



TEXAS A&M UNIVERSITY
SAN ANTONIO

Human Sexuality

PSYC 3369-001 | CRN 24911 | Spring 2025

Science & Technology Building | Room 269 | MW 2:00 PM – 3:15 PM

Professor: Jacqueline Lechuga, Ph.D.

E-mail: jlechuga@tamusa.edu

Office Hours: MW 12:30 PM to 1:45 PM or by appointment

Office: Science & Technology Building, Room 249B

COURSE DESCRIPTION

This course will provide a comprehensive overview of human sexuality, incorporating practical information (e.g., human sexual anatomy) and insights from psychological research and theory. Students will obtain an understanding of the complex interplay of psychological, sociocultural, and biological factors in the development and expression of sexual attitudes and behaviors. Additionally, students will explore real-life applications of this knowledge (e.g., therapy, policy, public health awareness).

Prerequisites: PSYC 2301 and PSYC 2388.

REQUIRED COURSE MATERIALS

Title: The Psychology of Human Sexuality (3rd Edition)

Author: Lehmiller, J. J.

CONTACT GUIDELINES

I will strive to be available to aid your learning process by providing several ways to contact me:

- **Email:** Please only use official university e-mail and include the course, section, and full name in the subject line. Please do not use Blackboard messages. The email noted above is my primary and preferred point of contact outside of the classroom.

I will check my email regularly on Monday – Friday from 8:00 am to 5:00 pm. I will generally respond within 24 hours of your email. If you do not receive a reply after 24 hours, please email again and/or follow up directly with me in class or during office hours (see above). I will not be available by email during the weekends. Any emails received during the weekend will be replied to on the subsequent Monday. Please plan accordingly. Especially when it comes to clarifying assignment instructions and/or submission requirements.

In all communications, please be professional in your tone and specific in your message (i.e., avoid informal correspondence styles like text messaging which lack appropriate punctuation and capitalization). Your correspondence **MUST** include the information

specified above. If you send an email without sufficient information, I likely will not reply or may reply asking for clarification about your inquiry (this can result in an unnecessary delay). Please begin a new email thread instead of responding to older emails if you are beginning a new conversation unrelated to the previous email (this helps minimize confusion caused by chain replies).

- **Office Hours:** I will be available in my office (STEM 249B) to meet during office hours (see above) or by appointment. Office hours are dedicated to interacting with and providing students assistance regarding coursework. An appointment is not necessary to attend these hours, but interactions are limited to a first come, first served basis. If there is a specific assignment/materials or topic you want to discuss, providing advance notice will allow me to have these resources ready. If students cannot meet during these times, an alternative time can be requested via email, and I will do my best to try to accommodate students accordingly. For discussions involving more personal and/or sensitive information, some form of advance notice is recommended.

STUDENT LEARNING OUTCOMES

Student learning outcomes are based on the Specific Learning Objectives from APA Guidelines for Psychology Majors: <http://www.apa.org/ed/precollege/about/psymajor-guidelines.pdf>

The following student learning outcomes are anticipated within the framework of the psychology of human sexuality:

- 1.1 Describe key concepts, principles, and theories in psychological science
- 1.4 Apply psychological content to solve practical problems
- 2.3 Incorporate sociocultural factors in scientific research practices
- 3.3 Apply psychological principles to strengthen community and improve quality of life
- 4.2 Write and present effectively for different purposes
- 4.3 Provide evidence of psychological literacy
- 4.4 Exhibit appropriate technological skills to improve communication
- 5.1 Exhibit effective self-regulation
- 5.2 Refine project management skills
- 5.3 Display effective judgment in professional interactions
- 5.4 Cultivate workforce collaboration skills

ASSESSMENT & EVALUATION

All assignments, with the exception of some in-class work, will be administered from and turned into Blackboard. No paper copies will be accepted unless otherwise noted. Late work will not be accepted without a university-approved excuse and/or advance notice with instructor approval. Additionally, you are expected to complete all work independently (see Academic Integrity section for more details on independent work).

The following descriptions are intentionally brief. Detailed instructions will be available in class and through Blackboard throughout the semester. Each assignment will have a specific set of instructions students will be required to follow.

- **Homework Assignments – 20 points.** Five homework assignments will be administered throughout the semester, each worth 20 points. The topic/format of the homework assignment will depend on the content for the week. These homework assignments will be completed outside of class.
- **Exams – 80 points.** Four exams will be administered, each worth 80 points. Exam 1, Exam 2, and Exam 3 will be non-cumulative. Exam 4 (i.e., the final exam) will be cumulative. The exams will have questions that will vary in format (e.g., multiple choice, fill-in-the-blank). Exams will only be offered on the dates and times listed in the course schedule. There are no make-up opportunities for the exams once the deadline has passed. The only exceptions to this policy are valid excuses for absences (see Missed/Late Assignment Policy). The exam with the lowest grade will be dropped.
- **Group Discussions/Activities – 20 points.** Five group discussions/activities will be administered throughout the semester, each worth 20 points. The topic/format of the group discussions/activities will depend on the content for the week. These group discussions/activities will be completed during class.
- **Sex Education Final Project – 80 points.** In groups, you will design and lead a 20-minute interactive workshop on a topic related to the psychology of human sexuality. The workshop should educate classmates while actively involving them in the learning process through activities, discussions, or demonstrations.
- **Extra Credit Opportunity (Research Participation) – 10 points.** You may participate in a psychology research study or attend a speaker series talk. One SONA credit is worth 10 points. This extra credit opportunity can be completed only two times.

GRADING

Course Component	Value	Number	Total
Homework Assignments	20	5	100
Exams	80	3	240
Group Discussions/Activities	20	5	100
Sex Education Final Project	80	1	80
TOTAL			520 possible points

MISSED/LATE ASSIGNMENTS POLICY

Missed assignments will be assigned a grade of zero. You must e-mail your instructor about a missed assignment before the due date or as soon as possible after the emergency that causes you to miss the deadline. *You will not be allowed to earn credit for late assignments and will receive a zero for that assignment unless you experience an emergency/illness. Excused absences*

include family emergencies and death in the family. Work conflicts or difficulty with parking do not count as legitimate reasons.

- Legitimate reasons include, but are not limited to:
 - Illness and/or injury (personal)
 - Illness of a friend or family member that requires your assistance
 - Transportation
 - Athletic and/or organizational obligation
 - Death or injury of a friend or family member
- Non-legitimate reasons:
 1. Vacation
 2. Lack of preparation and/or just not feeling like it

Late coursework will not be accepted for reasons other than those outlined above.
Blackboard will not display grades attempted after the deadline posted on Blackboard.

IMPORTANT POLICIES AND RESOURCES

ACADEMIC ACCOMMODATIONS FOR INDIVIDUALS WITH DISABILITIES

Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act.

If you experience barriers to your education due to a disability or think you may have a disability, the Disability Support Services office is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us at <https://www.tamusa.edu/Disability-Support-Services/index.html> or email us at dss@tamusa.edu.

Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their disability-related needs with Disability Support Services and their instructors as soon as possible.

ACADEMIC LEARNING CENTER

The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the Tools section of Blackboard.

You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, Room 202.

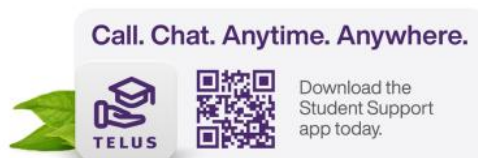
COUNSELING/MENTAL HEALTH RESOURCES

As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, call 210-784-1331 or visit MADLA, Room 120.

All mental health services provided by the SCC are free and confidential (as the law allows). The SCC provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. For more information on SCC services visit tamusa.edu/studentcounseling

Crisis support is available 24/7 by calling the SCC at 210-784-1331 (for after-hours select option '2').

Additionally, the TELUS Student Support App provides a variety of mental health resources including support for in-the-moment distress, an anonymous peer-to-peer support network, mental health screenings, podcasts, and articles to improve your mental well-being.



EMERGENCY PREPAREDNESS

JagE Alert is Texas A&M University-San Antonio's mass notification. In the event of an emergency, such as inclement weather, students, staff, and faculty - who are registered - will have the option to receive a text message and/or email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>.

More information about the Emergency Operations Plan and the Emergency Action Plan can be found here: <https://www.tamusa.edu/about-us/emergency-management/>.

Download the SafeZone App (<https://safezoneapp.com/>). For emergencies call (210) 784-1911. Non-Emergency (210) 784-1900.

FINANCIAL AID AND VERIFICATION OF ATTENDANCE

According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Any student receiving federal financial aid who does not attend by the census date will have their financial aid terminated and returned to the DoE. Please note that for any student who stops attending at any time during the semester, a Care Report will be submitted, and you will possibly be dropped from the class. Your financial aid may have to be recalculated and a portion of your federal aid may have to be returned to the DoE.

WRITING, LANGUAGE, AND DIGITAL COMPOSING CENTER

The Writing, Language, and Digital Composing Center supports graduate and undergraduate students in all three colleges as well as faculty and staff. Tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as e-portfolios, class presentations, or other digital multimedia projects.

Students can schedule appointments through JagWire under the Student Services tab. Click on "Writing, Language, and Digital Composing Center" to make your appointment. The Center offers face-to-face, synchronous online, and asynchronous digital appointments. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our website at <https://www.tamusa.edu/academics/>.

MEETING BASIC NEEDS

Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live and believes this may affect their performance in the course, is urged to submit a CARE referral (<https://www.tamusa.edu/university-policies/Student-Rights-and-Responsibilities/file-a-report.html>) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources.

MILITARY AFFAIRS

Veterans and active-duty military personnel are welcome and encouraged to visit the Office of Military Affairs for any questions involving federal or state VA Education Benefits. Visit the Patriots' Casa building, Room 202, or contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210)784-1397.

RELIGIOUS OBSERVANCES

Texas A&M University-San Antonio recognizes the diversity of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their traditions. Under the policy, students are provided an opportunity to make up any examination, study, or coursework requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

THE SIX-DROP RULE

Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate career. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

STATEMENT OF HARASSMENT AND DISCRIMINATION: Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, Texas A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual within our state, nation, and world. All decisions and actions involving students and employees should be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, gender expression, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the appropriate offices within their respective units.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and the university as a whole. If you have experienced any form of sex- or gender-based discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking, know that help and support are available. Texas A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all Texas A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual

harassment, sexual violence, or other related misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in MADLA 120.

PREGNANT/PARENTING STUDENTS

Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable accommodations to pregnant students as would be provided to a student with a temporary medical condition that is related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources.

STUDENTS' RIGHTS AND RESPONSIBILITIES

The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which are inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

- Students' Rights
 1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition, and peaceful assembly as set forth in the U.S. Constitution.
 2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, sexual orientation, gender identity, gender expression, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.

3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
 4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.
- **Students' Responsibilities**
 1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and the administration.
 2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, Student Code of Conduct, on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
 3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
 4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
 5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct.

For more information on academic misconduct policies and procedures please review the Student Code of Conduct (<https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/documents/Student-Handbook-2022-23.pdf>) or visit the resources available in the OSRR website (<https://www.tamusa.edu/university-policies/student-rights-and-responsibilities/academic-integrity.html>).

ARTIFICIAL INTELLIGENCE

This course assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.

COURSE SCHEDULE

Any adjustments made to the course schedule will be announced in class and via Blackboard.

Week	Date	Topic	Assignments Due
1	01/22/2025	Syllabus	
	01/27/2025	Chapter 1 Theoretical Perspectives on Human Sexuality	
2	01/29/2025	Chapter 2 Sexology Research: History, Methods, and Ethics	
	02/03/2025	Chapter 2 (Continued) Sexology Research: History, Methods, and Ethics	Group Discussion/Activity #1 (Completed in Class)
3	02/05/2025	Chapter 3 Human Sexual Anatomy	
	02/10/2025	Chapter 3 (Continued) Human Sexual Anatomy	Homework Assignment #1 (02/10/2025 by 11:59 PM)
4	02/12/2025	Exam 1 (Chapters 1, 2, and 3)	
	02/17/2025	Chapter 4 Human Sexual Response: Understanding Arousal and Orgasm	Homework Assignment #2 (02/17/2025 by 11:59 PM)
5	02/19/2025	No Class. Conference.	
	02/24/2025	Chapter 5 Gender and Gender Identity	Group Discussion/Activity #2 (Completed in Class)
6	02/26/2025	Chapter 6 Sexual Orientation	

	03/03/2025	Chapter 7 The Laws of Attraction	Homework Assignment #3 (03/03/2025 by 11:59 PM)
7	03/05/2025	Exam 2 (Chapters 4, 5, 6, and 7)	
	03/10/2025	No Class. Spring Break.	
8	03/12/2025	No Class. Spring Break.	
	03/17/2025	Chapter 8 Intimate Relationships: Sex, Love, and Commitment	
9	03/19/2025	Chapter 8 (Continued) Intimate Relationships: Sex, Love, and Commitment	Group Discussion/Activity #3 (Completed in Class)
	03/24/2025	Chapter 9 Sexual Behaviors	
10	03/26/2025	Chapter 11 Sex Education, Contraception, and Pregnancy	
	03/31/2025	Chapter 12 Sexually Transmitted Infections and Safer-Sex Practices	
11	04/02/2025	Chapter 12 (Continued) Sexually Transmitted Infections and Safer-Sex Practices	Homework Assignment #4 (04/02/2025 by 11:59 PM)
	04/07/2025	Exam 3 (Chapters 8, 9, 11, and 12)	
12	04/09/2025	Chapter 13 Sexual Dysfunction and Sex Therapy	

	04/14/2025	Chapter 13 (Continued) Sexual Dysfunction and Sex Therapy	Group Discussion/Activity #4 (Completed in Class)
13	04/16/2025	Chapter 14 Variations in Sexual Behavior	Homework Assignment #5 (04/16/2025 by 11:59 PM)
	04/21/2025	Chapter 15 Sex Laws, Sexual Victimization, and the Sexual Marketplace	
	04/21/2025	DROP DEADLINE	
14	04/23/2025	Chapter 15 (Continued) Sex Laws, Sexual Victimization, and the Sexual Marketplace	Group Discussion/Activity #5 (Completed in Class)
	04/28/2025	Sex Education Workshops Work Session	
15	04/30/2025	Sex Education Workshops (Groups TBA)	
	05/05/2025	Sex Education Workshops (Groups TBA)	
16	05/12/2025	Final Exam (Cumulative) 2:00 PM to 3:50 PM	

IMPORTANT DATES

- January 21 First Day of Class
- February 5 Census Day
- March 10-15 Spring Break
- April 18 Study Day – No Classes
- April 21 Last Day to Drop with an Automatic “W”
- April 28 Last Day to Drop a Course or Withdraw from the University
- May 5 Last Day of Classes
- May 6 Study Day – No Classes
- May 7-13 Final Exams

The complete academic calendar is available online:

<https://www.tamusa.edu/academics/academic-calendar/index.html>

Informed Consent
Human Sexuality Course

This course provides an in-depth exploration of human sexuality, utilizing instructional materials in various formats (e.g., readings, images, podcasts, films). These materials are selected for their educational value and may address sensitive and explicit topics. Please read on to learn more about this course.

1. Exposure to Explicit Content:

Students will encounter a wide range of sexual terminology, including slang and socially appropriate technical terms for sexual anatomy and behaviors. Course materials will include images and videos related to human sexuality, such as images of genitalia and depictions of individuals engaging in sexual or health-related behaviors (e.g., testicular and breast exams, masturbation, and partnered sexual activity—both heterosexual and homosexual).

2. Topics Covered:

Students should be prepared to engage respectfully with sensitive and explicit material for academic learning purposes. The course addresses a broad spectrum of sexuality-related topics, some of which may conflict with personal or religious beliefs. These topics include, but are not limited to, abortion, sexual orientation, gender identity, child abuse, and sexual abuse. The course focuses on psychological knowledge and research rather than moral or religious debate. The inclusion of a topic does not imply advocacy by the instructor or textbook authors. Students may experience discomfort or emotional reactions to certain materials, especially those with prior negative or traumatic experiences.

3. Assignments:

Students will complete assignments, including but not limited to, personal reflections, critical analyses, and discussions. These activities might require active engagement with sensitive and potentially challenging material, aiming to foster critical thinking and personal growth. Please avoid sharing information in class discussions, assignments, or conversations that you would prefer to keep private or that I, as a mandated reporter, am legally required to report. This includes disclosures of abuse, neglect, or harm to self or others.

This course is an elective and is not required for graduation or completion of the psychology major. **BY CONTINUING YOUR ENROLLMENT IN THIS COURSE, YOU ACKNOWLEDGE AND ACCEPT THE NATURE OF ITS CONTENT.**