINGS			
	4 Points	3 Point	2 Points	0-1
Identification/explanation of counseling problem identified	Identifies a specific human developmental issue and its impact on counseling cases	Demonstrates average understanding of the problem	Demonstrates minimal understanding of the case/theory	Fails to demonstrate an understanding of the case/theory
Applicable human growth & development theories	Includes all appropriate developmental theories applicable to issue/case Above average detail/analysis	Outlines appropriate theories/has good understanding and elaborates on most applicable theories	Applies partial theories to the case or applies incorrect theories, fragmented application	Fails to apply appropriate theories to the case
Development of a treatment strategy	Fully develops an effective treatment plan over numerous domains of human development	Outlines an average treatment plan for developmental issue	Develops incomplete/partial treatment plan	Fails to develop appropriate treatment plan
Counseling journal references	Extensive research (3+) on issue /development/case, current	Utilizes 3 references relevant to developmental issue/case	Utilizes 2 or less references or not journal references	No references
Writing style	Excellent narrative, appropriate use of APA, good organization and flow	Demonstrates good quality of writing and appropriate use of APA format	Writing has many grammatical, spelling errors and/or problems with APA style	Fails to demonstrate quality of writing and proper use of APA style
Total/Notes				

EVALUATION PROCESS:

The professor will complete the following rubric to assess (final submission) and presentation of the Human Growth and Development Paper.

Points	Overall Rating	Rating Scale	Description
19-20	Mastery	4	Able to perform at a high level without supervision on a consistent basis
16-18	Proficient	3	Able to perform without supervision on a consistent basis
14-15	Developing	2	Able to perform with supervision on a consistent basis
11-13	Beginning	1	Able to perform with supervision on an inconsistent basis
0-10	Inadequate	0	Unable to perform with supervision

KEY PERFORMANCE INDICATOR SCORE: _____

Students who score 0-2 on a key performance indicator assignment will meet with the instructor to discuss remediation with the possibility of a Fitness to Practice referral.