



**EDEC 4315 Social & Emotional Development**  
*Educator & Leadership Preparation*  
*Early Childhood*  
*Fall 2026*

**INSTRUCTOR INFORMATION**

<b>Instructor Name:</b> <b>Abraham Moreno</b>  <b>Adjunct Professor</b> <b>Early Childhood Education</b>	<b>A&amp;M-San Antonio email:</b> <b>abraham.moreno@tamusa.edu</b>
<b>Office Hours:</b>  Hours by appointment	<b>Class Meeting Times:</b> <b>This is a face-to-face course.</b> <b>Where: 224 Madla</b> <b>Thursday from 5:30-6:45pm</b>

**TEXTBOOK**

**MANDATORY TEXTBOOK:**

- Gartrell, D. (2017). Guidance for every child. Teaching young children to manage conflict
- Barbre, J. & Anderson, I. (2022) Supporting Children's Mental Health and Wellbeing: A Strength-based Approach for Early Childhood Educators

**DESCRIPTION AND OBJECTIVES**

**COURSE DESCRIPTION:**

Students will gain an understanding of social and emotional developmental milestones and theoretical philosophies that enhance the understanding of the social and emotional domains of young children.

**TSI Restriction(s):** Reading, Math, and Writing

**PROGRAM STUDENT LEARNING OBJECTIVES:**

Student Learner Outcomes (S.L.O.): Upon completion of this course, the student will be able to:

1. The student will be able to identify the factors that influence a child's social and emotional development.
2. The student will be able to describe developmentally appropriate and individually relevant practices that promote the development of a child's self-concept and self-esteem.
3. The student will be able to describe the impact of continuity and discontinuity on children's development, as well as identify strategies that foster continuity.
4. The student will be able to explain the social and emotional factors that contribute to the development of a child's self-regulation and ability to participate in democratic communities.
5. The student will be able to identify environments that support the development of a child's autonomy.
6. The student will be able to implement classroom or community-based activities that promote cooperation.
7. The student will be able to identify how comprehensive early childhood systems have the potential to support positive social & emotional outcomes for young children, as well as the challenges poorly designed systems can create.

## COURSE STRUCTURE & ASSIGNMENT DESCRIPTIONS

### COURSE STRUCTURE:

Online training modules or exercises  
Private reflection time and online journaling (personal)  
Discussion Board Posts  
Active participation (face-to-face or virtually) in events planned by class

### ASSIGNMENTS:

1. Modules 1-15
2. Final exam

### TOPICS:

Social and Emotional Development; Mental Health & Wellness
Six Pillars of Strength-Based Caregiving
Pillar One- Social and Emotional Development
Pillar Two- Attachment and Caregiving Relationships
Pillar Three- Understanding Concerning Behaviors

Pillar Four- Risk & Resilience
Pillar Five- Family Relationships and Culture
Pillar Six- Sphere of Influence
Introduction to Guidance
Guidance Principals
Creating a Learning Community
Group Meetings and Classroom Routines
Responding to Children's Needs
Teaching young children to manage conflicts
Liberation Teaching