



TEXAS A&M UNIVERSITY
SAN ANTONIO

**College of Education and Human Development
Department of Counseling, Health & Kinesiology**

EDCG 5341 Special Topic in Guidance & Counseling – Trauma and Recovery
Spring 2026

Instructor: Sabina de Vries, Ph.D., LPC-S, NCC

Class Time & Location: Thursdays 7:00 – 8:15pm; hybrid format; CH #309

E-mail & Phone: sabina.devries@tamusa.edu; 210-784-2513

Office Hours: Tuesdays – virtual 5-7pm; Wednesdays – virtual 5-7pm; Thursday – 3-5:30pm; and by appointment

Office Location: Classroom Hall 214L

Prerequisite: Admission into the Graduate Program

Required Texts: Levers, L. L. (Ed.). (2023). *Trauma counseling: Theories and interventions for managing trauma, stress, crisis, and disaster*. Springer.

Herman, J. L. (1992, 2022). *Trauma and recovery: The aftermath of violence—from domestic abuse to political terror*. Basic Books.

Course Description: Trauma and Recovery.

This course explores the nature and experience of trauma and related stressors, crises, and disasters. Multiple theories are explored regarding the psychosocial and neurobiological effects of trauma on individuals and their communities. Theoretical constructs are analyzed, from a bioecological perspective, for their potential application in the area of trauma, stress, crisis, and disaster; various examples of interventions and therapeutic techniques are examined for their usefulness in working with survivors of trauma.

Prerequisite: Admission into the Graduate Program

Rationale for the Course: This course is aimed at the interests of advanced graduate counseling students in. It is designed to provide students with an opportunity for incorporating theoretical and philosophical counseling positions and to begin to practice the techniques of counseling individuals who have been traumatized as well as to intervene appropriately in crisis and disaster situations.

Course Objectives:

Through lectures, discussions, and other class projects, students will:

1. acquaint students with important issues in counseling survivors of trauma
2. expand students' knowledge bases of current theories regarding the impact of trauma, stress, crisis, and disaster on the individual and on communities
3. increase students' understandings of attachment theory and the developmental implications when early attachment is interrupted by maltreatment
4. enable students to identify relevant diagnostic and treatment issues, as these pertain to survivors of trauma
5. introduce students to multiple theories that can be applied to stress management, crisis intervention, disaster response, and trauma recovery
6. increase students' understandings of counseling techniques used in the current treatment of posttraumatic stress disorder and other trauma- and stress-related disorders

INSTRUCTOR EXPECTATIONS:

All students are expected to follow university policies as written in the student handbook, which can be found online at <http://www.tamusa.tamus.edu/studenthandbook.html>. Other expectations include the following:

- (1) Attendance is considered mandatory and will be taken at each class meeting.
- (2) Non-attendance of class will be the basis for a grade adjustment. TWO absences are allowed (excused or unexcused). With further absences, one letter grade per missed class day will be deducted from the final grade. This means if a student has more than two absence, the highest grade that can be attained is a 'B'. Students absent three class sessions or more will receive a failing grade. Consult with your professor concerning any questions about absences. If you decide not to attend this class or find yourself doing poorly, it is your responsibility to drop the class. Faculty is not responsible for dropping students from a course. If the course is not dropped in a timely manner, a failing grade will be assigned at the end of the semester.
- (3) A student will be considered tardy if he/she arrives more than fifteen minutes after class is scheduled to begin. Three tardies equal one absence. Attendance will be taken at the beginning of each class period.
- (4) Students must be able to access course information online through Blackboard. It is the student's responsibility to check Blackboard one or more times a week. Trouble with Blackboard access should be reported to the university computer information services.
- (5) **Visitors, including children are not allowed in the classroom.** Make arrangements for childcare and have a backup plan ready.
- (6) No make-up exams are given except under extenuating, rare circumstances that are verified with documentation. Late submission will be penalized 25% of the assignment grade unless there are exceptional circumstances verified by WRITTEN documentation. Late work MUST be submitted the following class date or sooner. Work that is late more than one class day will not be accepted and a grade of '0' will be assigned.
- (7) Cell phones must be turned off or put on vibrate during class. NO TEXTING during class.
- (8) Laptop computers will remain closed unless used for taking notes or to access e-books.
- (9) The instructor reserves the right to require the literate behavior expected of a graduate student. All work turned in should be typed and have a cover sheet using the most recent APA style.
- (10) In order to be eligible for consideration for an "I" (incomplete), you must have completed 75% of the coursework and have a "C" or better in the course. Generally, reasons for requesting an incomplete include but are not necessarily limited to medical emergency, unforeseen crisis, death

in the family, and so forth. Circumstances for the request must be extenuating and available documentation should be supplied to your professor. If an "I" is granted, a contract outlining timeline and conditions for completion will be drafted by the professor.

QUALITY OF WORK:

- Writing should show substantive content and quality writing skills (clarity of expression, appropriate use of references, use of inclusive language, and correct grammar/mechanics).
- APA Style (7th ed.) is mandatory for all assignments. Work that does not adhere to these standards is subject to point deductions.

Helpful Websites:

<http://www.apa.org> (APA website)

<http://owl.english.purdue.edu/owl/resource/560/01/> (APA format and style help)

Americans with Disabilities Act

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disability. Disability Support Services (DSS) provides services, auxiliary aids and accommodations for students at Texas A&M University-San Antonio (A&M-SA) who have self-identified, registered and provided DSS with documentation supporting their disability. Students may access additional information on the Disability Support Services webpage:

<http://www.tamusa.edu/studentengagementsuccess/dss/AccessDSS/index.html>

Counseling Resources:

As a college student, there may be times when personal stressors interfere with your academic performance and/or negatively impact your daily functioning. If you or someone you know is experiencing life stressors, emotional difficulties, or mental health concerns at Texas A&M University – San Antonio, please contact the Student Counseling Center (SCC) located in Modular C, Room 166 (Rear entrance) or call [210- 784-1331](tel:210-784-1331) between the hours of 8:00AM and 5:00PM, Monday – Friday. All mental health services provided by the SCC are free, confidential (as the law allows), and are not part of a student's academic or university record. SCC provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. For more information, please visit www.tamusa.edu/studentcounseling

In a crisis situation, please walk-in to the Student Counseling Center (SCC) any time between the hours of 8:00AM and 5:00PM, Monday – Friday, to be seen by a clinician. For after-hours support, please call 210-784-1331. Please contact UPD at 911 if harm to self or harm to others is imminent.

Academic Dishonesty

Students at Texas A&M University-San Antonio are expected to adhere to the highest standards of academic honesty and integrity. Academic Dishonesty for which a student is subject to penalty includes cheating, plagiarism, fabrication, multiple submission, misrepresentation of academic records, facilitating academic dishonesty, unfair advantage, violating known safety requirements and ethical misconduct. This includes holding other students to same standards and reporting any incidents of alleged violation of the honesty policy to the instructor involved or, if necessary, to the appropriate academic department head. All students are responsible for being familiar with the Academic Dishonesty Policy which may be found in the Texas A&M University-San Antonio Student Handbook.

Forms of academic dishonesty:

1. **Cheating** – A student can be accused of academic dishonesty if he/she uses, or attempts to use, unauthorized assistance (e.g., asking someone else for an answer during a test, copying answers from another person’s paper during a test, etc.), uses unauthorized study aids in examinations or other academic work (i.e., “cheat sheets” or textbook/notes when that use has been disallowed by the faculty), or submits the work of another as his/her own.
2. **Plagiarism** – A student can be accused of academic dishonesty if he/she uses the ideas, data, or language of another without specific or proper acknowledgment. Failure to identify information or essays from the Internet and submitting them as one’s own work also constitutes plagiarism.
3. **Fabrication** – A student can be accused of academic dishonesty if he/she submits, or attempts to submit material that is contrived or altered (e.g., making up data for an experiment, misrepresenting data, citing nonexistent articles, contriving sources, falsifying design and/or troubleshooting data, or padding estimates with the intent to defraud customers, etc.).
4. **Multiple Submission** – A student can be accused of academic dishonesty if he/she submits, without prior permission, any work previously submitted to fulfill another academic requirement (e.g., the unauthorized submission of a pre-existing paper or project).
5. **Misrepresentation of Academic Records** – A student may be accused of academic dishonesty if he/she misrepresents, tampers with or attempts to tamper with any portion of a student’s transcripts or academic record (e.g., changing one’s grade, altering computer records, falsifying academic information on one’s resume, etc.).
6. **Facilitating Academic Dishonesty** – A student may be accused of academic dishonesty if he/she knowingly helps or attempts to help another violate the principles of academic integrity (e.g., working together on a take-home exam without the instructor’s permission, providing another student with a pre-written paper or test, unauthorized collaboration of any kind, including online testing, giving answers to lab projects with the intent to help students take practical exams, etc.).
7. **Unfair Advantage** – A student may be accused of academic dishonesty if he/she attempts to gain unauthorized advantage over fellow students (e.g., acquiring unauthorized access to exam materials, preventing or interfering with another student’s efforts, lying about a need for an extension for an exam or paper, continuing to write even when time is up during an exam, destroying or keeping library materials for one’s own use, holding equipment back so students are slowed or unable to complete labs, etc.).
8. **Violating Known Safety Requirements** – A student may be accused of academic dishonesty if he/she acts so as to have unfair advantage during lab assignments and project testing, grading, or jeopardizes the health, well-being of the students or others around him so as to gain unfair advantage on lab assignments or graded projects.
9. **Ethical Misconduct** – A student may be accused of academic dishonesty if he/she violates client confidentiality or interferes with, alters, falsifies or inappropriately accesses or discloses client and/or agency or company records or trade secrets without authorization.
10. **Use of AI** – The use of AI in any of the assignments is not permitted. Student work will be processed through a detection program that can identifies AI use.

All written work is subject to being run through a plagiarism detection computer program (turnitin). Work that is deemed unacceptable due to plagiarism will be considered a form of academic dishonesty. Students will be reported and consequences will ensue.

Nonacademic Misconduct (See Student Handbook):

The university respects the rights of instructors to teach and students to learn. Maintenance of these rights requires campus conditions that do not impede their exercise. Campus behavior that interferes with either (1) the instructor's ability to conduct the class, (2) the inability of other students to profit from the instructional program, or (3) campus behavior that interferes with the rights of others will not be tolerated. An individual engaging in such disruptive behavior may be subject to disciplinary action. Such incidents will be adjudicated by the Dean of Students under nonacademic procedures.

Sexual Misconduct (See Student Handbook):

Sexual harassment of students and employers at Texas A&M University-San Antonio is unacceptable and will not be tolerated. Any member of the university community violating this policy will be subject to disciplinary action.

Grading

A = 100 - 90

B = 89 - 80

C = 79 - 70

D = 69 - 60

F = 59 and below

Trauma Topic Paper:

Students are required to complete a project which are to address the following:

- 1) Select a topic from a chapter or substantial section of Judith Herman's book *Trauma and Recovery*, or a chapter from the textbook for this course.
- 2) Find a minimum of five (5) recent journal articles (2010 or newer) that address aspects of your chosen topic.
- 3) Compare and contract the recent findings from the five (5) journal articles pertaining to the chosen topic with your source's assertions. Does the current research support your source's findings? What are some new discoveries pertaining to your chosen topic discussed in recent literature? What else?
- 4) The paper should be in APA Style format and should be at least five (5) pages in length (not including cover and reference page).

Extra Credit: Students who have accrued no absences and have completed all work on time will receive 3 extra points toward their final grade.

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Discussion Board Posts:

Students are to respond to discussion topics. Main discussion board posts should be substantial in length (a minimum of 5 paragraphs) and are due on Saturdays (midnight or earlier).

Students are to respond to one or two of their classmates' posts and elaborate on their topic/main discussion post, offer additional information, or alternative viewpoints. If a post already has two responses, students must choose another post. Peer responses are due on Mondays (midnight or earlier) of each week, and a minimum of two paragraphs are required.

Each discussion session is worth 20 point; 13 for the main discussion post, and 7 for responses to classmates.

Quizzes:

There will be quizzes covering the assigned chapters and readings. Quizzes are due on Sundays before midnight. The quizzes will replace the Final Exam. There will be NO FINAL EXAM. Each quiz can be taken a total of two times, and the highest grade will be registered in the grade center.

Course Requirements and Assignments:

Week/Date	Topic	Assignments	Due Dates
Week 1: 1/22	Review of the Syllabus LL Chapter 1 – Introduction JH Chapter 1 – A Forgotten History pp. 7-28	Discussion board 1	DB1: Sat. 1/24 & Mon. 1/26
Week 2: 1/29	LL Chapter 2 – Theoretical Contexts JH Chapter 2 pp. 33-50		
Week 3: 2/5	LL Chapter 3 – Introduction to Stress M. & Crisis Intervention		
Week 4: 2/12	LL Chapter 4 – Neurobiological Effects of Trauma & Psychopharmacology	Discussion board 2	DB2: Sat. 2/14 & Mon. 2/16
Week 5: 2/19	LL Chapter 5 – Grief & Loss JH Chapter 9 – Remembrance & Mourning pp. 188-195	Quiz 1 (Ch. 1,2,3,4 & readings)	QZ2: Sun. 2/22
Week 6: 2/26	Chapter 7 – Trauma/Childhood Poverty & Homelessness		

	JH Chapter 5		
Week 7: 3/5	Chapter 9 – Treating Adults/Complex Trauma	Discussion Board 3	DB3: Sat. 3/7 & Mon. 3/9
	March 9 – March 14 Spring Break No Class!		
Week 8: 3/19	Chapter 10 – Intimate Partner Violence JH Chapter 4	Quiz 2 (Ch. 6,7,9,10 & readings)	QZ3: Sun. 3/22
Week 9: 3/26	Chapter 21 – School Violence & Trauma		
Week 10: 4/2	Chapter 25 – The Impact of War on Military Veterans Lecture – Moral Injury; JH Chapter 34 pp. 52-56	Discussion board 4	DB4: Sat. 4/4 & Mon. 4/6
Week 11: 4/9	Chapter 26 - Assessment in Psychological Trauma	Quiz 4 (Ch. 21,25,26 & readings)	QZ4: Sun. 4/12
Week 12: 4/16	Chapter 27 - Trauma, Crisis, & Disaster Interventions JH Chapters 7,8,9,10,11	Paper due!	Paper due, Thursday April 16
Week 13: 4/23	LL Chapter 30 – Vicarious Trauma		
Week 14: 4/30	LL Chapter 31 – Mindfulness-Based Self-Care for Counselors		
	Last day of classes: May 4 Finals May 6 – May 12 (5/7)	Quiz 5 (Ch. 27,30,31 & readings)	

ASSIGNMENT	DUE DATES	PERCENT
Chapter Quizzes	Sundays	35%
Paper Assignment	Thursday, April 16, submit to Bb (Turnitin)	30%
Discussion Board Posts	Saturdays & Mondays	35%

Note: All dates, times, and assignments are subject to change. A minimum of one week notice will be provided if changes to the syllabus are made.

IMPORTANT POLICIES AND RESOURCES

University Email Policy and Course Communications: All correspondence between professors and students must occur via University email accounts. You must have your Jaguar email account ready and working. If it is not working, contact the help desk at helpdesk@tamusa.edu or at 210-784-HELP (4357). If you don't hear back within 48 hours, contact them again. They have many requests during the first part of the semester, so you may need to follow up with them.

Academic Accommodations for Individuals with Disabilities: Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is located in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us at the [website](#) or email us at dss@tamusa.edu. Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their academic accommodations with Disability Support Services and their instructors as soon as possible.

Academic Learning Center: All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the *Tools* section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784-1307, or visiting the Central Academic Building, room 202. Online tutoring is also available for after hours and weekend assistance.

While tutoring hours may change based on tutor schedules and availability, the current tutoring hours for MATH in the ALC are as follows:

	Appointments available	Walk in Tutoring – No appointment needed
MONDAY	8 am – 6 pm	9 am – 5 pm
TUESDAY	8 am – 6 pm	9 am – 5 pm
WEDNESDAY	8 am – 6 pm	9 am – 5 pm
THURSDAY	8 am – 6 pm	9 am – 5 pm
FRIDAY	8 am – 5 pm	11 am – 4 pm

Counseling/Mental Health Resources: As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, visit our website, call 210-784-1331 or visit Madla 120 between the hours of 8:00 AM and 5:00 PM.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. *Crisis support is available 24/7/365 by calling the SCC at 210-784-1331 or through the TELUS student support App.*

The TELUS Student Support App provides a variety of mental health resources to including 24/7/365 support for in the moment distress, crisis support, an anonymous peer-to-peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.



Emergency Preparedness: JagE Alert is Texas A&M University-San Antonio's mass notification system. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit: <https://tamusa.bbcportal.com/>. More information about Emergency Operations Plan and the Emergency Action Plan can be found [here](#). Download the SafeZone App (<https://safezoneapp.com/>) for emergencies or call (210) 784-1911. Non-Emergency (210) 784-1900.

Financial Aid and Verification of Attendance: According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended by the published Census Date (the first week of class). Any student receiving federal financial aid who does not attend prior to the published Census Date (the first week of class) will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Jaguar Writing, Language, and Digital Composing Center (WLDCC): The Jaguar Writing Center provides writing support to graduate and undergraduate students in all three colleges as well as faculty and staff. Writing tutors work with students to develop reading skills, prepare oral presentations, and plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital studio tutors support students working on digital projects such as eportfolios, class presentations, or other digital multimedia projects. The Writing Center offers face-to-face, synchronous online, and asynchronous digital appointments. Students can schedule appointments with the Writing Center in JagWire under the Student Services tab. Click on “Writing, Language, and Digital Composing Center” to make your appointment. Students wanting to work in realtime with a tutor can schedule an “Online Appointment.” Students wishing to receive asynchronous, written feedback from a tutor can schedule an “eTutoring” appointment. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on our [website](#). The Writing Center can also be reached by emailing writingcenter@tamusa.edu.

Meeting Basic Needs: Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to submit a [CARE report](#) for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources. A food pantry is available on campus; click [here](#) for hours and contact information.

Military Affairs: Veterans and active-duty military personnel are welcomed and encouraged to visit the Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots’ Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210)784-1397.

Religious Observances: Texas A&M University-San Antonio recognizes the wide variety of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided an opportunity to make up any examination, study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

The Six-Drop Rule: Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student’s GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as “F” grades and will impact the student’s GPA.

Statement of Harassment and Discrimination: Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual on our campus and within our state, nation, and world. All decisions and actions involving students and employees are to be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law,

prohibits discrimination, including harassment, on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the University's Civil Rights Officer at 210-784-2061 or titleix@tamusa.edu.

Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university as a whole. If you have experienced any form of sex discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking based on sex, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related sex-based misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

Pregnant/Parenting Students: Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide such reasonable accommodations to pregnant students as would be provided to a student with a temporary medical condition that are related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources. Young Jaguars can support parenting students with daycare if students meet this criteria: (1) must be enrolled in classes at Texas A&M-San Antonio in the current semester, (2) must be Pell eligible or a single parent, (3) child(ren) must be aged 3 to 12-years-old, and (4) child(ren) must be enrolled in Pre-K-3 through 6th grade. For more information, please contact Young Jaguars at youngjaguars@tamusa.edu or call (210) 784-2636.

Students' Rights and Responsibilities: The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university student rules shall be assured a fundamentally fair process.

Students' Responsibilities

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, [Student Code of Conduct](#), on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notifications.

We expect that students will behave in a manner that is dignified, respectful, and courteous to all people, regardless of sex, ethnic/racial origin, religious background, or disability. Conduct that infringes on the rights of another individual will not be tolerated.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the [Student Code of Conduct](#) or visit the resources available in the [OSRR website](#)

Important Spring 2026 Dates:

Dates	Event
January 13	Tuition & Fee Payments deadline
January 19	Martin Luther King, Jr. – No Classes
January 20	First day of class
February 4	Census date
February 23-March 6	Midterm grading period
March 9-March 14	Spring Break
April 3	Study Day – No classes
April 17	Last day to drop with an automatic “W”
May 1	Last day to drop a course or withdraw from the University
May 4	Last day of classes

May 5	Study Day – No classes
May 6-May 12	Final exams
May 19	Commencement

The complete [academic calendar](#) is available online

No Use of Generative AI Permitted

EDCG 5341 Trauma and Recovery assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.