



TEXAS A&M UNIVERSITY
SAN ANTONIO

College of Education and Human Development
Department of Counseling, Health & Kinesiology
EDKN 1322-601 – Nutrition (3 credits)
Spring 2026

Instructor: T. Brock Symons, Ph.D.

Class Time & Location: Online Asynchronous (no scheduled times)

E-mail & Phone: tsymons@tamusa.edu (preferred contact method) and 210 – 784 – 2587 (office)

Office Hours: Monday and Tuesday at 12:30 – 3:30 pm or by appointment via email.

I understand that this may not be possible for everyone; so, you can always email me at tsymons@tamusa.edu if you have any questions.

I am available from 10:00 a.m. – 5:30 p.m. Central Standard Time (EST) Monday through Friday to contact via telephone and/or e-mail using your Texas A&M University – San Antonio e-mail. If these times are not convenient for you, please let me know and I will be happy to accommodate your schedule if possible. I provide you with these times to make it easier to communicate with me, not to limit our contact and want you to know that, should you need to contact me outside these periods, you should not hesitate to do so.

In the event a third party needs to contact me, please direct them to my contact information listed under "E-mail & Phone" information above. No third party should use your login credentials to gain access to the classroom in Blackboard (Bb).

I will respond to your inquiry within 24 hours of receipt except on weekends and holidays, it will then be the next business day. If I do not respond in that period, know that I probably did not receive your message.

Office Location: SciTech 142K

Welcome: to the Texas A&M University – San Antonio, Department of Counseling, Health and Kinesiology's nutrition (EDKN 1322) course. This course is designed as an online asynchronous class. You will learn general nutritional concepts in health and disease with an emphasis on practical application and an in-depth examination of nutrients, including their functions, sources, digestion, absorption, and metabolism throughout this 16-week course.

The course contains assignments, quizzes, and exams designed to help you obtain the core concepts of this course.

Required Textbook: **MindTap Program** (not e-book) for Sizer & Whitney, Nutrition: Concepts and Controversies 15th Edition. [Cengage Learning](#)

Click to purchase the book: [A&M-SA Campus Bookstore \(EDKN 1322\)](#)

Recommended Textbooks: NA

Course Description: The course addresses principals and concepts associated with nutrition science. Emphasis will be placed on developing an understanding of nutrition factors and prevention of chronic illness. Students will be expected to journal and assess their personal dietary behaviors and develop a plan to improve or maintain their eating patterns. Nutritional concepts in health and disease with special emphasis on nutrients and nutritional processes that include digestion, absorption, and metabolism. Food safety, availability, and nutritional information are addressed.

Course Prerequisites: None.

Course Objectives: To introduce general nutritional concepts in health and disease and to include practical application of that knowledge. Special emphasis is given to nutrients and nutritional processes including functions, food sources, digestion, absorption, and metabolism. Also to be addressed are food safety, availability, and nutritional information including food labels, advertising, and nationally established guidelines.

Student Learning Outcomes: Upon completion of this course, each student will be able to:

1. Apply nutritional knowledge to analyze personal dietary intakes, to plan nutritious meals using nationally established criteria to meet recommended goals, and to evaluate food labels and the validity of nutritional claims.
2. Trace the pathways and processes that occur in the body to handle nutrients and alcohol through consumption, digestion, absorption, transport, metabolism, storage and waste excretion.
3. Discuss functions, sources, deficiencies, and toxicities of macro- and micronutrients, including carbohydrates, lipids, proteins, water, vitamins, and minerals.
4. Apply the concept of energy balance and its influences at the physical, emotional, societal, and cellular level to evaluate advantages and disadvantages of various methods used to correct energy imbalances.
5. Utilize concepts of aerobic and anaerobic energy systems, and knowledge about macronutrients, vitamins, minerals, ergogenics, and supplements and relate them to fitness and health.
6. Describe health and disease issues related to nutrition throughout the life cycle, including food safety, corrective dietary modifications, and the influence of specific nutrients on diseases..

Class Attendance: Since this is an asynchronous class, attendance will not be recorded.

1. The general policy outlined by the University will be followed as stated in the [Student Handbook](#). There are no 'free' unexcused absences for missed work.

- a. If you miss an assignment, exam, or quiz without **prior arrangement** with the instructor, no make-up will be allowed unless there is a *documented* emergency.
 - i. If there is an emergency (hospital, funeral, etc.) please contact me the day of the problem or the day you missed class.
 - ii. If you cannot participate in a lab you must have documentation (hurt ankle, sick, etc.), otherwise you will receive half credit for being there but not participating.
 - 1. This includes not participating in one or more assessments for that lab.
 - iii. If you completely miss a lab and have no documentation, 20 points will be deducted from the written assignment.
 - iv. Excused absences: *In the event that you need to be away for a given period of time (e.g. funerals, hospital stays, family emergencies, military duty, etc.), you should contact [Student Counseling Center](#) (210-784-1331 (or 1329); StuCounseling@tamusa.edu or StuWellness@tamusa.edu).* If you will be missing more than a week of classes (whether continuous or not), inform them of the situation and they can send a notice to all your instructors rather than you having to explain to each of them your circumstances.

Grading Policy: Your final grade will be presented as a standard percentage point. ***I will not respond to individual request for calculation of grade.*** It is your responsibility to keep a record of the grade points you have earned in the exams, assignments, and in-class quizzes. All grades will be posted to Blackboard.

Your final grade will be determined as a percentage of the following points:

Percentage	
Exams	35%
Weekly MindTap	40%
Three-Day Food Log	10%
Improving Your Diet	15%

Grading Scale (No Curve!)

90 or higher = A, 80 – 89.9 = B, 70 – 79.9 = C, 60 – 69.9 = D, Below 59.9 = F

I will round up your grade under the following condition, if you earn an ##.9, then I will round your grade up to the next letter grade. Therefore, if you an 89.9, I will then round your grade up to 90.0 and you will earn an A. If you earn an 89.8, then your final grade will be a B.

No changes to your final grade will occur once class has ended unless I have made a mistake. You are given the opportunity to follow your grade throughout the semester; thus, you should not be surprised with the grade you earn. There are no exceptions (eligibility, financial aid, etc.)

Course Requirements: Consider the following, with this being an online asynchronous course, you will be responsible for viewing the online materials and keeping up with the readings and quizzes in order to not fall behind. You will be responsible for ensuring that you completely understand the key concepts

that make up the learning objectives of each module, essentially teaching yourself. The responsibility for ensuring your success in this course will be yours and that is what life-long learning is all about.

You will depend on technology to submit and complete course work and to communicate. The key word here is “depend.” If cyber communication is disrupted, you will be required to submit assignments via email or in an alternate manner to Texas A&M University – San Antonio, Health and Kinesiology Program, Science and Technology Building, San Antonio, TX 78224. Please keep in mind; you might need to find alternate internet sources if the computer at your home/work has an outage. Texas A&M University – San Antonio and many public libraries offer access. Need help? Contact the IT HelpDesk at (210) 784-4357 or helpdesk@tamusa.edu . Hours: Monday through Friday: 8:00 a.m. – 6:00 p.m. (closed Saturday and Sunday).

Weekly MindTap Assignments: See schedule for due dates. For each chapter, you will complete a Post Test that can be found in the Readings and Quizzes section in Cengage (MindTap). There will also be various activities to be completed, which can be found in the Activities section.

Diet Analysis Project: Throughout the course, you will be encouraged to evaluate your personal eating habits, your personal dietary needs, and create a plan towards making healthier substitutions towards your personal goal.

- Part 1: 3-Day Food Log: will include recording and logging everything you eat/drink for 3 days into a diet analysis software program within Cengage MindTap (Diet and Wellness Plus section). You will log two weekdays and one weekend day. This must be done by July 19. While these will be open in chapters 1-6, you do not have to do them for each one.
- Part 2: Improving Your Diet Document: gives you the opportunity to evaluate your current dietary habits and make specific goals for improvement moving forward, based on what you learn throughout the course.

Exams: See schedule for due dates. *Exams are non-cumulative and will be administered covering information based on the lectures, assigned readings, interactive assignments, and videos. Exams may include multiple-choice and short answer. You will have 75 minutes to complete each exam. You will be required to install and utilize the Respondus LockDown Browser during all exams.*

On-line tests will be taken on Blackboard and these are also intended for you to work INDIVIDUALLY. If you are caught collaborating with others during on-line testing, you will be reprimanded. Use of electronic equipment during exams will result in a score of 0% for the test and may result in further discipline.

Make-up Exam/Late Assignment Policy: *There will be no make-up opportunities for all assessments and exams.*

(Exceptions: If you are absent because of school-sponsored activity (you need to notify me at least one week in advance) or illness with doctor's excuse. In which case, you need to take the exam on a specific date & time that I will assign).

All class work is due on the date and time assigned; work received later than the due date will be penalized one letter grade per day.

- ***I do not offer extra credit.***
- ***I do not offer Independent Studies if an acceptable grade is not earned***

Technology Requirements: All assignments will be turned in and all notes, announcements, etc., will be posted on [Blackboard](#) (except for those that require signatures). Please check that your account is working, otherwise you will fall behind. If you have problems accessing Blackboard, contact the [Help Desk](#). Blackboard will be used to turn in electronic assignments.

To access Blackboard, go to <https://tamusa.blackboard.com/>.

If you need to pull up an assignment, notes, etc., my suggestion is to save it to your computer or disk, THEN open it.

If you have a question, comment, etc. about an assignment or any other matter, please contact me through **email first** (tsymons@tamusa.edu), then work phone (voicemail 210-784-2587), but NOT Blackboard Messaging.

Plagiarism: The University recognizes plagiarism as a serious academic offense. Plagiarism, the act of representing the work of another as one's own, may take two forms. It may consist of copying, paraphrasing or otherwise using the written or oral work of another without acknowledging the source or it may consist of presenting oral or written course work prepared by another as one's own.

Unless an assignment is designated as a group project, assignments should be completed by the student. I encourage group learning and problem solving with assignments, but when you write up the assignment, it should be in your words. I need to know what YOU know, not what the group knows. *Do not share work with other students and do not use other student's work.*

Normally a student who plagiarizes shall receive a grade of "F" in the course in which the act occurs. Students are expected to follow A&M-SA's policies as defined in the Academic Catalog. Anyone caught cheating (including plagiarizing) will receive an automatic failure in the course. The instructor may decide to reduce this penalty to an F for the assignment or other appropriate consequence. If you have any questions about the meaning of plagiarizing, how to properly cite material from a source, or about any of the other forms of cheating listed above, do not hesitate to see Dr. Symons.

Any student caught using the work of another student and/or giving work to another student, or caught cheating in any of the forms listed above, will be reported to student affairs for academic sanctions.

Information on plagiarism is available at the following websites: [University of Indiana Plagiarism.org](#)

All students who have enrolled for audit are expected to complete all course requirements. These requirements include: regular class attendance and participation; completion of all assignments and other class work; quizzes and exams are optional at the discretion of the instructor.

Library Support for COEHD Programs & Courses: The [A&M-SA Library](#) provides access to thousands of researches and learning materials for COEHD students, faculty, and staff. These resources are mainly provided in electronic format and are accessible 24/7/365 with Jaguar log-in credentials. They include,

but are not limited to, scholarly academic journals, professional publications, newspapers, ebooks, streaming video, and curated web resources. Additionally, there is a smaller physical collection, study space, and computer access available in CAB 202. Two unique physical collections housed in CAB 202 are the curriculum materials (sample textbooks, teachers' guides, activity guides, manipulatives, models, classroom reading collections, educational games, etc.) and the children's literature collection. These materials are available for checkout and can be used by students in lesson planning and in their clinical school placements.

[Education Librarian Kimberly Grotewold](#) is available to assist with finding, accessing, evaluating, and effectively using relevant library resources and other information. She has developed subject, topic, and course-specific research guides which are linked into Blackboard (under Campus Resources in the left menu) and are accessible through the [Library's website](#) under the Research Guides link. If you have questions, concerns, or need help, please contact her through email at kimberly.grotewold@tamusa.edu; via phone: (210) 784-1519; or request an appointment using her [online scheduling calendar](#).

Schedule of Course Activities:

<p>Chapter 1: January 20</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Case Study: Feeling Lethargic; Global Nutrition Watch)</p> <p>D&W+ Create Your Profile (Track Your Diet)</p>	<p>Chapter 2: January 27</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Food Labels; Case Study: Making the Time; Global Nutrition Watch)</p> <p>D&W+ Track Your Diet</p>
<p>Chapter 3: February 3</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Video Quiz: Circulation; Case Study: Too Much of a Good Thing)</p> <p>D&W+ Track Your Diet</p>	<p>Chapter 4: February 10</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Vilification of Carbohydrates; Case Study: The Glucose Rollercoaster; Global Nutrition Watch)</p> <p>D&W+ Track Your Diet</p>
<p>Chapter 5: February 17</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Video Quiz: Lipoproteins; Case Study: The Importance of Fats in our Diets)</p> <p>D&W+ Track Your Diet</p>	<p>Exam 1: February 24 through 27</p> <p>Exam 1 covers materials from chapters 1 through 5.</p> <p>The exam will be administered through Blackboard and utilize Respondus.</p>
<p>Chapter 6: March 3</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Protein Supplements; Video Quiz: Protein Synthesis; Global Nutrition Watch)</p> <p>D&W+ Track Your Diet</p>	<p>Three – Day Food Logs Due: March 5</p> <p>Three – Day food log assignment to be completed today.</p> <p>Please upload your food log to the “3 – Day Food Log” folder located in Blackboard.</p>
<p>Chapter 7: March 17</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Vitamin E Supplements; Video Quiz: Vitamin A)</p>	<p>Chapter 8: March 19</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Supplements; Case Study: Watching the Salt)</p>

<p>Chapter 9: March 24</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Case Study: Changing the Program; Global Nutrition Watch)</p>	<p>Chapter 10: March 31</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Video Quiz: ATP Overview; Ch 10 Case Study: Training Techniques)</p>
<p><i>Exam 2: April 7 through 10</i></p> <p>Exam 2 covers materials from chapters 6 through 10.</p> <p>The exam will be administered through Blackboard and utilize Respondus.</p>	<p>Chapter 11: April 9</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Immune Supplements; Debunk the Junk Quiz: Advice for a Cold; Case Study: Preventative Ways to Reduce our Risk of Chronic Disease)</p>
<p>Chapter 12: April 14</p> <p>Readings and Quizzes (12 Post Test)</p> <p>Activities (Case Study: Food Safety; Global Nutrition Watch)</p>	<p>Chapter 13: April 21</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Case Study: Taking Care of Two; Global Nutrition Watch)</p>
<p><i>Improving Your Diet Due: April 23</i></p> <p>Improving your diet assignment to be completed today.</p> <p>Please upload your food log to the “3 – Day Food Log” folder located in Blackboard.</p>	<p>Chapter 14: April 28</p> <p>Readings and Quizzes (Post Test)</p> <p>Activities (Debunk the Junk Quiz: Healthy Choices for Kids; Debunk the Junk Quiz: Too Much Sugar?; Video Quiz Nutrition and the Aging Population)</p>
<p><i>Exam 3: May 6 through 8</i></p> <p>Exam 3 covers materials from chapters 11through 14.</p> <p>The exam will be administered through Blackboard and utilize Respondus.</p>	

Important Policies and Resources

University Email Policy and Course Communications

All correspondence between professors and students must occur via university email accounts. You must have your Jaguar email account ready and working. If it is not working, contact the help desk at helpdesk@tamusa.edu or at 210-784-HELP (4357). If you don't hear back within 48 hours, contact them again. They have many requests during the first part of the semester, so you may need to follow up with them.

Academic Accommodations for Individuals with Disabilities

Texas A&M University-San Antonio is committed to providing all students with reasonable access to learning opportunities and accommodations in accordance with The Americans with Disabilities Act, as amended, and Section 504 of the Rehabilitation Act. If you experience barriers to your education due to a disability or think you may have a disability, Disability Support Services is in the Central Academic Building, Suite 210. You can also contact us via phone at (210) 784-1335, visit us at the website or email us at dss@tamusa.edu. Disabilities may include, but are not limited to, attentional, learning, mental health, sensory, physical, or chronic health conditions. All students are encouraged to discuss their academic accommodation with Disability Support Services and their instructors as soon as possible.

Academic Learning Center

All currently enrolled students at Texas A&M University-San Antonio can utilize the Academic Learning Center for subject-area tutoring. The Academic Learning Center provides free course-based tutoring to all currently enrolled students at Texas A&M University-San Antonio. Students wishing to work with a tutor can make appointments through the Brainfuse online tutoring platform. Brainfuse can be accessed in the Tools section of Blackboard. You can contact the Academic Learning Center by emailing tutoring@tamusa.edu, calling (210) 784- 1307, or visiting the Central Academic Building, room 202. Online tutoring is also available for after hours and weekend assistance.

While tutoring hours may change based on tutor schedules and availability, the current tutoring hours for MATH in the ALC are as follows:

Day of the Week	Appointments Available	Walk-in Tutoring (no appointment needed)
Monday	8:00 AM – 6:00 PM	9:00 AM – 5:00 PM
Tuesday	8:00 AM – 6:00 PM	9:00 AM – 5:00 PM
Wednesday	8:00 AM – 6:00 PM	9:00 AM – 5:00 PM
Thursday	8:00 AM – 6:00 PM	9:00 AM – 5:00 PM
Friday	8:00 AM – 5:00 PM	11:00 AM – 4:00 PM

Counseling/Mental Health Resources

As a college student, there may be times when personal stressors interfere with your academic performance and negatively impact your daily functioning. If you are experiencing emotional difficulties or mental health concerns, support is available to you through the Student Counseling Center (SCC). To schedule an appointment, visit our website, call 210-784-1331 or visit Madla 120 between the hours of 8:00 AM and 5:00 PM.

All mental health services provided by the SCC are free and confidential (as the law allows). The Student Counseling Center provides brief individual and group therapy, crisis intervention, consultation, case management, and prevention services. Crisis support is available 24/7/365 by calling the SCC at 210-784-1331 or through the TELUS student support App.

The [TELUS Student Support App](#) provides a variety of mental health resources to include 24/7/365 support for in the moment distress, crisis support, an anonymous peer-to-peer support network, mental health screenings, podcasts, and articles to improve your mental wellbeing.

Emergency Preparedness

JagE Alert is Texas A&M University-San Antonio's mass notification system. In the event of an emergency, such as inclement weather, students, staff and faculty, who are registered, will have the option to receive a text message, email with instructions and updates. To register or update your information visit the [Jag E Alert System website](#). You can access more information about [Emergency Operations Plan and the Emergency Action Plan on our website](#). Download the [SafeZone App](#) for emergencies or call (210) 784-1911. Non-Emergency (210) 784-1900.

Financial Aid and Verification of Attendance

According to the following federal regulation, 34 CFR 668.21: U.S. Department of Education (DoE) Title IV regulation, a student can only receive Title IV funds based on Title IV eligibility criteria which include class attendance. If Title IV funds are disbursed to ineligible students (including students who fail to begin attendance), the institution must return these funds to the U.S. DoE within 30 days of becoming aware that the student will not or has not begun attendance. Faculty will provide the Office of Financial Aid with an electronic notification if a student has not attended by the published Census Date (the first week of class). Any student receiving federal financial aid who does not attend prior to the published Census Date (the first week of class) will have their aid terminated and returned to the DoE. Please note that any student who stops attending at any time during the semester may also need to return a portion of their federal aid.

Jaguar Writing, Language, and Digital Composing Center (WLDCC)

The Jaguar Writing Center provides writing support to graduate and undergraduate students in all three colleges as well as faculty and staff. Writing tutors work with students to develop reading skills, prepare oral presentations, plan, draft, and revise their written assignments. Our language tutors support students enrolled in Spanish courses and students composing in Spanish for any assignment. Our digital

studio tutors support students working on digital projects such as e-portfolios, class presentations, or other digital multimedia projects.

The Writing Center offers face-to-face, synchronous online, and asynchronous digital appointments. Students can schedule appointments with the Writing Center in JagWire under the **Student Services tab**. Click on **Writing, Language, and Digital Composing Center** to make your appointment. Students wanting to work in real time with a tutor can schedule an **Online Appointment**. Students wishing to receive asynchronous, written feedback from a tutor can schedule an **e-Tutoring appointment**. More information about what services we offer, how to make an appointment, and how to access your appointment can be found on the [Writing Center's website](#). The Writing Center can also be reached by emailing: writingcenter@tamusa.edu.

Meeting Basic Needs

Any student who has difficulty affording groceries or accessing sufficient food to eat every day or who lacks a safe and stable place to live and believes this may affect their performance in the course, is urged to [submit a CARE report for support](#). Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to direct you to available resources. The [General's Store is a food pantry](#) that is available on campus as well.

Military Affairs

Veterans and active-duty military personnel are welcomed and encouraged to visit the Office of Military Affairs for any question involving federal or state VA Education Benefits. Visit the Patriots' Casa building, room 202, or to contact the Office of Military Affairs with any questions at military.va@tamusa.edu or (210)784-1397.

Religious Observances

Texas A&M University-San Antonio recognizes the wide variety of faiths represented among the campus community and protects the rights of students, faculty, and staff to observe religious holidays according to their tradition. Under the policy, students are provided with an opportunity to make up any examination, study, or course work requirements that may be missed due to a religious observance provided they notify their instructors before the end of the second week of classes for regular session classes.

The Six-Drop Rule

Students are subject to the requirements of Senate Bill (SB) 1231 passed by the Texas Legislature in 2007. SB 1231 limits students to a maximum of six (6) non-punitive course drops (i.e., courses a student chooses to drop) during their undergraduate careers. A non-punitive drop does not affect the student's GPA. However, course drops that exceed the maximum allowed by SB 1231 will be treated as "F" grades and will impact the student's GPA.

Statement of Harassment and Discrimination

Texas A&M University-San Antonio is committed to the fundamental principles of academic freedom, equal opportunity, and human dignity. To fulfill its multiple missions as an institution of higher learning, A&M-San Antonio encourages a climate that values and nurtures collegiality and the uniqueness of the individual on our campus and within our state, nation, and world. All decisions and actions involving students and employees are to be based on applicable law and individual merit. Texas A&M University-San Antonio, in accordance with applicable federal and state law, prohibits discrimination, including harassment, based on race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, or pregnancy/parenting status. Individuals who believe they have experienced harassment or discrimination prohibited by this statement are encouraged to contact the University's Civil Rights Officer at 210-784-2061 or titleix@tamusa.edu. Texas A&M University-San Antonio faculty are committed to providing a safe learning environment for all students and for the university. If you have experienced any form of sex discrimination or harassment, including sexual assault, sexual harassment, domestic or dating violence, or stalking based on sex, know that help and support are available. A&M-San Antonio's Title IX Coordinator can support those impacted by such conduct in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, and more. The university strongly encourages all students to report any such incidents to the Title IX Coordinator. Please be aware that all A&M-San Antonio employees (other than those designated as confidential resources such as counselors and trained victim advocates) are required to report information about such discrimination and harassment to the university. This means that if you tell a faculty member about a situation of sexual harassment, sexual violence, or other related sex-based misconduct, the faculty member must share that information with the university's Title IX Coordinator (titleix@tamusa.edu, 210-784-2061, CAB 439K). If you wish to speak to a confidential employee who does not have this reporting requirement, you can contact the Student Counseling Center at (210) 784-1331 or visit them in Madla 120.

Pregnant/Parenting Students

Texas A&M-San Antonio does not require a pregnant or parenting student, solely because of that status or issues related to that status, to (1) take a leave of absence or withdraw from their degree or certificate program; (2) limit the student's studies; (3) participate in an alternative program; (4) change the student's major, degree, or certificate program; or (5) refrain from joining or cease participating in any course, activity, or program at the University. The university will provide reasonable accommodation for pregnant students as it would be provided to a student with a temporary medical condition that is related to the health and safety of the student and the student's unborn child. These could include maintaining a safe distance from substances, areas, and activities known to be hazardous to pregnant individuals and their unborn child; excused absences because of illness or medical appointments; modified due dates for assignments; rescheduled tests/exams; taking a leave of absence; and being provided access to instructional materials and video recordings of lectures for excused absences, if these would be provided to any other student with an excused absence. Pregnant/parenting students are encouraged to contact the Title IX Coordinator with any questions or concerns related to their status (titleix@tamusa.edu; 210-784-2061; CAB 439K).

Texas A&M-San Antonio has also designated the Title IX Coordinator as the liaison officer for current or incoming students who are the parent or guardian of a child younger than 18 years of age. The Title IX Coordinator can provide students with information regarding support services and other resources. Young Jaguars can support parenting students with daycare if students meet this criteria: (1) must be enrolled in classes at Texas A&M-San Antonio in the current semester, (2) must be Pell eligible or a single parent, (3) child(ren) must be aged 3 to 12-years-old, and (4) child(ren) must be enrolled in Pre-K-3 through 6th grade. For more information, please contact Young Jaguars at youngjaguars@tamusa.edu or call (210) 784-2636.

Students' Rights and Responsibilities

The following statement of students' rights and responsibilities is intended to reflect the philosophical base upon which University Student Rules are built. This philosophy acknowledges the existence of both rights and responsibilities, which is inherent to an individual not only as a student at Texas A&M University-San Antonio but also as a citizen of this country.

Students' Rights:

1. A student shall have the right to participate in a free exchange of ideas, and there shall be no University rule or administrative rule that in any way abridges the rights of freedom of speech, expression, petition and peaceful assembly as set forth in the U.S. Constitution.
2. Each student shall have the right to participate in all areas and activities of the University, free from any form of discrimination, including harassment, on the basis of race, color, national or ethnic origin, religion, sex, disability, age, and pregnancy/parenting or veteran status in accordance with applicable federal and state laws.
3. A student has the right to personal privacy except as otherwise provided by law, and this will be observed by students and University authorities alike.
4. Each student subject to disciplinary action arising from violations of university students' rules shall be assured a fundamentally fair process.

Students' Responsibilities:

1. A student has the responsibility to respect the rights and property of others, including other students, the faculty, and administration.
2. A student has the responsibility to be fully acquainted with the published University Student Rules found in the Student Handbook, Student Code of Conduct, on our website, and University Catalog, and to comply with them, as well as with federal, state, and local laws.
3. A student has the responsibility to recognize that student actions reflect upon the individuals involved and upon the entire University community.
4. A student has the responsibility to recognize the University's obligation to provide a safe environment for learning.
5. A student has the responsibility to check their university email for any updates or official university notifications.

Students are expected to exhibit a high level of honesty and integrity in their pursuit of higher education. Students engaging in an act that violates the standards of academic integrity will find themselves facing academic and/or disciplinary sanctions. Academic misconduct is any act, or attempt, which gives an unfair advantage to the student. Additionally, any behavior specifically prohibited by a faculty member in the course syllabus or class discussion may be considered as academic misconduct. For more information on academic misconduct policies and procedures please review the [Student Code of Conduct](#) or visit the resources available in the [OSRR website](#).

Important Spring 2026 Dates

Dates	Event
January 13	Tuition and Fee Payments deadline
January 19	Marting Luther King Jr. Day – No Classes
January 20	First Day of Class
February 4	Census Date
March 6-23	Midterm grading period
March 9-14	Spring Break
April 3	Study Day – No classes
April 17	Last day to drop with an automatic withdrawal
May 1	Last day to drop a course or withdraw from the university
May 4	Last Day of Classes
May 5	Study Day – No classes
May 6-12	Final Exams
May 19	Commencement

The complete [Academic Calendar](#) as available on our website.

No Use of Generative AI Permitted [EDKN 1322]

This assumes that all work submitted by students will be generated by the students themselves, working individually or in groups. Students should not have another person/entity do the writing of any portion of an assignment for them, which includes hiring a person or a company to write assignments and/or

using artificial intelligence (AI) tools like ChatGPT. Use of any AI-generated content in this course qualifies as academic dishonesty and violates Texas A&M-San Antonio's standards of academic integrity.