

UNIV 1000

Academic Recovery Course

CRN# 12435 / Wednesday, 9:30 am-10:45 pm / CAB 337
August 24, 2026 - December 9, 2026

Instructor: John De La Rosa

Contact Information: JohnEdward.DeLaRosa@tamusa.edu; (210)784-1392

Student emails will receive a reply within two business days.

Office Location: Central Academic Building (CAB) 202

Office Hours: 11:30 am – 12:30 pm

Course Web Site: <http://tamusa.blackboard.com/>

Course Description

A course that assists students who are in academic jeopardy in developing strategies and life-skills that will increase their academic and personal success. Through focused discussions and activities, students will identify their areas of strength and areas in need of development. Based on these discoveries, students will develop individualized action plans that map out their personal paths to improvement. Students in UNIV 1000 will actively work to improve their academic standing by completing self-assessments, using various forms of technology, and working with their instructor and academic coaches. Students will be required to connect with the campus and community resources as they execute their self-improvement plans and to engage in activities on Canvas.

Course Goals & Learning Objectives

Course Goals: *Students will explore their self-advocacy, resiliency, motivation, time management, decision making/problem solving, major affinity, and career development.*

Learning Objectives:

- Identify barriers to academic success
- Apply learning strategies and campus resources
- Utilize academic resources and support services
- Create a realistic success plan to regain academic good standing

Course Requirements

- Attend each class on time
- Actively participate in class
- Complete 10 hours of academic support throughout the semester (tutoring, academic coaching, supplemental instruction, professor's office hours, advising)
- Midterm check in
- Academic Improvement Plan
- Mid-semester Reflection
- Final Reflection

Assignments: 2 Reflection Papers (40%), Classroom assignments and tasks (40%), and Class participation/Attendance (20%)

Grade Scale: A (90%-up); B (80-89%); C (70-79%); D (60-69%); F (0-59%)

Participation/Attendance: Students must be present in order to succeed in this course. This means faithful, punctual attendance. Make sure you give input in class or online through the Discussion Board.

Reflection Papers: Students will write two, 2-3 page reflection papers covering topics that the instructor assigns. Papers will need to be double-spaced and 12 point font. Once the topic and topic question are given, student utilize the Writing Center to help you work on flow of paper. Your opinion matters and it is okay to use "I" in reflection papers in my class.

Classroom Work: Students will complete in-class assignments and tasks each week.

Civility Code: We will participate in discussions that occasionally touch on controversial issues. Therefore it is important that we show respect for each other in the tone and content of our comments. You should strive to treat your classmates not only the way you would like to be treated (the Golden Rule), but the way they would like to be treated (the Platinum Rule).

Make-Up Policy: If you miss a class (which means you miss the entire week) you will be asked to meet with the instructor or an academic coach to discuss topics that were missed. You may also be asked to meet with the guest speaker (guest office) to learn about the resources they have to offer.

Academic Dishonesty: Students at Texas A&M University-San Antonio are expected to adhere to the highest standards of academic honesty and integrity. Academic Dishonesty for which a student is subject to penalty includes cheating, plagiarism, fabrication, multiple submission, misrepresentation of academic records, facilitating academic dishonesty, unfair advantage, violating known safety requirements and ethical misconduct. All students are responsible for being familiar with the Academic Dishonesty Policy which may be found in the Texas A&M University-San Antonio Student Handbook (<http://www.tamusa.edu/studentengagementsuccess>).

IMPORTANT POLICIES AND RESOURCES

Academic Accommodations for Persons with Disabilities: The Americans with Disabilities Act Amendments Act (ADAAA) of 2008 and the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights protection for persons with disabilities. Title II of the ADAAA and Section 504 of the Rehabilitation Act require that students with disabilities be guaranteed equal access to the learning environment through the provision of reasonable and appropriate accommodation of their disability. If you have a diagnosed disability that may require an accommodation, please contact Disability Support Services (DSS) for the coordination of services. The phone number for DSS is (210) 784-1335 and email is dsupport@tamusa.edu.

Academic Learning Center: The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the *Tools* section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, room 202.

Counseling/Mental Health Resources: As a college student, there may be times when personal stressors interfere with your academic performance and/or negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment call 210-784-1331 or visit Madla 120.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services.

Crisis support is available 24/7 by calling the SCC at 210-784-1331 (after-hours select option '2'). For more information and self-help resources, please visit www.tamusa.edu/studentcounseling

Emergency Preparedness: JagE Alert is Texas A&M University-San Antonio's mass notification. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>.

More information about Emergency Preparedness and the Emergency Response Guide can be found here:

<https://www.tamusa.edu/uploadfile/folders/sdbowen23/pdf/pdf-635073426137928167-10.100.20.116.pdf>

Financial Aid and Verification of Attendance: According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended the first week of class. Any student receiving federal financial aid who does not attend the first week of class will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Meeting Basic Needs: Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to contact the Dean of Students (DOS@tamusa.edu) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to provide any resources they may possess.

Military Affairs: Veterans and active-duty military personnel are welcomed and encouraged to communicate, in advance if possible, and special circumstances (e.g., upcoming deployment, drill requirements, disability accommodations). You are also encouraged to visit the Patriots' Casa in-person room 202, or to contact the Office of Military Affairs with any questions at military@tamusa.edu or (210)784-1397.

Religious Observances: Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

Respect for Diversity: We understand that our students represent diverse backgrounds and perspectives. When we are equity-minded, we are aware of differences and inequalities and are willing to discuss them so we can act to resolve them. The University is committed to building cultural competencies, or the attitudes, skills, and knowledge that enable individuals and organizations to acknowledge cultural differences and incorporate these differences in working with people from diverse cultures. Respecting and accepting people different than you is vital to

your success in the class, on campus, and as a future professional in the global community. While working together to build this community we ask all members to:

- Share their unique experiences, values, and beliefs.
- Be open to the views of others.
- Honor the uniqueness of their colleagues.
- Value each other's opinions and communicate respectfully.
- Keep confidential discussions that the community has of a personal (or professional) nature.
- Use this opportunity together to discuss ways in which we can create an inclusive environment in this course and across the A&M-San Antonio community.

The Six-Drop Rule: Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

Statement of Harassment and Discrimination: Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equality of opportunity and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality, diversity, pluralism and the uniqueness of the individual within our state, nation, and world. All decisions and actions involving students and employees should be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, or gender expression. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the appropriate offices within their respective units.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex- or gender-based discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victims advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee

who does not have this reporting responsibility, you can contact the Student Counseling Center at (210) 784-1331, Madla 120.

Students' Rights and Responsibilities: The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

Students' Responsibilities

5. A student has the responsibility to respect the rights and property of others, including other students, the faculty and administration.
6. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, [Student Code of Conduct](#), on our website, University Catalog and to comply with them, as well as federal, state, and local laws.
7. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
8. A student has the responsibility to recognize the University's obligation to provide an environment for learning.
9. A student has the responsibility to check their university email for any updates or official university notification.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation or disability. Behaviors that infringe on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the [Student Code of Conduct](#).

No Use of Generative AI Permitted

UNIV 1000 assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

Writing, Language, and Digital Composing Center: The Writing, Language, and Digital Composing Center supports graduate and undergraduate students in all three colleges as well as faculty and staff. Tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. Students can schedule appointments through JagWire under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. The Center offers face-to-face, synchronous online, and asynchronous digital appointments. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website at <https://bit.ly/WLDCCenter>.

The complete academic calendar is available online:

<https://www.tamusa.edu/academics/academic-calendar/index.html>

Fall 2026 Semester Schedule

8/26: Week 1: What is academic standing? Quiz and class discussion

9/2: Week 2: Time management grid and Group discussion

9/9: Week 3: Academic Plan and Goal Setting (S.M.A.R.T. goals)

- Develop an academic plan and develop S.M.A.R.T. goal

9/16: Week 5: Mays Center- what do they offer?

- Classroom presentation

9/23: Week 4: Academic Learning Center/Writing Center

- Classroom Presentation

9/30: Week 6: What are Your Values? Classroom Activity

Friday 10/2: Reflection Paper #1 is due in Blackboard!

10/7: Week 7: Academic Advising Session How can your advisor support you?

10/14: Week 8: Meet with an academic coach

- You will be meeting with an academic coach to discuss your grades/semester progress.

10/21: Week 9: Meet with an academic coach

- You will be meeting with an academic coach to discuss your grades/semester progress.

10/28: Week 10: Self Care – Student Counseling Center Guest Speaker Presentation

11/4: Week 11: Financial Aid, What is Satisfactory Academic Progress (SAP)?

(Tentative) Guest Speaker Presentation

11/11: Week 12: Odyssey Plan- Major and Career Exploration Guest Speaker Presentation

11/13: Last day to drop with an automatic grade of “W”

11/18: Week 13: What did you learn? Class Overview

11/25: Week 14 Thanksgiving Break No Class!

11/30: Last day to withdraw from all of your classes!

Wednesday 12/2: Final Reflection Paper is due in Blackboard!

12/9 Week 15: Study session (NO CLASS) (TBD)

Classes for the Fall semester end on Monday 12/4/26!